

Sailing Instructions 44th Chesapeake Bay ILCA Masters Championship



October 4-5, 2025
Deltaville, Virginia

1. RULES

1.1 The regatta will be governed by the rule as defined in The Racing Rules of Sailing and ILCA rules.

2. NOTICES TO COMPETITORS

2.1 Notices may be posted electronically on the website, on the digital signboard or physically to the bottom of the sign board located in the 1st floor screened porch of the main clubhouse.

3. CHANGES TO SAILING INSTRUCTIONS

3.1 Any change or addendum to the sailing instructions will be posted by 0900 on the day it will take effect, except any change to the schedule of races will be posted by 1900 on the day before it will take effect.

4. SIGNALS MADE ASHORE

4.1 Signals made ashore will be displayed on the flag pole on the club dock on Fishing Bay.

4.2 If a postponement is signaled ashore, the warning signal will be made not less than 45 minutes after flag AP is lowered. This changes RRS - Race Signals – “AP”.

5. SCHEDULE

5.1 Saturday, October 4

0800-0945 Continental Breakfast, Late
Registration
0945 Late Registration Closes
1000-1015 Skipper's Meeting
1100 Warning for First Race
1800-2100 Dinner

5.2 Sunday, October 5

0730-0900 Continental Breakfast
1000 Warning for First Race
Awards will be given as soon as practical after
racing

5.2 No warning signal will be made after 1500 on Sunday.

5.3 A maximum of 9 races to be sailed with no limit as to how many races may be sailed on a particular day.

5.4. Flag “A” displayed with no sound while boats are finishing means “No more racing today”.

6 CHECK-IN, CHECK-OUT

6.1 Competitors are requested to check-in prior to their first race of the day by sailing past the stern of the RC Signal Boat and hailing their sail number and being acknowledged. Only the Race Committee can protest a breach of this instruction. This change RRS 60.1 [DP]

6.2 A boat that retires from a race shall notify the race committee as soon as possible. [DP]

6.3 A breach of a rule SI6.1 or SI6.2 may, at the discretion of the protest committee, be less than disqualification

7 CLASS FLAG

7.1 ILCA7: Yellow flag with ILCA logo.

7.2 ILCA6: Green flag with ILCA logo.

8 RACING AREAS

8.1 The race area will be in the general vicinity of Area B in Attachment 1.

8.2 Area A and C may be used depending on weather conditions.

9. COURSES

- 9.1 The diagrams in Attachment 2 show the courses, including the approximate angles between the legs, the order in which marks are to be passed, and the side on which each mark is to be left.
- 9.2 The course will be designated on lettered/numbered placards on the Starboard side of the Race Committee Signal Boat.
- 9.3. Total legs for courses W and H (denoted by numerals) may be added or subtracted but the basic positions of start/finish lines remain the same.
- 9.4 If only one leeward mark is in place boats shall leave it to port. If code flag “G” is displayed on the Signal Boat all boats shall sail between the 2 leeward marks in the direction from the last mark and round the port leeward mark to port or the starboard leeward mark to starboard.
- 9.5 For courses "F" and "T", the offset mark at the weather mark is a mark of the course on the first reaching leg.

10 STARTING AND FINISHING

- 10.1 The starting and finishing lines will be between the staff displaying an orange(starting line) or blue(finish line) flag on a Race Committee Signal Boat at the starboard end, and the course side of the port-end adjacent inflatable mark or the staff displaying an orange(starting line) or blue(finish line) flag on a race committee boat at the port-end of the line.
- 10.2 Approximately one (1) minute prior to the beginning of the starting sequence, the RC will make an Attention Signal consisting of a series of short sounds. This is not a timed signal.
- 10.3 A boat starting later than 5 minutes after her starting signal will be scored “Did Not Start (DNS)”. This changes RRS A4.
- 10.4 As a courtesy, the Race Committee may attempt to hail OCS boats verbally. Failure of the race committee to make this hail, failure of a boat to hear the hail, her position in the sequence of notifications or promptness of notification will not be valid grounds for redress. This changes RRS 62.1(a)

11 MARKS & CHANGE OF THE NEXT LEG OF THE COURSE

- 11.1 Marks will be orange inflatable marks
- 11.2 To change the next leg of the course, the Race Committee will lay a new yellow and remove the original mark as soon as practicable. When, in a subsequent change a new mark is replaced, it will be replaced by an original orange mark. In the case of a change to the weather mark, there will be no offset.

12 TIME LIMIT

- 12.1 The time limit for the first boat to finish is 90 minutes.
- 12.2 A boat still racing, but not yet finished 30 minutes after the first boat sails the course and finishes, will be scored Time Limit Expired (TLE) and shall receive points equal to the number of finishers plus one. This changes rules 35, A5, and A4.

13 PROTESTS AND REQUESTS FOR REDRESS

- 13.1 Appendix T of the RRS will be in effect for this regatta.
- 13.2 A boat intending to protest another boat must so notify the Race Committee by hail immediately after finishing or retiring and before communicating with coaches or spectators and must be acknowledged by the Race Committee. Boats should sail to the non-course side of the Finish Boat and report to the Finish Boat. This notification must include the sail number of the boat being protested.
- 13.3 Protest forms are available at the Protest Desk inside the 1st floor of the main clubhouse. Protests, requests for redress or reopening, and requests to participate in applicable hearings must be in writing and delivered to the Protest Desk within the appropriate time limit.

13.4 The protest time limit is one (1) hour after the Race Committee Signal boat has docked. This protest time limit will be posted on the Official Notice Board. If the Race Committee posts a list of boats scored OCS, ZFP, UFD or BFD, on the Official Notice Board before expiration of the protest time limit, the time limit for filing a request for redress based on such a score shall be no later than 30 minutes after the protest time limit. This changes RRS 61.3 and 62.2

13.5 A notice of protests and requests for redress and a tentative schedule of hearings will be posted on the Official Notice Board no later than 30 minutes after the expiration of protest time. This posting will also serve as the notification of Race Committee and Protest Committee protests required in RRS61.1 (b).

13.6 Notice of a redress hearing properly posted on the Official Notice Board shall serve as notice to all boats, whether listed as parties to the hearing or not, that they may attend the hearing.

13.7 It is the responsibility of each skipper to check the Official Notice Board to see if his boat has been cited in a Protest or scored OCS, ZFP, UFD, or BFD. Failure to appear for a protest hearing will be considered avoidable absence under RRS 63.3 (b).

13.8 Hearings will be held in the jury room, located on the 2nd floor of the main club house at the time posted on the notice.

13.9 On the last day of the regatta, a request for reopening a hearing shall be delivered within the protest time limit. This changes RRS 66.

14 SCORING

14.1 The Low Point Scoring System, Appendix A4, will be used.

14.2 RRS Appendix A is changed such that if fewer than six races are completed a boat's series score will be the total of her race scores.

14.3 Post-race penalties will be available as per Appendix V-2, (Penalty Taken After A Race).

14.4 To determine the overall master's winner, for each individual race that counts, 4 points shall be added to Apprentice Masters (30-44), 3 points to Masters (45-54), 2 points to Grand Masters (55-64), 1 point to Great Grand Masters (65) and no points for Legends (75+). This changes RRS A4.1.

14.5 A sailor's age will be determined as of the first day of schedule racing – any sailor born on that day shall qualify at the age they become at any point on that day.

14.6 Series score ties shall be broken in favor of sailors in the older age category. This changes RRS A8. In the case of a tie between competitors in the same age category it shall be broken in accordance with A8.

14.7 One race completed constitutes a regatta.

14.8 For each race missed by the head chef due to the preparation of food, they shall receive their average points of the races they sailed that day for each missed race.

14.9 Prizes will be awarded for 1st in each fleet in each age group, for first ILCA-6 female, and for first ILCA-7 overall.

15 EQUIPMENT

15.1 Competitors in the ILCA-6 fleet may sail with an ILCA-6 or ILCA-4 rig at their discretion, and change rigs throughout the regatta, provided that all rig changes are made on shore and all sails have the same number (Rig Swapping Rule turned on)

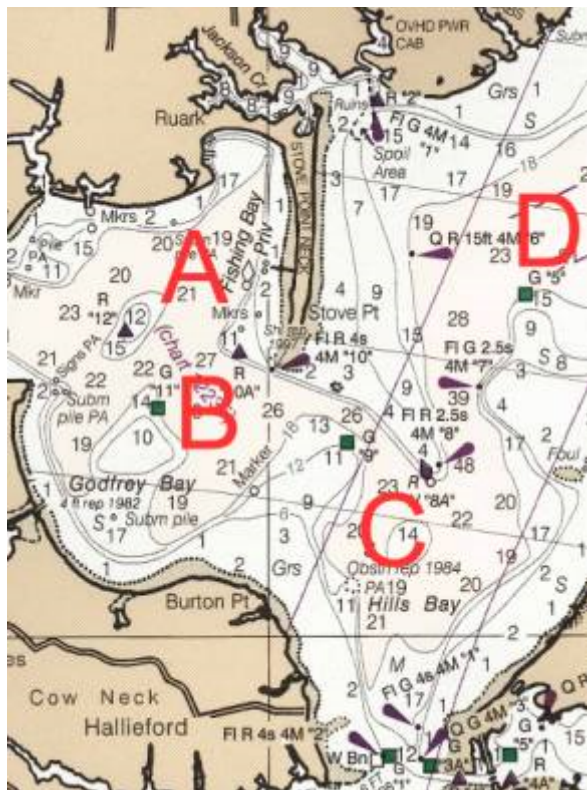
15.2 The first paragraph of RRS 40 will be replaced with: "Competitors shall wear personal flotation devices, at all times when on the water, except briefly while changing or adjusting clothing or personal equipment. Wet suits and dry suits are not personal flotation devices."

16 DISCLAIMER OF LIABILITY

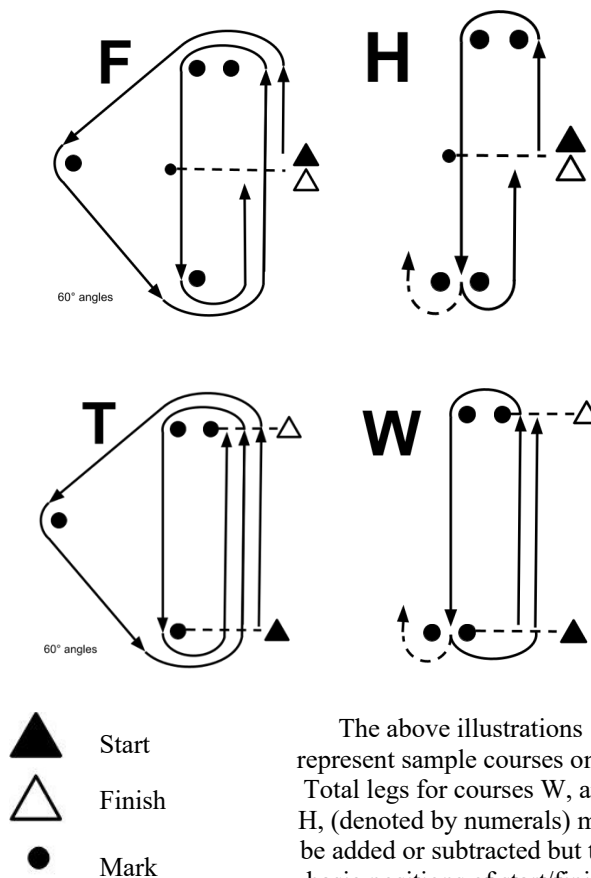
Competitors participate in the regatta entirely at their own risk. See RRS #4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

The notation “[DP]” in a rule in the SI means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification.

ATTACHMENT 1



ATTACHMENT 2



The above illustrations represent sample courses only. Total legs for courses W, and H, (denoted by numerals) may be added or subtracted but the basic positions of start/finish lines remain the same. [Sec. 9.3]