



# SAILING INSTRUCTIONS

## 1. Rules

The regatta will be governed by the rules as defined in the current *Racing Rules of Sailing* (RRS) and by these sailing instructions and any amendments thereto. All class rules apply.

This regatta is classified as a Category A Event in accordance with Regulation 20 – ISAF Advertising Code.

## 2. Entries

The regatta is open to all juniors sailing C420's and Optimists. Vanguard Pram's will sail with Opti Green

## 3. Notices to Competitors

Notices to competitors will be posted on the official regatta notice board located across from the Club Office.

## 4. Changes to Sailing Instructions

Changes to the sailing instructions will be posted before 0900 hours on the day they will take effect, except that any change in the schedule of races will be posted by 2000 hours on the day before it will take effect.

## 5. Signals Made Ashore

5.1 Signals made ashore will be displayed from the flagpole located by Club House.

5.2 When flag "AP" is displayed ashore, '1 minute' is replaced with "not less than 45 minutes", in race signal AP. This does not apply to the green fleet.

## 6. Schedule of Races

A maximum of eight races will be held. One race constitutes a series. This schedule does not apply to the Opti Green Fleet.

## 7. Racing Area

Area 1. C420

Area 2: Optimist Green/Pram

Area 3: Optimist White, Blue & Red.

## 8. Courses- See Race Cards for Courses.

## 9. Marks:

All marks will be Orange Triangles, Red Balls, or Yellow Balls.

## 10. The Start

10.1 Races on the C420 and Opti Championship line will be started using Starting System 26, (5 minute flag starts). The Opti Green Line will use the Appendix S (Sound System).

10.2 The starting line will be between the staff from which an orange flag is displayed on the RC signal boat at the starboard end and the course side of the port-end starting mark or orange flag on port end mark boat.

10.3 Boats will not start later than four (4) minutes after their starting signal.

## **11. Recalls**

The Race Committee will attempt to hail the sail numbers of OCS boats after the starting signal. The failure of any boat to hear the hail, the hail of some but not all OCS boats, the untimely hail of some or all OCS boats, or failure to hail any or all boats, shall not be grounds for granting redress. This changes RRS 62.1

## **12. The Finish**

The finish line will be between a staff displaying an orange flag on a race committee boat and the course side of the mark.

## **13. Time Limit**

13.1 The time limit for each race will be 90 minutes for the first boat to finish. This changes Rule 35.

13.2 Boats finishing more than 30 minutes after the first boat that sails the course finishes or after the time limit, whichever is later, shall be scored DNF. This changes Rule 35.

13.3 If any boats in a race are delaying the start of another race, the race committee may terminate the race and score those boats in the place they would have finished.

## **14. Protests and Requests for Redress**

Protests shall be delivered to the race committee within 30 minutes after the race committee boat arrives at the dock. The protest time limit and a list of protests received will be posted on the notice board. Hearings will be held as soon as possible after racing each day.

## **15. Scoring**

The *Low-Point Scoring System*, RRS A2 will apply, modified so that each boat's series score will be the total of her race scores with her worst score discarded if 5 or more races have been completed.

## **16. Disposal of Trash**

16.1 This event is conducted in an environmentally friendly fashion. By entering, all competitors agree to return all disposable items taken out on the water to shore, and to dispose and/or recycle such items in the appropriate containers provided.

16.2 Boats shall not discharge trash into the water. Boats observed breaking this rule will either be disqualified from all races the day the infraction is observed or be subject to other suitable disciplinary action, or both.

## **17. Safety Regulations**

17.1 All competitors in the Scituate Jr. Regatta, at all levels, shall wear, while on the water, other than brief periods while adding or removing clothing, an approved PFD (US Coast Guard or Canadian), except where ORC regulations apply.

17.2 A boat retiring from a race shall notify a Race Committee vessel before leaving the course, or when that is impossible, the Regatta Office immediately after arriving ashore.

## **18. Coaching Between Races**

Coaching is allowed before the warning signal and after the boat has finished and cleared the finish area. There will be no coaching between any recalls and subsequent starts. Coaching sailors in the Opti Green Fleet is permitted, however only in the lower half of the fleet. Breaking this rule is grounds for disqualification.

July 7, 2025