



SHREWSBURY SAILING AND YACHT CLUB

Sailing Instructions 2025 SSYC Spring Regatta Laser and Sunfish Open, Radial and Masters

1. **Rules** – The regatta will be governed by the 2025 - 2029 Racing Rules of Sailing (RRS), the prescriptions of US Sailing, the Rules of the Laser Class, the Sunfish Class (except as altered by the Sailing Instructions), and by the Sailing Instructions.
2. **Notices To Competitors** – Notices to competitors will be posted on the official notice board located on the deck of the Clubhouse.
3. **Changes in Sailing Instructions** - Any change to the sailing instructions will be posted on the official board located on the Clubhouse deck.
4. **Signals Made Ashore -**
 - 4.1 Signals made ashore will be displayed on the flagpole.
 - 4.2 When flag AP is displayed with horn, it means the next race is postponed. One horn when lowered means the warning signal will be made in not less than 20 minutes.
 - 4.3 Flag B fully hoisted with one horn means Protest Time has begun.
When lowered 45 minutes later, time for the receipt of protest has ended.
5. **Schedule of Races -**
 - 5.1 Skippers meeting at: 10:00 am
 - 5.2 Warning signal for the first race: no earlier than 10:30 am
 - 5.3 No warning signal will be made after 3:30 pm
 - 5.4 There will be a maximum of five races with one drop if all five races are completed.
 - 5.5 One race completed will constitute a regatta.
 - 5.6 No fleet will be started without at least 3 boats prepared to start.
6. **The Course -**
 - 6.1 Windward-Leeward – W Triangle Course – T
 - 6.2 The number of windward legs will be indicated with a 2 or 3 for the W and T course
 - 6.3 All marks including the starting and finishing marks will be left to Port
7. **Marks**
 - 7.1 The turning marks will be yellow inflatables
 - 7.2 The starting and finishing buoy will have a whip staff with an orange flag.
 - 7.3 For course W, there will be a small orange inflatable Off-Set mark
 - 7.4 The change of course mark will be orange inflatable

8. The Start

- 8.1 The starting sequence will be the three (3) minute dinghy start
- 8.2 The starting line will be between a staff displaying an orange flag on the Race Committee Boat and the whip buoy.
- 8.3 A boat shall not start later than 5 minutes after her starting signal. They will be given a DNS.
- 8.4 The Race Committee will attempt to hail competitor sail numbers who are OCS. Failure of the RC to notify competitors will not be grounds for redress.

9. **The Finish** - The finish line will be between a staff displaying an orange flag on the Race Committee Boat and the whip buoy. This may be to weather or leeward and may be adjusted for a change in the wind direction.

10. **Penalty System** – RRS 44.1 is in effect except that a **one-turn penalty** is in effect when a boat may have broken a rule in part 2 in an incident while racing.

11. Time Limits

- 11.1 The time limit for one race will be 60 minutes. (Rule 35)
- 11.2 The time limit for the first boat to reach the first weather mark is 20 minutes.
- 11.3 RRS Rule 35 is amended to add: Boats failing to finish within 20 minutes of the first boat to finish will be scored Did Not Finish (DNF).
- 11.4 Race Target Time: 30 minutes

12. Protest

- 12.1 Protest shall be written on forms available on the Race Committee Boat, and delivered there within 45 minutes after Protest time has been signaled to start.
- 12.2 Protests will be heard in order of receipt.

13. Scoring

- 13.1 The Low Point scoring system, Appendix A4, will apply.

14. Safety Regulations

- 14.1 Life jackets must be worn while on the water.
- 14.2 Any competitor leaving the racing area shall attempt to notify the Race Committee.

15. **Measurement** - All sailors are responsible for their boats complying with Class rules.

16. Awards –

- 16.1 Laser Awards will be granted to the top three competitors in the Open, Radial and Masters Divisions (no duplicate awards) and to the Top Junior (18 and under).
- 16.2 Sunfish Awards will be granted to the First, Second & Third finishers overall, to the Top Junior (18 and under) and Top Trio – A declared group of three boats with the lowest combined Regatta scores. Groups of 3 to declare their group and individual sail numbers prior to launch.