



***Miles River One Design Regatta***  
**June 21-22 2025**  
ORGANIZING AUTHORITY: Miles River Yacht Club

**SAILING INSTRUCTIONS**

**1. RULES:**

The regatta will be governed by the rules as defined in the current Racing Rules of Sailing (RRS) for 2025-2028 and these Sailing Instructions.

**2. ELIGIBILITY AND ENTRIES:**

See the NOR

**3. NOTICES TO COMPETITORS:**

Notices to competitors will be posted on the official notice board located in the MRYC clubhouse.

**4. SIGNALS MADE ASHORE and ON THE WATER:**

Signals made ashore will be displayed from the flagpole. If a postponement (AP) is signaled ashore, the warning signal will be made not less than 45 minutes after AP is lowered. Signals such as designating a racing area or number of races may be given on the water by displaying flag L with one sound.

**5. SCHEDULE:**

The warning signal for the first race will be at 1100 on Saturday and 1000 on Sunday. The number of scheduled races will be eight. No warning signal will be given after 1430 on Sunday, June 22<sup>nd</sup>.

**6. CLASS FLAGS:**

The class flag will show the class insignia or as described at the Skipper's Meeting.

**7. THE COURSES:**

7.1 **Location:** The location of the racing area will be selected by the Race Committee for each race day depending on weather conditions.

7.2 **Start and Finish:** The Start and Finish line will be between the yellow or orange flag on the signal boat and yellow race mark at the port end. In the event the course is shortened, the finish line will be between the "S" flag and a nearby mark on the course.

7.3 **Course Designation:** Courses will be Windward-Leeward, Triangle or Triangle-WindwardLeeward designated by a Code Flag letter "W", "T" or "O" (respectively) displayed on the signal boat. The course will be posted prior to the Preparatory signal for the start. RC boat in the diagrams will be the same boat for start and finish.

See Attachments below.

**7.4 Required Side:** All turning marks will be left to port.

**7.5 Course Configuration:** The Examples show mark configuration and possible courses.

**7.6 Marks:** Turning marks are inflatable orange tetrahedrons and change of course marks are yellow tetrahedrons. Mark types may be changed at the skippers meeting, if necessary.

## **8. TIME LIMIT**

The time limit for each race will be 1 hour for the first boat to finish. Boats finishing more than 30 minutes after the first boat that sails the course finishes will be scored DNF. This changes RRS 35.

## **9. PROTESTS**

Protests and requests for redress shall be delivered to the Race Committee within one hour after the race committee signal boat docks. Competitors intending to file a protest or request for redress shall advise the Race Committee as soon as practicable after finishing. The protest time limit and a list of protests and requests received will be posted on the notice board. Hearings will be held as soon as possible after racing each day in the clubhouse boardroom.

## **10. RADIO COMMUNICATION:**

A boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones, but does not apply to any communication received or transmitted to request or render assistance to a vessel in distress.

**11. SCORING:** See the NOR.

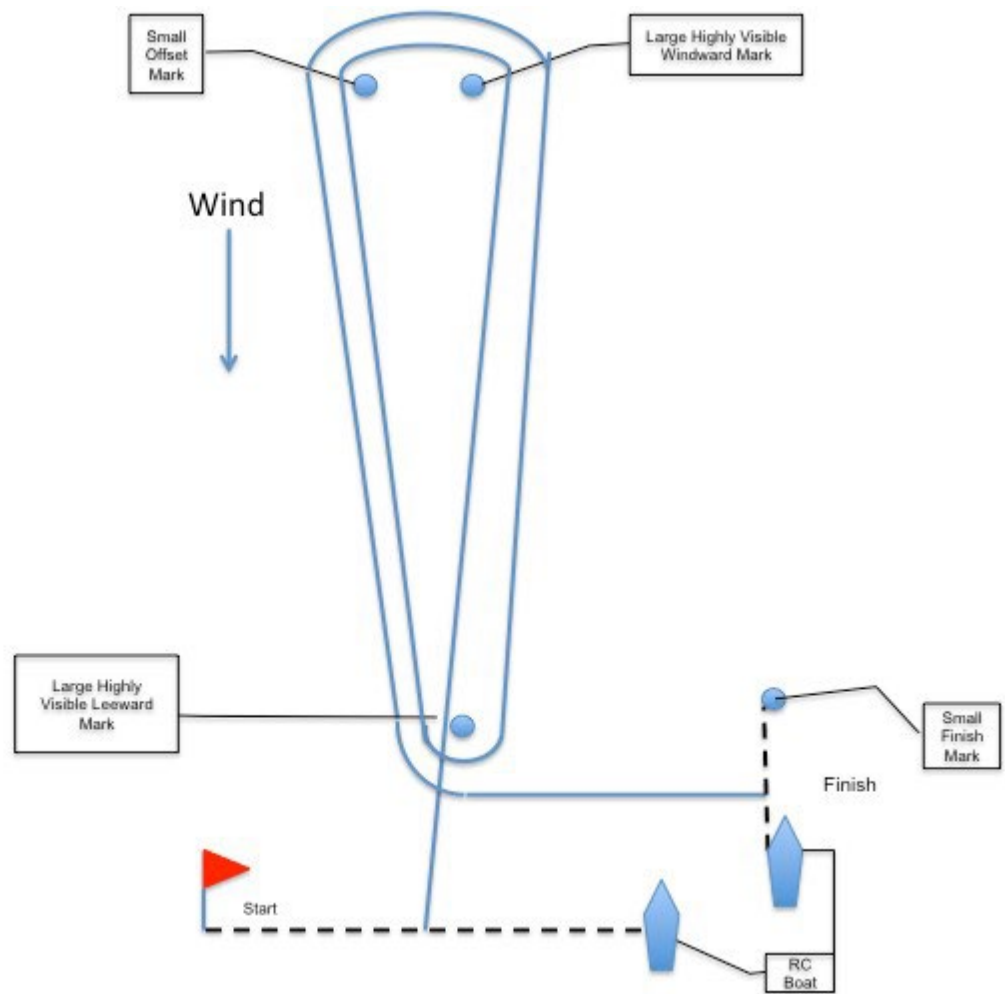
**12. PRIZES:** See the NOR.

## **13. DISCLAIMER OF LIABILITY:**

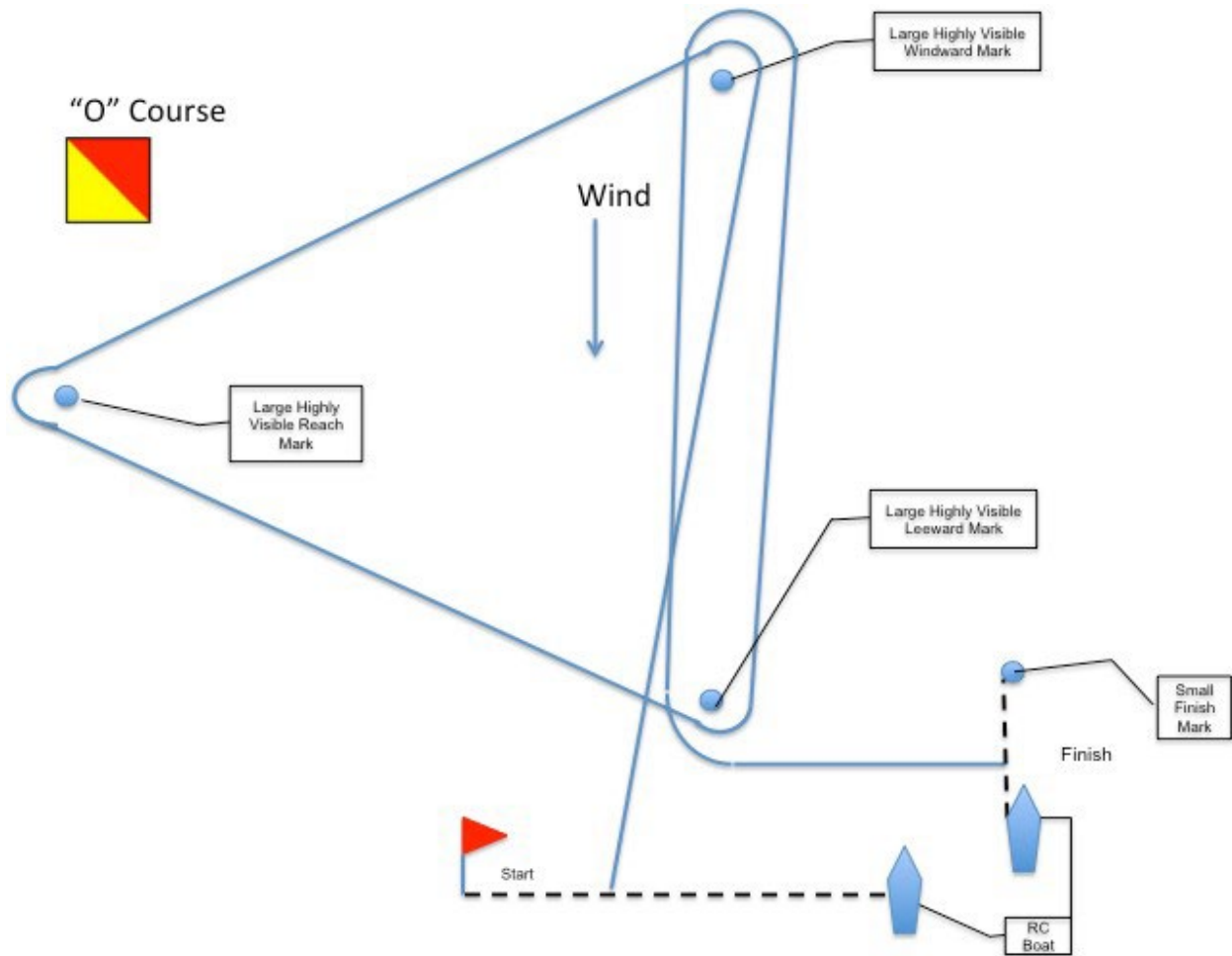
Competitors participate in the regatta entirely at their own risk. See RRS 4, "Decision to Race", and Registration form. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

Attachment A: Windward/Leeward Course (diagram is not to scale)

"W" Course



Attachment B: Olympic Course (diagram is not to scale)



Attachment C: Triangle Course (diagram is not to scale)

