



USSCA Southeast Regional Championship
Carolina Sailing Club
Jordan Lake State Recreation Area
at Vista Point
May 17-18, 2025

SAILING INSTRUCTIONS

(version V0 posted May 8, 2025)

The notation '[NP]' in a rule of the sailing instructions (SIs) means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1.

1. RULES

- 1.1 The event is governed by the rules as defined in *The Racing Rules of Sailing* (RRS) and ISCA Class rules, except as modified by the NOR or these Sailing Instructions.
- 1.2 Appendix V1 Alternative Penalties will apply.

2. CHANGES TO SAILING INSTRUCTIONS

- 2.1 Any changes to the SIs made on shore will be posted before 0830 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.
- 2.2 Oral changes to these SIs may be given on the water by hail from the RC Signal vessel in accordance with RRS 90.2(c). The RC Signal vessel will display code flag L with one sound and communicate the changes before the next warning signal.

3. COMMUNICATIONS WITH COMPETITORS

- 3.1 Notices to competitors will be posted on the official notice board located at the Picnic Shelter.
- 3.2 On the water, the race committee (RC) intends to monitor and communicate over VHF channel 71. Safety related information may be communicated to the competitors.

4. [DP] CODE OF CONDUCT

- 4.1 Competitors and support persons shall comply with reasonable requests from race officials.

5. SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed from the Signal vessel ashore or at the dock.
- 5.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 45 minutes' in Race Signals AP.

6. RACING SCHEDULE

| | | |
|-------------------------|------|-----------------------------------|
| Saturday, May 17 | 1000 | Competitors Meeting |
| | 1100 | First Warning Signal |
| Sunday, May 18 | 1000 | First warning signal |
| | 1530 | No warning signal after this time |

6.1 Signal flag A displayed with no sound while boats are finishing means “No more racing today.”

7. CLASS FLAGS

- 7.1 The Warning signal for the ISCA class will be a White Flag with a Red Sunfish logo.
- 7.2 The Warning signal for the CSC Club classes will be the CSC Club Burgee.

8. RACING AREA

8.1 The racing area will be approximately 0.5 nautical mile east of the Vista Point boat ramps.

9. COURSES

- 9.1 The diagrams in SI Attachment 1 show the course(s), including the order in which marks are to be passed and the side on which each mark is to be left.
- 9.2 The course will be displayed by course letter and number on the course board on the signal vessel.

10. MARKS

- 10.1 Marks 1, 2s/2p will be orange tetrahedrons. Offset Mark 1a will be a red tetrahedron.
- 10.2 Change mark as provided for in RRS 33 will be a yellow tetrahedron.
- 10.3 The starting mark will be a red cylinder.
- 10.4 The finishing mark will be a white cylinder.

11. THE START

- 11.1 Races will be started using RRS 26.
- 11.2 On Sunday, May 18th, Two separate starts are planned for each race. The ISCA class will be one start and CSC Club boats not in the ISCA class will be another start.
- 11.3 The Race Committee will make several sound signals shortly before any warning signal that is not at a scheduled time or is not preceded by the lowering of another signal.
- 11.4 [NP] Before the Warning Signal for the first race of each day, all competitors intending to race shall check in by sailing past the stern of the Signal Vessel and hail their sail number.
- 11.5 The starting line is between a staff displaying an orange flag on the RC Signal Vessel and the course side of the starting mark.
- 11.6 [DP] Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
- 11.7 A boat that does not meet the definition of *start* within four (4) minutes after her starting signal will be scored Did Not Start without a hearing. This is added to RRS A5.

12. CHANGE OF COURSE

- 12.1 To change the next leg of the course, the race committee will lay a new mark and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.
- 12.2 The offset (Mark 1a) will not be set after a course change.

13. THE FINISH

13.1 The finishing line is between a staff displaying a blue flag on the RC Signal Vessel and the course side of the

finishing mark.

14. TIME LIMITS

14.1 The time limit will be 60 minutes for the first boat to finish.

14.2 The finishing window is 15 minutes after the first boat finishes. Boats failing to finish within the finishing window, and not subsequently retiring, penalized, or given redress, will be scored Time Limit Expired (TLE) without a hearing. A boat scored TLE shall be scored points for the finishing place two more than the points scored by the last boat that finished within the finishing window but not worse than DNF. This is added to RRS 35, A5.1, A5.2 and A10.

15. HEARING REQUESTS

15.1 Protest forms will be available at the official notice board.

15.2 The protest time limit is 30 minutes after the RC Signal vessel docks. The time will be posted on the official notice board.

15.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses.

16. [DP] [NP] SAFETY REGULATIONS

16.1 A boat that retires from a race shall notify a Race Official at the first reasonable opportunity promptly after returning to shore. A boat that withdraws from a race or does not intend to start a scheduled race shall inform a Race Official as soon as possible.

16.2 Wearing of life jackets is **mandatory** for all races.

17. [DP] [NP] SUPPORT TEAMS

17.1 Any official or support vessel may assist any competitors in the case of an emergency.

17.1 [DP] [NP] Coach vessels shall remain a minimum of 100 yards from the course area except when asked to assist by a race official. All coach and support vessels are required to monitor the course channel on a VHF radio and be ready to assist with safety when requested.

18. TRASH DISPOSAL

18.1 Trash and empty water bottles may be placed aboard support or race official vessels.

19. RISK STATEMENT

19.1 RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.

FURTHER INFORMATION

Event Chair: William (Bill) Mongrain billgovcup@gmail.com 919-244-8688

ISCA Class Representative: Peter Fraker pgfraker43@gmail.com 803-335-9510

Principal Race Officer: Alan Backus alanobackus@hotmail.com 919-606-1299

SI Attachment 1

| Course | Description | |
|-------------|---|-----------------------------------|
| | Windward/Leeward offset mark 1a with Hollywood finish at the signal boat | |
| | Possible courses | |
| | Signal | Mark Rounding Order |
| | LPA1 | Start-1-1a-2p-Finish |
| | LPA2 | Start-1-1a -2s/2p-1-1a -2p-Finish |
| LPA3 | Start-1-1a -2s/2p-1-1a -2s/2p-1-1a -2p-Finish | |
| | | |

| Course | Description | |
|--------|--|------------------------------|
| | Windward/Leeward with Windward finish | |
| | Possible courses | |
| | Signal | Mark Rounding Order |
| | W2 | Start-1-2s/2p-Finish |
| | W3 | Start-1-2s/2p-1-2s/2p-Finish |
| | | |