

**Sailing Instructions**  
**2025 Day Sailer North American Championship Regatta**  
**July 15-17, 2025**

**1. Rules:**

This regatta will be governed by the 2025-2028 Racing Rules of Sailing, the prescriptions of U.S. Sailing, rules of the Day Sailer Association, and by these Sailing Instructions.

**2. Notice to Competitors:**

Notices to competitors will be posted on the official notice board located at the High Sierra Regatta tent at the main launching ramp.

**3. Changes to the Sailing Instructions:**

Any change to the sailing instructions will be posted before 9:00 AM on the day it will take effect, except that any change to the schedule of races will be posted by 5:00 p.m. on the day before it will take effect.

**4. Signals Made Ashore:**

4.1 Signals made ashore will be made at the Race Committee site located on shore 100 yards west of the launching ramp.

4.2 Flag AP with two sounds (one sound when lowered) means "The race has been postponed." The warning signal will be made not less than 15 minutes after the AP is lowered.

4.3 Flag Y will be displayed at all times. The US Forest Service requires that competitors must wear Coast Guard approved personal flotation devices at all times when racing.

**5. Schedule of Races:**

Eight races are scheduled. Championship and Presidential Fleets will start together. The warning signals for subsequent races will be made 20 minutes after the last boat finishes from the previous race. The last finisher will be signaled by two long sound signals.

Tuesday, July 15, 2025

9:30 am Skipper's meeting (High Sierra Tent area)

11:00 am Warning signal, Race # 1

Races #2 and #3 to follow

Wednesday, July 16, 2025

11:00 am Warning signal, Race # 4

Races #5 and #6 to follow

Thursday, July 17, 2025

11:00 am Warning signal, Race #7

Race # 8 to follow

6:00 pm Awards banquet

**6. Class Flag:**

will be the # 1 pennant.



**7. Racing Area:**

The racing area is described on the Day Sailer NACRs 2025 Race Course chart. Marks 1, 2, 3, 4, 5, 6, 7 & 8 are yellow buoys. Mark X is a red buoy which also designates the southern end of the starting line.

**8. Restricted Line:**

Neither Start nor Finish lines are restricted.

**9. The Start:**

9.1 Races will be started using Rule 26 with the warning signal made 5 minutes before the starting signal.

9.2 The starting line will be between a red barrel (designated "S") on its north side adjacent to the Race Committee and approximately 100 feet off shore, and a red barrel (designated "X") approximately 500 ft to the south.

9.3 Each boat is responsible to start properly. The race committee may attempt to hail boats on the course side at the starting signal. Failure to hail, failure to hear a hail, or the order or timing of hail shall not be grounds for redress.

**10. The Courses:**

The courses will be sailed as described on the Day Sailer 2025 NACRs Race Course Chart provided. Course numbers will be displayed at the RC tent in large characters on a sign board prominently positioned facing the starting area. (Be sure to discard the High Sierra Regatta course chart if you sailed the High Sierra Regatta prior to the NACRS).

**11. The Finish:**

The Finish line will be between the red barrel (designated "S") on the north and a small red/ orange ball (designated "F") to the south approximately 100 feet away from "S".

**12. Protests and Requests for Redress:**

12.1 Protest forms are available at the High Sierra Regatta tent. Protests and requests for redress or reopening shall be delivered there within 30 minutes of the last boat finishing the last race of the day or when the race committee signals no more racing today, whichever is later.

12.2 Notices will be posted for hearing no later than 10 minutes after the protest time limit expires to inform competitor of hearings in which they are parties or named witnesses.

12.3 A hearing will be held as soon as possible after the closing of the protest period above. Location of hearing will be announced.

**13. Scoring:**

13.1 The Low Point scoring system of Appendix A will apply.

13.2 Three (3) races are required to be completed to constitute the Championship.

13.3 (a) When fewer than five (5) races are completed a boat's scores will be the total of her race scores.

(b) When five (5) or more races have been completed, a boat's regatta score will be the total of her race scores excluding her worst score except "DNE." (Black flag penalty cannot be excluded).

**14. Safety:**

Each participant is solely responsible for his/her personal safety. However, in circumstances it considers hazardous, the Race Committee may exercise authority to require a boat to accept help. As stated in 4.3 above, an approved personal flotation device must be worn at all times while racing. Per Day Sailer By-Law 1, Section 6.8, the following equipment will be on board: one paddle, two bailing devices with a minimum capacity of 2 gallons, one tow line of at least 30 feet. Anchors are waived.

**15. Substitution of Crew:**

By-Law 2, North American Championship, Section 7.5, provides the requirements for any one substituting crew. The basis for such a move and the notification requirements are stated by this article.

**16. Communications:**

Competitors are encouraged to carry VHS radios and/or cell phones for reporting emergency situations to the Race Committee.

**17. Prizes:**

Perpetual trophies will be awarded as prescribed by the Day Sailer Handbook. Keeper trophies will be awarded to skipper and crew of the top ten (10) Championship fleet finishers and skipper and crew of the top five (5) Presidential fleet finishers.

**18. Haul-out Restrictions:**

There are no haul-out restrictions. Boats can be moored, docked or pulled out of the water overnight.

**19. Disclaimer of Liability:**

Competitors participate in this regatta entirely at their own risk. See RRS 4, Decision to Race. The race organizers (organizing authority, race committee, host club, or any other organization or official) will not be responsible for damage to any boat or other property or the injury to any competitor, including death, sustained in conjunction with or prior to, during, or after the regatta.