



Miles River Yacht Club  
and  
Chesapeake Bay Maritime Museum



2025 Bartlett Cup Race  
September 14th

## SAILING INSTRUCTIONS

1. **RULES:** The regatta will be governed by the rules as defined in The Racing Rules of Sailing.
2. **ENTRIES:** All Competitors shall register with the Miles River Yacht Club Race Committee before the regatta weekend at  
<https://www.regattanetwork.com/event/29623>
3. **NOTICES TO COMPETITORS:** Notices to competitors will be posted on the official notice board(s) at <https://www.regattanetwork.com/event/29623>
4. **CHANGES TO SAILING INSTRUCTIONS:** Any change to the sailing instructions will be posted before 0900 on the day it will take effect.
5. **SIGNALS MADE ASHORE:** Signals made ashore will be displayed at MRYC.
6. **SCHEDULE OF RACES:**

Race	Date	Warning Signal
Bartlett Cup	Sept 14th	10:00 AM
7. **COURSE:** The course will be displayed at the starting line during the starting sequence and likely handed to competitors. It will consist of a sequence of letters, each letter indicating the next mark to round. The letters will be displayed in red to round the mark to port and in green to round to starboard. (See attached Log Canoe Course Sheet)
8. **START:** This shall be a standing-start pursuit race. A standing start means the skipper will stand on the beach and start on foot to reach their boat. Pursuit race means the canoes will start in reverse order to their handicap. The boat with the slowest rating shall start first, and the boat with the fastest rating shall start last.

Signals will be at 5-minute intervals. Times shall be taken from the visual signals; failure of a sound signal shall be disregarded. Signals will be as follows:

WARNING	10 minutes	Yellow shape	sound
PREP	5 minutes	Blue shape	sound
START	0	Red shape	sound

For the definition of "racing," boats are racing four (4) minutes before their scheduled start time. The start times for each boat shall be based on its canoe handicap rating. The race shall use GPS time synchronization.

The starting line shall be a literal line in the sand on the beach at MRYC, right next to the launching ramp. The start time for each boat shall be available at the starting line from 9:45 am onward. The start times will also be posted on the Regatta Network site as soon as the RC can post them.

Each boat should make fast in the waters just off the MRYC beach starting line, and chase boats shall exit the area before the preparatory signal. The crew may stand on the bottom and hold the boat. Canoes may use an anchor to make fast and kedge off. If using an anchor, the canoe must take the anchor and the rode with it. This changes rule 45.

Boats shall each have a designated starting point on the bulkhead. A ring with the boat's name will be attached to the bulkhead. Each boat will run a line through its ring to appropriately space boats at the start. For safety, boats shall line up in the shallows in handicap order, with the slowest rating furthest downwind. No boat shall hold fast closer than 10 feet from another competitor.

Before each boat's start, **all sails must be down except for a kite**. At the start, the skipper shall make their way to the boat to begin sailing the course.

Any skipper 60 years old or older or injured may choose to have another crew member be the representative making the standing start on the beach.

The position of the starting line is approximately:

N 38° 47.963'

W 76° 13.090'

The race will not be started in less than 3 knots of wind. The starting position and race style will change in more than 12 knots of wind. It is the responsibility of each skipper to decide whether to start and continue racing. Competitors participate in the regatta entirely at their own risk. This is supposed to be a fun race, so work on having fun.

9. **FINISH:** The finish line will be between the orange flag on the committee boat and the nearby club mark. The finish line is planned to be in the channel approximately 100 yards east of the MRYC docks.

10. **PENALTIES:** For an infringement of the rules in part 2, a one penalty turn shall be used to exonerate the boat. Refer to RRS 44.1 and substitute a one-turn wherever a two-turn penalty is mentioned.

11. **TIME LIMIT:** The first boat must cross the finish line within **3 HOURS**.

Any boat that finishes more than 45 minutes after the first boat has finished shall be scored as DNF.

12. **PROTESTS:** All protests must be filed with the RC within one hour of the RC returning to dock after the last race for the day. Protest forms can be found in the US Sailing app. All involved parties shall report to the designated protest area and remain readily available.

13. **SAFETY:** All canoes shall have a chase boat/tender with life jackets for all the crew. All canoes must have a life ring or throwable cushion with a line. Any crewmember who cannot swim must wear a life jacket. It is the sole responsibility of the owner and skipper that these requirements are met.

14. **SCORING:** There is only one race in this series - One race for all the marbles.

15. **TROPHIES:** The Trophy Award Ceremony is scheduled for Sunday, approximately 2 hours after the last competitor finishes.