

**Lloyd Harbor Yacht Club
Masthead Cove Yacht Club
Women Skippers Race**



**Saturday, August 16, 2025
SAILING INSTRUCTIONS**

1. RULES

- 1.1. The regatta will be governed by the rules as defined in the Notice of Race for this regatta.
- 1.2. The Racing Rules of Sailing (RRS) changed as noted in these instructions.

2. CHANGES TO THE SAILING INSTRUCTIONS

- 2.1. Any change to the sailing instructions will be posted on LHYC website at www.lhyc.org no later than 0800 hrs. on the day of the race and announced on VHF channel 72 prior to the first warning signal of the day.

3. SIGNALS MADE ASHORE

- 3.1. Any planned postponement or abandonment decisions will be announced prior to 2000 hours on the day before the race. Announcements will be posted to the LHYC website at www.lhyc.org and distributed to the skippers via the email address used to register the boat.
- 3.2. In the event of severe weather which might compromise the welfare of the RC, warnings of postponement or abandonment from ashore will be distributed to the skippers via the email address used to register the boat prior to 1000 hours on the day of the race. The final decision will be distributed prior to 1200 hours and may be announced on VHF channel 72 from both Huntington and Northport Harbors.

4. NOTICES TO COMPETITORS

- 4.1. Notices to competitors will be posted on the LHYC website www.lhyc.org by no later than 1200 hours on the day when the change takes effect and will be broadcast on VHF channel 72 prior to the first warning signal. The same and additional notices, at the discretion of the Organizing Authority, may be broadcast on VHF channel 72 prior to the first warning signal.

5. SCHEDULE OF RACES

- 5.1. Racing is scheduled for August 16.
- 5.2. The scheduled time for the first warning signal is 1400 hours.
- 5.3. Up to three races may be sailed, but one race will constitute a series.
- 5.4. If the race committee (RC) will not be starting the classes for subsequent races in numerical order, then no less than five minutes before its warning signal, the identity of the next class to start will be announced on VHF channel 72.

6. CLASS FLAGS

- 6.1. The number of classes and the class assignment for each boat will be made at the discretion of the RC and indicated on the Scratch Sheet.
- 6.2. Classes will be designated by numbers. Class flags will be numeral pennants.

- 6.3. Competitors are encouraged to display the numeral pennant for their class on their backstay or, in the absence of a backstay, from a point near the stern.
- 6.4. Boats wishing to change class, e.g., spinnaker to non-spinnaker, shall notify the RC prior to the first warning signal of the first race of their class. The RC will announce any such changes on VHF channel 72.
- 6.5. All boats shall identify themselves to the RC by sailing past the stern of the signal boat on starboard tack with mainsail hoisted prior to the first warning signal.

7. RACING AREAS

- 7.1. Rendezvous will be made in Huntington Bay but no further north than Nun "6" off Lloyd Neck.
- 7.2. The RC shall announce the approximate position of the starting area on VHF channel 72 approximately thirty minutes prior to the first scheduled warning signal.

8. COURSES

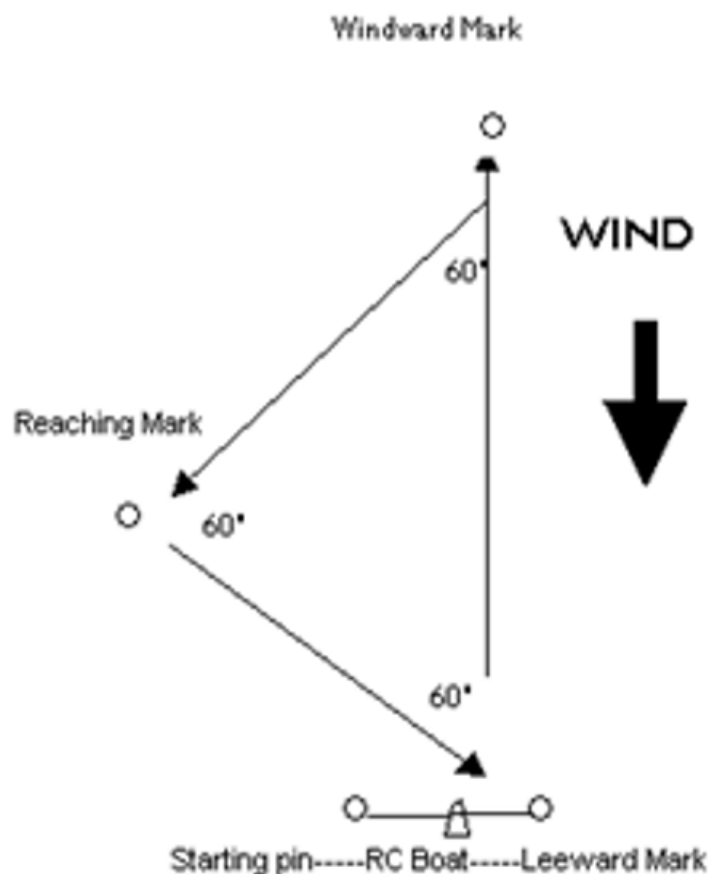
- 8.1. Course signals will be made by posting a letter on a board on the RC boat. Refer to the Scratch Sheet for your course assignment. The letter indicates the course to sail as indicated below. All marks are to be rounded in the order listed, proceeding from the start to the first mark listed, continuing in the order listed. See Illustration A.

COURSE	MARK	LEAVE TO
A	Inflatable Mark - "W"	Port
	Inflatable Mark - "L"	Port/Finish
B	Inflatable Mark - "W"	Port
	Inflatable Mark - "L"	Port
	Inflatable Mark - "W"	Port
	Inflatable Mark - "L"	Port/Finish
C	Inflatable Mark - "W"	Port
	Inflatable Mark - "R"	Port
	Inflatable Mark - "L"	Port/Finish
D	Inflatable Mark - "W"	Port
	Inflatable Mark - "R"	Port
	Inflatable Mark - "L"	Port
	Inflatable Mark - "W"	Port
	Inflatable Mark - "R"	Port
	Inflatable Mark - "L"	Port/Finish

- 8.2. Government aids to navigation, when not designated as marks of the course, may be disregarded at the discretion of the skipper.
- 8.3. If the course is changed after posting, but prior to the first warning signal, three sound signals will be made.

9. MARKS

- 9.1. The starting mark will be an orange flag with an "X" marked on it.
- 9.2. Inflatable mark "W" (windward) will be located approximately 1 NM to windward of the starting line.
- 9.3. Inflatable mark "L" (leeward) will be located in the vicinity of the starting line.
- 9.4. Inflatable mark "R" (reaching) will be located on the left side of the course as follows



10. THE START

- 10.1. Races will be started according to RRS 26 using a rolling sequence where the Start of one division is the Warning Signal for the following division unless otherwise announced by the RC.
- 10.2. The starting line will be between an orange flag on the signal boat and the flag on the starting mark as described in Section 9.1 or a nearby mark of the course.
- 10.3. The RC will attempt to identify OCS boats and broadcast their sail numbers via VHF channel 72. Failure of a boat to see or hear her recall notification and the timing and order of such hail shall not be cause for redress. This changes RRS 61.4(b)(1).
- 10.4. Boats whose warning signal has not been made shall stay clear of the starting area and boats in their starting sequence.
- 10.5. Any boat starting later than 10 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS Appendix A 5.1.
- 10.6. If the automated starting system is used, i.e., the Ollie System, racers should be aware of the short, repetitive sounds emitted prior to the initial warning signal and not consider them part of the starting sequence.

11. CHANGE OF COURSE

- 11.1. Courses will not be changed after the first start signal, but may be shortened.

12. THE FINISH

- 12.1. The finish line will be between the blue flag on an RC boat and the last mark of the course signalled unless the course is shortened in accordance with RRS 32.2.

13. TIME LIMIT

- 13.1.** If no boat in a class sails the course and finishes within two hours of the start of that class, the race for that class will be abandoned.
- 13.2.** Any boat failing to finish within 30 minutes plus her PHRF time allowance from the finish of the first finisher in her class, or by 1830 hrs will be scored Did Not Finish without a hearing. This changes RRS 35.

14. PENALTY SYSTEM

- 14.1.** Penalties at the Time of Incident
 - 14.1.1.** The One-Turn Penalty as described in RRS V1 is in effect. This modifies RRS 44.1.
- 14.2.** Post Race Penalties
 - 14.2.1.** The Post-Race Penalty as defined in RRS V2 may be taken prior to the opening of a protest hearing.

15. PROTESTS AND REQUESTS FOR REDRESS

- 15.1.** A boat initiating a protest shall immediately after finishing, notify the RC over VHF channel 72 of its intent to lodge a protest and the identity of the boat(s) being protested. Repeating the notification at [reasonable] intervals until acknowledged by the RC. This changes RRS 60.2.
- 15.2.** Boats shall not be entitled to redress for misstatements by the RC or failure of a boat to hear or receive a broadcast. This modifies RRS 61.4(b)(1).
- 15.3.** Notice of Protest(s) by the RC will be made via VHF channel 72 to inform boats under RRS 60.2(b).
- 15.4.** Protests shall be written on US Sailing protest forms or equivalent and shall be delivered to the Protest Committee Chairman as described as described in "CONTACTS" Section 20.2. Protests shall be delivered in person or via email to protest@lhyc.org no later than 2200 hrs. on the day following the race. The same time limit applies to protests by the RC about incidents they observe in their racing area and for requests for redress. This changes RRS 60.3(b)(1).
- 15.5.** Protest hearings will be scheduled accordingly, and posted on the event website to inform competitors of hearings in which they are parties or named as witnesses.
- 15.6.** Appeals for scoring corrections may be made to the Fleet Captain via email at fleetcapt@lhyc.org within 48 hours of a boat's finish. Appeals shall include the believed time of finish and witness accounts of the boat finishing immediately ahead and the boat finishing immediately behind the protesting boat. This changes RRS 90.3(e).
- 15.7.** Racers will be notified of scoring errors detected and corrected by the RC or scorers within 48 hours of publication of event results. This changes RRS 90.3(e).

16. SCORING

- 16.1.** The Time-on-Time method of calculating corrected times using A= 650 and B= 550 will be employed.
- 16.2.** Each class will be scored separately.
- 16.3.** No races will be excluded from scoring. This changes RRS A2.

17. SAFETY REGULATIONS

- 17.1.** All boats are cautioned to observe the Navigation Rules of the Road and to extend the right-of-way to commercial vessels, especially those restricted in their ability to manoeuvre, making passage through the racing area. Any boat observed to impede such traffic may be protested by the RC.

18. RADIO COMMUNICATION

- 18.1.** Each boat shall carry a VHF radio capable of transmitting and receiving on channel 72.
- 18.2.** Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to all mobile devices.

- 18.3.** The RC shall use VHF channel 72 for any radio communications with competitors. As an additional courtesy, radio prompts may be given to preface any actions by the RC. Boats shall not be entitled to redress for the following: misstatements by the RC, or failure of a boat to hear or receive a broadcast.
- 18.4.** The US Coast Guard can be hailed on VHF Channel 16 and by phone at: 631-261-6868.
- 18.5.** A boat withdrawing before the start or retiring from a race for any reason is requested to notify the RC by VHF channel 72 at the earliest possible opportunity.

19. PRIZES

- 19.1.** Prizes will be awarded for first, second, and third places.
- 19.2.** The Leighway Overall Trophy will be awarded to the best performing boat as determined by the Regatta Committee.

20. CONTACTS

- 20.1.** Fleet Captain: Maryellen Rothberg, fleetcapt@lhyc.org (516) 532-8389
- 20.2.** Protest Committee Chair: Bill Maher, protest@lhyc.org
- 20.3.** Fleet Measurer: measurer@lhyc.org
- 20.4.** Technical Committee, techcomm@yralis.org

21. Illustration A. Courses

