



57th LHYC Katrina Cup 71st CYC Winkle Cup



Saturday, September 6, 2025

SAILING INSTRUCTIONS

1. RULES

- 1.1. The regatta will be governed by the rules as defined in the Notice of Race for this regatta:
- 1.2. The current Racing Rules of Sailing (RRS) changed as noted in these instructions.

2. CHANGES TO SAILING INSTRUCTIONS

- 2.1. Any changes to the sailing instructions will be posted on the LHYC website at lhyc.org prior to 1800 hrs. on the day before it will take effect.

3. SIGNALS MADE ASHORE

- 3.1. Any planned postponement or abandonment decisions will be announced prior to 2000 hours on the day before the race. Announcements will be posted to the LHYC website at www.lhyc.org and distributed to the skippers via the email address used to register the boat.
- 3.2. In the event of severe weather which might compromise the welfare of the race committee (RC), warnings of postponement or abandonment from ashore will be distributed to the skippers via the email address used to register the boat prior to 0730 hours on the day of the race. The final decision will be distributed prior to 0900 hours and may be announced on VHF channel 72 from both Huntington and Northport Harbors.

4. NOTICES TO COMPETITORS

- 4.1. Notices to competitors will be posted on the LHYC website at www.lhyc.org no later than 0800 hours, on the day of the race when the change takes effect and will be broadcast on VHF channel 72 prior to the first warning signal. The same and additional notices, at the discretion of the Organizing Authority, may be broadcast on VHF channel 72 prior to the first warning signal.

5. SCHEDULE OF RACES

- 5.1. Racing is scheduled for Saturday, September 6.
- 5.2. The scheduled time for the first warning signal of the Winkle Cup is 1100 hrs.
- 5.3. The Katrina Cup Race will begin as soon as practicable after the Winkle Cup Race.
- 5.4. Classes that have finished the Winkle Cup Race may be started in the Katrina Cup Race before other classes have finished the Winkle Cup Race. Boats should proceed to the starting area no later than the finish of the last boat in their class in the Winkle Cup Race (or expiration of the time limit for their class), being careful not to interfere with boats sailing the course or starting.
- 5.5. No warning signal will be made after 1530 hrs.

6. CLASS FLAGS

- 6.1. The number of classes and the class assignment for each boat will be made at the discretion of the RC and indicated on the Scratch Sheet. Scratch Sheets will be available on the LHYC website at www.lhyc.org no later than 1800 hrs. on the day before the event. Scratch sheets in hard copy form may be available in the Binnacle Room at CYC after 1900 hrs.
- 6.2. Classes will be designated by numbers. Class flags will be numeral pennants.
- 6.3. Competitors are encouraged to display the numeral pennant for their class on their backstay or, in the absence of a backstay, from a point near the stern.
- 6.4. Boats wishing to change class, e.g., spinnaker to non-spinnaker, shall notify the RC prior to the first warning signal of the first race of their class. The RC will announce any such changes on VHF channel 72.
- 6.5. All boats shall identify themselves to the RC by sailing past the stern of the signal boat on starboard tack with mainsail hoisted prior to the first warning signal.

7. RACING AREAS

- 7.1. Racing will be held in Huntington Bay and Long Island Sound north of Huntington Bay.
- 7.2. Rendezvous will be made in the vicinity north of Bell 8, but no further than one mile north of Nun "6" off Lloyd Neck. The RC shall announce the approximate position of the starting area on VHF channel 72 approximately thirty minutes prior to the first scheduled warning signal.

8. COURSES

- 8.1. Course numbers I, II, III (if needed), will be displayed. Refer to the scratch sheet for your course assignment!
- 8.2. Courses will be signalled by the RC using letter placards indicating the turning marks set forth in sailing instruction 10. Marks indicated by green letters shall be left to starboard. Marks indicated by red letters shall be left to port.
- 8.3. Turning marks will be displayed for each class under its course number and should be read from top to bottom. If a numeral is posted, the course cited above it shall be sailed that many times around before continuing with the remaining marks.

9. MARKS

- 9.1. Marks are as indicated below and as displayed on Illustration A.

ID	Mark Location	ID	Mark Location
A	Bell "8" Target Rock off Lloyd Neck	O	Nun "34" off Greenwich
B	Nun "6" off Lloyd Neck	P	Bell "32" The Cows
D	Nun "4" off Lloyd Neck	Q	Nun "2" off entrance to Lloyd Harbor
E	Nun "2" off Lloyd Neck	R	Flasher "1" off Sand City at entrance to Northport Bay
F	Gong "15" off Lloyd Point	T	Flasher "1" off entrance to Huntington Harbor
H	Bell "17" off Oyster Bay	U	Flasher "30" off Smith Reef
I	Mid Sound buoy "32A"	V	Inflatable mark. Bearing and distance from RC Signal boat will be displayed on the course board
J	Mid Sound buoy "28C" Cable and Anchor Reef	W	Windward inflatable mark. Bearing and distance from RC Signal boat will be displayed on the course board
K	"11B" Mid-Sound, off Eaton's Neck	Y	Inflatable mark south of line connecting marks "R" and "T"
L	Green/Red Can "E" NNW of Eaton's Neck Point	Z	Inflatable mark no more than 1 mile to leeward of the starting mark.
M	Can "13" off Eaton's Neck Point		

- 9.2. The starting mark will be an orange flag with an "X" marked on it.
- 9.3. The finish mark will be an inflatable mark on the opposite side of the signal boat than the start unless the course is shortened in accordance with RRS 32.2.

10. AREAS THAT ARE OBSTRUCTIONS

- 10.1. Government marks Bell "8", Nuns "2", "4" and "6" used as aids to navigation along the north shore of Lloyd Neck must be observed when not designated as marks that do not begin, bound or end the leg of the course the competitor is on. These marks are to be considered obstructions. This changes RRS 28.1. All other government and private aids, when not designated as marks of the course, may be disregarded at the discretion of the skipper.

11. THE START

- 11.1. Races will be started according to RRS 26 using a rolling sequence where the Start of one division is the Warning Signal for the following division unless otherwise announced by the RC.
- 11.2. The starting line will be between an orange flag on the signal boat and the flag on the starting pin marked "X" or as described in Section 9.2 of this document.
- 11.3. The RC will attempt to identify OCS boats and broadcast their sail numbers via VHF channel 72. Failure of a boat to see or hear her recall notification and the timing and order of such hail shall not be cause for redress. This changes RRS 61.4(b)(1).
- 11.4. Boats whose warning signal has not been made shall stay clear of the starting area and boats in their starting sequence.
- 11.5. Any boat starting later than ten minutes after her starting signal will be scored Did Not Start without a hearing. This modifies RRS Appendix 5.1.
- 11.6. If the automated starting system is used, i.e., the Ollie System, racers should be aware of the short, repetitive sounds emitted prior to the initial warning signal and not consider them part of the starting sequence.

12. CHANGE OF COURSE

- 12.1. A change of course after posting or the start will be signaled near the mark beginning the leg being changed by an RC boat displaying flag C and making 3 sound signals. The change will be announced on VHF channel 72 and will be signaled before the leading boat has begun the leg. This changes RRS 33.

13. THE FINISH

- 13.1. The finishing line will be between a staff displaying a blue flag on the signal boat and the course side of the finishing mark as described in SI Section 10.3 unless the course is shortened in accordance with RRS 32.2.

14. TIME LIMIT

- 14.1. If no boat in a class sails the course and finishes within three hours of the start of that class, the race for that class will be abandoned.
- 14.2. 15.2. Any boat failing to finish within 30 minutes plus her PHRF time allowance from the finish of the first finisher in her class, or by 1730 hours will be scored DNF without a hearing. This changes RRS 35.

15. PENALTY SYSTEM

- 15.1. Penalties at the Time of the Incident
 - 15.1.1. The One-Turn Penalty as described in RRS Appendix V1 is in effect. This modifies RRS 44.1.
- 15.2. Post-Race Penalties
 - 15.2.1. The Post-Race Penalty as defined in RRS Appendix V2 may be taken.

16. PROTESTS AND REQUESTS FOR REDRESS

- 16.1. A boat initiating a protest shall immediately after finishing, notify the RC over VHF channel 72 of its intent to lodge a protest and the identity of the boat(s) being protested. Repeating the notification at [reasonable] intervals until acknowledged by the RC. This changes RRS 60.2.
- 16.2. Notice of Protest(s) by the RC will be made via VHF channel 72 to inform boats under RRS 60.2(b).
- 16.3. Protests shall be written on US Sailing protest forms or equivalent and shall be delivered to the Protest Committee Chairman as described as described in "CONTACTS", Section 22.2 of this document. Protests shall be delivered in person or via email to protest@lhyc.org by 1900 on the day of the race. The same time limit applies to protests by the RC about incidents they observe in their racing area and for requests for redress. This changes RRS 60.3(b)(1).
- 16.4. Protest hearings will be scheduled accordingly, and posted on the event website notice board to inform competitors of hearings in which they are parties or named as witnesses.
- 16.5. Appeals for scoring corrections may be made to the Fleet Captain via email at fleetcapt@lhyc.org within 48 hours of a boat's finish. Appeals shall include the believed time of finish and witness accounts of the boat finishing immediately ahead and the boat finishing immediately behind the protesting boat. This changes RRS 90.3(e).
- 16.6. Racers will be notified of scoring errors detected and corrected by the RC or scorers within 48 hours of publication of event results. This changes RRS 90.3(e).
- 16.7. Boats shall not be entitled to redress for misstatements by the RC or failure of a boat to hear or receive a broadcast. This modifies RRS 61.4(b)(1).

17. PROTEST ARBITRATION

- 17.1. Based on evidence given by the representatives, the arbitrator will offer an opinion as to what the protest committee is likely to decide: (a) the protest is valid, (b) no boat will be penalized for breaking a rule, or (c) one or more boats will be penalized for breaking a rule, identifying the boats and the penalties.
- 17.2. A boat that may have broken a rule may take a Post-Race Penalty as provided in Section 15 of these Sailing Instructions. However, the penalty in Section 15.2(a) of these Sailing Instructions is available only until the protest time limit or until the beginning of the arbitration meeting, whichever is earlier. During a meeting, a boat may take a penalty by acknowledging her acceptance of the penalty in writing.
- 17.3. If a boat asks to withdraw her protest, the arbitrator may act on behalf of the protest committee in accordance with RRS Appendix T4 to accept the withdrawal.

18. SCORING

- 18.1. Time allowances will be as per YRALIS PHRF procedures using time on distance and will be based on the course distance as calculated by the RC, regardless of the distance sailed.
- 18.2. Each class will be scored separately in each race.

19. SAFETY REGULATIONS

- 19.1. All boats are cautioned to observe the Navigation Rules of the Road and to extend the right-of-way to commercial vessels, especially those restricted in their ability to maneuver, making passage through the racing area. Any boat observed to impede such traffic may be protested by the RC.

20. RADIO COMMUNICATION

- 20.1. Each boat shall carry a VHF radio capable of transmitting and receiving on channel 72.
- 20.2. Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.
- 20.3. The RC shall use VHF channel 72 for any radio communications with competitors. As an additional courtesy, radio prompts may be given to preface any actions by the RC. Boats shall not be entitled to redress for the following: misstatements by the RC, or failure of a boat to hear or receive a broadcast. This changes RRS 62.1(a).
- 20.4. The US Coast Guard can be hailed on VHF Channel 16 and by phone at: 631-261-6868.
- 20.5. A boat withdrawing before the start or retiring from a race for any reason is requested to notify the RC by VHF channel 72 at the earliest possible opportunity.

21. SCORING

- 21.1. Prizes in each race will be awarded as follows for each class: First if three or more competitors, Second, if five or more and Third, if seven or more.
- 21.2. The name of the first-place finisher in each division of the Winkle Cup race will be placed on the Winkle Cup Trophy, which is on permanent display at Centerport Yacht Club.
- 21.3. The Byers Trophy will be awarded to the best PHRF spinnaker boat with the lowest overall corrected time in the Winkle Cup race.
- 21.4. The Katrina Cup will be awarded to the best PHRF spinnaker boat with the lowest overall corrected time (one year retention of the trophy) in the Katrina Cup race.
- 21.5. The Katrina Cup Race is a qualifying race for the Schuster Trophy – awarded to the best overall Lloyd Harbor Yacht Club boat, using Cox-Sprague scoring based upon fleet placement, with the combined scores from the Lloyd Trophy, Stratford Shoal Race and Katrina Cup.
- 21.6. Each race is a qualifying race for the North Sails Huntington Bay Boat of the Year Trophy. Participation earns one point per race.
- 21.7. Each race is a qualifier for the YRALIS PHRF Fall, Gitana, Sappho, Competitors, Kings Point, Mertz, and Youth Challenge trophies.

22. CONTACTS

- 22.1. LHYC Fleet Captain: Maryellen Rothberg, fleetcapt@lhyc.org (516) 532-8389
- 22.2. Protest Committee Chair: Bill Mahr, protest@lhyc.org
- 22.3. Measurer Chair: June Kendrick, measurer@lhyc.org
- 22.4. Fleet Measurer: measurer@lhyc.org
- 22.5. J/105 Class Coordinator: David Willis, davidwillis44@gmail.com
- 22.6. J/80 Class Coordinator: Masaki Sato, Masaki.Sato@gmail.com
- 22.7. Technical Committee techcomm@yralis.org

Illustration A

Marks, Bearings and Distances

