



## 2025 Britannia Yacht Club 68<sup>th</sup> National Capital Regatta

July 12<sup>th</sup> to 13<sup>th</sup>, 2025

Britannia Yacht Club

2777 Cassels St, Ottawa, ON, Canada

Appendix 1

### NOTICE OF RACE

You are cordially invited to attend the 2025 68<sup>th</sup> Annual National Capital Regatta being held at Britannia Yacht Club, on July 12<sup>th</sup> and 13<sup>th</sup>. Competitors, coaches, and their families are welcome before and after these dates. The Organizing Authority (OA) is Britannia Yacht Club (BYC).

*The notation '[NP]' in a rule means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1(a).*

#### 1. RULES

- 1.1. The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2. [DP] RRS 40 and the preamble are changed to: All competitors shall wear personal flotation devices at all times while on the water except briefly while changing or adjusting clothing or personal equipment. Wet suits or dry suits do not qualify as personal flotation devices.
- 1.3. The Sail Canada Prescriptions can be found at [https://www.sailing.ca/wp-content/uploads/2025/03/Sail-Canada-Prescriptions-to-the-RRS-2025-2028\\_revfinal.pdf](https://www.sailing.ca/wp-content/uploads/2025/03/Sail-Canada-Prescriptions-to-the-RRS-2025-2028_revfinal.pdf).

#### 2. SAILING INSTRUCTIONS

- 2.1. The sailing instructions will consist of the instructions in the RRS Appendix S, and supplementary sailing instructions (SSI) that will be on the online Official Notice Board <http://www.regattanetwork.com/event/29952>
- 2.2. The sailing instructions will be available after 2:00pm on July 10<sup>th</sup>, 2025 on the official on-line notice board.

#### 3. COMMUNICATIONS

- 3.1. The online official notice board is located at: <http://www.regattanetwork.com/event/29952>
- 3.2. On the water, the race committee will make courtesy broadcasts to competitors and support personnel on VHF radio. The channel will be stated in the supplementary sailing instructions (SSI).
- 3.3. [DP] While racing, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

#### 4. ELIGIBILITY AND ENTRY

- 4.1. The regatta is open to all the following fleets:

Optimist Green	Optimist Champion	C420
ILCA 4	ILCA 6	ILCA 7

- 4.2. Eligible boats may only enter the event by registering online at <http://www.regattanetwork.com/event/29952>
- 4.3. Each competitor under 18 years of age must submit a completed PARENT/GUARDIAN acknowledgement and acceptance of risk document. (Appendix 1).

- 4.4. To be considered an entry in the event, a boat shall complete all registration requirements and pay all fees.

## 5. FEES

- 5.1. Entry Fees are as follows:

Optimist Green	\$95.00
Optimist Championship	\$115.00
ILCA	\$120.00
C420	\$145.00

- 5.2. Entry fees include Regatta souvenirs and dinner on Saturday evening (Regatta souvenirs are subject to availability).
- 5.3. In the case of cancellation of the event by the Britannia Yacht Club, all fees will be refunded.
- 5.4. Entry fee refunds may be granted at the discretion of the OA. An administrative fee may apply.

## 6. [NP] ADVERTISING

- 6.1. Boats may be required to display advertising chosen and supplied by the OA. If the rule is broken, World Sailing Regulation 20.9.2 applies

## 7. SCHEDULE

DATE	TIME	EVENT
Friday July 11 <sup>th</sup>	1800-2000	Competitor & Coach Registration & check-in at the Regatta Office
Saturday July 12 <sup>th</sup>	0800-0900	Competitor & Coach check-in at the Regatta Office
	0900	Competitors & Coaches Meeting near the gas docks
	1100	Warning signal of first race of the day
Sunday July 13 <sup>th</sup>	0900	Coaches Meeting near the gas dock
	1030	Warning signal of first race of the day
	1430	No warning signal after this time
	After Racing	Awards

- 7.1. For every class a maximum 8 races will be scheduled for the regatta.

## 8. VENUE

- 8.1. The regatta is to be held at Britannia Yacht Club, 2777 Cassels St, Ottawa, ON. Appendix 2 shows the site plan and the location of the race areas.

## 9. Courses

- 9.1. Courses will be windward and leeward and may include reaching legs.

## 10. SCORING

- 10.1. Only one race is required to constitute a series.
- 10.2. When fewer than 5 races have been completed, a boats series score will be the total of their race scores.
- 10.3. When from 5 to 8 races have been completed, a boat's series score will be their total race score excluding their worst score.

**11. [DP] [NP] SUPPORT PERSONNEL AND VESSELS**

- 11.1. Support person vessels shall register with the OA and shall be marked with a numbered flag.
- 11.2. Support persons are required to monitor the designated course channel on their VHF radios and be able to assist with safety when requested.
- 11.3. Coaches are expected to attend the coaches meeting each morning. The SSI's may give additional requirements for support boats on the water.

**12. BERTHING**

- 12.1. Boats and support person vessels are to be kept in the designated areas of Britannia Yacht Club as directed at check-in.

**13. PRIZES**

- 13.1. Prizes will be awarded for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> in each fleet.
- 14.2 Other prizes maybe awarded.

**14. DISCLAIMER OF LIABILITY AND RISK STATEMENT**

- 14.1. RRS 3 of Racing Rules of Sailing states: *"The responsibility for a boat's decision to participate in a race or to continue racing is "theirs" alone."* Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:
  - a) They are aware of the inherent element of risk involvement in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event.
  - b) They are responsible for the safety of themselves, their crew, their boat, and their property whether afloat or ashore.
  - c) They accept responsibility for any injury, damage, or loss to the extent caused by their own actions or omissions.
  - d) Their boat is in good order, equipped to sail in the event and they are fit to participate.
  - e) The provision of a race management team, patrol boats and other officials and volunteers by the event organizers does not relieve them of their responsibilities.
  - f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.

**16. [DP] CONCUSSION AWARENESS**

- 16.1. Certain aspects of Rowan's Law (Ontario Concussion Legislation) are in effect. To review current information and requirement, check the Ontario Sailing website:  
<https://ontariosailing.ca/concussion-information/>
- 16.2. Competitors and Support Persons under the age of 26, need to:
  - Confirm they have read the Ministry Approved Concussion Awareness Resource.
  - Confirm they have reviewed, and committed to, the appropriate Ontario Sailing Concussion Code of Conduct.

**17. PHOTO AND VIDEO DISCLAIMER**

- 17.1. By participating in the event, competitors give absolute right and permission for any photograph and video footage to be taken of themselves or the boat they are sailing during the event to be published in any media whatsoever, for either editorial or advertising purposes or to be used in press information without compensation.

**18. INSURANCE**

- 18.1. Each participating boat shall be insured with valid third-party liability insurance. The OA does not accept any responsibility for verifying that a boat has valid third-party liability insurance.

**We look forward to welcoming you to a weekend of keen competition and good sportsmanship in our Nation's Capital.**

**For information regarding accommodations and area recreation etc. please visit:**

<http://www.regattanetwork.com/event/29952>

**For more information, please contact Regatta Chair, Lisa Shishis by email at [lisaanneshishis@gmail.com](mailto:lisaanneshishis@gmail.com)**



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Appendix 1



### PARENT/GUARDIAN

### ACKNOWLEDGEMENT AND ACCEPTANCE OF RISKS

For all sailors and support personnel under the age of 18

Event : \_\_\_\_\_

Name of (minor) or support person: \_\_\_\_\_

Class: \_\_\_\_\_ Sail number: \_\_\_\_\_

**REMINDER: RRS 3 OF THE RACING RULES OF SAILING STATES: "THE RESPONSIBILITY FOR A BOAT'S DECISION TO PARTICIPATE IN A RACE OR TO CONTINUE RACING IS HERS ALONE."**

This document is to be signed by the parent or guardian of any sailor or support person under the age of 18 (the "Participant" or the "Minor".) Support personnel or support person means any person registered in that capacity with the Organization for the Event, including team leaders, coaches, parents, and other such persons who are acting in support of a sailor.

**BY SIGNING THIS DOCUMENT, YOU ARE ACKNOWLEDGING AND ACCEPTING ALL OF THE RISKS INHERENT IN THE MINOR'S PARTICIPATION IN THE EVENT, WHETHER ON OR OFF THE WATER.**

In consideration of the Minor's participation in the event described above (the "Event") hosted by Britannia Yacht Club (the "Organization"), I (and my heirs and any legal and personal representatives, executors, administrators, successors, and assigns), agree to the following (the "Agreement"):

- RULES AND REGULATIONS:** I agree that the Participant will abide by the rules, regulations, and policies of the Organization (and of any class or sailing association whose rules govern the Event), including any and all COVID-19 related safety measures required by the Organization.
- CERTAIN REPRESENTATIONS:** I am the parent or legal guardian of this Participant; said Participant is fit and competent to take part in the Event; their boat is in good order and equipped to participate; the provision of a race management team, patrol boats and other officials and volunteers by the Event organizers does not relieve the Participant or me of their or my own responsibilities; the provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.
- ACKNOWLEDGMENT OF RISK:** I knowingly, willingly, and voluntarily acknowledge the inherent risks associated with the sport of sailing and attendance at an Event, and that participation in any Event involves risks and dangers including, without limitation, the potential for serious

4. This year's bodily injury (including broken bones, head or neck injuries), hypothermia (cold water and air), concussion, sickness, trauma, permanent disability, paralysis and death; loss of or damage to personal property; exposure to extreme conditions and circumstances; accidents involving other participants, event staff, volunteers or spectators; contact or collision with other participants or natural or manmade objects; adverse weather conditions; facilities issues and premises conditions; participants of varying skill levels; situations beyond the immediate control of the Event organizers and competition management; and other undefined, not readily foreseeable and presently unknown risks and dangers ("**Risks**").
5. **ASSUMPTION OF RISK:** I understand that Risks may be caused in whole or in part or result directly or indirectly from the negligence of the Participant's own actions or inactions, the actions or inactions of others participating in the Event, and I voluntarily and knowingly assume all such Risks and responsibility for any damages, liabilities, losses, or expenses that the Participant incurs as a result of their participation in the Event, whether on or off the water. I also agree to be responsible for any injury or damage caused by the Participant at the Event.
6. **CONFIRMATION RELATED TO CONCUSSION AWARENESS:** I have read an Ontario Ministry Approved Concussion Awareness Resource: <https://ontariosailing.ca/concussion-information/> and have reviewed, and committed to, the applicable Ontario Sailing Concussion Code of Conduct
7. **USE OF PHOTO AND VIDEO:** I give absolute right and permission to the Organization and its agents for any photograph and video footage taken of the Participant or the boat they are sailing during the Event to be published in any media whatsoever, for either editorial or advertising purposes or to be used in press information, without compensation.
8. **COMPLETE AGREEMENT AND SEVERABILITY CLAUSE:** This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.
9. **APPLICABLE LAW AND JURISDICTION:** This Agreement shall be governed by the laws of Ontario (and the laws of Canada applicable therein). The parties expressly submit to the exclusive jurisdiction of the courts of Ontario as regards any matter arising from this Agreement and/or participation in the Event.

During the event (**please tick one**):

- ☐ I will be responsible for the Minor throughout the event, and during the time the Minor is afloat I will be available at the event venue (either on land or on the water)
- ☐ I appoint the person named below, who has agreed to act in loco parentis, to be responsible for the Minor throughout the event. During the time the Minor is afloat the person acting in loco parentis will be available at the event venue (either on land or on the water).

IF A PERSON IS TO ACT IN LOCO PARENTIS, PLEASE COMPLETE THE BOX BELOW AND HAVE THAT PERSON SIGN WHERE INDICATED

**I HAVE CAREFULLY READ THIS DOCUMENT IN ITS ENTIRETY, UNDERSTAND ALL OF ITS TERMS AND CONDITIONS, AND KNOW IT CONTAINS AN ACKNOWLEDGEMENT AND ASSUMPTION OF RISK.**

By signing below, I accept and agree to the terms and conditions of this Agreement in connection with participation by the Minor in the Event

Name of Parent/Guardian: \_\_\_\_\_

Address: \_\_\_\_\_ Telephone/mobile: \_\_\_\_\_

Signature of Parent/Guardian: \_\_\_\_\_

Date: \_\_\_\_\_

**IF APPLICABLE PLEASE COMPLETE AND HAVE THE PERSON APPOINTED TO ACT IN LOCO PARENTIS SIGN BELOW**

In consideration of allowing the Minor participate in the Event I agree to act in loco parentis to the Minor and agree and acknowledge that:

- the Minor will abide by the rules, regulations, and policies of the Organization (and of any class or sailing association whose rules govern the Event), including any and all COVID-19 related safety measures required by the Organization, and
- I will be responsible for the Minor throughout the event, and during the time that he/she is afloat
- I will be available at the event venue (either on land or on the water).

Name of person appointed to act in loco parentis: \_\_\_\_\_

telephone/mobile: \_\_\_\_\_

Signature of person acting in loco parentis \_\_\_\_\_ Date \_\_\_\_\_



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Appendix 2

### SITE MAP





## RACE LOCATION

