



2025 Britannia Yacht Club 68th National Capital Regatta

July 12th to 13th, 2025

Britannia Yacht Club

2777 Cassels St, Ottawa, ON, Canada

Sailing Instructions

The notation '[NP]' in a rule means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1(a).

1. RULES

- 1.1. The event will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2. [DP] The penalty for breach of the class rules may, at the discretion of the Protest Committee, be less than a disqualification.

2. CHANGES IN SAILING INSTRUCTIONS

- 2.1. Any change in the sailing instructions will be posted before 0900 on the day it will take effect, except that any change in the schedule of races will be posted before 2000 on the day before it will take effect.

3. NOTICE TO COMPETITORS

- 3.1. Notice to competitors will be posted on the official on-line notice board.
<https://byc.ca/sail/regattas/national-capital-regatta/>
- 3.2. The race office is in the Bruce Neuk, at the main club house.

4. SIGNALS MADE ASHORE

- 4.1. Signals made ashore will be displayed from the Mast by the harbour entrance.
- 4.2. When flag L is displayed ashore over a numeral pennant, the numeral pennant indicates the number of the notice to competitors that is posted. This changes race signal L.
- 4.3. When Flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes in RRS race signal AP.
- 4.4. [DP][NP] Boats shall NOT launch until flag D is displayed with one sound. The warning signal will be made not less than 30 min after flag D is displayed.

5. SCHEDULE OF RACES

- 5.1. Racing is scheduled as follows:

Friday July 11 th	1800-2000	Competitor & Coach Registration & check-in at the Regatta office
Saturday July 12 th	0800-0900	Competitor & Coach Registration & check-in at the Regatta office
	0900	Competitors & Coaches Meeting near gas docks
	1100	Warning signal of the first race of the day
Sunday July 13 th	0900	Coaches meeting near gas dock
	1030	Warning signal of first race of the day
	1430	No warning signal after this time
	After Racing	Awards

- 5.2. 10 races are scheduled for this event.
- 5.3. The race committee may run one extra race on a day provided that they do not get more than one race ahead of schedule and do not exceed the number of races scheduled for the event.



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- 5.4. To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least 2 minutes before a warning signal is made.
- 5.5. On the last day of racing no warning signal will be made after 1430.

6. CLASS FLAGS

6.1.

CLASS	FLAG
Opti Green	Opti Logo on a green background
Opti Championship	Opti Logo on a white background
ILCA 4	ILCA Logo on a yellow background
ILCA 6 & 7	ILCA Logo on a white background
C420	Numeral Pennant 2

7. RACE AREA

7.1. SI Appendix A shows the location of the racing area.

8. COURSES

- 8.1. The diagrams in SI Appendix B show the courses, including the approximate legs, the order in which marks are to be passed, and the side on which each mark is to be left.
- 8.2. No later than the warning signal, the race committee will designate the course
- 8.3. Classes will race on the following courses:

CLASS	Race Area
Opti Green / Opti Championship	Charlie Course
ILCA 4/ILCA 6/ILCA 7/C420	Bravo Course

9. MARKS

9.1. Marks are:

START	A race committee vessel or spar buoy with an Orange Flag
Mark 1	Either Orange, Yellow or Pink tetrahedron . Mark 1 to be used for each fleet will be indicated by displaying the appropriate colour when posting the course on the stern of the Signal Boat.
Mark 2 & 3	Yellow inflatable tetrahedron
New mark	Green inflatable tetrahedron
Finish	A race committee vessel or spar buoy with a Blue Flag

10. THE START

- 10.1. The starting line will be between a staff displaying an orange flag on the signal vessel and the staff displaying an orange flag on the starting mark.



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- 10.2. [DP] Boats whose warning signal has not been made shall avoid the starting area during the starting sequence of other races.
- 10.3. A boat that does not start within 4 minutes after their starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2

11. CHANGE OF THE NEXT LEG OF THE COURSE

- 11.1. To change the next leg of the course, the race committee will lay a new mark or move the finishing line and remove the original mark as soon as practicable.

12. THE FINISH

- 12.1. The finishing line will be between a staff displaying a blue flag on the signal vessel and the staff displaying a blue flag on the finish mark.

13. TIME LIMITS

- 13.1. The Mark 1 Time Limit, Race Time Limit and the Finishing Window are shown in the table below:

CLASS	MARK 1	RACE TIME LIMIT	FINISHING WINDOW
Opti Green	10 minutes	30 minutes	15 minutes
Opti Championship	15 minutes	60 minutes	15 minutes
ILCA	30 minutes	90 minutes	20 minutes

- 13.2. If no boat has passed the mark within the Mark 1 Time Limit, the race will be abandoned.
- 13.3. The Finishing Window is the time for boats to finish after the first boat sails the course. Boats failing to sail the course within the Finishing Window, will be scored Did Not Finish (DNF) without a hearing. This changes RRS 35, A5.1, and A5.2.

14. HEARING REQUESTS

- 14.1. For each class, the protest time limit is 60 minutes after the last boat in that class finishes the last race of the day or the race committee signals no more racing today, whichever is later. The time will be posted on the official notice board
- 14.2. Hearing request forms are available from the race office located in the Bruce Neuk.
- 14.3. Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located in the Board Room.

15. SAFTY REGULATIONS

- 15.1. [NP] All competitors shall Sign-out at the Sign-out table at the BYC Jr. Club.
- 15.2. [DP][NP] On water prior to the warning signal of their first race of each day competitors shall sail past the Signal Vessel and hail their sail number.
- 15.3. [NP] All boats shall return directly to the harbour and shall sign-in after completing their last race of the day.
- 15.4. A boat that retires from a race shall notify the race committee as soon as possible.



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16. COMMUNICATIONS

- 16.1. The race committee will be operation on:
 - 16.1.1. VHF 06 International - Bravo Course
 - 16.1.2. VHF 72 International – Charlie Course

17. SUPPORT BOATS

- 17.1. [DP] Team leaders, coaches and other support persons shall stay 30 meters outside areas where boats are racing from the time of the preparatory signal for the first start until all boats have finished or retired or the race committee signals a postponement, general recall or abandonment.

18. TRASH DISPOSAL

- 18.1. Trash maybe placed aboard official or support person vessels.

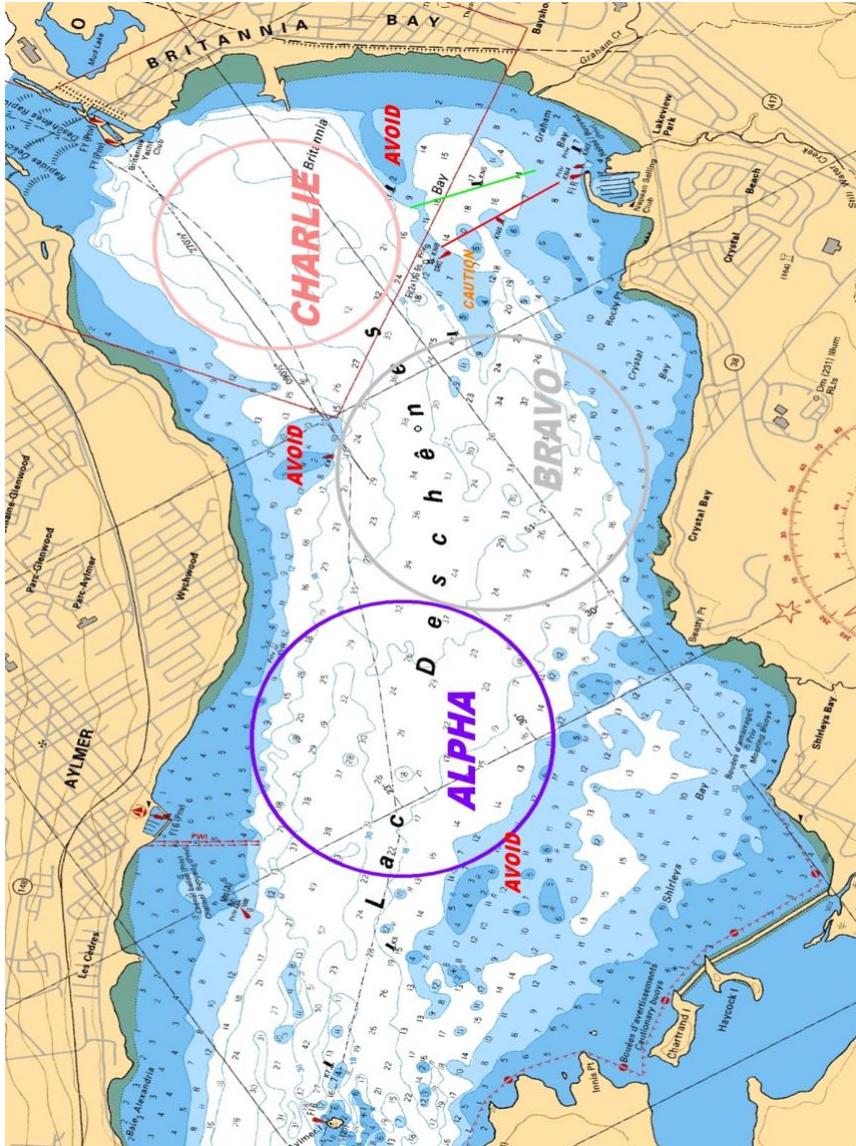
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Appendix A: RACE AREA



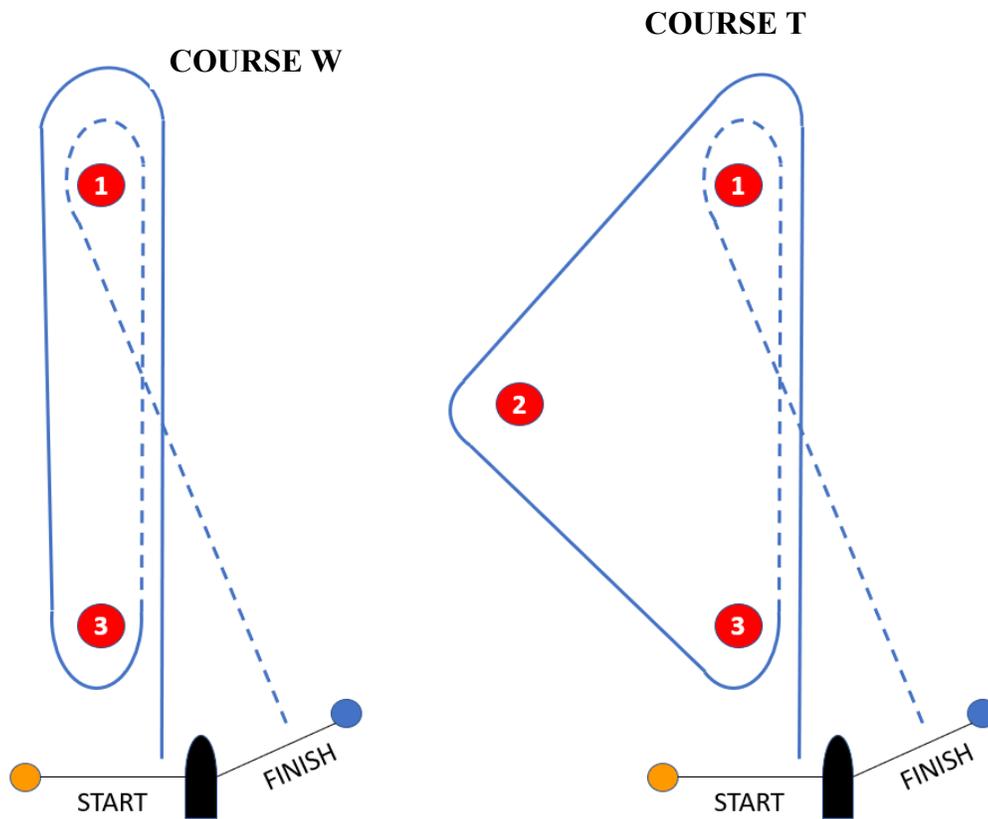
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APPENDIX B COURSE DIGRAMS



Course	Mark Rounding Order
W	Start – 1(Port) – 3(Port) – 1(Port) - Finish
T	Start – 1(Port) – 2(Port) – 3(Port) – 1(Port) - Finish
Opti Green (W)	Start – 1(Port) – Finish