

2025 Commodore's Challenge Cup



In honor of SWYC Staff Commodore James Lonergan
San Diego, CA
Saturday, July 26, 2025

SAILING INSTRUCTIONS

Regatta Co-Chairs:	Commodore Mark Pearcy	commodore@southwesternyc.org
	Carolyn Sherman	cmaidn@yahoo.com
Principal Race Officer:	Ian Trotter	ian@chulavistaphoto.com
Protest Chair:	Colleen Cooke	sailorcookie@cox.net
Race Management Chair:	Ian Trotter	ian@chulavistaphoto.com

1 RULES

- 1.1 The regatta will be governed by *The Racing Rules of Sailing* except that Class Rules do not apply.

2 CHANGES TO SAILING INSTRUCTIONS

- 2.1 Any change to the sailing instructions will be posted on the event notice board before 0900 on the day it will take effect.
- 2.2 In accordance with RRS 90.2 (c), oral changes to the Sailing Instructions may be made on the water. A change is in effect when the Race Committee (RC) signal boat displays Flag L with one sound signal. This means come within hail of the RC boat to receive the oral changes to the Sailing Instructions.

3 COMMUNICATIONS WITH COMPETITORS

- 3.1 Official notices and amendments will be available online through the [EVENT NOTICE BOARD](#) on this event's page on the [SWYC](#) website.
- 3.2 On the water, the RC will monitor and communicate with competitors on VHF radio channel **68**. Please contact RC to notify of a boat's intent to withdraw from racing per SI 20.1.
- 3.3 In case of an emergency competitors should inform the race committee as soon as practical.

4 CODE OF CONDUCT

- 4.1 [DP] Competitors and support persons are expected to comply with reasonable requests from race officials.

5 SIGNALS MADE ASHORE

- 5.1 Any change in the race plan will be posted on the event's page on the SWYC website.

6 SCHEDULE OF RACES

- 6.1 Five races are scheduled on Saturday, July 26, 2025.
- 6.2 There will be a competitors' meeting at 11:30 am and lunch will be served in the Staff Commodore's Room at SWYC.

- 6.3 The scheduled time of the warning signal for the first race is 12:55 am. The warning signal for subsequent races will be as soon as possible after completion of the previous race.

7 ENTRIES & CHECK-IN

- 7.1 Check in will be at the regatta information table located on the front office of SWYC, prior to lunch and the competitors' meeting at 11:30 AM.

8 CLASS FLAG


- 8.1 The class flag will be the Flag of the Commodore.

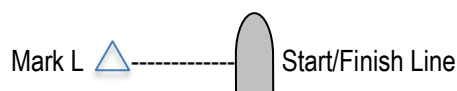
9 RACING AREA

- 9.1 The racing area will be in the vicinity of La Playa in San Diego Bay located between Southwestern and San Diego Yacht Clubs.

10 COURSE

- 10.1 All courses will attempt to be windward/leeward courses.

- 10.2 Course configuration (not to scale): Mark W 



- 10.3 Course to be sailed: Start – W – L – W – Finish.

Marks W and L shall be rounded to port.

- 10.4 Any regatta participant who makes contact with a moored or non-affiliated boat will be required to do the following:
- Immediately protest any boat that caused the contact
 - Immediately notify the Race Committee (after the race if contact occurs while racing).

11 MARKS

- 11.1

Start/Finish pin	Yellow Tetrahedron
Mark W	Yellow Tetrahedron
Mark W Change Mark	Red Tetrahedron
Mark L	Yellow Tetrahedron

12 THE START

- 12.1 The starting line is between an orange flag on the RC vessel and the course side of Mark L at the other end.
- 12.2 As a courtesy, one minute prior to the first warning the RC will sound 4 horn blasts.

13 RECALLS

- 13.1 If any part of a boat's hull is on the course side of the starting line at her starting signal and she is identified, the RC will hail her as soon as possible, identifying her by sail number over a loud hailer and/or on VHF 68. It is the responsibility of each boat to start properly.
- 13.2 Failure to hail her number, failure of her to hear such a hail, or the order in which boats are hailed will not be grounds for a request for redress. This changes RRS 61.4(b)(1).

14 CHANGE OF THE NEXT LEG OF THE COURSE

- 14.1 To change the next leg of the course, the race committee will lay a new mark and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.
- 14.2 The race committee may, without signal, move a mark to change the direction up to 10 degrees or the length up to 10% of the previous length, provided that no boat is sailing to the mark. This changes RRS 33.
- 14.3 The race committee may, without signal, adjust a finish line mark while boats are on the first half of the leg. This changes RRS 33.

15 THE FINISH

- 15.1 The finish line will be between a blue flag on the RC boat and the course side of Mark L at the other end. Should the mark not be present, boats are to pass close (within 30 yards) to the RC boat leaving the RC boat to port.

16 PENALTY SYSTEM

- 16.1 RRS V2, *Penalty Taken After a Race*, shall apply.

17 TIME LIMIT

- 17.1 The time limit for the first boat to finish will be 30 minutes for each race.
- 17.2 Yachts failing to finish within 10 minutes after the first yacht finishes will be scored "Did Not Finish" (DNF). This modifies RRS 35.
- 17.3 The time limit is 1600 for the last race. Any boat not finished by 1600 will be scored DNF for that race. This modifies RRS 35, A4, and A5.

18 PROTESTS

- 18.1 Protests shall be initiated in compliance with RRS 60, except as amended by these Sailing Instructions. A boat intending to protest shall report her intentions and the boat(s) being protested to the RC boat on station upon finishing or retiring and obtain RC acknowledgment. The time limit for lodging a protest is 30 minutes after the Signal Boat docks which will be posted at the information table in the lobby at SWYC. Protest forms will be available at the information table. The completed form should be delivered to the SWYC protest chair near the Regatta information table.
- 18.2 The parties involved will be listed, in the order of filing on the Event Notice Board and protests will be heard as soon as practicable.
- 18.3 Arbitration will be available after racing according to Appendix T for breaches of the rules of Part 2 or Rule 31 where there is no damage or injury, if a USSA Certified Judge is available. Protests not resolved through arbitration will be referred to the Protest Committee for a hearing.

19 SCORING

- 19.1 Five races are scheduled for this series. At least one race started and finished by the Race Committee shall constitute the series.

20 SAFETY REGULATIONS

- 20.1 A boat that retires from a race shall notify the race committee at the first reasonable opportunity. Informing the RC may be accomplished by either (a) sailing past the RC vessel OR (b) radioing the RC vessel by VHF 68.

21 POST-RACE ACTIVITIES

- 21.1 Race results will be posted on the [EVENT NOTICE BOARD](#) on this event's page on the [SWYC](#) website
- 21.2 SWYC invites all participants to enjoy the facilities of SWYC's clubhouse at the after-race party to celebrate the winner following racing.
- 21.3 The *Staff Commodore James Lonergan Commodores' Challenge Cup* will be presented to the first place boat at the after-race party. A "take-home" trophy will also be awarded to the Commodore of the first place boat.

22 RISK STATEMENT

RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.