

Duxbury Yacht Club

Sailing Instructions

2025

Rules

Races will be conducted and judged under the current US Sailing *Racing Rules of Sailing* (RRS) (<https://www.sailing.org/inside-world-sailing/rules-regulations/racingrules/>) except as modified in these instructions, or by a notice posted two days prior to a race, or by verbal notice given at a scheduled skippers' meeting on shore prior to a race. All official notices will be posted on the Race bulletin board outside the waterfront clubhouse.

Entries by DYC Members and Nonmembers

The racing season includes a Summer Series held on most Saturdays, and special weekend races and regattas such as the Tune-Up Regatta, the Midsummer Series, Regatta Day and the Old Timers' Race. All races are open to DYC members and non-members alike. All skippers, members and non-members will pay the designated entry fees for the special regattas. Nonmembers and DYC social members will pay a \$150 season fee for the Summer Series or \$25/race day. Non-members may participate in their first Summer Series race day each season at no charge.

Juniors are encouraged to participate in the senior racing as equal competitors without a fee. Skippers are considered Juniors before their 21st birthday or when enrolled in full time undergraduate studies.

Scoring and Qualification

Summer Series. Full participation is not required for the Summer Series, so the scoring is based on the total number of points achieved divided by the total number of points possible if a boat raced every race in the series. A boat gets a point for starting, a point for finishing, and a point for each boat beaten. Thus in a fleet with 8 starters, first place gets 9 points, second gets 8 points, and so on, and the total points possible for that race is 9. A boat that is disabled or that withdraws for any reason before finishing gets 1 point for starting; a boat disqualified gets 0.

In all multi-race regattas and series, a tie is settled by the RRS procedure in Appendix A8.

A boat must race 60% of the total number of races (not race days) to qualify for the Summer Series. A boat can have different skippers during the series, but races by all skippers count towards both points and qualification. A boat that does not finish a race, either because it went to the assistance of a vessel or person in peril or because it was disabled by a foul while holding the right of way, may count that race for qualification purposes even if it is not scored for that race. A race abandoned by the Race Committee or by exceeding the time limit shall not count for qualification. A skipper who misses a race day because he or she is participating in a regional or national regatta, or is serving on the committee boat that day, may count the races of that day for qualification. No more than two committee boat days may be counted.

Special Regattas (Tune-Up, Midsummer Series, Regatta Day, etc.). Scoring is based on a low-point system specified in RRS A2.1, A4 and A5.2, except that no score shall be excluded. First place gets 1 point, second 2 points, and so on. If a boat does not start a race, is disabled, is disqualified or withdraws for any reason before finishing, it gets a point score equal to one more than the total number of entrants, that is, equal to one more than the total number of boats who have started any race of the series. Ties settled as above. Scoring may be modified in the Notice of Race for a special regatta.

For some special regattas, there is a trophy for the "best" score in any fleet. This is calculated by taking the total points for each boat, dividing by the number of races, and dividing by the number of entrants in its fleet. Thus a low score in a large fleet is better than a low score in a small fleet.

Anniversary Race. There is a single prize for this race, traditionally sailed around Clark's Island in either direction, which is given to the boat that finishes first. The race committee may at its discretion award additional prizes for winners of individual classes, for largest number of family members, or for creativity in rigging. There are no restrictions on size or type of sailboat that may enter, except that Rule 42 (Propulsion) still applies, nor are there restrictions on number of crew. For the purposes of Rule 18 (Rounding and Passing Marks and Obstructions), Clark's Island is an obstruction but not a mark.

Courses

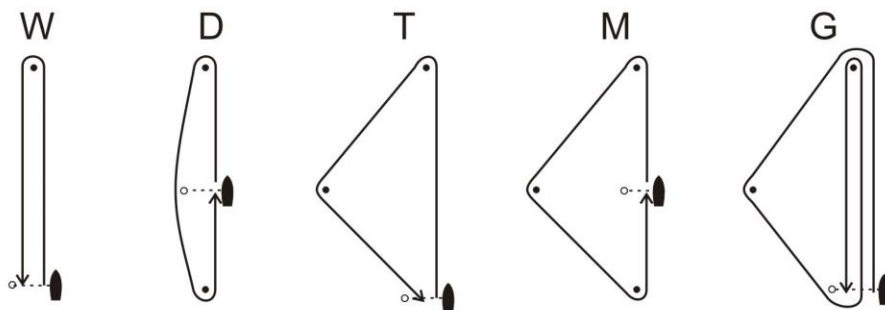
Unless otherwise designated, courses will be displayed on a boom on the committee boat by hanging the course letter (W, D, T, M, G; see below) under the class insignia. The course for a race may have several laps; the number of laps will be indicated by hanging a number under the course letter. For instance, a D2 course would be start-windward-leeward-windward-leeward-finish. In the case of a W2 or a T2, the starting pin is rounded to start the second lap of the course. Classes will start in the order posted on the committee boat boom, from fore to aft.

At the discretion of the Race Committee and when announced, a windward mark may be accompanied by an offset mark which must also be rounded and is considered a mark of the course. Similarly, the leeward mark of a D or W2 course may be replaced by a pair of marks (a gate) and either mark of the gate may be rounded.

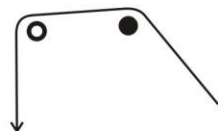
Finishing

The finish line will be between a staff on the race committee signal boat and the course side of the nearby mark or starting pin. At the discretion of the Race Committee, a separate finish line may be used, as designated by the placement of an optional finish mark on the starboard side of the Committee Boat.

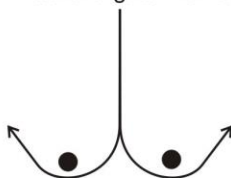
On any leg of the course, other than at the start or finish of the race or when the pin is a turning mark, the line between the staff on the committee boat and the nearby starting and finishing pins shall be considered an obstruction and subject to the obligations of rules 19 and 20.



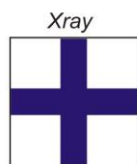
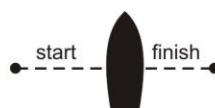
when announced:
windward offset mark



leeward gate marks



starboard finish line



Individual Recall



General Recall



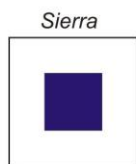
Postponement



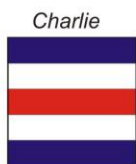
All Races Called Off



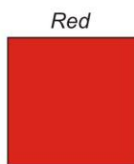
Life Jackets



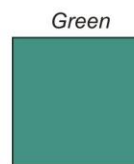
Course Shortened



Course Changed



All Marks to Port



All Marks to Starboard

Changes of Course

Changes of Course will be made as follows:

1. *Prior to a class' warning signal:* by posting the new course in place of the old one
2. *Between a class' warning and preparatory signal:* by posting the new course in place of the old one and calling attention to the change by display of code flag "Charlie" and sounding a horn
3. *After a class' preparatory signal:* by displaying code flag "Answering Pennant" to postpone the race, posting the new course in place of the old one, and beginning the starting sequence again.
4. *After a class' start:* by displaying code flag "Charlie" on an authorized boat that stands by the mark at which the course changes, with the revised course posted or given verbally to each boat. In such a case, the mark at which the change occurs should be rounded in the direction specified by the old course, and boats should assume the new course after rounding.

A shortened course will be signified by displaying code flag "Sierra" and by the sounding of two horns. The new finish line shall be at a rounding mark between the mark and a boat displaying flag Sierra, or at a line boats are required to cross at the end of each lap.

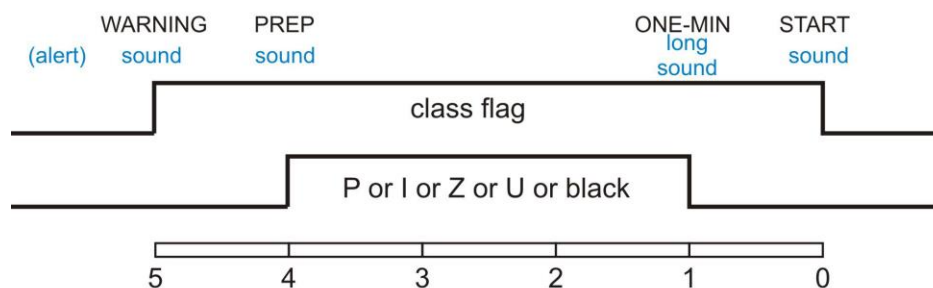
To maintain a course configuration, or change a course length, marks may be moved as necessary with no signal to competitors as long as no competitors are on the leg that the mark terminates. This changes RRS 33.






Communication with the Race Committee

Boats are encouraged to carry handheld VHF radios for communication with the committee boat. Channel 07 will be used for race-related matters unless otherwise announced. (Channel 11 is used by the waterfront staff.) Hails will normally be answered from the committee boat at any time before the start of a race. Thereafter, hails will be answered only if deemed essential to the conduct of the race or the safety of the competitors. The committee is not required to answer a hail at any time.

Starting Instructions

The starting line shall be between the yellow flag on the committee boat and the flag on the starting mark. Unless announced otherwise, races will be started using the sequence specified by RSS 26 (five-minute).



P		Preparatory signal
I		If on course side of line and extensions in last minute, must round an end of the starting line before starting.
Z		If in starting-line/first-mark triangle in last minute, 20% penalty.
U		If in starting-line/first-mark triangle in last minute, disqualified. Penalty dropped if race restarted.
black		If in starting-line/first-mark triangle in last minute, disqualified even if race restarted. Penalty dropped if race postponed before start.

Recalls

Individual boats which have started prematurely will be verbally recalled by sail number on a best efforts' basis (using the last three numbers at the race committee's discretion). If any boat has started prematurely, the race committee shall promptly display flag "X-ray" with attention called by one horn blast. The flag shall be displayed until all such boats have sailed completely to the pre-start side of the starting line or its extensions and have complied with Rule 30.1 if it applies, but it will be lowered after four minutes or one minute before any later starting signal. It is good sportsmanship for other boats to promptly and accurately relay sail numbers when premature starters may not have heard the call. Every effort will be made to ensure that a premature starter receives such notice, but the responsibility for returning for a proper start rests with the competing boat. The race committee will then attempt to notify premature starters when they have returned to the pre-start side of the line. In case of a general recall for any class, the "First Repeater" will be displayed with attention called by a series of horn blasts. The Warning signal for the next start will be made approximately one minute after the First Repeater is lowered.

Special Starting Rules

If the Race Committee boat displays flag "India," the One-Minute or Round-an-End Rule (RRS 30.1) is in effect.

If the Race Committee boat displays flag "Zulu," the 20% Penalty Rule (RRS 30.2) is in effect.

If the Race Committee boat displays flag "Uniform," the U Flag Rule (RRS 30.3) is in effect.

If the Race Committee boat displays a black flag, the Black Flag Rule (RRS 30.4) is in effect.

Postponement and Abandonment

Races will be started in all weather, unless the wind is so light that boats will not finish the race in the allotted time, or so strong that there is considerable danger to boats or participants. Lightning is also reason for cancellation. It is the responsibility of each sailor to consider the condition of the boat and experience of the crew and to decide whether the weather conditions exceed their capabilities.

Starts may be postponed by displaying code flag "Answering Pennant" and sounding two horn blasts. The warning signal for the next start will be made one minute after the Answering Pennant is lowered.

Races may be abandoned by displaying code flag "November" and sounding three horn blasts. All races, including those in progress, are called off for the day.

Time Limit

Unless otherwise stated, the time limit for any race is one hour. A race is official for any class if one boat in that class finishes properly within this time limit, unless the race has been abandoned before any boat finishes.

Life Jackets

Code flag "Yankee" indicates that life jackets must be worn as long as the signal is displayed.

Penalties

A boat that has broken a rule of the RRS Part 2 (When Boats Meet) or Part 3 (Conduct of a Race) shall take a penalty as soon as possible after getting clear of other boats, as specified in RRS Rules 44 and 31.

Unless otherwise specified for special regattas by announcement at the skippers' meeting, Rule 44.1 is modified for NYC racing by requiring only a **One-Turn Penalty** (one tack and one jibe). Other specifications of Rule 44.2 regarding the execution of the penalty remain in effect.

Protests

The procedures for lodging and deciding protests will be as in Part 5 of the RRS (Protests, Redress, Hearings, Misconduct and Appeals). However protests by one boat against another must be reported to the race committee immediately after crossing the finish line in the race in which the incident occurred. A protest committee constituted that day of knowledgeable and disinterested sailors will endeavor to hear all protests by the end of that day. In the rare event of a substantive appeal, a protest review committee with permanent members will hear the appeal.

Crew Restrictions

Boats may carry no more than the following number of crew (including skipper).

Pintail	four
Flying Scot	three
Marshall 15	three
420	two
Laser	two

Children who are younger than ten years old on the race day are not counted for this limit.

In the Old Timers' Race, skippers must be at least 60 years of age by race day. Crew must be either over 60 or under 18. There is no limit on number of crew.

Required Equipment

All boats racing must have on board an approved wearable life jacket (USCG Type 1, II, III or V) for each crew member. In addition, all boats except 420s, Lasers and board boats are required to have on board a bucket or bailer, an oar or paddle, a fog horn or whistle, and an anchor with at least 50 feet of line that is not running rigging or less than 1/4" diameter.

Flying Scots and Marshall 15 Sandpipers must have installed the flotation required by class rules. For Flying Scots, this means the foam flotation originally installed by the builder; the bow buoyancy bag that is required for sanctioned events is recommended but not required for local racing.

All boats are subject to inspection by the race committee at any time, and if found to have participated in a race without all the required equipment, may be disqualified for that race by the race committee without a hearing.

All boats are encouraged to carry a VHF radio.

Additional Rules

Flying Scots must conform to the Specifications in the Flying Scot Sailing Association Handbook.

Marshall 15s must conform to the DYC Marshall 15 Sandpiper Class Rules, which may be slightly different from the national class rules.

Pintails must conform to the Duxbury Pintail Association Class Rules.