



Sailing Instructions (SIs) with Amendment 1

**Special
Olympics**



2025 CRAB Special Olympics Invitational Regatta

September 5-7, 2025

Annapolis, MD

Initial publication: August 29, 2025

Amendment 1: September 4 - Changes to SI 9.1, and 15.1

The notation '[NP]' in a rule means that a boat may not protest another boat for breaking that rule, nor request redress based on that rule. This changes RRS 60.1 and 61.1(a).

The notation '[DP]' in a rule means that the penalty for a breach of the rule may, at the discretion of the protest committee, be less than disqualification.

1 RULES

- 1.1 The event is governed by the rules as defined in *The Racing Rules of Sailing* as detailed in the notice of race (published on the www.crabsailing.org).

2 SAFETY REGULATIONS

- 2.1 [DP] A boat that retires from a race or intends to leave the racing area before the end of racing shall notify the race committee at the first reasonable opportunity.

3 COMMUNICATIONS WITH COMPETITORS

- 3.1 Notices to competitors will be posted on the official notice board located at the CRAB Boat House.
- 3.2 On the water, the race committee intends to monitor and communicate with competitors on **VHF radio**

4 CHANGES TO SAILING INSTRUCTIONS

- 4.1 Any change to the sailing instructions will be posted no later than 60 minutes before the first scheduled warning signal of the race in which it will take effect.
- 4.2 Changes to a sailing instruction may be made on the water by announcing the change on VHF radio prior to the first warning signal in which the change will take effect.

5 SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed on the CRAB flag pole.

6 SCHEDULE OF RACES

- 6.1 The first warning signal is scheduled for 1100 on Saturday and 1030 on Sunday.
- 6.2 No warning signal will be made after 1330 on Sunday.
- 6.3 See additional scheduling information in the notice of race and on the event website.

7 RACING AREA

- 7.1 The racing area is the Severn River near the mouth of Back Creek.

8 COURSES AND MARKS

- 8.1 See SI Addendum C.

9 THE START

- 9.1 Each division of boats (CRAB 22A, Hobie 16, Daysailer, and Club 420) will get individual starts, with all boats of that division starting and racing together.
- 9.2 Races will be started using a 3-Minute Audible Starting System, as described in SI Attachment U.
- 9.3 The starting order of the fleets will be posted on the notice board each morning before the morning briefing. The race committee will also hail the next fleet to start via VHF prior to each warning signal.
- 9.4 The starting line is between staffs displaying orange flag on the race committee starting vessel and the course side of the pin-end start/finish mark.
- 9.5 A boat that does not start within 5 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.

10 CHANGE OF THE NEXT LEG OF THE COURSE

- 10.1 To change the next leg of the course, the race committee will before any boat is on the leg to that mark, move the original mark or the finishing line to a new position without signal.

11 THE FINISH

- 11.1 The finishing line is between staff displaying an orange flag on the race committee finishing vessel and the course side of the start/finish mark.

12 PENALTY SYSTEM

- 12.1 RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.
- 12.2 RRS Appendix V2, Post Race Penalties, applies.

13 TIME LIMITS AND TARGET TIMES

- 13.1 [NP] The target time for a race is 25-30 minutes.
- 13.2 The race time limit (see RRS 35) is 40 minutes.
- 13.3 [NP][DP] The race committee may assign a finish position to boats that have not finished within 10 minutes of the first boat to finish.

14 HEARING REQUESTS

- 14.1 Boats intending to protest or request redress shall inform that race committee at the first reasonable opportunity after finishing a race (or withdrawing from it). This adds to the requirements of RRS 60.2(a).
- 14.2 The protest time limit is 10 minutes after the last team returns to the CRAB ABC at the end of racing for the day. The time will be posted on the official notice board.
- 14.3 Protests and requests for redress shall be filed with the protest committee at the CRAB Boat House and need not be in writing.
- 14.4 The protest committee may take evidence in any way it considers appropriate and may communicate its decision orally. This changes RRS 63.
- 14.5 RRS 60.4(a)(2) is replaced with: "if it alleges a breach of a rule of Part 2 or rule 31 and is from a boat that was not involved in, and did not see, the incident, or"

15 SCORING

- 15.1 Boats will be scored by individual levels within their division.
- 15.2 One race is required to be completed to constitute a series.

- (a) When fewer than 5 races have been completed, a boat's series score will be the total of her race scores.
- (b) When from 5 to 10 races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
- (c) When 10 or more races have been completed, a boat's series score will be the total of her race scores excluding her two worst scores.

16 [NP][DP] REPLACEMENT OF CREW

- 16.1 Substitution of competitors is not allowed without prior approval of the organizing authority.

17 [NP][DP] REPLACEMENT OR ADJUSTMENT OF EQUIPMENT

- 17.1 Boats are provided by the organizing authority for all competitors. Competitors shall not modify the boats or cause them to be modified in any way except with the approval and in accordance with the instructions of the organizing authority.
- 17.2 While reasonable steps are taken to equalize the boats, variations will not be grounds for redress. This changes RRS 61.4(a)(1).
- 17.3 Competitors shall not protest, nor be penalized, for breaking a class rule.

18 PRIZES

- 18.1 See the notice of race.

19 RISK STATEMENT

- 19.1 RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.

SI Addendum C – Courses

C1 COURSES

- C1.1 The table below shows the course(s), including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.
- C1.2 No later than the warning signal, the race committee signal vessel will display the course number to be sailed
- C1.3 When sailing on legs between marks A and C: The starting line is “open”. Neither the start/finish mark nor the race committee starting vessel are marks of the course, and there are no restrictions on sailing through the start/finish line.

C2 MARKS

- C2.1 The start/finish mark will be a green tetrahedron.
- C2.2 Marks A, B, and C will be orange balls.

Course #	1	2
Description	Windward/Leeward, One Lap	Triangle, One Lap
Mark Rounding Order	Start – A – C – Finish	Start – A – B – C – Finish
Diagram		

Course #	3	4
Description	Windward/Leeward, Two Laps	Triangle, Windward/Leeward
Mark Rounding Order	Start – A – C – A – C – Finish	Start – A – B – C – A – C – Finish
Diagram		

SI Attachment U - 3-Minute Audible Starting System

- U1** Any Race Signal may be made by hailing, in which case the corresponding visual signal may also be used, but not its designated sound signal.
- U2** A series of short sounds may be made at any time to call attention to a hail or a visual signal.
- U3** The starting sequence shall consist of the following sound signals made at the indicated times. These signals shall be timed from their commencement and shall govern, even if visual signals are also used.

<i>Signal</i>	<i>Sound</i>	<i>Time before start</i>
Attention	Series of short sounds	Before the warning
Warning	3 long	3 minutes
Preparatory	2 long	2 minutes
	1 long, 3 short	1 minute, 30 seconds
	1 long	1 minute
	3 short	30 seconds
	2 short	20 seconds
	1 short	10 seconds
	5 short, 1 second apart	5 – 4 – 3 – 2 – 1 seconds
Starting	1 long	0

- U4** Individual recalls shall be signalled by hailing the sail number (or other distinguishing feature) of each recalled boat. Flag X need not be displayed.
- U5** Failure to hear an adequate hail or sound signal shall not be grounds for redress. This changes rule 62.1.