



Notice of Race (NoR)

**Special
Olympics**



2025 CRAB Special Olympics Invitational Regatta

September 5-7, 2025
Annapolis, MD

Organizing Authority (OA): Chesapeake Region Accessible
Boating (CRAB), www.crabsailing.org

Initial publication: June 20, 2025

The notation '[NP]' in a rule means that a boat may not protest another boat for breaking that rule, nor request redress based on that rule. This changes RRS 60.1 and 61.1(a).

The notation '[DP]' in a rule means that the penalty for a breach of the rule may, at the discretion of the protest committee, be less than disqualification.

1 RULES

- 1.1 The event is governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 [DP] [NP] Where practical, the Special Olympics Sailing Sport Rules will be honored, as modified by the NoR and the sailing instructions (SIs).
- 1.3 [DP] [NP] RRS 40.1 (Personal Flotation Devices) applies at all times while on the docks or on the water.

2 COMMUNICATION

- 2.1 The official notice board is electronic and located at crabsailing.org. The organizing authority may provide an unofficial physical notice board at the venue.
- 2.2 On the water, the race committee will make courtesy broadcasts to competitors on VHF radio. The channel will be stated in the SIs.

3 SAILING INSTRUCTIONS

- 3.1 The sailing instructions will be available on the official notice board approximately one week before the first race.

4 ELIGIBILITY AND ENTRY

- 4.1 Teams shall meet the requirements of one of the Special Olympics Level of Competition:
 - (a) Level 1 - Athlete manages the jib
 - (b) Level 2 - Athlete steers with coach support
- 4.2 Entry will be by invitation-only through CRAB, Maryland Special Olympics, Virginia Special Olympics, and Anne Arundel County Special Olympics.
- 4.3 Requests for invitation should be by email to brigid@crabsailing.org no later than July 15, 2025. Late entries may be accepted at the discretion of the organizing authority.
- 4.4 There is no entry fee.

5 BOATS

- 5.1 The event will be sailed in the following divisions: Club 420, Hobie 16, O'Day Day Sailor, and CRAB's First 22A provided by the organizing authority.
- 5.2 Boats will be provided by the organizing authority. Competitors shall not modify them or cause them to be modified in any way except at the explicit direction of the race committee or organizing authority.

- 5.3 For the First 22As, CRAB will appoint and provide a “CRAB Skipper” who will be aboard the boat in addition to the Special Olympics teams.
- 5.4 While all reasonable steps are taken to equalize the boats, variations will not be grounds for redress. This changes RRS 61.4(a)(1).

6 QUALIFYING HEATS AND FINAL SERIES

- 6.1 If there are sufficient number of entries, the event may consist of qualifying heats and a final series to be described in the SIs.

7 SCHEDULE

- 7.1 The schedule of racing is as follows. The schedule for social events will be published on the notice board.

Date	Time	Item
Friday	0900-1000	Registration and Check-in
	1000-1600	Practice sailing (420, Day Sailors 1000-1400, CRAB 1400-1600)
Saturday	0830-0930	Late Registration and Check-in
	0930	Morning briefing (mandatory for all teams)
	1100	First scheduled warning signal
Sunday	0920	Morning briefing (mandatory for all teams)
	1030	First scheduled warning signal
	1330	No warning signal after this time
	1600	Awards

- 7.2 As many races as conditions permit will be sailed.

8 VENUE

- 8.1 The event venue is the CRAB Annapolis Adaptive Boating Center.
- 8.2 The racing area is the Severn River near the mouth of Back Creek.

9 COURSES

- 9.1 The course(s) to be sailed will be as drop-mark windward/leeward or triangle courses, as described in the SIs.

10 PENALTY SYSTEM

- 10.1 RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

11 SCORING

- 11.1 One race is required to be completed to constitute a series.
- 11.2 (a) When fewer than 5 races have been completed, a boat’s series score will be the total of her race scores.
- (b) When from 5 to 10 races have been completed, a boat’s series score will be the total of her race scores excluding her worst score.
- (c) When 10 or more races have been completed, a boat’s series score will be the total of her race scores excluding her two worst scores.
- 11.3 RRS 90.3(e) applies.

12 SPECTATOR AND SUPPORT PERSON VESSELS

- 12.1 The organizing authority will provide a spectator vessel with limited space. Sign-up for going out on the spectator vessel will be available at registration.
- 12.2 Private support person vessels are welcome on the course to watch racing. However, they may not dock at the CRAB venue at all.

13 RISK STATEMENT

- 13.1 RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. **Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.**

14 PRIZES

- 14.1 Medals will be awarded to the top 3 finishers in each division and each level.
- 14.2 Ribbons will be awarded to all competitors not awarded a medal.
- 14.3 Additional prizes may be awarded at the discretion of the organizing authority.

15 FURTHER INFORMATION

- 15.1 For further information please contact brigid@crabsailing.org.