



SAILING INSTRUCTIONS
57th Princess Pat Race
Forest City Yacht Club
Women's and Double-Handed Races
July 11, 2025



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1 RULES

- 1.1 The event is governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 The Women's Race is limited to women sailors. One male boat owner/designee may be on board to provide verbal coaching and he must remain centerline without offering any physical assistance. If any physical assistance occurs, the boat must retire from the race.
- 1.3 The Double-Handed JAM Race is limited to two person crews.
- 1.4 All prescriptions of RRS 63 will not apply.
- 1.5 In the event of a conflict between the Notice of Race and the Sailing Instructions, the Sailing Instructions shall prevail. This changes RRS 67.
- 1.6 Boats without a current PHRF measurement certificate, the Race Committee will assign a temporary rating for the current Princess Pat Races only; and that temporary rating cannot be appealed.
- 1.7 RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty, however, RRS 44.1(a) and 44.1(b) apply.

2 CHANGES TO SAILING INSTRUCTIONS

- 2.1 Any changes to Sailing Instructions will be posted on the official notice board no later than one hour before the first start. The official notice board is at regattanetwork.com and in the clubhouse at Forest City Yacht Club.

3 COMMUNICATIONS WITH COMPETITORS

- 3.1 Notices to competitors will be posted on the official notice board located inside the FCYC clubhouse and at regattanetwork.com.
- 3.2 On the water, the race committee intends to monitor and communicate with competitors on **VHF radio channel 69**.
- 3.3 Actions taken or not taken by a competitor on the basis of communication from the race committee not specifically directed to the competitor is not grounds for protest or redress.

4 CODE OF CONDUCT

[DP] Competitors and support persons shall comply with reasonable requests from race officials.

5 SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed from the race committee booth on the grounds of Forest City Yacht Club.

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6 SCHEDULE OF RACES AND CLASS FLAGS

- 6.1 There will not be a competitors meeting. Announcements will be made and then posted on the official notice boards.
- 6.2 Class Flags, starting sequence and scratch sheets will be posted on the official race notice boards no later than 1 hour before the first scheduled start for that race.
- 6.3 The 6 minute Wake Up signal will be at 6:54 PM.
- 6.4 The first warning signal for the races will be at 6:55 PM.

7 RACING AREA

- 7.1 The racing area is on the open waters of Lake Erie and the eastern end of Cleveland Harbor.

8 COURSES AND MARKS

- 8.1 The Race Committee will designate a race course for each class using the Cleveland Yacht Racing Association buoy marks, the East Light break wall, government buoys, and other nearby marks or marks temporarily placed by the Race Committee. Addendum A shows the marks along with coordinates.
- 8.2 Addendum B – Courses show the number courses, the marks in order along each course and the rounding direction of each mark. **USE ADDENDUM B FOR COURSES AS THEY ARE DIFFERENT THAN THE CYRA CURRENT COURSE NUMBERS.**
- 8.3 No later than the preparatory signal for each class, the race committee starting booth will display the number of the course to be sailed. The race committee will also announce the course(s) over VHF Channel 69. Failure to hear the communication is not grounds for redress.

9 THE START

- 9.1 The Starting line is between a white mark offshore from Forest City Yacht Club marking the port end with the center pole of the RC booth marking the starboard end.
- 9.2 Races will be started using RRS 26 with the class flag raised and a warning signal given 5 minutes before the starting signal. The Code Flag 'I' and one short horn will be used for the 4 minute preparatory signal.
- 9.3 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
- 9.4 If any part of a boat's hull is on the course side of the starting line at her starting signal, a recall signal will be given as per RRS 29.1. The race committee will attempt to hail her sail number via VHF Channel 69. Failure to hail her number, failure of her to hear such a hail, or the order in which boats are hailed will not be grounds for a redress for request. This changes RRS 61.4(b).
- 9.5 A General Recall will be signaled by two long horns and the display of the Code Flag "1st Sub" on the starters booth and announced via VHF Channel 69. Recalled classes shall immediately clear the starting area and move to the end of the starting sequence. This changes RRS 29.2.
- 9.6 The Round-an-End-Rule (one minute rule) at each start will be in effect as prescribed by RRS 30.1.

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10 THE FINISH

- 10.1 The finishing line is between the center pole of the RC booth at the port end and an orange and white mark offshore from Forest City Yacht Club marking the starboard end.
- 10.2 After finishing, a boat shall clear the finish area. While any other boats that are still racing are near the finish line, no finished boat shall re-cross the finish line. Any boat who wants to sail to the course side of the finish line shall either go around the buoy end of the finish line, or must wait until the area is clear of other boats that are finishing.

11 TIME LIMIT

- 11.1 The time limit for the race is 2 hours.
- 11.2 RRS 35 is changed as follows: If the first boat in a class does not finish within 2 hours after her start, the race is abandoned. If the first boat in a class finishes within 2 hours, any boat in that class which does not finish within 25 minutes after the first boat's finish time will be scored TLE (Time Limit Expired) and be scored points equal to the number of boats finishing plus 1.

12 HEARING REQUESTS

- 12.1 Hearing request forms are available in the FCYC Clubhouse immediately following each race. See the PRO or the race committee for the forms.
- 12.2 A boat intending to file a request must, immediately after finishing, notify the Race Committee. Completed protest forms must be delivered to the Race Committee Chairman within one hour of the protestor's finish time.
- 12.3 A copy of each hearing request will be posted on the race notice board in the FCYC Clubhouse. Hearings will be held as soon as possible in the FCYC clubhouse office in the order in which forms are delivered.

13 SCORING

- 13.1 The Low Point Scoring of RRS Appendix A will be applied.

14 SAFETY REGULATIONS

- 14.1 [DP] A boat that retires from a race shall notify the race committee at the first reasonable opportunity via **VHF Channel 69** or in person at the RC booth.
- 14.2 Any boat with an medical emergency can contact the race committee via VHF Channel 69 for coordination of assistance.

15 TRASH DISPOSAL

[DP] RRS 47 shall apply at all times.

16 PRIZES

- 16.1 Awards will be given for First, Second and Third places within each Fleet.

17 INSURANCE

- 17.1 Each participating boat shall be insured with valid third-party liability insurance with a

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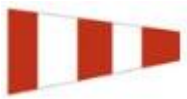
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minimum cover of \$300,000 per incident or the equivalent.

18 RISK STATEMENT

- 18.1 RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.



AP FLAG



I FLAG



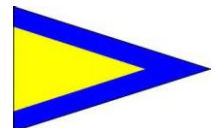
N FLAG



X FLAG



S FLAG



1st SUB FLAG

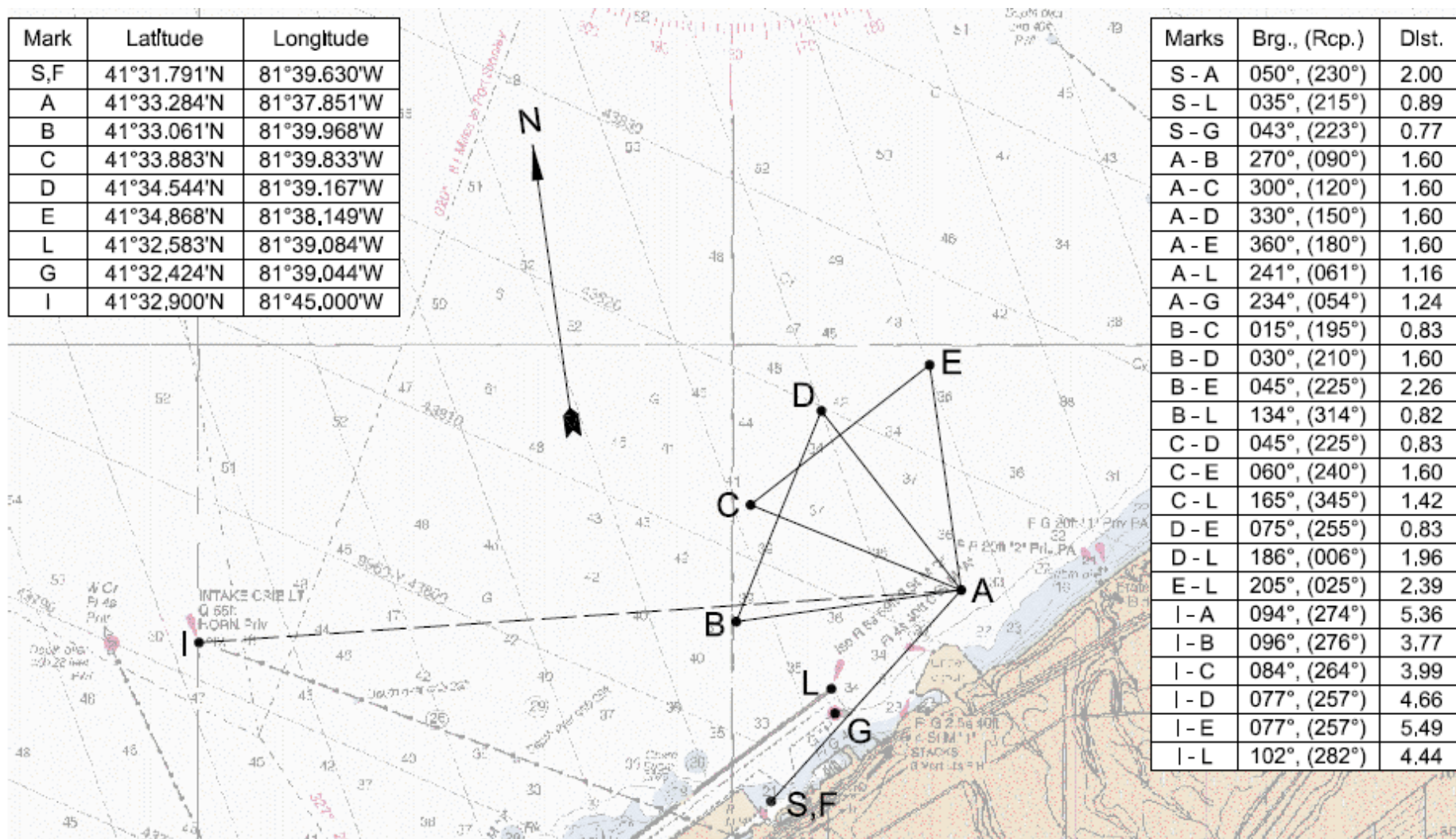
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Addendum A – MARKS

Mark	Latitude	Longitude
S,F	41°31.791'N	81°39.630'W
A	41°33.284'N	81°37.851'W
B	41°33.061'N	81°39.968'W
C	41°33.883'N	81°39.833'W
D	41°34.544'N	81°39.167'W
E	41°34.868'N	81°38.149'W
L	41°32.583'N	81°39.084'W
G	41°32.424'N	81°39.044'W
I	41°32.900'N	81°45.000'W



Marks	Brg., (Rcp.)	Dist.
S - A	050°, (230°)	2.00
S - L	035°, (215°)	0.89
S - G	043°, (223°)	0.77
A - B	270°, (090°)	1.60
A - C	300°, (120°)	1.60
A - D	330°, (150°)	1.60
A - E	360°, (180°)	1.60
A - L	241°, (061°)	1.16
A - G	234°, (054°)	1.24
B - C	015°, (195°)	0.83
B - D	030°, (210°)	1.60
B - E	045°, (225°)	2.26
B - L	134°, (314°)	0.82
C - D	045°, (225°)	0.83
C - E	060°, (240°)	1.60
C - L	165°, (345°)	1.42
D - E	075°, (255°)	0.83
D - L	186°, (006°)	1.96
E - L	205°, (025°)	2.39
I - A	094°, (274°)	5.36
I - B	096°, (276°)	3.77
I - C	084°, (264°)	3.99
I - D	077°, (257°)	4.66
I - E	077°, (257°)	5.49
I - L	102°, (282°)	4.44

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ADDENDUM B

Princess Pat Friday Evening

WOMENS' AND DOUBLE-HANDED RACE COURSES

(P)--MARKS TO PORT

G - Green Navigational Buoy

(S)--MARKS TO STARBOARD

COURSE #	MK # 1	MK # 2	MK # 2		MK # 3		MK # 4		MK # 5		COURSE
			BRNG.	BRNG.	BRNG.	BRNG.	BRNG.	BRNG.	DIST. N. MI.		
0	START	G (P)	43	PIN (P)	223	G (P)	43	FINISH	223	3.1	
1	START	L (P)	35	B (P)	314	L(S)	134	FINISH	215	3.4	
2	START	A (P)	50	FINISH	230	-	-	-	-	4.0	
3	START	L (P)	35	C (P)	345	L(S)	165	FINISH	215	4.6	
4	START	L (P)	35	B (S)	314	A (S)	90	FINISH	230	5.3	
5	START	A (P)	50	B (P)	270	L(S)	134	FINISH	215	5.4	
6	START	L (P)	35	D (P)	006	L(S)	186	FINISH	215	5.7	
7	START	L (P)	35	C (S)	345	A (S)	120	FINISH	230	6.0	
8	START	A (P)	50	C (P)	300	L(S)	165	FINISH	215	6.0	
9	START	L (P)	35	E (P)	025	L(S)	205	FINISH	215	6.6	
10	START	L (P)	35	D (S)	006	A (S)	150	FINISH	230	6.5	
11	START	A (P)	50	D (P)	330	L(S)	186	FINISH	215	6.5	
12	START	L (P)	35	E (S)	025	A (S)	180	FINISH	230	6.9	
13	START	A (P)	50	E (P)	360	L(S)	205	FINISH	215	6.9	