





Southwestern Yacht Club San Diego, California Saturday, July 19, 2025

Sailing Instructions

1. RULES

- 1.1 The event is governed by the rules as defined in the <u>Racing Rules of Sailing (RRS)</u>.
- 1.2 <u>Local Advisory</u>: All competitors are asked to observe USCG Navigational Rule 9, which in part reads, "A vessel shall not cross a narrow channel or fairway if such crossing impedes the passage of a vessel which can safely navigate only within such channel or fairway." The Race Committee (RC) may protest a boat infringing this instruction. A penalty for a breach of this rule shall be DNE.
- 1.3 [DP] NAVAL and CRUISE SHIP PROTECTION ZONE: A naval protection zone exists in a radius of 500 yards (<u>CFR 165.2015</u>) around U.S. naval vessels greater than 100 feet in length, except when the large naval vessel is moored or anchored within a restricted area. All vessels within a naval vessel protection zone shall operate at the minimum speed necessary to maintain a safe course and shall proceed as directed by an official patrol, and when within such zone, no vessel is allowed within 100 yards of a large U.S. naval vessel (<u>CFR 165.2030</u>). No vessel is allowed within 100 yards of a cruise ship (<u>CFR 165.1108</u>).
- 1.4 Entry into the NAS North Island Security Zones 100 yards around Pier Bravo and vessels moored to it (<u>CFR 165.1105</u>) and the aircraft carrier turning basin (<u>CFR 165.1104</u>) is prohibited.
- 1.5 Per RRS 42.3(i), competitors may use an engine or other propulsion method to avoid situations in SI 1.2 or 1.3, or to get clear after grounding or colliding with a vessel or object, provided they gain no significant advantage in the race.
- 1.6 Any R/C Vessel, including the mark set boat or safety boat displaying the R/C insignia, is authorized to signal and direct any racing vessel or any class to alter course for clear compliance with Rule 9 traffic.
- 1.7 If the Race Committee boat is damaged because of a boat breaking a rule, that boat shall be responsible for paying for the repairs.

2. CHANGES TO SAILING INSTRUCTIONS

- 2.1 Any change to the sailing instructions will be posted before 0900 on the day it will take effect.
- 2.2 In accordance with RRS 90.2 (c), oral changes to the Sailing Instructions may be made on the water. A change is in effect when the Race Committee (RC) signal boat displays Flag **L** over **A** with one sound signal. This means come within hail of the RC boat to receive the oral changes to the Sailing Instructions.

3. COMMUNICATIONS WITH COMPETITORS

- 3.1 Official notices and amendments will be available online through the <u>EVENT NOTICE BOARD</u> on this event's page on the <u>SWYC</u> website.
- 3.2 On the water, the RC will monitor and communicate with competitors on VHF radio channel 68. Please contact them to notify of a boat's intent to withdraw from racing per SI 13.2.
- 3.3 In the event of an on-the-water emergency, first contact the US Coast Guard on VHF Channel 16 directly and immediately, then contact the RC.

4. CODE OF CONDUCT

4.1 [DP] Competitors and support persons shall comply with reasonable requests from race officials.

5. SCHEDULE OF RACES

- 5.1 The race is scheduled for Saturday, July 19, 2025.
- 5.2 The first warning is scheduled for 1155.

6. CLASS FLAGS & CHECK IN

- 6.1 [DP]Boats are requested to check in with the RC signal boat prior to the first warning signal. Boats checking in shall pass the RC boat to starboard and hail with sail number and class. Check-in will be complete only when the RC boat responds with that information. *There will be no radio check-in.*
- 6.2 Late check-ins may be accepted at least 15 minutes before a boat's assigned starting time.
- 6.3 Class pennants will be as follows:

CLASS	CLASS	
	PENNANT	
Open A	1	
Open B	2	
Open C	3	
Open D	4	
SWRF	GREEN	

6.4 The *Current Registrants* list on the <u>regatta website</u> shows boats in their official class assignments.

7. RACING AREA

- 7.1 The racing area will be in San Diego Bay.
- 7.2 The starting area will be in the vicinity of San Diego Bay Buoy 19.

8. THE COURSES

- 8.1 Each boat will decide its start direction and sequence of marks.
- 8.2 Each boat shall determine which way to round a mark before entering the three-length zone of that mark. Once there, the mark then has a required side for the application of RRS 18. If other race boats are in the vicinity, the boat shall repeatedly hail which way they intend to round the mark.
- 8.3 The RC will select one of the following courses, and, prior to the first warning signal, will announce the course by displaying the corresponding numeral code flag. As a courtesy, the RC may also announce the course via VHF channel 68.

	All Open Spin Classes	SWRF
Course 1:	Start at Buoy 19. Round Buoy 17,	Start at Buoy 19 . Round Buoy 17 ,
	FM-Sub, and "Bridge" in any	FM-Sub, and Buoy 23 in any
	order and in either direction.	order and in either direction.
	Finish. (Distance = 9.9 nm .)	Finish. (Distance = 7.2 nm .)
Course 2:	Start at Buoy 19 . Round Buoy 15,	Start at Buoy 19. Round Buoy 15,
	FM-Sub, and "Bridge" in any	FM-Sub, and Buoy 24 in any
	order and in either direction.	order and in either direction.
	Finish. (Distance = 10.6 nm .)	Finish. (Distance = 9 nm .)
Course 3:	Start at Buoy 19 . Round Buoy 12,	Start at Buoy 19. Round Buoy 15,
	FM-Sub, and "Bridge" in any	FM-Sub, and "Bridge" in any
	order and in either direction.	order and in either direction.
	Finish. (Distance = 12 nm .)	Finish. (Distance = 10.6 nm .)

- 8.4 Each boat must cross the starting line in the direction of their first mark, in accordance with the *RRS* definition of *start*.
- 8.5 Each boat must pass north of **FM-Sub** when <u>rounding</u> that mark, in accordance with *RRS 28*.
- 8.6 Each boat must cross the finishing line from the course side, in accordance with the *RRS* definition of *finish*.
- 8.7 After properly starting, a yacht shall not sail through the "Starting Line" or "Finishing Line" unless *finishing*. This ranks as an *obstruction* for the purposes of Part 2 of the RRS. Skippers in violation of this paragraph will be subject to a DSQ imposed by the RC without benefit of a hearing.

9. MARKS

- 9.1 All marks, except the start and finishing marks, are considered rounding marks.
- 9.2 The starting and the finishing marks are the **RC boat** and **Buoy 19**.
- 9.3 **FM-Sub** is located near the east end of Harbor Island at approx. 32° 43.27′ N, 117° 11.415′ W. (*Think: substitute for FM-19*)
- 9.4 The "**Bridge**" is defined as any of Piers 18, 19, or 20 of the Coronado Bridge.
- 9.5 San Diego channel Buoys 12, 15, 17, 23 and 24 may also be used as marks.

10. THE START

- 10.1 There will be a staggered (pursuit) start with a modified starting sequence defined below. This changes RRS rule 26. Starting times will be posted as an amendment to the SIs.
- 10.2 The starting line is between the course side of Buoy 19 and a staff displaying an orange flag on the RC boat.
- 10.3 A distance buoy may be streamed aft of the RC boat and, if present, will be considered part of the RC boat.
- 10.4 After the first warning signal, each boat **shall stay at least 50 yards away from the starting line** (North and South sides) until 4 minutes before her starting signal.
- 10.5 The RC may postpone the race per RRS rule 27.3. In the event of postponement, the RC will announce the amount of delay, which will be a multiple of 10 minutes. Each boat is expected to add the announced delay amount to her published starting time.
- 10.6 **RRS 30.1 (I flag) will be in effect for all starts.** If flag I has been displayed, and any part of a boat's hull is on the course side of the starting line or one of its extensions during the last minute before her starting signal, she shall sail across an extension so that her hull is completely on the pre-start side before she starts.
- 10.7 The following table defines the first starting sequence and associated signals. RC will synchronize with GPS time.

Signal	Time	Flag and Sound
Attention	1154	4 horns; Lima down
Warning	1155	Multicolored flag and one horn
Preparatory	1156	I flag and one horn
One-Minute	1159	I flag removed and one long horn
First starting signal	1200	Multicolored flag removed and
		one horn
Subsequent starting time	Various	One whistle
Courtesy time-checks	1210,1220,1230, etc.	One horn

*** CAUTION *** Watch out for yachts starting in the opposite direction!

- 10.8 For each subsequent boat starting, the RC will sound a whistle at the boat's assigned starting time.
- 10.9 The RC will sound one horn for courtesy time-checks at ten-minute intervals.
- 10.10 The absence of a sound signal will be disregarded. Failure of the RC to make a sound or to time it accurately will not be grounds for a request for redress. This changes RRS rule 61.4(b)(1).
- 10.11 Individual warning, preparatory, and one-minute signals will not be given. A boat's starting signal is at her assigned starting time, and she is *racing* 4 minutes prior to her starting signal.

11. RECALLS

11.1 As a courtesy, the RC will announce individual recalls on VHF channel 68 but will NOT display Flag X and will NOT sound a horn. Failure of a yacht to hear a hail or failure of the RC to hail shall not be grounds for redress. This changes RRS rules 29.1 and 61.4(b)(1).

12. THE FINISH

12.1 The finishing line is between the course side of Buoy 19 and a staff displaying a blue flag on the RC boat.

*** CAUTION ***

WATCH OUT FOR YACHTS FINISHING IN THE OPPOSITE DIRECTION!

13. TIME LIMIT & WITHDRAWLS

- 13.1 Boats failing to finish by 1600 will be scored as DNF without a hearing. This changes RRS rules 35, A4, and A5.
- 13.2 A boat that retires from the race must notify the RC before leaving the course. Failure to notify the RC may result in possible loss of racing privileges in future SWYC events.

14. HEARING REQUESTS

- 14.3 The protest time limit expires 60 minutes after the protesting boat's finish.
- 14.4 Written protests may be filed electronically or in person.
 - Protests filed electronically may be sent to Colleen Cooke, SWYC Protest Chair, at sailorcookie@cox.net. The US Sailing app is an excellent tool for this purpose. Protests may also be filed in person or electronically to any member of the SWYC Race Committee. Protests may also be brought to the RC at the after-race party.

- 14.5 Notice of protests and boats involved, and the schedule of hearings will be posted on the online event.
- 14.6 Protests will be heard in the approximate order of receipt as soon as possible after the day's racing is complete, or later, at the option of the Protest Committee.

15. AWARDS

- 15.1 The number of prizes awarded in each class will be based on the number of entries.
- 15.2 The Overall Open Spinnaker Winner and the SWRF Winner will be noted on the perpetual trophy.
- 15.3 Race results will be announced at the after-race party at Southwestern Yacht Club and published on the <u>event website</u>. Meet ASAP after the race for awards and re-hashing of the day.

16 SAFETY REGULATIONS

Not withstanding any safety requirements, the ultimate safety of a boat and her crew is the sole and inescapable responsibility of the owner or charterer. He/she must do his/her best to ensure that the boat is fully sound, thoroughly seaworthy and manned by an experienced crew who are physically fit to face bad weather. He/she must be satisfied as to the soundness of hull, spars, rigging, sails and all gear. He/she must ensure that all safety equipment is properly maintained and stowed, and that crewmembers know where it is stowed and how it is used.

17 DISCLAIMER OF LIABILITY

Sailing is an activity that has an inherent risk of damage and injury. Competitors in this event participate entirely at their own risk. See RRS 3, Decision to Race. The race organizers (SWYC, race committee, protest committee, sponsors, or any other organization or official) will not be responsible for damage to any boat or other property or the injury to any competitor, including death, sustained because of participation in this event. As a condition of their participation in this regatta, competitors release all claims they may have against SWYC and its officers, directors, members, committees and employees for damage to property, personal injury or death sustained in conjunction with or prior to, during or after the regatta. Competitors shall be responsible for damage or injury caused by their breach of The Racing Rules of Sailing or applicable governmental rules for the avoidance of collision.

Colleen Cooke, PRO SWYC RC Secretary (619)852-5010