



## **“CENTRALS ON SODUS” ANNUAL REGATTA**

**ILCA / Laser North America District 9 Grand Prix Championship  
ILCA7 (Laser Standard), ILCA6 (Laser Radial)**

**Regatta for Juniors in 420 and Opti (all divisions including green fleet)  
Open Regatta for Club 420 Spinnaker, Club 420 Non Spinnaker**

Organized and hosted by the Sodus Bay Junior Sailing Association and the Sodus Bay Yacht Club

### **NOTICE OF RACE JULY 19<sup>th</sup> & 20<sup>th</sup>, 2025**

#### **1. RULES**

- 1.1 The regatta will be governed by the rules as defined by "The Racing Rules of Sailing" (RRS).
- 1.2 US Sailing Regulations 10, 13, 14 and 15 will apply.
- 1.3 The following additional documents govern the regatta: the entry form, the waiver of liability and consent for medical treatment.
- 1.4 The Racing Rules will be modified as follows:
  - Racing rules 40, 60, 60.1 and 60.1(a) are changed as follows: the changes will appear in full in the Sailing Instructions. The Sailing Instructions may also change other rules.
  - US Coast Guard approved PFDs are required and shall be worn at all times on the water except as specified in the Sailing Instructions. Use of inflatable PFDs or buoyancy aids is not permitted. A whistle is recommended. This changes Rule 40.
  - A competitor may not be protested for breaking a class rule that requires membership. However, ILCA membership is strongly encouraged for the ILCA/Laser Championship and is required for ILCA Grand-Prix Points. An Optimist competitor may not be protested for breaking the IODA requirement for a paddle. This changes Rule 60.1.
  - Alcohol and drugs: No junior competitor shall use, either on or off the water, alcoholic beverages or any controlled substances, the possession of which is unlawful. This rule is in effect during the entire event from the time of arrival through the completion of all activities and the departure from the venue.



- The Protest Committee may impose suitable penalties, other than disqualification, for violations of the Class Rules, or other non-Part 2 rules. This changes Rule 64(a).

## 2. DISCIPLINES (Classes)

1. ILCA7 (Laser Standard) – All ages – North America District 9 Championship
2. ILCA6 (Laser Radial) – All ages – North America District 9 Championship
3. Optimist Class Dinghy in Green, Red, White and Blue Divisions
4. Double-handed Dinghy - Club 420, Spinnaker and Trapeze
5. Double-handed Dinghy - Club 420, Non Spinnaker

## 3. ELIGIBILITY

Optimist Sailors: The Green, Red, Blue and White Fleet assignments will be based on the competitor's age on the first day of the regatta, July 19th, 2025.

## 4. REGISTRATION and ENTRY

- Registration may only be made by completing the online forms at [RegattaNetwork.com](http://RegattaNetwork.com)
- The entry fee is \$75.00 per competitor, which includes Regatta T-Shirt, Continental breakfast Saturday and Sunday, snacks for on the water and a post racing cookout Saturday and Sunday.
- Entry fees are appreciated via online payment but a check may be presented at check-in.
- Competitors under 18 years of age shall present a signed and completed parent (or guardian) consent and declaration form at registration. The form is available on the event website or during electronic registration.
- A completed entry is defined as all forms having been completed on line and all appropriate entry forms having been received by the host club by 2000 Friday, July 19th.
- Housing is **not** provided. Google search for lodging near zip code 14555 or 14580. Camping on the regatta site is limited and is on a first come first serve basis. Contact the Regatta Chair below.



## 5. SCHEDULE

Friday, July 18th  
1600-2000 Early Check-in at the SBJSA Sailing Center  
(No food provided Friday)

Saturday, July 19

Race Day 1

0700-0900 Registration/check in competitors  
0730-0930 Continental Breakfast

0945 Skippers Meeting

1030 First Warning

TBD Post race cookout

Sunday, July 20

Race Day 2

0730-0930 Continental Breakfast

1030 First Warning

TBD Awards

TBD Post race cookout

## 6. MEASUREMENT

Each boat shall comply with the equipment measurement rules of its class and may be inspected for compliance at any time during the regatta at the direction of the Protest Committee.

## 7. SAILING INSTRUCTIONS

The Sailing Instructions (SIs) will be available at registration check-in.

## 8. VENUE

The regatta will be sailed on Great Sodus Bay. Course locations will be provided in the SIs.

## 9. PENALTY SYSTEM

Rules 4.1 and 44.2 will apply.



## 10. SCORING

10.1 The Low Point System of Appendix A will apply.

10.2 There is no maximum number of races scheduled. One race completed will constitute a series.

10.3 When fewer than five races have been completed, a boat's series score will be the total of her race scores.

10.4 When five or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

## 11. SUPPORT AND SPECTATOR VESSELS

Support and spectator vessels shall sign-up at the venue for race days. Vessels are encouraged to carry a VHF radio. None are supplied by the OA.

## 12. COACHING

Coaches are asked to register at the event and be briefed by the OA regarding coaching.

## 13. PERSONAL FLOTATION DEVICES AND PERSONAL EQUIPMENT

13.1 Each competitor shall wear a USCG approved PFD that is 100% dependent on foam for flotation and is the appropriate size for the sailor, at all times while on the water, except for brief periods while adding or removing clothing. These will be checked at registration.

13.2 Electronic flux-gate compasses and GPS devices of all varieties, styles and combinations are prohibited aboard the boat during the regatta.

## 14. PROHIBITED SUBSTANCES

No junior participant or competitor shall use or possess, either on or off the water:

- Marijuana, or any other substance if possession is illegal under state or federal law,
- Any alcoholic beverages. An alleged breach of one of these regulations shall not be grounds for a protest. This changes rules 60.1(a), 60.2 (a) and 60.3(a). However, when the Protest Committee believes that a competitor may have breached one of these regulations, it shall follow the process described in the Championship Code of Conduct. If a competitor is found to have breached one of the elements within the Code of Conduct, the competitor shall be excluded from the remaining races of the series and where practicable, removed from the regatta venue and sent home. The competitor's boat shall be disqualified from all races of the series.



## 15. CONDUCT OF COMPETITORS

All competitors are expected to maintain the highest levels of conduct throughout the entire event. Enforcement of discipline and conduct shall be conducted per Rule 69.1(a) and the policies and procedures of US Sailing Regulation 15.01.

## 16. MEDIA RIGHTS

By participating in this regatta, a competitor (or parent/guardian if under age 18) grants to the OA and its sponsors the right in perpetuity to make, use and show, from time to time at their discretion, any photographs, motion pictures and live, taped or filmed television and other reproductions of him or her during the period of the competition without compensation.

## 17. PRIZES

Prizes will be awarded to all classes and divisions and will be determined based on registration.

## 18. DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See Rule 4: Decision to Race. The Organizing Authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, or after the regatta.

## 19. FURTHER INFORMATION

For further information please contact:

Regatta Chair  
Regatta Chair

Liam Faudree  
K. Coleman

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