

# **Duxbury Yacht Club Junior Mid-Summer Regatta**

**July 9, 2025**

## **Sailing Instructions**

### **1. Rules and Safety**

- a. The regatta will be governed by the Racing Rules of Sailing – “RRS” the prescriptions of US Sailing, the rules of each class, except as changed by these sailing instructions.
- b. In the event of serious breach of good conduct by a skipper or crew member, the Race Committee may, after a hearing, disqualify from the regatta the yacht with which the offender is associated. A serious act of misconduct includes the failure to comply with a reasonable official request.
- c. Lifejackets – Each competitor shall wear and keep fully secured a US Coast Guard–approved PFD at all times while afloat. Whistles permanently attached to the PFD are required. Sturdy boating shoes must be worn at all times.
- d. Inspection. Each boat will be subject to a safety inspection. In addition to any other safety equipment required by class rules, each boat is required to have appropriate buoyancy devices, and correct numbers located on the sails. Each OPTIMIST shall have a mast preventer to keep the mast from unstepping in the event of a capsize, an 8 meter (26 feet) tow line securely attached to a fixed point on the bow with the bowline loop tied in the end, a bailer tied to the boat, a properly secured daggerboard, and a boom bridle span not exceeding 10 cm (4 inches).
- e. This a Clean Regatta. Pursuant to Rule 47 of the RRS, competitors and support persons shall not intentionally put trash in the water. This rule applies at all times while afloat. The penalty for a breach of this rule may be less than disqualification.

### **2. Entries**

- a. Eligible boats may be entered by completing registration with the Duxbury Yacht Club at [www.regattanetworks.com](http://www.regattanetworks.com).
- b. Competitors must participate in both race days to remain eligible for prizes.
- c. Club 420s will race as a single fleet (for sailors 18 year and under).
- d. Opti competitors shall be 15 or younger as of December 31, 2025. 420 competitors shall be 18 or younger as of December 31, 2025.
- e. The Optimist Championship Fleet will be divided into three divisions according to the ages of the competitors on the first day of the regatta.
  - White Fleet: 10 years old or younger.
  - Blue Fleet: 11 or 12 years old.
  - Red Fleet: 13 years old or older and will not have reached their 16th birthday in the current calendar year.
- f. The Optimist Green Fleet is intended for inexperienced novice racers where participation is awarded.

### **3. Notices to Competitors**

Notices to competitors will be posted on the regatta notice board at the DYC. Notices concerning protests will be posted on the regatta notice board at the DYC.

#### 4. Changes in the Sailing Instructions

Any change to the sailing instructions must be approved by the Chairman of the Race Committee and posted prior to the harbor start on the day that it will take effect, except that any change to the schedule of races will be posted by 5:00 pm on the day before it will take effect.

#### 5. Signals Made Ashore

Harbor start will be signaled by the code flag "G" and one sound signal.

#### 6. Schedule of Races

##### a. Thursday, 7/20 Race Day #1 (High Tide 2:03 pm)

Late Check-in\*\* 0800-0900

Sailors Meeting: 0930

Harbor Start: 30 minutes after Sailors Meeting

First Warning Signal: as determined by the PRO for each line

No warning signal after this time: 1400

***Bagel Bar and Snacks provided for sailors (no lunch)***

***Lunch at NYC Waterfront after Racing***

- b. The Green Fleet schedule will be the same through the Skippers Meeting at which point a second, separate meeting for Green Fleet sailors may be conducted and the remainder of the schedule for that fleet will be announced.
- c. Prior to the starting sequence of the first race of each day, each competitor must sail close by the Race Committee boat on the starboard tack, hail his or her sail number, and be acknowledged by the Race Committee boat. Boats not complying may not be scored.

#### 7. Racing Area

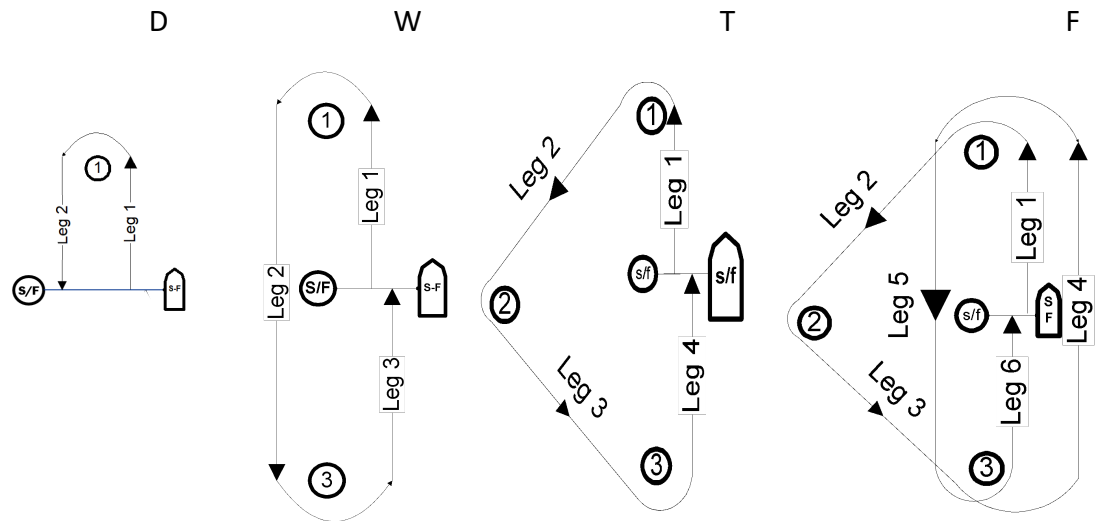
Duxbury Bay; specific locations will be described at the skipper's meeting.

#### 8. Courses

The courses are described below.

The course for a race may have several laps; the number of laps will be indicated by displaying a number under the course letter. For instance, a W2 course would be start-windward-leeward-windward-leeward-finish.

The starting line shall be "open" (e.g. when a boat on the course is not starting or finishing, it may pass through the starting line).



## 9. Marks

- Marks for the 420's will be yellow inflatable race marks.
- Marks for the Opti Champion line (blue, red, and white fleets) will be orange race marks.
- Marks for the Opti Green line will be Inflatable animals.

## 10. Starting

- The starting line will be between a staff on the committee boat displaying a flag and a buoy off the port side of the committee boat.
- All races will start with audible signals by horn. The format will be a three minute dinghy start.

## 11. Recalls

- Individual recalls will be hailed by sail number from the committee boat.
- After the first general recall, the Race Committee may fly the I flag, implementing the "round the ends" rule. This means that within one minute of the start, boats that are over the line must sail around one of the ends of the line prior to starting.

## 12. Finishing

The finish will be between the staff on the Race Committee boat and a nearby mark off the port side of the Committee boat.

## 13. Time Limits

- The first place boat must finish the race within 60 minutes.
- Yachts failing to finish within 30 minutes after the first yacht finishes will be scored a DNF.

## 14. Protests

- Upon finishing a race, a yacht shall attempt to notify the Race Committee boat of her intent to protest and the number of the protested yacht. In doing so the protestor must keep clear of all finishing yachts.
- Protests on land shall be filed within 1 hour of race committee docking.
- The protest committee will hear protests in approximately the order of receipt as soon as possible.

## **15. Penalties**

The following sections of Appendix V of the RRS shall apply:

Penalty at the Time of an Incident; the first two sentences of Rule 44.1 are changed to: "A boat may take a One-Turn Penalty when she may have broken one or more rules of Part 2 or rule 31 in an incident while racing. When she may have broken one or more rules of Part 2 while in the zone around a mark other than a starting mark, her penalty shall also be a One-Turn Penalty."

## **16. Scoring**

The Low-point scoring system will be used. One race shall constitute a series. Each yacht's total score will be the sum of her scores for the entire series. There will be 1 throw out after 6 races are scored.