

Coconut Grove Sailing Club
2025 Flying Scot District 1 Regatta
October 4-5, 2025
Sailing Instructions (SI)
Posted September 29, 2025

PART I – GENERAL CONDITIONS

1. ORGANIZING AUTHORITY

- 1.1. Coconut Grove Sailing Club is the organizing authority.

2. RULES

- 2.1. The CGSC Flying Scot District 1 Regatta will be governed by the Rules as defined in The Racing Rules of Sailing and the Notice of Race (NOR) and this Sailing Instruction (SI)
- 2.2. One Design classes will conform to their class rules, except as changed in this NOR/SI or amendments.

3. CHANGES TO THE NOR/SI, NOTICES TO COMPETITORS, AND SIGNALS MADE ASHORE

- 3.1. Signals made ashore will be displayed on the flagpole of CGSC.
- 3.2. When a decision to postpone or abandon a regatta prior to the first warning signal on the day of the event is made ashore, in addition to signals ashore an announcement will be made on VHF 73 at 1000. When signal AP is made ashore, no warning signal shall be made in less than 60 minutes after its removal, this changes Race Signals.
- 3.3. When a decision to postpone or abandon a regatta prior to the first warning signal on the day of the event is made on the water, in addition to signals afloat, announcement(s) will be made on VHF 73.
- 3.4. Oral changes to the SIs may be given on the water. The RC signal vessel shall display Code Flag "L" with one sound and announce the change on VHF channel 73 in accordance with RRS 90.2(c). Competitors may also approach the RC signal vessel to receive the change while the Code Flag "L" is displayed. All oral changes will be posted on the Official Notice board as soon as possible on the day they were made.

4. CHECK IN

- 4.1. On each race day boats will check in with the race committee before a boat's first warning signal of the day by sailing on starboard tack past the stern of the signal vessel until acknowledged by the committee. No check in will be accepted during a starting sequence.
- 4.2. Boats failing to check in will be scored DNS for the first race of the day without a hearing.

5. SAFETY REGULATIONS

- 5.1. By registering a boat with CGSC for a regatta for the SERIES, the owner/skipper agrees to conform to The Racing Rules of Sailing including the US Sailing prescription to rule 40 regarding government regulations that apply in the racing area.

6. COURSES & CONDITIONS

- 6.1. There are 2 possible courses, depicted in Appendix A
- 6.1(a). Course 1 - start-windward mark-downwind finish (start/finish line).
- 6.1(b). Course 2 - Start-windward mark- downwind gate (above the start/finish line) -

windward mark-downwind finish.

- 6.2. Prior to the warning signal the RC will display the pennant of the course to be sailed.
- 6.3. Marks are to be left to port. Gate may be left to either starboard or port. If one of the leeward gate marks is missing, boats shall round the one existing leeward mark to port.
- 6.4. No race will be started in less than 4 knots or more than 20 knots of sustained wind, or conditions where it is gusting to more than 25 knots. The RC may postpone if there are sustained winds over 18 knots.

7. MARKS, STARTING LINE, GATE, FINISHING LINE

- 7.1. The starting (and finish) line will be between an orange (or blue) flag on the Signal Boat and either an orange tetrahedron or an orange (or blue) flag on an RC boat on the other end of the line.
- 7.2. The starting line and the finishing line will be the same.
- 7.3. The weather mark and the gate will be Yellow Tetrahedron marks.

8. PENALTIES AND PROTESTS

- 8.1. A boat may take a 'One Turn Penalty' when she may have broken a rule of Part 2 or RRS31 while racing. However, when she has broken a rule of Part 2 while in the ZONE around a mark, the penalty shall be a 'Two Turns Penalty'. This changes RRS 44.1.
- 8.2. A boat intending to file a protest or a request for redress regarding an incident in the racing area will inform the race committee of intent either orally or by VHF radio as soon as practicable following the boat's finish of that race. This changes RRS 61.3 and 62.2.
- 8.3. In order to file a valid protest, a protest must be communicated to the chairperson of the race committee (or the alternate person) of CGSC within 60 minutes of when the signal boat returns to the dock.
- 8.4. The protest committee will convene at CGSC shortly after each day's event.
- 8.5. The protest committee will consist of the entire fleet in a public forum. All decisions will be final and voted on by the fleet.

9. PARKING AND STORAGE

- 9.1 Automotive vehicle parking on the CGSC grounds is restricted to CSGC Members only.

PART II - SAILING INSTRUCTIONS: ONE DESIGN CLASSES

OD1. CLASSES, CLASS FLAGS

- OD1.1. Class flags will be the class insignia.

OD2. RACING AREA

- OD2.1. The race area will be southeast of the entrance to the John A. Brennan Channel on Biscayne Bay

OD3. THE START

- OD3.1. The warning signal will be made 3 minutes before the starting signal, and the preparatory signal 2 minutes before the starting signal. This changes RRS 26.

- OD3.2. 15 seconds before the warning signal, the RC will make multiple short sounds as an alert to the warning signal.
- OD3.3. A boat starting 3 minutes or more after her starting signal will be scored DNS without a hearing. This changes RRS A5.1.
- OD3.4 On Saturday, Sunfish will also be racing. The order of starts for the first race will be Flying Scots, and then Sunfish.

OD4. THE FINISH

- OD4.1. The RC will display flag "A" while boats are finishing to indicate "No more racing for the day."

OD5. TIME LIMITS

- OD5.1. The time limit for the first boat in each class to sail a Designated Course and finish will be 75 minutes.
- OD5.2 A boat failing to finish within 15 minutes of the first boat to finish in her class will be scored DNF without a hearing. This changes RRS 35, A4, and A5.

FURTHER INFORMATION

Web Site <https://www.regattanetwork.com/event/30078>

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APPENDIX A
Course Diagram

	COURSE: WINDWARD / LEEWARD
Signal	Mark Rounding Order
1	Start – 1 – Finish
2	Start – 1 – 2s/2p – 1 – Finish

