



## **2025 Sail Canada Sail East at the Bay Wind Regatta**

*Sail Canada U19 ILCA 4,6, Club 420, 29er, Waszp Regional Championships*

*Sail Canada Optimist U15 Regional Championships*

*ILCA 4, ILCA-6 and ILCA-7 Championships*

*NS ILCA 4, ILCA-6 and ILCA-7 Championships*

**July 18, 19 and 20, 2025**

*(Including July 18, 2025 Sail Canada Training Clinic – ILCA, 29er, Club 420 and Optimist)*

Organizing Authority: St. Margaret Sailing Club on behalf of Sail Canada

### **NOTICE OF RACE**

NP - All competitors, coaches, officials, designated staff and designated volunteers shall agree to abide by the Sail Canada Code of Conduct and all policies that are part of the Sail Canada Safe Sport Policy Package.

**Eligible participants & coaches must register online. There will be no opportunity to register in-person. See NOR 5 for further information.**

First Release: June 26, 2025

The notation '[NP]' in a rule means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1(a).

#### **1. Rules**

1.1. The regatta will be governed by the rules as defined in *The Racing Rules of Sailing* (RRS).

1.2. Racing Rules will be changed as follows:

1.2.1. Rule 41 is changed for the Green Fleet by adding "(e) in-race coaching for stragglers by a race committee designated coach or coaches."

1.2.2. Rules 44.1 and P2.1 are changed for the 29er class so that the two-turns penalty is replaced by the one-turn penalty.

1.2.3. Rule 64.2 is changed so that penalties for breaking a rule other than Rule 2, the rules of RRS Part 2, Rule 31, or Rule 42 will be determined by the Protest Committee. The scoring abbreviation for a penalty imposed under this instruction will be DPI.

1.2.4. Sailing instructions may be amended orally afloat for the Green Fleet in accordance with Rule 90.2(c) by displaying Code Flag L and informing coaches and competitors of the change. Such changes will also be posted later.

1.2.5. Appendix P will apply and is changed as follows: Rule P2.3 will not apply and Rule P2.2 is changed so that it will apply to all penalties after the first instance.

1.3. Rule 40.1 applies at all times while afloat in accordance with the last sentence of Rule 40.2.

#### **2. [NP] Public Health Procedures**

2.1. All athletes and coaches must complete the Emergency Contact, and the Event Waiver Form during the

registration process.

- 2.2. SMSC is not normally a peanut-free facility. However, the club has removed peanut products from its food offerings for the regatta. Participants are asked to bring only peanut-free snacks.

### 3. Communications

- 3.1. The official notice board and all official documents and communications shall be located on the event website: <https://baywind.smsc.ca>.

### 4. Sailing Instructions

- 4.1. The Sailing Instructions will be available at the event website no later than Friday, July 11th.

### 5. Eligibility and Entry

- 5.1. The regatta is open to the following classes, subject to competitor age restrictions in NOR 5.2:

- ILCA 4, ILCA 6, ILCA 7
- Club 420
- 29er
- Waszp
- Optimist
- Club 420 Green
- Optimist Green

Competitors and coaches shall complete the Liability Release and Medical Consent forms as part of the event registration. If five paid entries are not received by Monday, 11 July, in any of the above classes, the class may be cancelled at the discretion of the Organizing Authority. Affected entries will be refunded in full or may transfer to another class for which they are eligible.

- 5.2. The regatta is open to the following competitors in the foregoing classes:

- Competitors of any age in the ILCA 7, ILCA 6, ILCA 4, Club 420, and Waszp classes
- Competitors of any age in the Nova Scotia ILCA 7, ILCA 6 and ILCA 4 championships
- Competitors under 15 years of age on July 20, 2025 for the Sail Canada U15 Regional Championships for the Optimist class
- Competitors of age 10 and under on July 20, 2025 for the Optimist White category
- Competitors of age 11 or 12 on July 20, 2025 for the Optimist Blue category
- Competitors of age 13, 14 or 15 on July 20, 2025 for the Optimist Red category
- Competitors of age 15 or less on July 20, 2025 for the Optimist Green and Club 420 Green classes

- 5.3. Eligible participants & coaches must register online at <https://baywind.smsc.ca>. **There will be NO opportunity to register in-person.** Competitors are reminded of their responsibilities under rules 75 (Entering an Event) and Sail Canada prescription thereto (Entering an Event) and 46 (Person in Charge). Registration will be available by Friday, 20 June, at the event website. The deadline to register is 12:00 pm (NOON) on Friday, July 18, 2025.

#### 5.4. Required Documents When Registering:

5.4.1. All athletes and coaches must complete the Emergency Contact and the Event Waiver Form during the registration process. The forms are available on the event website.

5.4.2. All athletes and coaches must agree to the Safe Sport requirements as part of registration.

5.4.3. All athletes and coaches must check-in on site, on July 18 or July 19 during the posted hours only, to receive race materials and entrant bands for food, confirm your sail number, as well as provide any missing and required registration documentation. On-Site Check-In Hours are: Friday,

July 18 1600-1800; Saturday, July 19 0800-0930.

## 6. Fees

**Competitors' Fees** include a one-day Sail Canada Training Clinic on Friday, July 18); breakfast on race days; and a post-racing meal on Saturday, July 19; water stations ashore; regatta T-shirts; and a \$25 per person Sail Canada regatta fee.

	<b>Last Date for Early Registration Fee</b>	<b>Early Registration Fee (incl. HST)</b>	<b>Late Registration Fee (incl. HST)</b>
<b>Club 420, 29er</b>	Sunday, July 13	\$195	\$235
<b>Club 420 (Green Fleet)</b>	Sunday, July 13	\$175	\$215
<b>ILCA 7, ILCA 6, ILCA 4, Waszp, Optimist</b>	Sunday, July 13	\$145	\$175
<b>Optimist (Green Fleet)</b>	Sunday, July 13	\$130	\$160

### Refund Policy:

- Before July 7, full refund (less \$10 admin fee)
- July 7 to July 13, 50% refund.
- July 13 on, **no refund unless documented medical evidence is provided** (less \$25 admin fee)
- If the event is cancelled, you will be provided with a full refund.

7. **Coaches' Fees** include boat launch and docking (rafting or overnight mooring will be required); food as per competitors; water for coach boats; regatta T-shirts; and a \$25 per person Sail Canada regatta fee.

**Early Registration Fee** \$55 (incl. HST) for early registrations on or before Sunday, July 13, 2025; **Late Registration Fee** \$65 (incl. HST) after July 13, 2025. Coaches using the site for training on July 15 – July 18 must pre-register for the regatta online before arrival.

## 8. Crew Change Limitations

- 8.1. Entrants in double-handed classes may change one of their crew members after the first day of racing. The Organizing Authority must be notified, and substitute crew members are required to satisfy registration and eligibility requirements.

## 9. Schedule

Coaches using the site for training between July 14 - 18 must pre-register for the regatta online before arrival.

Sunday, July 13	2359	Last date for early registration fee
Monday, July 14-17	0800	SMSC site available for practice
Thursday, July 17	1600-1800	SMSC site available for practice On-Site Check-In

Friday, July 18	0930-1600 1200  1600-1800	Sail East Training Clinic Deadline for registration competitors and coaches. Please note: All registrations must be completed online. In-person registrations will not be permitted. On-Site Check-In
Saturday, July 19	0800-0930 0900 1100	On-Site Check-In Coaches' Meeting First warning signal, all classes
Sunday, July 20	0900 1100 1500 1630	Coaches' Meeting First warning signal, all classes Latest warning time, all classes Approximate awards time
Monday, July 21		Site available for boat and trailer pick-up. Site is NOT available for training.

9.1.Class	Max Races/day	Max Races in Regatta
<b>ILCA 4/6/7</b>	3	6
<b>Optimist</b>	5	8
<b>C420</b>		
<b>29er/Waszp</b>	7	12
<b>Opti Green</b>	no max	no max

## 10. Equipment Inspection

### 10.1. Sail Numbers:

10.1.1. [NP] Every boat registered in a class shall have a unique sail number. In addition, every boat registered in any one of the three ILCA fleets shall have a unique sail number.

## 11. [NP] Safety

11.1. All boats will be required to be kept at SMSC.

11.2. The Classes: 29er, ICLA 7, ILCA 6, and ILCA 4 must have a tow line, of minimum 10 metres length and 7mm diameter fixed to their mast. Competitors may not use other lines from running rigging for this purpose. Club 420s and Optimist classes are required to have tow lines in accordance with their class rules. Optimist tow lines must have a secure loop in their ends (either spliced or tied) to allow daisy-chain towing.

11.3. A whistle shall be attached by a lanyard to the PFD. The lanyard shall be long enough to permit the sailor to use the whistle while wearing the PFD.

11.4. All coach boats are expected to have functioning VHF radios onboard to assist with safety calls or exchange of other information.

## 12. [NP] Venue and Site Restrictions

12.1. Racing will be conducted in St. Margaret's Bay for all classes except the Green Fleet, which will race in French Village Harbour. Locations of the race circles will be provided in the Sailing Instructions.

12.2. St. Margaret's Bay is designated 'sheltered waters' for the summer season by Transport Canada.

12.3. SMSC Sailing Centre: Access to the SMSC Sailing Centre building is not permitted to competitors during the week leading up to, and including, the Bay Wind Regatta

12.4. Washroom/Shower Facilities: Due to limitations of the SMSC septic system, indoor washrooms

and shower facilities will **NOT** be available during the week leading up to, and including, the Bay Wind Regatta. Portable toilets will be made available during this time. At no time are the main floor washrooms of the clubhouse to be used for changing.

- 12.5. Competitors are required to indicate on their registration form if they will be training at the facility during the week leading up to Bay Wind.
- 12.6. Trailers: Competitors, coaches and support personnel shall obey the directions of regatta personnel with respect to the locations of trailers, which may be required to be taken off-site if conditions warrant.
- 12.7. Use of Site Before July 14, 2025: Daily dry-sailing fees apply (\$10/day per sailor or \$50/day per team, plus HST) before the event.
- 12.8. Use of the Site After July 20: Boats and trailers may be left on site for collection early in the week of July 21 but training by non-members on or from the site will not be permitted after July 21.

### 13. [NP] Courses

- 13.1. Windward-leeward or trapezoid courses will be sailed. The Green fleet may sail other course configurations.

### 14. Penalty System

- 14.1. Appendix P will apply and is changed per NOR 1.2.2 and 1.2.5.

### 15. Scoring

- 15.1. ILCA 7, ILCA 6, ILCA 4; Club420; Waszp, Optimist; 29er: One race is required to constitute a series. When less than 5 races have been completed, a boat's series score will be the total of her race scores. When 5 or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
- 15.2. Green Fleet: The Green Fleet is a recreational class for developing sailors and casual competition. Raw finishes for each race will be posted on the official notice board; however, the series will not be scored.

### 16. Support Person Vessels

- 16.1. All coach and support boats shall register, and while on the water, shall always prominently display an identifier supplied by the Race Committee. All support boats must have a functioning VHF radio on board at all times.

### 17. Risk Statement

- 17.1. Competitors participate in the regatta entirely at their own risk. See Rule 3, Decision to Race.
- 17.2. The St. Margaret Sailing Club, Sail Canada and all other individuals and entities involved in the organization of this regatta shall accept no liability whatsoever for any injury, damage, loss, or claim, whether personal or material, incurred or inflicted to participants before, during or after this regatta.

### 18. Insurance

- 18.1. The competitor is responsible for ensuring that a minimum of \$1,000,000.00 third party coverage is in place for the event. The organizing authority does not accept any responsibility for verifying that a competitor is insured.

### 19. Prizes

- 19.1. ILCA 7, ILCA 6, and ILCA 4: Overall, 1st through 3rd; The Nova Scotia ILCA 7, ILCA 6, and ILCA 4 Championships will be awarded to the top-placing Nova Scotian in the ILCA 7, ILCA 6, and ILCA 4 classes.
- 19.2. 29er/Wasp: Overall, 1<sup>st</sup> through 3<sup>rd</sup>.
- 19.3. Club 420: Overall, 1<sup>st</sup> through 3<sup>rd</sup>.
- 19.4. Optimist: Overall, 1st through 3rd; Top White; Top Blue; Top Red.

- 19.5. Green Fleets: Participation certificates to all competitors; ribbons for race first-to-finish, based on raw finishes. SMSC Fair Play Award presented to the sailor who demonstrates exemplary behavior throughout the regatta and is an all-around 'good sport.'
- 19.6. Sail Canada medallions and Helly Hansen items will be awarded.

## **20. Further Information**

- 20.1. For further information please contact [baywindregistration@smc.ca](mailto:baywindregistration@smc.ca). Registration inquiries should be sent to [baywindregistration@smc.ca](mailto:baywindregistration@smc.ca)