

# Sailing Instructions

## **21th Annual ROOKIE REGATTA FOR OPTIMIST DINGHIES**

**July 24, 2025**

### **Manasquan River Yacht Club**

#### 1. Rules

The regatta will be governed by the NOR and the rules as defined in The Racing Rules of Sailing except Rule 31, 44 & 60 thru 71 and others have been removed and will not be enforced. (including but not limited to right to protest, hitting a mark, and penalty turns). This modifies rule 31, 44 and 60 thru 71. Should there be a conflict between the Sailing Instructions and the Notice of Race (NOR), the Sailing Instructions take precedence, which changes Rule 63.7.

#### 2. Entries

The registered skipper must be a novice Green Fleet Opti sailor under the age of 16, who has NOT PARTICIPATED in any interclub or regatta prior to this event. Eligible boats may enter at [regattanetwork.com](http://regattanetwork.com) , complete registration, and pay the fee by July 21, 2025.

#### 3. Notices to Competitor

Notices to competitors will be posted on the official notice board located on the first floor of MRYC.

#### 4. Signals Made Ashore

Signals made ashore will be displayed from the flagpole located near the pool area of MRYC. If a postponement is signaled ashore, the warning signal will be made not less than 30 minutes after flag AP is lowered.

#### 5. Schedule and Class Flags

CHECK IN & Rigging: 9:00 a.m. to 9:50a.m.

SKIPPER'S MEETING: 10:00 a.m.

Lunch 12:15 or after all races.

FIRST Warning : 10:45 a.m.

The class flag will be pennant # one.

#### 6. Racing Area

The racing area will be the Manasquan River

#### 7. Courses and Marks

The course will be windward leeward or port triangles. The course will be designated by Letter W or T along with the number of legs to be sailed (W4 is windward leeward 4 legs (not laps) finish downwind). Windward & leeward marks and start and finish marks will be inflatable marks.

#### 8. Starting and Finishing Lines

The starting and finishing lines will be between and orange flag and the nearby mark. The Sound Signal Starting System in Appendix S of the racing rules will be used.

#### 9. Time Limit

The time limit for each race will be 50 minutes for the first boat to finish and all boats not finishing within 20 minutes of the first boat will be scored TLE. This changes rules 35 and A4.

#### 10. Scoring

When 5 races have been completed, a boat's score will be the total of races scored excluding the worst score. One race constitutes a series.