



2025 Nova Scotia Optimist Provincial Sailing Championships

August 26th - 27th, 2025

SAILING INSTRUCTIONS

Organizing Authority: Hubbards Sailing Club on behalf of Sail Nova Scotia

The notation '[NP]' in a rule means that a boat may not protest another boat for breaking that rule. The notation '[DP]' indicates that a rule violation may be subject to a discretionary penalty, meaning the penalty could be less than disqualification. This changes RRS 60.2(a).

1. RULES

- 1.1. The event is governed by the rules as defined in The Racing Rules of Sailing.
- 1.2. Sail Canada Prescriptions will apply. Sail Canada Prescriptions can be found at https://www.sailing.ca/wp-content/uploads/2025/01/Sail-Canada-Prescriptions-to-the-RRS-2025-2028_revfinal-1.pdf

2. CHANGES TO THE SAILING INSTRUCTIONS

- 2.1. Any change to the Sailing Instructions will be posted on the official notice board at Hubbards Sailing Club before 09:00 on the day it will take effect, except that any change to the schedule of races will be posted by 1800 on the day before it will take effect.

3. COMMUNICATIONS

- 3.1. The race office can be contacted at sailing@hubbardssailingclub.ca.
- 3.2. On the water, the race committee will monitor and communicate with officials, coaches, and support persons on the VHF radio channels listed below.

Course	Channel
Green Fleet	69
Open Fleet	72
Sailing Club	68

4. CODE OF CONDUCT

- 4.1. [NP] Competitors and support persons shall comply with reasonable requests from race officials.

5. SIGNALS MADE ASHORE

- 5.1. Signals made ashore will be displayed in front of the HSC clubhouse.
- 5.2. Code Flag "AP" - Answering Pennant, with two sound signals on the hoist, means "racing is postponed". When flag AP is displayed ashore, "1 minute" is replaced with "not less than 30 minutes" in the race signal AP.
- 5.3. Code flag "L", with one sound, means "A notice to competitors has been posted on the Office Board".

6. SCHEDULE OF RACES

- 6.1. The schedule will be:

Date	Time	Event
Tuesday, August 26th	08:30-10:00	Onsite check in
	9:00	Coaches' Meeting in clubhouse
	9:20	Competitors Meeting in clubhouse
	10:00	Dock start
	11:00	First warning signal, all fleets
Wednesday, August 27th	09:00	Coaches' meeting in main clubhouse
	10:00	Dock start
	11:00	First warning signal, all fleets
	14:30	No warning signals may be made after
	4:00	Awards ceremony

- 6.2. Optimists will sail up to 4 races per day.
- 6.3. To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.

7. CLASS FLAGS

7.1. Class flags will be:

Class (Optimist)	Class Flag	Racing Area
Open	White	Alpha
Green	Green	Bravo

7.2. If there are less than five registered participants in Green Fleet, Green Fleet will collapse and merge into Open Fleet. Scoring for Green Fleet will be separate from Open.

8. RACING AREAS

8.1. Appendix B shows the locations of the racing areas.

8.2. Each class is allocated to a racing area in accordance with SI 8.1.

9. COURSES

9.1. The diagrams in Appendix A show the courses, the order in which marks are to be passed, and the side on which each mark is to be left.

10. MARKS

10.1. Marks 1, 2 will be orange inflatable tetrahedrons.

10.2. Mark 1L shall be a yellow inflatable tetrahedron.

10.3. The starting marks will be:

10.3.1. The Signal Vessel at the starboard end displaying an orange flag, and

10.3.2. A yellow inflatable pin at the port end.

10.4. The finish line will be between:

10.4.1. The Signal Vessel staff displaying an orange flag, and

10.4.2. An orange inflatable pin off the starboard side of the Signal Vessel

10.5. New (Change) marks, as described in SI 12.1, will be inflatable tetrahedra with a black band.

10.6. If a gate mark is missing, the remaining mark shall be rounded to port.

11. THE START

11.1. The starting line will be between the staff displaying the orange flag on the Race Committee Signal Vessel at the starboard end, and a yellow Starting Pin.

11.2. [NP, DP] Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.

11.3. A boat that does not start within 4 minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. This changes RRS A5.1 and A5.2.

12. CHANGE OF THE NEXT LEG OF THE COURSE

- 12.1. To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.
- 12.2. The Race Committee may adjust the course by up to fifteen degrees in bearing and/or .1nm without a signal or change of mark colour. This changes RRS33.

13. THE FINISH

- 13.1. The finishing line is between the staff displaying an orange flag on the signal vessel and the course side of the finishing mark.

14. PROTESTS AND REQUESTS FOR REDRESS

- 14.1. Hearing request forms are available at the race office located inside the HSC clubhouse. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit
- 14.2. For each course, the protest time limit is 30 minutes after the docking of the Race Committee Signal Vessel for that course.
- 14.3. Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings to which they are parties or named as witnesses. Hearings will be held in the protest room located on the first floor of the HSC clubhouse, beginning at the time posted.

15. TIME LIMITS AND TARGET TIMES

- 15.1. Time limits and target times are as follows:

Class	Mark 1 Time Limit	Race Time Limit	Race Target Time
Open	20 minutes	60 minutes	35 minutes

- 15.2. The race will be abandoned if no boat has passed the first mark within the Mark 1 Time Limit.
- 15.3. Boats failing to finish within 20 minutes after the first boat sails the course and finishes, will be scored Did Not Finish (DNF) without a hearing. This changes RRS 35.
- 15.4. Failure to meet the Target Time will not be grounds for redress. This changes RRS 61.4.
- 15.5. When it is in the best interests of the fleet and its competitors, and If the race committee determines that the finishing order of some boats in a race is unlikely to change, it may use reasonable discretion to score those boats still racing points equal to their position in the race. This changes RRS A3, A4 and A5.2.

16. SCORING

- 16.1. When less than 5 races have been completed, a boat's series score will be the total of her race scores. When 5 or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

17. [NP, DP] SAFETY REGULATIONS

- 17.1. When leaving the HSC sailors will hail their sail numbers to seagulls for recording. When returning, sailors will again hail their sail numbers to seagulls for recording. If boats are being towed, they must still hail their sail numbers if their sails are not hoisted.
- 17.2. All boats shall check in with their Race Committee Signal Vessel upon arriving at the course by sailing past the stern of the boat on the starboard tack and hailing their sail number.
- 17.3. A boat that retires from a race shall notify the race committee as soon as possible or the race office immediately after returning to shore.
- 17.4. In fog, a code flag L may be displayed at the finish line. This means stay close by the finish and wait to be escorted to the HSC by a patrol boat.

18. OFFICIAL VESSELS

- 18.1. Official vessels will be identified as follows:
- Race Committee Signal Vessels will be identified by a Race Committee flag and a code flag designating their race area. The flags may be removed prior to the first warning of the day.
 - Race Committee Mark and Safety boats will not carry specific identification.
 - Jury boats will display a white flag with a black letter J.
- 18.2. Failure of an official boat to fly an identification flag is not grounds for redress. This changes RRS 61.4(b).

19. [DP] SUPPORT TEAMS

- 19.1. Team leaders, coaches, and other support persons shall stay outside areas where boats are racing from the time of the preparatory signal for the first start until all boats have finished or retired, or the race committee signals a postponement, general recall, or abandonment.
- 19.2. Support boats shall monitor the race committee VHF working channel. The race committee, in support of safety operations, may lift the restrictions of SI 21.1. Coaches are essential to the safety plan of the regatta, and they are required to assist in providing safety cover to competitors on the water.

20. TRASH DISPOSAL

- 20.1. Trash may be placed aboard official or support person vessels.

21. RISK STATEMENT

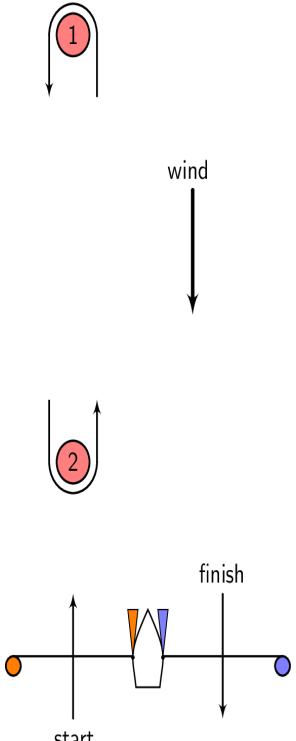
- 21.1. RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks

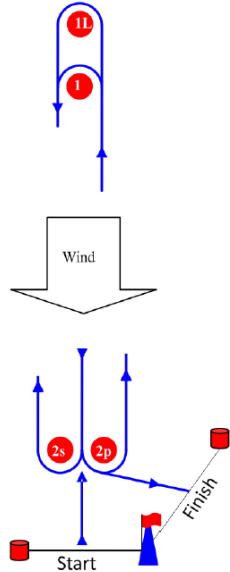
22. SITE PARKING, BOAT TRAILER PARKING, AND BOAT LAUNCH STORAGE

This aerial view shows the proposed station layout on Highway 329. The layout includes a 'Drop off loop' and a 'Parking Lane' with red rectangular markers indicating vehicle positions. Labels include 'HSC', 'NO parking', 'Highway 329', 'Drop off loop', 'Parking Lane', and 'Private driveway'.

Appendix A - Green Fleet & OPEN Courses

Windward-Leeward

Green (Bravo) Course	Description	
	One windward mark w/l course	
	Possible courses	
	Signal	
	L1	Start-1L-Finish
	L2	Start-1-2p-Finish

Open (Alpha) Course	Description	
	One windward mark w/l course with Hollywood finish	
	Possible courses	
	Signal	Mark Rounding Order
	L1L	Start-1L-2p-Finish
	L2L	Start-1L-2s/2p-1L-2p-Finish
	L1	Start-1-2p-Finish
	L2	Start-1-2s/2p-1-2p-Finish

Appendix B – Racing Areas

