



South Bay Clubs Regatta

Navy Cup

2025 Standard Sailing Instructions

RACE DATES ARE POSTED IN THE NOR

1. RULES.

- 1.1. This regatta will be governed by the Racing Rules of Sailing 2025-2028 (RRS), the prescriptions of the US Sailing, the rules of PHRF San Diego, the rules of the competing classes (except as any of these are altered by these sailing instructions), USCG Navigation Rules Inland, these South Bay Clubs (SBC) Standard Sailing Instructions (SSI), and the host club SBC Regatta Amendment issued by the host club.
- 1.2. An SBC Regatta Amendment (and so named) to this SBC 2025 SSI will be published by the host yacht club and will cite this standard as the governing document. The amendment will only list the SBC SSI paragraphs that have changes made to them and will cite the SBC SSI specific paragraph changes.
- 1.3. The Organizing Authority for the SBC Regatta is the South Bay Clubs collectively. The South Bay Clubs are Coronado Yacht Club, Coronado Cays Yacht Club, and Navy Yacht Club San Diego. The Host Yacht Club will be announced in the SBC Regatta Amendment for each regatta. The Championship Host Club for 2025 is Coronado Yacht Club.
- 1.4. Boats will enter classes using their Buoy Rating for the handicap.
- 1.5. Racing boats encountering non-racing craft shall conform to USCG "Navigation Rules, International Inland". No vessel has the right of way over a large ship in the channel. RRS 60.2, 63.1, and A5 are modified to add the Race Committee (RC) may disqualify a boat infringing this instruction without a hearing.
- 1.6. NAVAL PROTECTION ZONE: The Naval Protection Zone is a 500-yard regulated area of water surrounding all US Naval Vessels. All boats within 500 yards of a US Naval Vessel shall operate at the minimum speed necessary to maintain a safe course and speed. These zones are permanently in effect.
- 1.7. Appendix V1 – ONE TURN PENALTY AT THE TIME OF AN INCIDENT will apply. This changes RRS 44.1 two turn penalty.
- 1.8. Boats with no sail numbers must have bow numbers with a 12" numerical identifier. Black electrical tape is acceptable. This modifies RRS 77 and Appendix G.
- 1.9. Boats shall employ one headsail at a time except when changing headsails.

2. ENTRY

- 2.1. This is an open event, in which any member in good standing of a yacht club or racing organization recognized by US Sailing may compete for awards. But only members of one of the South Bay clubs may establish eligibility to compete in the SBC Championship Regatta.
- 2.2. Entries are limited to single-hulled boats 20 feet or more in length overall (LOA).
- 2.3. Yachts will be scored using their current Rating Certificate from [PHRF San Diego](#) or the rating in the [PHRF San Diego Manufacturer List](#).
- 2.4. Offsets shall **NOT** be used in computing scoring of non-spinnaker boats.
- 2.5. Regatta entry shall be submitted to the host yacht club per the host club's SBC Regatta amendment. A fee of no more than \$30 shall accompany the official signed entry form.

3. COMMUNICATIONS

- 3.1. Notices to competitors will be posted on the host yacht club's official regatta bulletin board. It will also be posted on the club's Regatta Network event page.
- 3.2. On the water, the RC will monitor and communicate with competitors on VHF radio channel **69**. Please contact them to notify of a boat's intent to withdraw from racing per SI 19.1.
- 3.3. In the event of an on-the-water emergency, contact the US Coast Guard on VHF Channel 16 directly and immediately.

4. CHANGES TO HOST CLUBS SBC REGATTA AMENDMENT

- 4.1. Changes will be posted on the host's official regatta bulletin board NLT 1000 on the race day. The change will be available from the RC boat.

5. SIGNALS MADE AFLOAT

- 5.1. Changes made to the SBC Sailing instructions or host club SBC Regatta Amendment are in effect when the RC boat displays code flag L over code flag A with one sound signal. Come within hail of the RC boat to receive the change.

6. CHECK-IN

- 6.1. Boats shall check-in with the RC by sailing the stern of the RC boat on starboard tack after the hoist of the L code flag and before the Warning signal. Boats shall report their sail numbers and class.
- 6.2. There is no radio check-in.

7. SCHEDULE OF RACES

- 7.1. Three races are scheduled for each Regatta date (CYC – Winter, NYC – Summer, CCYC – Fall). There shall be three races scheduled on the date of the Championship (October 11, 2025). See NOR 6.3.

- 7.2. Warning signal for the first race shall be at 1155. A courtesy sound signal of multiple blasts shall be provided one minute before the Warning. The visual signal is removal of the L code flag or the first repeater code flag if the start has been delayed.

8. CLASS BREAKS AND BACKSTAY PENNANTS

- 8.1. Class one will not be raced in SBC regattas.

- 8.2. Class breaks and backstay class pennants are:

Class Breaks		Backstay Pennant
Class 2	Buoy Leg Rating of -9 through +50	Code Flag Two
Class 3	Buoy Leg Rating of +51 through +89	Code Flag Three
Class 4	Buoy Leg Rating of +90 through +137	Code Flag Four
Class 5	Buoy Leg Rating of +138 to +999	Code Flag Five
Class 6	Non-Spin - Buoy Leg Rating of –999 to +177	Code Flag Six
Class 7	Non-Spin - Buoy Leg Rating of +178 to +999	Code Flag Seven

- 8.3. Boats shall fly class pennants on their backstay. Boats lacking backstay may display from any equally visible location.

- 8.4. The RC may cancel or combine starts, or start classes of boats while other classes are still finishing. It is the responsibility of a boat to start at her signaled start time.

9. RACING AREA

- 9.1. The racing shall occur in the area known as the San Diego South Bay.
- 9.2. Start and Finish area will normally be in the vicinity of San Diego channel buoy 30.
- 9.3. Start/Finish line is restricted unless preparing to start, starting or finishing.

10. THE COURSES

- 10.1. Windward/leeward courses of approx. one mile will be sailed.
- 10.2. All marks shall be rounded to Port.
- 10.3. The approximate magnetic heading to the windward mark shall be displayed by the Committee boat by code flags or white board.
- 10.4. See appended chart for courses.

11. MARKS

- 11.1. Marks shall be tetrahedron inflatable buoys. (See host clubs SBC Regatta amendment for colors)
- 11.2. A buoy may stream from the Committee boat and be considered part of the Committee boat.

- 11.3. The Leeward mark shall be approx. 400 yards downwind of the Committee boat.

12. THE START

- 12.1. Races will be started using RRS 26 with the Warning signal given 5 minutes before the starting signal of each class.
- 12.2. The Start Line shall be between an orange flag on the Committee boat at the starboard end of the line and a pin with an orange flag at the port end. The Start Line and the Finish Line are the same.
- 12.3. Boats not starting within 10 minutes of their class start signal will be scored DNS without a hearing. This changes RRS A5.1 and A5.2.
- 12.4. Start/Finish line is restricted unless preparing to start, starting or finishing.

13. RECALLS

- 13.1. Individual recalls will be signaled using RRS 29.1. A horn will be used as the sound signal and XRAY code flag for visual signal. The RC may attempt to hail the sail numbers of premature starters. The XRAY flag will remain displayed until all OCS boats are exonerated or a maximum of four (4) minutes has elapsed. Failure to hail her number, failure of her to hear such a hail, or the order in which boats are hailed will not be grounds for a boat's redress for request; this changes RRS 62.1(a).
- 13.2. An alternate RC boat may be stationed near the pin end of the start line and is authorized to identify and hail premature starters.
- 13.3. General recalls will be signaled per RRS 29.2 with two horn sounds and First Substituted code flag.

14. CHANGING THE COURSE

- 14.1. Generally, the RC will not move a mark in the middle of the race except in extraordinary situations.
- 14.2. To change the next leg of the course, the RC will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable.
- 14.3. The RC may, without signal, move a mark to change the direction up to 10 degrees or the length up to 10% of the previous length, provided that no boat is sailing to the mark. This changes RRS 33.

15. THE FINISH

- 15.1. The Finish Line will be between the orange flag on the Committee boat at port end and a pin with an orange flag at the starboard end of the line. The Finish Line is the same as the Start Line. This changes RRS Race Signals.

16. TIME LIMITS

- 16.1. If no boat in a class has finished the race in progress by 1700, the race for that class will be abandoned. If a single boat in a class has finished a race by 1700, any boat in that class not finished by 1730 will be scored DNF. This modifies RRS 35.
- 16.2. Any boat in a class not finishing a race within 30 minutes of the first finisher, in that class, will be scored DNF. This modifies RRS 35.

17. PROTESTS

- 17.1 A boat intending to protest shall report her intention and identify the boat(s) being protested to the RC at the finish or upon retiring and receive RC acknowledgment. This modifies RRS 61.
- 17.2 Protests shall be in writing (RRS 61.2) and submitted on U.S. Sailing Protest Forms to the host yacht club or their RC within one hour of the Committee boat docking. The RC will post this time at the host club as the formal submission time. This changes RRS 61.3.
- 17.3 Except for the championship regatta, a boat that may have broken one or more of the rules of Part 2 or rule 31 may take a 30% Scoring Penalty before a protest hearing involving the incident begins (Appendix V2).
- 17.4. Notice of protests and boats involved shall be posted within 30 minutes after the formal posted deadline for protest submission.
- 17.5. Location of notices, times and location of Protest meeting is as indicated in the host club SBC Regatta Amendment.

18. PROTEST ARBITRATION

- 18.1. In accordance with RRS Appendix T Arbitration hearings may be held prior to the protest hearing for all protests involving violations of Part 2, RSS at the discretion of the Principal Race Officer (PRO). This changes RSS 60.1 (b), 63.1, 63.6 and 66.

19. WITHDRAWALS

- 19.1. A boat intending to withdraw from racing shall attempt to notify the RC of her withdrawal before leaving the racing area, and if not successful, shall notify the host yacht club within one hour of docking of the RC boat after the final race of the day.

20. SCORING

- 20.1. The Low Point Scoring System, RRS Appendix A, as amended by these instructions will apply.
- 20.2. There are three races scheduled. All races are scored. At least one race is required to be completed to constitute a regatta.
- 20.3. A boat that finishes and thereafter retires (RET) from a race will be scored points equal to the number of boats started or ranked as starters in that race.
- 20.4. DNF and DSQ will be scored points equal to the number of boats that started or ranked as starters in that class plus one on that day.
- 20.5. DNC and DNS will be scored points equal to the number of boats entered in their class for the regatta plus one.

- 20.6. Each club may use the timing results of this series for computing their own separate race results that may or may not have a throw out.
- 20.7. A boat qualifies for the SBC Championship Regatta by completing at least one race.
- 20.8. The SBC championship will be scored as follows: (this changes RRS Appendix A)
 - a. A boat is awarded 3 points for first, 2 points for second, and 1 point for third, for each race completed.
 - b. A boat is awarded 1 point for each of the boats she beats in each race.
 - c. The total accumulation for each Club will determine the Champion.

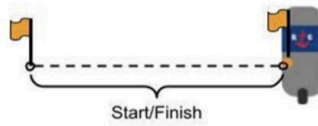
21. TROPHIES/PRIZES

- 21.1. Trophies will be awarded to the winning boats of each participating Class. If Classes are combined the RC can combine the Trophies if less than two boats are participating per Class.
- 21.2. Trophy presentation will be held at the hosting regatta as soon as possible after the completion of the regatta as noted in the club's SBC Regatta Amendment. The Championship will be hosted by the current Champion of record.

COURSE CHART ADDENDUM

Course	Mark	Side
Course 1	Starting Line	NA
Distance (approx.): 2.0	A	Port
	B	Port
	Finish Line	NA
Course 2	Starting Line	NA
Distance (approx.): 4.0	A	Port
	B	Port
	A	Port
	B	Port
	Finish Line	NA

Course 3	Starting Line	NA
Distance (approx.): 6.0	A	Port
	B	Port
	A	Port
	B	Port
	A	Port
	B	Port
	Finish Line	NA



COURSE DIAGRAMv1.docx 8 7/7/2024