

Arden Regatta

South Bay
San Diego, California



Saturday, August 9, 2025

SAILING INSTRUCTIONS

1 RULES

- 1.1 The event is governed by the rules as defined in the [Racing Rules of Sailing \(RRS\)](#).
- 1.2 **Local Advisory:** All competitors are asked to observe USCG Navigational Rule 9, which in part reads, "A vessel shall not cross a narrow channel or fairway if such crossing impedes the passage of a vessel which can safely navigate only within such channel or fairway." The Race Committee (RC) may protest a boat infringing this instruction. A penalty for a breach of this rule shall be DNE.
- 1.3 [DP] NAVAL SHIP PROTECTION ZONE: A naval protection zone exists in a radius of 500 yards ([CFR 165.2015](#)) around U.S. naval vessels greater than 100 feet in length. All race boats shall observe this protection zone.
- 1.4 Any R/C vessel displaying the R/C insignia is authorized to signal and direct any racing vessel or any class to alter course for clear compliance with SI 1.2 and 1.3.
- 1.5 Per RRS 42.3(i), competitors may use an engine or other propulsion method to avoid ships in the channel, or to get clear after grounding or colliding with a vessel or object, provided they gain no significant advantage in the race.
- 1.6 If the Race Committee boat is damaged because of a boat breaking a rule, that boat shall be responsible for the repairs.

2 CHANGES TO SAILING INSTRUCTIONS

- 2.1 Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.
- 2.2 In accordance with RRS 90.2 (c), oral changes to the Sailing Instructions may be made on the water. A change is in effect when the Race Committee (RC) signal boat displays Flag L over A with one sound signal. This means come within hail of the RC boat to receive the oral changes to the Sailing Instructions.

3 COMMUNICATIONS WITH COMPETITORS

- 3.1 Official notices and amendments will be available online through the [EVENT NOTICE BOARD](#) on this event's page on the [SWYC](#) website.
- 3.2 On the water, the RC will monitor and communicate with competitors on VHF radio channel 68. Please contact them to notify of a boat's intent to withdraw from racing per SI 19.1.
- 3.3 **In the event of an on-the-water emergency, first contact the US Coast Guard on VHF Channel 16 directly and immediately, then contact the RC.**

4 CODE OF CONDUCT

- 4.1 [DP] Competitors and support persons shall comply with reasonable requests from race officials.

5 SCHEDULE OF RACES

- 5.1 Three races are scheduled for all classes. The RC reserves the right to run more than three races per class.
- 5.2 The scheduled time of the warning signal for the first race is **11:55am**. The warning signal for subsequent races will be as soon as possible after the completion of the previous race for that class.

6 ENTRIES & CHECK-IN

- 6.1 [DP] Boats will have completed their "Check-In" when they check-in with and are acknowledged by the R/C, while clearly displaying their sail number and backstay pennant. One design classes are not required to fly a class pennant.
- 6.2 Check-In will commence when the "L" flag is hoisted.
- 6.3 Visual and radio check-in (VHF 68) are acceptable until the first Warning Signal. Visual check-in may continue after the first warning at the sole discretion of the R/C (but not within one minute of any start).

7 CLASS PENNANT

- 7.1 The class starting order for the first race will be as follows:

| Class | Class Pennant |
|-----------|---------------|
| ORC Sport | 2 |
| ORC Spin | 3 |
| 505 | 4 |
| J/24 | 5 |

- The starting order for subsequent races may vary and will be dependent on all boats in a class finishing the race.
- 7.2 The RC may cancel or combine starts or start classes of boats while other classes are still finishing. It is the responsibility of a boat to start at her signaled start time. You may expect a gap of at least one minute between starting sequences.

8 RACING AREA

- 8.1 The racing area will be the South San Diego Bay. For navigation, refer to NOAA Chart #18773, San Diego Bay.
- 8.2 The starting area will be in the vicinity of buoy SD30.

9 COURSES

- 9.1 The racecourse number, approximate compass bearing to the weather mark, and distance between the start line and the corresponding weather mark will be displayed onboard the RC boat no later than the first warning signal for each class. Courses may be posted and changed up to the warning signal for any class.
- 9.2 Courses will be windward/leeward and selected from Attachment A.

10 MARKS

- 10.1 Marks will be as listed:

| | Primary | Replacement |
|-----------------------|-------------------|-------------|
| W Mark 1a (outer) | Orange | Yellow |
| W Mark 1 (inner) | Green | Red |
| Gate Mark 2 (2s & 2p) | Yellow (2) | |
| S Mark (start) | Orange MarkSetBot | Pink |
| F Mark (finish) | Red | Yellow |

- 10.2 All marks listed are considered rounding marks.
- 10.3 In the event only one gate mark is in position, that mark shall be rounded to port.
- 10.4 The use of an autonomous mark will not be grounds for redress. Routine movement of autonomous marks will not be grounds for redress. This includes minor readjustments and marks returning to station after having been pushed away by a competitor. This changes RRS 61.4(b)(1).

11 THE START

- 11.1 The starting line is between a staff with an orange flag on the RC vessel at one end and the course side of an orange autonomous (MarkSetBot) or pink tetrahedron mark near the RC boat at the other end.
- 11.2 As a courtesy, one minute prior to the first warning of subsequent races, the RC will sound 4 horn blasts.

12 RECALLS

- 12.1 If any part of a boat's hull is on the course side of the starting line at her starting signal and she is identified, the RC will hail her sail number as soon as possible over a loud hailer and/or on VHF 68. It is the responsibility of each boat to start properly.
- 12.2 Failure to hail her number, failure of her to hear such a hail, or the order in which boats are hailed will not be grounds for a boat's request for redress. This changes RRS 61.4(b)(1).

13 CHANGE OF THE NEXT LEG OF THE COURSE

- 13.1. The race committee may, without signal, move a mark to change the direction up to 10 degrees or the length up to 10% of the previous length, provided that no boat is sailing a course to the mark. This changes RRS 33.
- 13.2 The race committee may, without signal, adjust a leeward or finish line mark while boats are on the first half of the leg. This changes RRS 33.
- 13.3 To change the next leg of the course more than allowed by SI 13.1, the race committee will lay a new mark and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.

14 THE FINISH

- 14.1 The finishing line is between a staff with a blue flag on the RC vessel at one end and the course side of a red tetrahedron near the RC boat at the other end as shown on Attachment A.

15 PENALTY SYSTEM

- 15.1 Further to NoR 10.1: RRS *Appendix T - Arbitration*, will apply on the day of race only.
- 15.2 RRS V1, *Penalty at the Time of the Incident*, shall apply.
- 15.3 RRS V2, *Penalty Taken After a Race*, shall apply.

16 TIME LIMIT

- 16.1 If no boat in a class has finished by **3:30 PM** on the day of the race, the race will be abandoned for that class.
- 16.2 Boats not finished by **3:45 PM** will be recorded as DNF. This modifies RRS 35, A5.1 and A5.2.

17 HEARING REQUESTS

- 17.1 A boat intending to protest is asked to report her intentions and the boat(s) being protested to the RC boat either at the finish in person or via radio. This is a courtesy to the RC and not a requirement of filing a valid protest.
- 17.2 The Protest Time Limit expires 60 minutes after the RC boat docks. The Protest Time Limit will be posted on the [EVENT NOTICE BOARD](#).
- 17.3 Written protests may be filed electronically or in person.
Protests filed electronically may be sent to Colleen Cooke, at sailorcookie@cox.net.
The US Sailing app is an excellent tool for this purpose.
Protests may also be filed in person or electronically to any member of the SWYC Race Committee.
Protests may also be brought to the RC at the after-race party.
- 17.4 The parties involved will be listed, in the order of filing, on the [EVENT NOTICE BOARD](#) and protests will be heard as soon as practicable, which will be at a later date and may involve Zoom. This posting constitutes the notice required by RRS 63.2, *Time and Place of the Hearing*.
- 17.5 An arbitration meeting may be held prior to a protest hearing according to RRS Appendix T for breaches of the rules of Part 2 or rule 31 where there is no damage or injury, if a USSA Certified Judge is available. Protests not resolved through arbitration will be referred to the Protest Committee for a hearing.

18 SCORING

- 18.1 Scoring will occur as stated in the NoR and NoR Amendment #2.

19 SAFETY REGULATIONS

- 19.1 [DP] A boat that retires from a race shall notify the race committee at the first reasonable opportunity. Informing the RC can be accomplished by either (a) sailing (motoring) past the RC vessel OR (b) radioing the RC vessel (VHF 68).
- 19.2 Notwithstanding any safety requirements, the ultimate safety of a boat and her crew is the sole and inescapable responsibility of the owner or charterer. He/she must do his/her best to ensure that the boat is fully sound, thoroughly seaworthy and manned by an experienced crew who are physically fit to face bad weather. He/she must be satisfied as to the soundness of hull, spars, rigging, sails and all gear. He/she must ensure that all safety equipment is properly maintained and stowed, and that crewmembers know where it is stowed and how it is used.

20 RACE RESULTS & TROPHY AWARDS

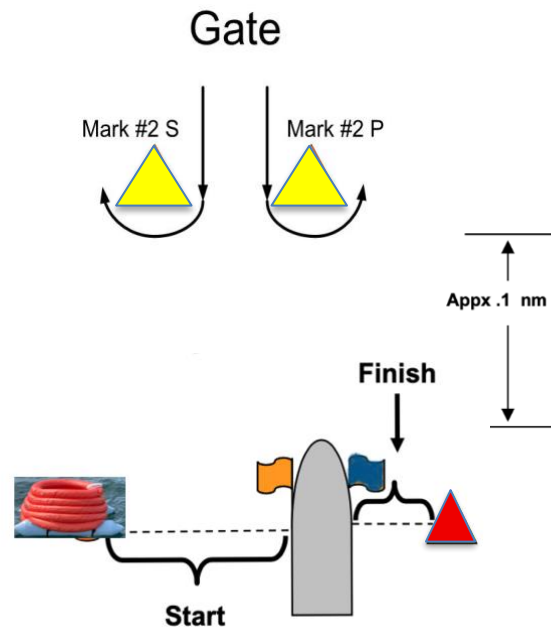
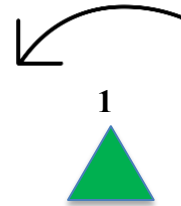
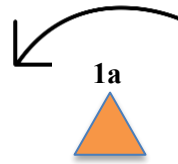
- 20.1 Race results will be published on the [EVENT NOTICE BOARD](#) on this event's page on the [SWYC](#) website .
- 20.2 The members of SWYC invite race participants to enjoy light appetizers and FREE Salty-Crew beer after the race on the Quarterdeck.
- 20.3 In addition to the Arden Series Perpetual Trophy, prizes will be awarded using the listed procedure: one prize in each class of 2 - 4 boats, two for 5 - 7 boats, three for 8 or more, based on the number of starters in the class. Take home trophies will be individually engraved with the boat's name.

21 FURTHER INFORMATION

Contact Colleen Cooke, PRO, at (619)852-5010 or sailorcookie@cox.net.

**Attachment A:
Course Chart**

| Course | Marks |
|--------|-------------------------------------|
| 1 | S, 1a, 2, 1a, Finish |
| 2 | S, 1a, 2, 1a, 2, 1a, Finish |
| 3 | S, 1a, 2, 1, Finish |
| 4 | S, 1, 2, 1, Finish |
| 5 | S, 1, 2, 1, 2, 1, Finish |
| 6 | S, 1a, 2, 1a, 2, Finish Upwind @ 1a |
| 7 | S, 1, 2, 1, 2, Finish Upwind @ 1a |



NOT DRAWN TO SCALE!