2025 Fall Frontier Regatta Part of the Thistle Class East Coast Fall Series (ECFS)

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Rochester, NY September 6 & 7, 2025 Organizing Authority: Rochester Canoe Club Fleet 46 Endorsed by the Thistle Class Association

Sailing Instructions

1. RULES

- 1.1. RRS 63.5(c)(2) shall be replaced by, "If there is a conflict between the Notice of Race (NOR) and the Sailing Instructions (SIs), the Sailing Instructions shall apply." This changes RRS 63.5.
- 1.2. Appendix V Alternative Penalties shall be in effect.
- 1.3. Each competitor shall wear a life jacket that is 100% dependent on foam for floatation and the appropriate size for a sailor, at all times while on the water, except for brief periods while adding and removing clothing. This modifies RRS 40.1.

2. NOTICES TO COMPETITORS

2.1. Notices to competitors will be posted on the official notice board.

3. CHANGES TO SAILING INSTRUCTIONS

- 3.1. Changes to the SI's ashore will be posted by the scheduled start time of the Competitors' Meeting.
- 3.2. Any change to the schedule of races will be posted by 1900 on the day before it takes effect.
- 3.3. RC may alter any SI on-the-water by displaying Flag "Lima" with one sound. Changes will be written on a White Board located on the RC Boat. This modifies *RRS* 90.2 (c).

4. SIGNALS MADE ASHORE

- 4.1. Signals made ashore will be displayed at the flagpole on the east lawn of RCC.
- 4.2. If a postponement is signaled ashore, the warning signal will be made not less than 30 minutes after Flag AP is lowered. This changes RRS Race Signals.

5. CLASS FLAG

5.1. The class flag will be a white rectangular flag with a Thistle emblem.

6. COURSES

6.1. SI Addendum 1 shows the course designations and the order in which marks are to be passed.

7. MARKS

7.1.

- 7.1.1. Rounding marks and change marks will be identified in ADDENDUM 1.
- 7.1.2. If one of the two gate marks are missing, the remaining gate shall be rounded to port. This modifies RRS 34.
- 7.2. If the offset mark is missing, competitors need only to round the windward mark. This modifies RRS 34.

8. THE START

- 8.1. The starting line will be between the Race Committee Signal Boat displaying a yellow flag and the course side of a port end mark, or a port end pin boat displaying a yellow flag. This changes RRS RACE SIGNALS.
- 8.2. The course will be displayed from the RC Signal Boat.
- 8.3. Prior to the Warning Signal, the RC may attempt to alert competitors.
- 8.4. The RC signal boat will, after the starting signal, attempt to hail the sail number of boats who are OCS on VHF Competitor Communications Channel. The delay of such a hail, the order of the hail or the failure of a competitor to hear such a hail, shall not be grounds for granting redress; this changes RRS 61.4 (b)(1).

9. CHANGING THE NEXT LEG OF THE COURSE

- 9.1. To change the next leg of the course, the race committee will lay a Change Mark and remove the Original Mark as soon as practicable. When a subsequent change resulting in a new mark is replaced, it will be replaced by an Original Mark. When any windward mark is moved, Mark O will no longer be a mark of the course for that race.
- 9.2. The Race Committee may make minor adjustments by moving the marks to new locations (up to 10 degrees and 0.1 NM in length) to the course during a race without signaling a course change. This changes RRS 33.
- 9.3. Either gate mark may be moved without signal to support the course configuration. This changes RRS RACE SIGNALS.

10. THE FINISH

10.1. The finishing line will be between a yellow flag on the RC boat and the course side of the mark in Addendum 1. This changes RRS RACE SIGNALS.

11.TIME LIMITS

- 11.1. Time limit 90 min. for the first boat to complete the course as required by RRS 28.
- 11.2. Boats failing to finish within twenty (20) minutes after the first boat in a race sails the course and finishes will be scored TLE, "Time Limit Expired." The score for TLE will equal two more points than the place of the last boat to finish within the time limit, but not worse than DNF. This instruction changes rule 35, 63.1, A4, and A5.

PROTESTS

- 11.3. A boat intending to protest about an incident that occurs in the racing area shall notify the RC signal boat of her intention, including the sail number of the boat being protested. This amends RRS 60.2.
- 11.4. Protest forms are available in the vicinity of the unofficial notice board at RCC.
- 11.5. The protest filing time limit will be posted on the official notice board.
- 11.6. Protests shall be delivered to a protest committee representative at RCC within 45 minutes of the posted docking time of the race committee signal boat.
- 11.7. The protest notices required by RRS 63.1, will be posted on the official notice board as soon as possible after a protest has been delivered, but not later than 15 minutes after the protest time limit.

12. REPLACEMENT OF CREW OR EQUIPMENT

12.1. Substitution of crew members will not be permitted without the prior written approval of the PRO. Substitution of skippers amongst the crew registered for the boat is permitted with prior written approval of the PRO.

13. SAFETY REGULATIONS

- 13.1. Before the first race of each day competitors shall check in with the RC Boat by hailing their sail numbers until acknowledged by the RC.
- 13.2. Only the RC may protest alleged breaches of this sailing instruction. This changes RRS 60.1.

- 13.3. A boat that retires from a race shall notify the RC prior to leaving the racing area. If this is not possible, she shall notify the RC upon arriving ashore.
- 13.4. A boat that retires from a race or leaves the race area between races shall check in again before the warning signal of the next race in which she intends to race.

14. RADIO COMMUNICATION

- 14.1. The following additional stipulations apply to the Thistle Class Association's Chief Measurer's Rulings 65 and 74: VHF radios may be utilized to monitor the weather channels at any time. The RC may communicate safety or race-related information on a VHF channel which will be communicated at the Competitors Meeting. Competitors are encouraged to monitor the safety channel throughout the race. Communication between competitors regarding any race information not related to safety is expressly prohibited.
- 14.2. Failure to hear any radio communication shall not be grounds for redress. This changes RRS 61.

15. CONTACT INFORMATION

Regatta Chair Eric Gesner eric.g.ges@gmail.com, 585-489-4263

Addendum 1 - Courses

Num	Description
W	Large Orange Tetrahedron
0	Small Yellow Tetrahedron
G	Large Orange Tetrahedron
LS/LP	Large Orange Tetrahedron
Start	Small Yellow Tetrahedron
Finish	Small Ball
Change Mark	Large Yellow Tetrahedron

Course	Marks
MW1	Start – W – O – LS/LP – Finish
MW2	Start – W – O – LS/LP – W – O – LS/LP – Finish
Z	Start – W – LS/LP – W – G – LS (to Port) – Finish
	LO (to Fort) – Fillish



