

South Shore Yacht Club

Sailing Instructions



Crew of 2 Around Catalina Yacht Race

Sept. 13-14, 2025

Newport Beach, CA

1. ORGANIZING AUTHORITY

- 1.1. South Shore Yacht Club (SSYC) is the organizing authority for this Race.

2. RULES

- 2.1. This race will be governed by the rules as defined in the Racing Rules of Sailing (RRS) [The Racing Rules of Sailing 2025-2028 - US Sailing](#) including US Sailing Prescriptions and in the Sailing Instructions posted on the South Shore Yacht Club (SSYC) website www.southshoreyc.com.
- 2.2. The Performance Handicap Racing Fleet of Southern California (PHRF) Marine Industry Racer (MIR) rule shall not apply to any fleets in this event.
- 2.3. All boats must meet US Coast Guard safety requirements appropriate to their vessel. All participants shall wear USCG approved Personal Flotation Devices after sundown and monitor Channel 16.
- 2.4. All PHRF mono-hulls shall comply with the US Sailing Safety Equipment Requirements (USSER) Near Shore Category which can be found by downloading the following link: [US Safety Equipment Requirements \(SER\) - US Sailing](#)
- 2.4.1 The US Sailing (USSER) requirement 3.6.1 for SOLAS flares is changed to allow boats entered in the Crew of 2 race to carry U.S. Coast Guard required flares.
- 2.4.2 The US Sailing (USSER) requirement 3.8.2 for a handheld radio has been modified to omit the requirement for DSC/GPS capability.
- 2.4.3 The US Sailing (USSER) requirement 3.1.1 for crotch or leg straps to be attached to Personal Flotation Devices will be waived for the 2025 race.
- 2.4.4 The US Sailing (USSER) requirement 2.4.4 will be changed by adding
 - 2.4.4.1. For the Crew of 2 race, the lifelines may be the same as those supplied by the original equipment manufacturer.
- 2.4.5 The US Sailing (USSER) requirement 4.3.2 Safety at Sea Training will be changed by replacing the existing phrase, “required after 01/01/2025” with the new phrase, “required after 01/01/2026”.
- 2.4.6 Auto Helm can be engaged momentarily to permit sail changes and other racing activities, but in any case, no longer than 5 minutes.

2.4.7 The US Sailing (USSER) requirement 3.18 for a permanently installed depth sounder will be waived for the 2025 race.

2.5. SSYC reserves the right to refuse entry to boats under Rule 76.1 (Exclusion of Boats or Competitors).

3. NOTICES TO COMPETITORS

3.1. Notices to competitors will be posted on the at <https://southshoreyachtclub/Racing> website and can be found in the "Crew of Two" section on that page. It will also be sent via email to addresses provided on the entry forms.

3.2. A Skippers' Meeting will not be held prior to the race. Crew of Two T-shirts will be available for delivery on the water as boats check-in with the Race Committee boat.

3.3. Any change to the Sailing Instructions will be posted at <https://southshoreyachtclub/Racing> on the Racing page before 0900 hours on the day of race and e-mailed to skipper's e-mail address.

3.4. Any change to the schedule of the races will be posted by 1900 hours on the day before the race at <https://southshoreyachtclub/Racing>

4. SCHEDULE

4.1. 10:55 AM First Warning;

4.2. 11:00 AM Ship Rock Course Classes A, B & C, Start Pennant 1, Around Ship Rock (off Isthmus Cove).

4.3. 11:05 AM PHRF Monohull Classes A, B and C, Start Pennant 2, Around Catalina Island.

4.4. 11:10 AM ORCA Class Catamarans, Start Pennant 3, Around Ship Rock or Catalina Island.

5. THE COURSE

5.1. There are 2 courses in this race:

5.1.1. Around Catalina Island PHRF and ORCA racers will start off the Balboa Pier in Newport Beach, CA and sail around Catalina Island, leaving Catalina Island to port, and return to the Balboa Pier. For scoring purposes, the handicap distance is 90 nautical miles.

5.1.2. Around Ship Rock racers will start off the Balboa Pier in Newport, CA and sail around Ship Rock, just north of Isthmus Cove at Catalina Island, leaving Ship Rock to port, and return to the Balboa Pier. For scoring purposes, the handicap distance is 63 nautical miles.

5.1.3. For the Ship Rock course, boats electing to use a non-spin offset are not allowed to use spinnakers, gennakers, bloopers or other free-flying headsails. Maximum jib size is per rating; for all others maximum jib size is 155% (This modifies RRS 50). Double head sails are permitted. NOTE: Avoid the reef in the vicinity of Ship Rock.

6. START AND FINISH LINES

6.1. The Start Line will be between the orange flag on the Race Committee boat and the inflatable orange tetrahedron located approximately 200 yards South of the Balboa Pier.

- 6.2. The US Sailing RRS 26, five (5) minute start sequence will be used for all starts.
- 6.3. The Finish Line will be between the two orange tetrahedrons approximately 200 yards off the South end of Balboa Pier. The tetrahedrons will be illuminated with LED lights for night finishes.
7. TIME LIMIT
- 7.1. Racers will take their own finish time when within 200 yards of Balboa Pier between the two illuminated tetrahedrons and call or text boat name, sail number and the finish times to be scored to the Race Committee at (678) 296-4970. The race is officially over at 5:00 PM, Sunday, September 14th.
8. PENALTY SYSTEM
- 8.1. Rule 44.1, the Two-Turns Penalty, applies.
9. PROTESTS AND REQUESTS FOR REDRESS
- 9.1. A boat intending to protest shall comply with RRS 60 & 61.1 and notify the Race Committee at the finish line of their intention to protest and identify the other boat(s) involved.
- 9.2. Protests shall be on written forms, which are available from the SSYC Race Committee at the clubhouse. Protests shall be delivered within the Protest Time Limits in 9.3.
- 9.3. For protests to be valid, the Race Committee must be advised of their intention to file a protest form either at the time the protester finishes the race or at the time of the call described in 7.1. The protest time limit is 6:00 PM, Monday, September 15th. Protests must be e-mailed to jmarshall@expeditor.com by 1800 hours, Monday, September 15th. This changes RRS 61.3.
- 9.4. Notice will be posted at <https://southshoreyachtclub/Racing> in the "Crew of Two" section within 30 minutes after the protest time limit and by telephone/text as soon as practicable to inform competitors of hearings in which they are parties or named as witnesses.
- 9.5. Hearings will be held in the Board room of South Shore Yacht Club, 1099 Bayside Drive, Newport Beach or other venue selected by SSYC and will start as soon as practical.
- 9.6. Notice of protest by the Race Committee or Protest Committee will be posted as in 9.4 to inform boats under RRS 61.1 (b).
10. SCORING
- 10.1. Scoring will be according to RRS A4.1 Low Point System.
- 10.2. PHRF Base Random Leg Course (RLC) Ratings without area adjustments will apply.
- 10.3. Non-Spin offsets will be applied as designated in a boat's entry.
11. RETIREMENTS
- 11.1. A yacht that retires from the race shall notify the Race Committee on VHF Channel 68 as soon as possible, or shall notify the SSYC Race Committee by voice or text message at (678) 296-4970.
12. PRIZES

12.1. Trophies will be awarded the following Sunday, September 21st at the SSYC/NBYC clubhouse, 1099 Bayside Drive (entrance to Balboa Island bridge), Newport Beach, downstairs in the Islander Room. Refreshments will be served at 5:00 PM. Presentations will begin at 5:30 PM.

13. INSURANCE

13.1. Each participating boat shall be insured with a valid combined single limit watercraft liability insurance in an amount not less than \$300,000 personal injury and personal property damage of \$100,000.

14. DISCLAIMER OF LIABILITY

14.1. Competitors participate in this Race entirely at their own risk. See RRS 4 (Decision to Race). The Organizing Authority will not accept liability for damage or personal injury or death sustained in conjunction with, prior to, during, or after this Race. Each boat owner must sign a race entry form releasing the race organizers, their sponsors, contractors and anyone affiliated with the event from liability.

15. CONTACT INFORMATION

15.1. The South Shore Yacht Club Race Committee may be reached on VHF Channel 68 or at (678) 296-4970. The safety of all race participants is of paramount importance. If you choose to retire from the race for any reason, you must report to the race committee by calling or texting your name, boat name and sail number to (678) 296-4970. Please help us to avoid calling your emergency contact and/or the United States Coast Guard.