



22nd Annual



CORTEZ RACING ASSOCIATION

A Nonprofit California Corporation

2025 Sharp HospiceCare Benefit Regatta

Host Club: Coronado Yacht Club

SAILING INSTRUCTIONS

Saturday, August 23, 2025

1. RACING RULES:

- 1.1 The event is governed by the rules as defined in the [Racing Rules of Sailing \(RRS\)](#).
- 1.1 Local Advisory: All competitors are asked to observe USCG Navigational Rule 9, which in part reads "A vessel shall not cross a narrow channel or fairway if such crossing impedes the passage of a vessel which can safely navigate only within such channel or fairway." RRS 60.2, 63.1, and A5 are modified to add that the Race Committee (RC) may disqualify a boat infringing this instruction without a hearing. RRS 90.3 is modified to add that this disqualification shall not be excluded.
- 1.2 [DP] NAVAL and CRUISE SHIP PROTECTION ZONE: A naval protection zone exists in a radius of 500 yards ([CFR 165.2015](#)) around U.S. naval vessels greater than 100 feet in length, except when the large naval vessel is moored or anchored within a restricted area. All vessels within a naval vessel protection zone shall operate at the minimum speed necessary to maintain a safe course and shall proceed as directed by an official patrol, and when within such zone, no vessel is allowed within 100 yards of a large U.S. naval vessel ([CFR 165.2030](#)). No vessel is allowed within 100 yards of a cruise ship ([CFR 165.1108](#)).
- 1.3 Entry into the NAS North Island Security Zones 100 yards around Pier Bravo and vessels moored to it ([CFR 165.1105](#)) and the aircraft carrier turning basin ([CFR 165.1104](#)) is prohibited.
- 1.4 Per RRS 42.3(i), competitors may use an engine or other propulsion method to avoid situations in SI 1.2 or 1.3, or to get clear after grounding or colliding with a vessel or object, provided they gain no significant advantage in the race.
- 1.5 Add new rule 41(e): (e) help to recover from the water and return on board a crew member, provided the return on board is at the approximate location of the recovery.
- 1.6 If the Race Committee boat is damaged because of a boat breaking a rule, that boat shall pay for the repairs.

2. CHANGES TO SAILING INSTRUCTIONS

- 2.1 Any change to the sailing instructions will be posted on the [event website](#) before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.
- 2.2 In accordance with RRS 90.2 (c), oral changes to the Sailing Instructions may be made on the water. A change is in effect when the Race Committee (RC) signal boat displays Flag L over A with one sound signal. This means come within hail of the RC boat to receive the oral changes to the Sailing Instructions.

3. COMMUNICATIONS WITH COMPETITORS

- 3.1 Official notices and amendments will be available online through the [EVENT NOTICE BOARD](#) on this event's page on the [CRA](#) website.
- 3.2 On the water, the RC will monitor and communicate with competitors on VHF radio channel 68. Please contact them to notify of a boat's intent to withdraw from racing per SI 17.1.
- 3.3 **In the event of an on-the-water emergency, first contact the US Coast Guard on VHF Channel 16 directly and immediately, then communicate with the RC on VHF 68.**



4. CODE OF CONDUCT

- 4.1 [DP] Competitors and support persons shall comply with reasonable requests from race officials.

5. SCHEDULE OF RACES

- 5.1 One *pursuit* race is scheduled.
5.2 The scheduled time of the warning signal for the race is **12:25 PM**.

6. ENTRIES & CHECK-IN:

- 6.1 Late entries may not be accepted, due to the construction and publication of the pursuit race starting times.
6.2 [DP] Boats will have completed their "Check-In" when they check-in with and are acknowledged by the RC.
6.3 Check-In will commence when the "L" flag is hoisted.
6.4 Visual and radio check-in (VHF 68) are acceptable until the first Warning Signal. After the warning signal, the RC will not respond to radio requests for check-in (we're too busy by then). Alert the RC as to your check-in when you are in the starting area during your starting time, if you failed to check-in earlier.

7. RACING AREA

- 7.1 The starting area is in the vicinity of the ½ mile marker mid-Harbor Island. *Dennis Conner*, a 32' Grand Banks Trawler, is the RC Signal Boat.
7.2 The racing area covers the general locale known as San Diego Bay. For navigation, refer to NOAA Chart [#18773](#), San Diego Bay.

8. COURSES:

- 8.1 All boats will sail the same course. The course selected for the day will be posted on the R/C boat prior to the first warning signal. **The starting times noted for the posted race number will be used. Be sure to use the correct start time sheet!**
8.2 **Course #1:** A(Start) – Zs – 24s – 22 – Finish (near 26) [6.0nm]
Course #2: A(Start) – Zs – 24s – 21 – Finish (near 26) [8.0nm]
Course #3: A(Start) – Zs – 24s – 19 – Finish (near 26) [10.3nm]
8.3 All marks listed are considered rounding marks. Marks are to be rounded to port unless they are followed by "s". Marks followed by "s" are to be rounded to starboard.

9. MARKS:

"A"	CRA YELLOW Inflatable, middle of Harbor Island
"Z"	CRA YELLOW Inflatable, Southeast of the Embarcadero, near Star of India
24	SD 24, red channel buoy, NOAA Chart #18773
22	SD 22, red channel buoy, NOAA Chart #18773
21	SD 21, green channel buoy, NOAA Chart #18773
19	SD 19, green channel buoy, NOAA Chart #18773
26	SD 26, red channel buoy, NOAA Chart #18773

10. THE START

- 10.1 There will be a pursuit start with a modified starting sequence defined below. This changes RRS rule 26. Starting times will be staggered according to handicaps. Starting times vary depending on length of course and will be provided for each boat, for each of the three possible courses, in an amendment to these SIs.
10.2 The Starting Line will lie between a staff with an orange flag on the R/C vessel and an inflatable buoy ("A" Mark) near the R/C boat.
10.3 The first Warning signal (green flag) will be at 12:25 p.m.
The first start will be at 12:30 p.m.
After the first start, the preparatory signal will be hoisted, with one sound, for one minute, every 10 minutes after the first start at 12:40pm, 12:50pm, 1:00pm, 1:10pm and 1:20pm as a courtesy time check.
10.4 Starting Penalties: **Rule 30.1 ("I-Flag Rule") will apply to all starts.** The "I" flag will remain on display throughout the



starting process.

- 10.5 Boats shall keep clear of the starting area and vessels attempting to start, until within 4 minutes of her own start.
- 10.6 For each subsequent boat starting, the RC will sound a whistle at that boat's assigned starting time.
- 10.7 The RC may postpone the race per RRS rule 27.3. In the event of postponement, the RC will announce the amount of delay, which will be a multiple of 10 minutes. Each boat is expected to add the announced delay amount to her published starting time.

11. RECALLS:

- 11.1 Individual Recalls will be signaled in accordance with RRS 29 with a horn for a sound signal, except that code flag X will not be flown. This modifies RRS 29.1 and "Race Signals".
- 11.2 As a courtesy, the RC will attempt to hail boats "On Course Side" (OCS) as soon as possible on VHF 68, but it is the responsibility of each yacht to start properly.
- 11.3 Failure to hail, failure of electronic equipment, failure to hear a hail, delay in hailing or the order in which hails are made will not be grounds for redress. This modifies RRS 62.1 (a).

12. THE FINISH:

- 12.1 The Finish Line will lay between a Blue Flag on board the RC boat and a yellow inflatable buoy near **SD Buoy 26**.
- 12.2 In the event that a mark is missing, boats may finish by leaving the RC boat to starboard, within 4 boat lengths.

13. PENALTY SYSTEM:

- 13.1 RRS V1, Penalty at the Time of the Incident, shall apply.
- 13.2 RRS V2, Penalty Taken After a Race, shall apply.

14. TIME LIMIT:

- 14.1 If no yacht in a class has finished by 4:00 PM on the day of the race, the race will be abandoned for that class.
- 14.2 If one yacht has finished by 3:30 PM, yachts not finished by 4:00 PM will be recorded as DNF. This modifies RRS 35.
- 14.3 When a yacht retires from a race, **the RC must be notified before leaving the course area**. Informing the RC can be accomplished by either (a) sailing (motoring) past the RC vessel OR (b) radioing the RC vessel (VHF 68). Failure to do this may result in entry rejection for other CRA races. If the RC vessel does not answer after numerous attempts, leave the information with another race participant to avoid punitive action.

15. HEARING REQUESTS:

- 15.1 If a boat intends to protest another boat or request redress, it is requested that the boat notify the race committee of that intention after finishing. This is not a validity requirement. Radio notifications are accepted.
- 15.2 The Protest Time Limit expires 30 minutes after the RC boat docks. The Protest Time Limit will be posted on the event [Notice Board](#).
- 15.3 Protests may be filed electronically to Colleen Cooke, PRO, at sailorcookie@cox.net. Protests may also be filed in person to any member of the CRA Board or the CRA Race Committee at the after-race party venue.
- 15.4 The parties involved will be listed, in the order of filing, on the [Protest Hearing Schedule](#) on the event website and will be heard as soon as practicable, which may be another day. This posting constitutes the notice required by RRS 63.2, *Time and Place of the Hearing*.
- 15.5 An arbitration meeting may be held prior to a protest hearing according to RRS Appendix T for breaches of the rules of Part 2 or rule 31 where there is no serious damage or injury, if a USSA Certified Judge is available. Protests not resolved through arbitration will be referred to the Protest Committee for a hearing.



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16. SCORING

- 16.1 Scoring will occur as stated in the Notice of Race. In general, and based on the projected wind forecast, the 5-Band AP Low/Med TOD ORC time allowances were used to generate the pursuit start times.
- 16.2 Boats will be scored in their finish place based on real time as their handicaps were applied in the start based on projected equal finish times for all boats.

17. SAFETY REGULATIONS

- 17.1 [DP] A boat that retires from a race shall notify the race committee at the first reasonable opportunity. Informing the RC can be accomplished by either (a) sailing (motoring) past the RC vessel OR (b) radioing the RC vessel (VHF 68). Failure to do this may result in entry rejection for other CRA races. If the RC vessel does not answer, leave the information with another race participant to avoid punitive action, or keep trying.
- 17.2 Notwithstanding any safety requirements, the ultimate safety of a boat and her crew is the sole and inescapable responsibility of the owner or charterer. He/she must do his/her best to ensure that the boat is fully sound, thoroughly seaworthy and manned by an experienced crew who are physically fit to face bad weather. He/she must be satisfied as to the soundness of hull, spars, rigging, sails, and all gear. He/she must ensure that all safety equipment is properly maintained and stowed, and that crewmembers know where it is stowed and how it is used.

18. AWARDS

- 18.1 Race results will be announced at the after-race party at the [Coronado Yacht Club](#), and published on the [CRA](#) website.
- 18.2 See NoR 14 regarding post-race activities. Please be prepared to anchor in the basin.
- 18.3 The *First Overall Winner* trophy will be awarded and to qualify for this trophy, the boat must have sailed in the spinnaker class. The [National Hospice Regatta Alliance](#) has paused its National Championship program to focus on supporting local regattas and their fundraising efforts for individual hospices.

19. DISCLAIMER OF LIABILITY

Sailing is an activity that has an inherent risk of damage and injury. Competitors in this event participate entirely at their own risk. See RRS 3, Decision to Race. The race organizers (CRA, race committee, protest committee, host club, sponsors, or any other organization or official) will not be responsible for damage to any boat or other property or the injury to any competitor, including death, sustained as a result of participation in this event. As a condition of their participation in this regatta, competitors release all claims they may have against CRA, CYC, Sharp and their officers, directors, members, committees, and employees for damage to property, personal injury or death sustained in conjunction with or prior to, during or after the regatta. Competitors shall be responsible for damage or injury caused by their breach of The Racing Rules of Sailing or applicable governmental rules for the avoidance of collisions.

Colleen Cooke, CRA RC Chair
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