



Sarasota Sailing Squadron, Organizing Authority
2025-2026 Season Club Regattas
Sarasota, FL, USA
Sailing Instructions (SIs)

Date	Regatta	Part of the Following Series	Host Fleet
October 25, 2025	Great Pumpkin	1 st of Fall Trident Series	Luffing Lassies
November 22, 2025	Drumstick	2 nd of Fall Trident Series	Sunfish
December 13, 2025	Commodore's Cup	3 rd of Fall Trident Series	Flying Scot
January 17, 2026	Snowbird	1 st of Spring Blossum Series	Viper
February 7, 2026	Cherry Pie	<ul style="list-style-type: none">• 2nd of Spring Blossom Series• Sarasota Bay Yachting Association Boat of the Year Award (BOTY) Series for PHRF boats	E Scow & American 18
March 14, 2026	Pot O' Gold	<ul style="list-style-type: none">• 3rd of Spring Blossom Series• Sarasota Bay Yachting Association Boat of the Year Award (BOTY) Series for PHRF boats	M15 & PHRF

1 Scope

- 1.1 These Sailing Instructions apply to Sarasota Sailing Squadron Club Regattas and are posted to each event's Regatta Network site. Any amendments will be posted to an event's Regatta Network site.

2 Rules

- 2.1 This regatta will be governed by the rules as defined in The Racing Rules of Sailing (RRS).



- 2.2 RRS 63.5(c)(2) shall be replaced by, "If there is a conflict between the Notice of Race (NOR) and the Sailing Instructions (SIs), the Sailing Instructions shall apply." This changes RRS 63.5.

3 Changes to the Sailing Instructions

- 3.1 Any change to the sailing instructions will be posted before **1030** on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

4 Communications with Competitors

- 4.1 VHF Ch 11 - ONE-DESIGN
4.2 VHF Ch 78 – PHRF

5 Code of Conduct

- 5.1 Competitors and support persons shall comply with reasonable requests from race officials.

6 Time Limits

Class	Race Target Time	Race Time Limit	Finish Window
PHRF	2 hours	4 hours	Applies per class
ONE-DESIGN	20-40 minutes	60 minutes	10 minutes

- 6.1 Failure to meet the Race Target Time is not grounds for redress.
6.2 A boat may be scored "in place" at the discretion of the Race Committee.
6.3 The Finishing Window is the time for boats to finish after the first boat sails the course and finishes. Boats failing to finish within the Finishing Window (and not subsequently retiring, penalized or given redress) will be scored Time Limit Expired (TLE) without a hearing. A boat scored TLE shall be scored points for the finishing place two more than the points scored by the last boat that finished within the Finishing Window. This instruction changes RRS 35, 63.1, A4, and A5
6.4 A boat starting later than five (5) minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. This changes RRS 63.1 and A-5.

7 Protests and Requests for Redress

- 7.1 Boats **will** report their intent to protest and the number of the boat they intend to protest to the RC signal boat upon finishing either verbally or by VHF.
7.2 Scoring inquiries, protests and request for redress forms are available at the SSS office.
7.3 The protest time limit is 30 minutes after the race committee Finish Boat docks after the last race of the day. The docking time and official starting time for protests to be lodged will be posted on the Official Notice Board at SSS.
7.4 Notices will be posted after the protest time limit to inform competitors of hearings in which they are parties to or named as witnesses. It is each boat's sole responsibility to check the noticeboard to see if she is cited in a protest. Representatives of boats who are



parties to hearings and their witnesses shall remain on call until excused by the Protest Committee.

8 Scoring

- 8.1 One (1) race is required to constitute a series.
- 8.2 Low Point System in Appendix "A" shall apply except that
 - 8.2.1 A boats score shall be the sum of all the races with no throw-out. This modifies RRS Appendix A2.1.

9 Safety Regulations

- 9.1 Check-in Procedures
 - 9.1.1 Prior to the warning signal for the first race each day in which it intends to compete, each boat shall check in by sailing past the stern of the race committee signal boat, on starboard, hail her sail number and obtain verbal acknowledgement from the Race Committee. PHRF Course boats may check in using the VHF Radio.
- 9.2 A boat that retires from a race or leaves the racing area between races shall notify the race committee Signal Boat or a patrol boat as soon as possible.
- 9.3 Operators of a motorboat less than 26 feet in length shall be attached to an Engine Safety Cut-Off Switch before the engine is started and at all times when it is operational.

10 Support Boats

- 10.1 Coaches/ team leaders must register with the Race Committee and declare the boats supported.
- 10.2 Coach/team leaders and other support staff shall stay outside the racing area from the time of the preparatory signal until all boats have finished or retired or the Race Committee has signaled a postponement, general recall, or abandonment.
- 10.3 The race area is defined by 100 yards from the lay lines.
- 10.4 No wake of any kind, obstructing a competitor's course or wind is permitted.
- 10.5 Failure to keep clear is a protestable infraction may result in a penalty including a percentage or a DSQ of the supported competitor(s) at the discretion of the Protest Committee.
- 10.6 Coach/support boats shall carry a working VHF radio and monitor the channels specified in section "Communications with Competitors".
- 10.7 Support boats may be required to act as safety boats upon instruction from a race official.

11 Trash Disposal

- 11.1 Trash may be placed aboard support or official boats.



12 Dinghy Classes Specifics

12.1 DINGHY - SIGNALS MADE ASHORE

- 12.1.1 The signals made ashore will be displayed from the SSS flagpole.
- 12.1.2 When flag AP is displayed ashore "1 minute" is replaced with "not less than 60 minutes." This modifies the AP Instructions in RRS Race Signals.

12.2 DINGHY - CLASS FLAGS

- 12.2.1 Class Flags will be each Class's logo.

12.3 DINGHY - COURSES

- 12.3.1 The diagrams in ADDENDUM A "Dinghy Courses" illustrate the one-design courses, the order in which marks are to be passed, and the side on which each mark is to be left.
- 12.3.2 The course designation will be posted on the RC Signal boat.

12.4 DINGHY - MARKS

- 12.4.1 Rounding marks and change marks will be identified on the noticeboard or on the RC boat or in ADDENDUM A "Dinghy Courses".
- 12.4.2 If one of the two gate marks are missing, the remaining gate shall be rounded to port. This modifies RRS 34.
- 12.4.3 If the offset mark is missing, competitors need only to round the windward mark. This modifies RRS 34.

12.5 DINGHY - THE START

- 12.5.1 Races will be started as follows: RRS Appendix U – "Audible Signal Racing System" for a 3-minute start sequence. This changes RRS 26.
- 12.5.2 The One-Design starting line will be between a Race Committee Signal Boat displaying an orange flag and the course side of a port end mark, or a port end pin boat displaying an orange flag.
- 12.5.3 If any part of a boat's hull is on the course side of the starting line at her starting signal and she is identified, the race committee may attempt to hail her sail number audibly or by VHF radio. Failure to hail her number, failure of her to hear such a hail, or the order in which boats are hailed will not be grounds for a redress for request. This changes RRS 61.4 (b)(1).

12.6 DINGHY - CHANGE OF THE NEXT LEG OF THE COURSE

- 12.6.1 The race committee may adjust the bearing of a mark up to approximately 15 degrees or change the course length up to approximately 20% before the first boat rounds the previous mark without signaling a change. This changes RRS 33.



12.7 DINGHY - THE FINISH

- 12.7.1 The finishing line will be between a staff displaying a blue flag on the race committee vessel and the course side of a mark.

12.8 DINGHY - REPLACEMENT OF EQUIPMENT

- 12.8.1 Unless prohibited by class rules, substitution of damages or lost equipment will be allowed provided they comply with class rules.
- 12.8.2 Unless expressly permitted by the class rules, crew substitutions are prohibited unless there is an injury or emergency.
- 12.8.3 Any substitutions shall attempt to be of similar size and must be authorized by petitioning the Race Committee."

13 PHRF Classes Specifics (E Scows and PHRF)

13.1 PHRF - SIGNALS MADE ASHORE

- 13.1.1 The signals made ashore will be displayed from the SSS flagpole. Notification shall be posted to Regatta Network.
- 13.1.2 When flag AP is displayed ashore "1 minute" is replaced with "not less than 60 minutes." This modifies the AP Instructions in RRS Race Signals.

13.2 PHRF - CLASS FLAGS

- 13.2.1 Multihull Warning Flag is pink background with two black horizontal stripes
- 13.2.2 E Scow Warning Flag is the E Scow class flag
- 13.2.3 Monohull Warning Flag is white background with a blue "J"

13.3 PHRF - COURSES

- 13.3.1 Course Information shall be posted on a course board on the Starboard side of the RC Signal Boat
- 13.3.2 Courses may include the following marks: Sarasota Sailing Squadron compass-rose marks, Sarasota Bay government marks and/or inflatable marks. See Addendum B - Compass Rose
- 13.3.3 Coordinates to the various marks of the course can be found at <https://sarabayracing.com/racing-tools/navigation-data-coordinates/spreadsheet/>

13.4 PHRF - MARKS

- 13.4.1 Squadron marks and government marks as shown in Addendum B Compass Rose.



13.5 PHRF - THE START

- 13.5.1 RRS right of way rules apply to all boats throughout racing regardless of fleet.
- 13.5.2 The start for all fleets will be RRS 26
- 13.5.3 PHRF starting line will be between a Race Committee Signal Boat displaying an orange flag and the course side of a port end permanent mark "I" of the Compass Rose" fixed marks.
- 13.5.4 If any part of a boat's hull is on the course side of the starting line at her starting signal and she is identified, the race committee may attempt to hail her sail number audibly or by VHF radio. Failure to hail her number, failure of her to hear such a hail, or the order in which boats are hailed will not be grounds for a redress for request. This changes RRS 61.4 (b)(1).
- 13.5.5 If any fleet is subject to a general recall, that same fleet will receive the next starting sequence.

13.6 PHRF - THE FINISH

- 13.6.1 The finishing line will be between a staff displaying a blue flag on the race committee vessel and the course side of a mark.

13.7 PHRF - REPLACEMENT OF EQUIPMENT

- 13.7.1 Unless prohibited by class rules, substitution of damages or lost equipment will be allowed provided they comply with class rules.

14 Risk Statement

- 14.1 RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. **Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes**

Addendum A

Dinghy Courses

Course	Description	Mark Order
WLE1	Windward Leeward Extended – 1 Lap	Start – 1E - 2p –finish
WL1	Windward Leeward – 1 Lap	Start – 1 – 2p – finish
WLE2	Windward Leeward Extended – 2 Laps	Start – 1E - 2s/2p – 1 – 2p - finish
WL2	Windward Leeward – 2 Laps	Start – 1 - 2s/2p – 1 – 2p - finish

Marks

Num	Description
1E	Orange Tetrahedron
1	Pink Tetrahedron
2s/2p	Yellow Tetrahedron
Start	Pink Tetrahedron
Finish	Small Ball
Change Mark	Green Tetrahedron

Note:

The Organizing Authority may choose to not use the 2s Gate mark.



