



# St. Thomas Yacht Club Fall Regatta

October 11-12, 2025

## SAILING INSTRUCTIONS

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### 1 RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 The class rules of the International Optimist Dinghy Association (IODA) will apply.

### 2 NOTICES TO COMPETITORS

Notices to competitors will be posted on the Official Notice Board is located on the [event website](#).

### 3 CHANGES TO THE SAILING INSTRUCTIONS

Any changes to the Sailing Instructions will be posted on the Official Notice Board. Changes may be announced and posted immediately after the Competitors' Briefing.

### 4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed from the flagpole located at STYC.
- 4.2 When flag AP is displayed ashore, "1 minute" is replaced with "not less than 45 minutes".

### 5 SCHEDULE

#### 5.1 **Friday October 10**

16:00-18:00 Sailor Check-In

#### **Saturday October 11**

08:00-09:00 Sailor Check-In  
09:15 Competitors' Briefing  
09:30 Harbor Gun  
10:30 First Warning

#### **Sunday October 12**

09:30 Harbor Gun  
10:30 First Warning  
After racing Awards

- 5.2 On Sunday October 12, no Warning Signal will be made after 14:00.

### 6 RACING AREA

The racing area will be Cowpet Bay and the waters north and south of Cow and Calf Rocks. Sailors may not sail in between the rocks.

### 7 FLAGS

Optimist Green Fleet	White Optimist insignia on green field
Optimist Championship Fleet	Black Optimist insignia on a white field
420	Bright pink
Hobie Wave	Teal flag

## **8 COURSES AND MARKS**

- 8.1 The diagrams in Addendum A show the courses and marks.
- 8.2 When there is a gate, boats shall sail between the gate marks from the direction of the previous mark and round either gate mark. When the entire gate is not in place, the remaining single mark shall be rounded to port.
- 8.3 The Race Committee may separate the Green Fleet course from the rest of the fleets. In this instance, Green Fleet will be given their course(s) in the mornings before racing.

## **9 THE START**

- 9.1 For the Optimist Fleets and Hobie Waves, the starting line will be between a staff displaying an orange flag on the Signal Vessel on the starboard end of the line and a yellow inflatable pillar on the port end of the line.
- 9.2 For the 420 Fleet, the starting line will be between a staff displaying an orange flag on the Signal Vessel on the port end of the line and an orange ball on the starboard end of the line.
- 9.3 Green Fleet, Hobie Waves, and 420s will use RRS Appendix U. Championship Fleet will use RRS 26.

## **10 CHANGE OF THE NEXT LEG OF THE COURSE**

- 10.1 To change the next leg of the course, the Race Committee will move the original mark or finishing line to a new position.
- 10.2 The Race Committee may change a leg of the course without a signal. This changes RRS 33.

## **11 THE FINISH**

- 11.1 For the Optimist Fleets and Hobie Waves, the finishing line will be between a staff displaying a blue flag on the Signal Vessel on the starboard end of the line and a yellow inflatable pillar on the port end of the line.
- 11.2 For the 420 Fleet, the starting line will be between a staff displaying a blue flag on the Signal Vessel on the port end of the line and an orange ball on the starboard end of the line.

## **12 TIME LIMITS**

All fleets will have a 15-minute finishing window after the first finisher crosses the line. Any boat that fails to finish within that window will be scored Did Not Finish (DNF). This changes RRS 35, A4, A5.1, and A5.2

## **13 PROTESTS AND REQUESTS FOR REDRESS**

- 13.1 Hearing request forms are available at the St. Thomas Yacht Club. Protests and requests for redress or reopening shall be delivered to the registration desk within the appropriate time limit.
- 13.2 For each class, the protest time limit is 30 minutes after the Signal Vessel has docked at STYC.
- 13.3 Notices will be posted at the registration desk at the St. Thomas Yacht Club no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses and where the hearings will be held.
- 13.4 Notices of protests by the Race Committee will be posted to inform boats under RRS 60.2(d).

## **14 SCORING**

- 14.1 One race will constitute a series.
- 14.2 When five or fewer races are completed, a boat's score will be the total of her race scores.
- 14.3 When six or more races are completed, a boat's series score will be the total of her race scores excluding her worst score. This changes RRS A2.

## **15 SAFETY REGULATIONS**

- 15.1 Prior to the First Warning, all boats are required to check in with the Signal Vessel by sailing behind the vessel and hailing her sail number.
- 15.2 Government approved lifejackets must be worn at all times while on the water except during brief periods to change clothing.
- 15.3 A boat that retires from the race shall notify the Race Committee at the first reasonable opportunity.
- 15.4 Support boats shall monitor VHF channel 72.

## **16 SUPPORT BOATS**

- 16.1 All support boats shall stay outside areas where boats are racing from the time of the preparatory signal for the first start until all boats have finished or the Race Committee signals a postponement, general recall, or abandonment.
- 16.2 Support boats may not communicate in any way with competitors while racing, except in the case of an emergency. However, in Green Fleet, support boats may communicate with the latter half of the fleet if they require additional assistance. The penalty for failing to comply with this requirement will be at the discretion of the jury after a hearing.

## **17 CONTACT INFORMATION**

Regatta Chair	Heather Scholes	<a href="mailto:hsscholes@gmail.com">hsscholes@gmail.com</a>
Optimist/420 Charters	Emily Verdoia	<a href="mailto:emilyverdoiasailing@gmail.com">emilyverdoiasailing@gmail.com</a>
STYC General Manager	Greer Scholes	<a href="mailto:manager@stthomasyachtclub.org">manager@stthomasyachtclub.org</a>

# ADDENDUM A

Fleet	Course	Rounding Order
Optimist Championship	W1	Start → 1(p) → 2s/p → Finish
Optimist Championship	W2	Start → 1(p) → 2s/p → 1(p) → 2s/p → Finish
Optimist Green	T	Start → 3(p) → 4(p) → 5(p) → Finish
Hobie Wave	T	Start → 1(p) → 4(p) → 2(p) → Finish
420	W1	Start → 6(p) → Finish
420	W2	Start → 6(p) → 7s/p → 6(p) → Finish

Mark	Description
Optimist/Hobie Wave Start/Finish Pin	Inflatable yellow pillar
1	Inflatable orange sphere
2s, 2p	Inflatable orange sphere
3, 5, 6, 7s, 7p	Orange round ball
4	Green round ball
420 Start/Finish Pin	Orange round ball

