



SEISA

**SEISA District 2025 Single Handed Championship Regatta
(Qualifier for the Cressy High School Singlehanded Championship)**

ILCA 6 Girls, ILCA 6 Boys, and ILCA 7 Open

September 27-28, 2025

Organizing Authority: SEISA

**Hosted by: Bay Access Sailing Foundation at
Lakewood Yacht Club**

**NOTICE OF RACE
POSTED (9/5/2025)**

1. RULES

1.1 The Organizing Authority will govern the regatta by the rules as defined in the 2025-2028 edition of *The Racing Rules of Sailing* (RRS), the [ISSA Procedural Rules](#), [the SEISA District Rules](#), [the Cressy Conditions](#), this Notice of Race, and the Sailing Instructions.

1.2 Appendix P may be enforced and will be modified by ISSA Procedural Rule 14(c).

1.3 In accordance with RRS 70.5(a), decisions of the protest committee are final. US SAILING's permission has been granted.

2. Classes

2.1 Boat classes will be ILCA 7 Open, ILCA 6 Boys, and ILCA 6 Girls

3. SAFETY

3.1 All competitors must wear USCG approved, non-inflatable personal flotation device (PFD) in good repair, at all times on the water, except to quickly change clothing.

3.2 Per ISSA PR 2.5, a team uniform/pinnie shall be worn outside the PFD.

4. ELIGIBILITY

4.1 Competing schools must be current active members of ISSA and meet ISSA eligibility rules as prescribed in the Procedural Rules. [Payment of \$150 per high school must be made to SEISA as annual membership dues for the current school year; to register go to: <https://registration.hssailing.org/>

4.2 Competitors shall be in 9th - 12th grade.

4.3 Competitors must be accompanied by a designated adult team leader/chaperone who is responsible for and must accompany the school's team at the regatta site. This adult may be an adviser, coach, or parent recognized by the school.

4.4 Competitors must be registered (names listed) under their High School in the ISSA database.

5. ENTRY

5.1 Entry fee is \$40.

5.2 Entry, payment, and forms may be found on Regatta Network at:

<https://www.regattanetwork.com/event/30376>

6. BOATS

This is a BYOB event with ILCA 7 (Standard) or ILCA 6 (Radial) Laser division. Boats and sails must meet class rules.

7. SCHEDULE OF EVENTS

7.1

Friday, September 26, 2025	1200	Entry & Deadline submission via electronic mail and Venue open for practice
Saturday, September 27, 2025	0800-0900	Registration and check-in,
	0930	Competitors Meeting
	1015	Harbor Start
	ASAP	First Gun
Sunday, September 28, 2025	0930	Competitor briefing
	1015	Harbor start
	1400	No warning signal after this time
	ASAP	Results presentation

7.2 Changes to schedule will be posted on the notice board by 1900 the day before changes go into effect.

8. SAILING INSTRUCTIONS

Sailing Instructions will be available by 1700 hours Wednesday September 24, 2025.

9. RACING AREA

Weather and conditions permitting, races will be sailed on Galveston Bay. Alternate location is Clear Lake.

10. SCORING

10.1 The Low Point Scoring System, Appendix A, will apply as modified by ISSA Procedural Rule 9, except that no score will be excluded.

10.2 Twelve (12) races are scheduled; one (1) completed race will constitute a regatta

11. COACHING

11.1 Per ISSA Procedural Rule 8, on the water coaching is allowed from anchored boats only in the designated coaching area. Coaches assisting with regatta management duties may leave this area, but may not coach from outside the area. All coaches shall be given equal opportunity to coach. Please coordinate ahead of time to secure a spot on another coach's boat if you do not intend to bring your own. ISSA Procedural rule 8(d) dictates that disqualification of the sailor is the result of breaking this rule.

- 11.2 Per ISSA Procedural Rule 8, on the water spectating will be allowed from anchored spectator boats only in the designated spectator area. Spectators may not communicate with the sailors during the regatta. ISSA Procedural rule 8(d) dictates that disqualification of the sailor is the result of breaking this rule.
- 11.3 Per ISSA PR 8(b), any sailor who intends to protest MUST report to the race committee BEFORE talking with any support personnel in coach boats. Failure to do this may be grounds for closing the protest hearing. This changes RRS 61.

12. PRIZES

12.1 First place in each fleet will qualify for the 2025 ISSA CRESSY HIGH SCHOOL SINGLEHANDED CHAMPIONSHIP date held at Old Dominion Univ, Norfolk, VA November 1-2, 2025 organized by ISSA.

13. IMPORTANT NOTICE TO ALL REGATTA CONTESTANTS:

No contestant shall use, either on or off the water, alcoholic beverages (beer, wine, or distilled spirits, each as defined in Chapter 51 of the US Internal Revenue Code and intended for beverage use), or marijuana, cocaine, or any other controlled substance (as defined in 21 US Code 802), the possession of which, by that contestant is unlawful under 21 US Code 841. Infringements of this regulation and/or other discipline expectations occurring during September 27-28, 2025, may be the basis for a hearing under Rule 69.1 The protest committee for such a hearing shall be the regatta chairperson, a member of the ISSA BOD, and the protest committee chairperson. This protest committee shall, at a time and place selected by them, meet to hear said protest, and their decision to impose scoring penalties, or other sanctions they alone deem appropriate, including summary removal from the regatta, shall be final, without appeal.

14. REGATTA CONTACTS

Regatta Chairs: –

Shannon Galway s.galway@fng.com, (832) 641-7248

SEISA representative – Dan Zwerg dzwerg@ststan.com – (228)-327-4557