

SEISA District 2025 Single Handed Championship Regatta
(Qualifier for the Cressy High School Singlehanded Championship)

ILCA 6 Girls, ILCA 6 Boys, and ILCA 7 Open

September 27-28, 2025

Organizing Authority: SEISA

**Hosted by: Bay Access Sailing Foundation at
Lakewood Yacht Club**

SAILING INSTRUCTIONS

1. RULES:

- 11 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*, the [ISSA Procedural Rules](#), the [Scholastic Dinghy Class Rules](#), the NOR, and these Sailing Instructions. In the event of a conflict between the governing documents and the Sailing Instructions, the latter shall take precedence.
- 12 The *rules* for all classes are modified so that membership in a class organization is not required.
- 13 All boats shall have sail numbers which match the registration form. Sail numbers meeting class standards are required.

2. NOTICE TO COMPETITORS:

- 21 Official notices will be posted on the official noticeboard located on the regatta website.
- 22 Any change to the sailing instructions will be posted on the official notice board at least two (2) hours before the first race of each day, except for changes to the schedule of races which will be posted by 19:00 on the day before they take effect.

3. SIGNALS MADE ASHORE:

- 31 Signals made ashore will be displayed from the yardarm near the dinghy dock or from the RC signal boat if docked nearby.
- 32 Code Flag "AP" with two sound signals means the race is postponed. DO NOT leave the club area. If this signal is made ashore, the warning signal will not be made sooner than 30 minutes from the lowering of "AP", accompanied by one signal. This modifies "Race Signals".

4. SCHEDULE:

- 41 Report times each day are listed in the NOR.
- 42 The number of races each day will be at the discretion of the regatta chair.

5. RACING AREAS:

- 51 The location of the racing areas will be announced at the Mandatory Skippers Meeting.

6. COURSES AND MARKS:

- 61 Only course L2 will be used and is shown in the course diagram.
- 62 All marks will be orange tetrahedrons, except the starting mark (pin), finishing mark, and offset mark (if present), which will be orange balls.
- 63 To maintain course configuration during a race, the RC may make minor adjustments of the

course, up to 10 degrees and .10nm, without signaling a change. This change will be made prior to any sailors reaching that leg of the course. This changes RRS 33.

7. START/FINISH AND SIGNALS:

7.1 Races will start in accordance with ISSA PR 7.9(a). A series of short signals may be made before any starting sequence begins to attract attention.

7.2 The starting line will be between an orange staff on the signal boat and an orange ball. The finish line will be between a blue staff on the starboard side of the signal boat and an orange ball. This changes RRS Race Signals.

7.3 The class flags are as follows:

- ILCA 7 Open – ICLA7 white class flag
- ILCA 6 Boys – ILCA6 green class flag
- ILCA 6 Girls – ILCA6 green class flag with #3 pennant

8. RECALLS:

8.1 The RC intends to hail the sail numbers of OCS boats after the starting signal. The failure of any boat to hear the hail, an untimely hail of OCS boats, failure to hail any boats, and the order of the boats in the hail shall not be grounds for granting redress. This changes RRS 41 and 62.1.

9. TIME LIMIT:

9.1 The time limit for each race will be sixty (60) minutes for the first boat to finish. If no boat has complied with RRS 28.1, the race shall be abandoned.

9.2 The Finishing Window is twenty (20) minutes.

9.3 The Finishing Window is the time for boats to finish after the first boat sails the course and finishes. Boats failing to finish within the Finishing Window, and not subsequently retiring, penalized or given redress, will be scored Time Limit Expired (TLE) without a hearing. A boat scored TLE shall be scored points for the finishing place two (2) more than the points scored by the last boat that finished within the Finishing Window. This changes RRS 35, A5.1, A5.2 and A10.

9.4 At its discretion, the RC may finish any boat in place, and it will be scored based on its position on the race course. This modifies RRS 32 and 35.

9.5 If no boat has rounded the first mark within twenty (20) minutes of the start, the race shall be abandoned. This modifies RRS 32 and 35.

10. PROTESTS:

10.1 Protests shall be filed within 30 minutes of the last boat reaching shore at the end of the day or any other breaks in racing taken ashore. Changes ISSA PR 16d. Protest forms will be available in the Seahorse Lounge Office. The completed forms must be handed to a protest committee official or the regatta chair.

10.2 Per ISSA PR 8(b), any sailor who intends to protest MUST report to the race committee BEFORE talking with any support personnel in coach boats. Failure to do this may be grounds for closing the protest hearing. This changes RRS 61.

11. SCORING:

11.1 Scoring will be in accordance with ISSA PR 9.

12. COACHING and SPECTATING:

12.1 Coaches shall share coach boats with those coaches who do not have a boat.

12.2 Local spectators should offer to bring out-of-town guests with them to the race course.

12.3 Coaches shall be anchored and not leave the designated coaching area unless asked by the PRO to perform a course adjustment or safety function.

- 124 Spectators shall be anchored and not leave the designated spectating area unless asked by the PRO to perform a course adjustment or safety function.
- 125 Spectators shall not communicate with sailors while in the racing area unless necessary for safety reasons.

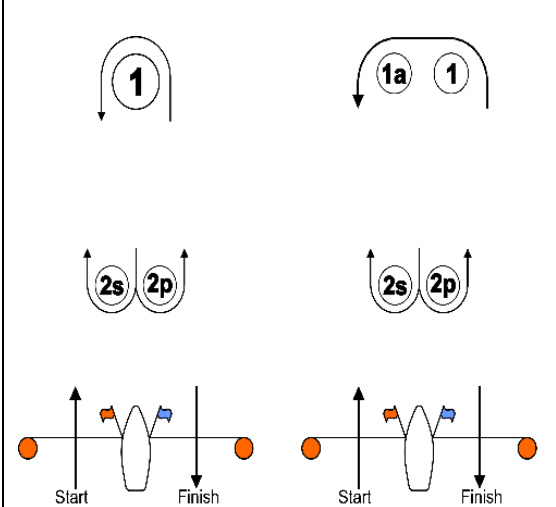
13. SAFETY:

- 131 **RRS 40 is changed so that each competitor shall wear a U.S. Coast Guard approved life jacket (PFD), in good condition, that is 100% dependent on foam for flotation (i.e., inherently buoyant) and the appropriate size for the sailor, at all times while on the water, except for brief periods while adding or removing clothing. See US Sailing Regulation 10. A violation of this instruction may be protested by race officials or a competitor; however, an inadvertent and momentary breach of this instruction may receive a penalty less than disqualification at the discretion of the protest committee. A pinnie may be worn outside of the PFD.**
- 132 A boat that retires from a race shall notify the race committee either before leaving the course, or if that is impossible, immediately after arriving ashore.
- 133 If racing will take place on Galveston Bay, all competitors shall be towed through the Kemah Channel outbound and inbound. If a boat is retiring early, they must also have a tow through the channel.

14. REGATTA CONTACTS:

- Shannon Galway –Regatta Chair: s.galway@fng.com 832-641-7248

Course Diagram and Designated Areas

	Course L2 (Leeward Gate/Finish) – Windward, Leeward Gate – Windward - Finish	
	<i>Signal</i>	<i>Mark Rounding Order</i>
	L2	Start – 1* – 2s/2p – 1 – Finish
* - if an offset mark (1a) is present, sailors will leave the offset mark to port after rounding the windward mark (1)		

