

E Scow Midwinters Regatta
March 20-22, 2026
OA Sarasota Sailing Squadron
1717 Ken Thompson Parkway
Sarasota Florida
941-388-2355

Supplement to the Standard Sailing Instructions (SSSIs)
(RRS Appendix S incorporated by reference)

1 Rules

- 1.1 This event is governed by the rules as defined in The Racing Rules of Sailing (RRS) 2025-2028.
- 1.2 In the event of a conflict between the Notice of Race and the Sailing Instructions the Sailing Instructions shall prevail. This changes RRS 63.7.

2 Notices to Competitors

- 2.3 The Official Note Board will be located on the porch at Sarasota Sailing Squadron.

3. Changes to Sailing Instructions

- 3.1 Any change to the Sailing Instructions will be posted before 10:00 on the day that they will take effect, except that any change to the schedule of races will be posted by 20:00 on the day before it will take effect.

4. Signals Made Ashore

- 4.2 The flagpole is located on the front/bayside lawn of the Sarasota Sailing Squadron.
- 4.3 When the flag AP is displayed ashore, "1 minute" is replaced with "not less than 60 minutes". This changes RRS Race Signals.

5 Schedule of Races

- 5.3 Eight races are scheduled. Approximate times of events are:

Friday, Mar 20	Practice Race	Warning	14:00 tentative	
Saturday, Mar 21	Races 1-4	First Warning	11:30	
Sunday, Mar 22	Races 5-8	First Warning	11:00	No warning after 15:00

6 Class Flags and Radio Communication

- 6.2 The Class Flag is the E Scow burgee, or insignia on a plain background.
- 6.3 The VHF Competitor channel will be 71. Competitors cannot monitor any additional channels.

7 The Courses

- 7.3 Courses will be LAC 2, LAC 3, WAC 2 or WAC 3. Drawings for these courses are attached in Appendix Courses. The courses will include leeward gate marks.

8 Marks

8.1 The LAC and WAC start line will be between orange tetrahedrons. The Signal boat will stand off at anchor on an extension of the start line. Area X between the anchored Signal boat and the “boat end” of the start line is an extension and is not a part of the start line.

Mark 1 will be an orange Tetrahedron, left to port. Mark 1a will be a small ball, left to port. Mark(s) 2 gate marks will be the same orange tetrahedrons as the starting marks.

8.2 In the case of no gate, boats will leave a single leeward mark to port.

		start	Weather	Offset	Gate	finish	Change (alternate)
LAC		Orange tets	Orange tet	small ball	Orange tets	Orange tets	Yellow tet
WAC		Orange tets	Orange tet	small ball	Orange tets	Weather mark, or nearby mark, and RC boat	Yellow tet

9. The Start

9.1 Races will be started using RRS 26.

10 Change of the Next Leg of the Course

10.2 The race committee may move a mark up to 15 degrees in direction or 25% of length, without signal and without use of replacement color mark, provided no boat has rounded the previous mark of the course. This changes RRS 33.

10.3 First mark change during the race will be to a yellow tetrahedron to weather. Further changes will alternate between orange and yellow. Leeward mark will remain orange and may be reoriented to changes of course orientation.

11 The Finish

11.1 LAC finishing marks will be the same orange tetrahedrons as the starting and gate marks. In absence of one of the finishing marks, the finish will be between the remaining finishing mark and Signal.

11.2. For WAC the finish line will be between the weather mark or a nearby mark, and an RC boat.

12. Time Limits

12.4 The time limit to reach the first windward mark will be 15 minutes. The race time limit will be 60 minutes. The time limit for boats to finish after the first boat starts, sails the course and finishes is 15 minutes. Boats not finishing in the “finishing window” will be scored TLE.

12.5 A boat that does not start within 4 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2

Time limits				
	1 st weather leg	Race	Post finish time (TLE)	
	15 minutes	60 minutes	15 minutes	

13 Penalties, Protests and Requests for Redress

13.5 RRS Rule 44.1 is changed so that the two turns penalty is replaced by a one turn penalty.

13.6 Display of a red protest flag is not required. This changes Rule 61.1(a).

13.7 A boat wishing to lodge a protest, immediately following her finish, will verbally inform Race Committee on Signal of the intention to protest.

13.8 Protest hearings will be scheduled by the Protest Committee.

13.9 Rule 60.4(a)(2) is changed as follows: (A protest is invalid) if it alleges a breach of a rule of Part 2 or rule 31 and is from a boat that was not involved in, and did not see, the incident.

14 Scoring

14.1 Eight races are scheduled - one race scored will constitute the event.

14.2 Low point RRS Appendix A scoring will be used, and modified so that if six or more races are scored, each yacht's worst score shall be excluded from her total score.

14.3 A boat scored TLE will receive points of the last boat to finish within the time limit, plus one (1) additional point.

15 Safety

15.1 A boat that retires from a race shall notify the race committee via VHF radio as soon as possible.

15.2 Each boat shall carry an USCG approved PFD for each person aboard, a paddle, and have mainsail flotation panels attached. PFDs will be worn at all times a boat is on the water.

16 Communications

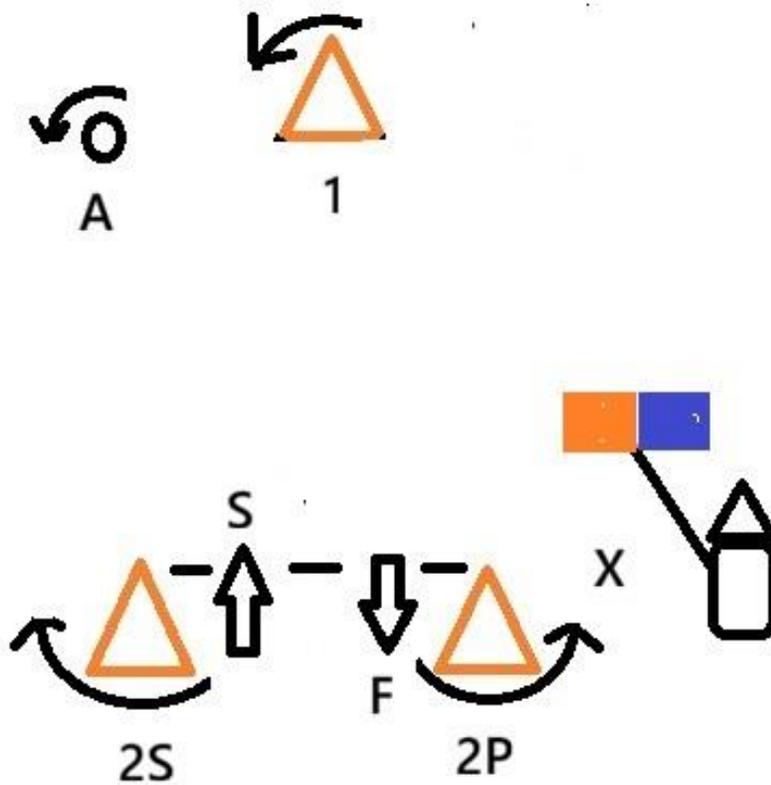
16.1 The Race Committee will attempt to communicate the starting sequence, any boats OCS, and any information it believes useful to the fleet on VHF channel 71. Failure to so communicate will not be ground for redress.

16.2 [DP] While racing, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

17 Prizes 17.1 Prizes will be awarded for skipper for each of the top three finishers.

Appendix Courses

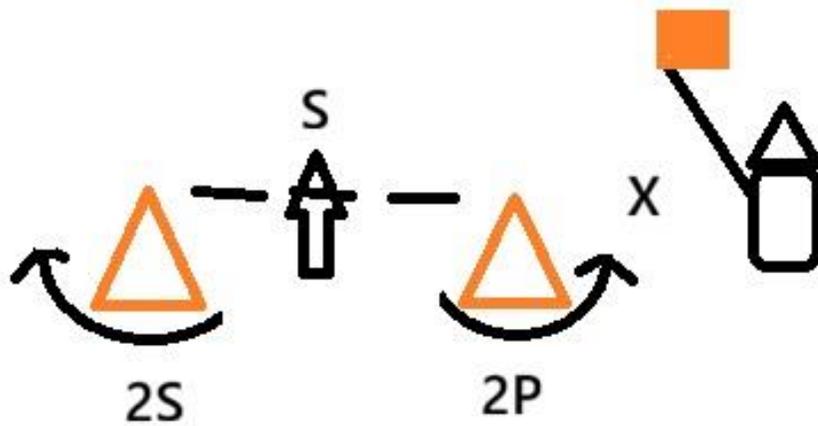
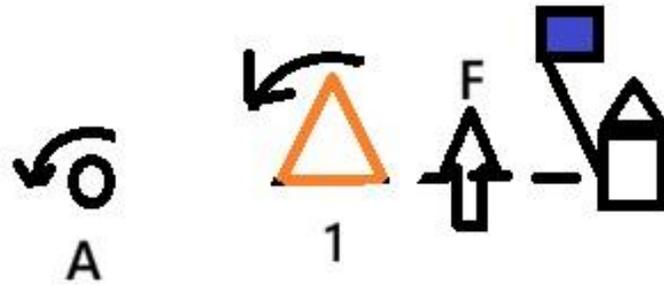
LA Custom courses



LAC2 - 1,A,2S-2P,1,A,F

LAC3 - 1,A,2S-2P,1,A,2S-2P,1,A,F

WA Custom courses



WAC2 - S,1,A,2S-2P, F

WAC3 - S,1,A,2S-2P,1,A,2S-2P,F