



LONGSTRETH SAILING SERIES SAILING INSTRUCTIONS 2025-2026

1. RULES

This race is governed by the rules as defined in the 2025-2028 Racing Rules of Sailing, and these sailing instructions.

- 1.1 NAVAL PROTECTION ZONE: The Naval Protection Zone is a 500-yard regulated area of water surrounding all US Naval Vessels of 100 feet or more. All vessels within 500 yards of a US Naval Vessel shall operate at the minimum speed necessary to maintain a safe course and speed and shall proceed as directed by any official patrol. NO VESSEL IS ALLOWED WITHIN 100 YARDS OF US NAVAL VESSEL. These zones are permanently in effect.

2. ENTRIES

- 2.1 Entry is open to members of all yacht clubs and sailing associations recognized by US Sailing.
- 2.2 There are four classes. The first two classes use SD PHRF RLC for scoring. **Classes will be combined** if there are less than two boats registered to a class on Race 1.
- 2.3

Class	PHRF
One	SD PHRF RLC 113 and below
Two	SD PHRF RLC 114 and above
Three	CYC Handicap
Four	SD PHRF RLC 200 and above and no longer than 20 feet.

- 2.4 CYC Handicap is available for all CYC boats. Established CYC Handicaps are listed: [CYC Class 3](#). Any boat wishing to race in this class that does not have an established CYC handicap should register their boat using their SD PHRF RLC racing handicap. Offsets are allowed in Class 1 and Class 2 and are listed here: <http://www.coronadoyc.org/files/CYCNonSpinnOffset1June2021.pdf>. **This is an RLC race**, please register accordingly.
- 2.5 Boats may be entered electronically through the Regatta Network URL before 0900 of each race day: https://www.regattanetwork.com/clubmgmt/applet_club_events.php?CLUB_ID=622

3. NOTICES TO COMPETITORS

Any notices will be posted on a noticeboard on the clubhouse porch. All in race notifications will be communicated on VHF 67.

4. CHANGES IN SAILING INSTRUCTIONS

Any change to these sailing instructions will be posted before 1000 on a race day.

- 5. STARTS. PURSUIT START** Starts often continuing for more than 30 minutes. RRS paras 2. And 22.1, Corinthian spirit, and **common sense** dictate that boats not yet racing keep clear of boats racing or attempting to get a good start. **The starting times will be available at the CYC Front Desk by 10am of the race**

. The highest handicapped boat is scheduled to start at noon (but this can be delayed due to wind, please observe RC flags on roof of clubhouse).

5.1 **STARTS** Standard horn/flag sounds and hoists will be observed as follows:

Time	Name	Flag	Horn
1154	ATTENTION	NO HOIST	Multi-horn
1155	WARNING	CLASS FLAG UP	horn
1156	PREP	CODE P FLAG UP	horn
1159	PREP FLAG DOWN	CODE P FLAG DOWN	Long horn
1200	START (highest handicapper)	CLASS FLAG DOWN	horn

(One horn sound will be given at each individual start time thereafter.)

6. COURSES

6.1 Course 1 is used when a **red** flag is hoisted below the race committee flag.

6.1.1 The course length is approximately 9.9 nautical miles.

6.1.2 Round marks followed by **P** to port and marks followed by **S** to starboard. Only the marks of the course need to be observed.

Course 1

Number	Mark	To Port or Starboard
1	Start	Clubhouse
2	Diver	P
3	GB 8	P
4	GB 1	S
6	SD 30	S
7	Windward "A" mark	P
8	SD 30	P
9	Windward "A" mark	S
10	SD 30	P
11	GB 1	P
12	GB 8	S
13	Diver	S
14	Finish	

6.2 Course 2 is used when a **green** flag is hoisted below the race committee flag.

6.2.1 The course length is approximately 7.9 nautical miles.

6.2.2 Round marks followed by **P** to port and marks followed by **S** to starboard. Only the marks of the course need to be observed.

Course 2

Number	Mark	Port or Starboard
1	Start	Clubhouse
2	Diver	P
3	GB 8	P
4	GB 1	S
6	SD 30	S
7	Windward Mark "A"	P
8	SD 30	P
9	GB 1	P
10	GB 8	S
11	Diver	S
12	Finish	

Course 4 is only for Class 4 (no matter what color flag is hoisted) 5 Nautical Miles

Number	Mark	Port or Starboard
1	Start	See section 7
2	Diver	P
3	GB 8	P
4	GB 1	S
5	SD 28	P
6	GB 1	P
7	GB 8	S
8	Diver	S
9	Finish	See section 7

Course 5 South Bay Start (8.0 miles)

Number	Mark	Port or Starboard
1	Start South Bay Vicinity of SD 26	
2	SD 30	S
3	A Mark	P
4	SD 30	P
5	A Mark	P
6	SD 30	P
7	GB 1	P
8	Finish Vicinity of String Ray Point	

Course 6 South Bay Start Class 4 only (4.7 miles)

Number	Mark	Port or Starboard
1	Start South Bay Vicinity of SD 26	
2	SD 30	S
3	A Mark	P
4	SD 26	P
5	GB 1	P
6	Finish Vicinity of String Ray Point	

7. START, MARKS AND FINISH**7.1 A. Courses 1-2-3-4**

The starting and finishing lines for courses will lie between a red and white striped pier piling at the northeastern end of the clubhouse turning basin and a pole displaying an orange flag moored approximately 200 feet southeast of the piling. The piling is the starboard end of the start line and port end of the finish line.

B. Courses 5 and 6

The starting line will be between SD 26 and an Orange Flag on the Race Committee Boat. The finish line will be an orange flag on the committee boat and a small green tetrahedron in the vicinity of String Ray Point and Naval Amphibious Base Coronado.

7.2 Diver is a large orange tetrahedron moored approximately 100 yards off the end of AB dock (near the Boathouse restaurant).

7.3 SD(n) and GB(n) are San Diego Bay and Glorietta Bay channel buoys.

7.4 Windward "A" Mark will be windward of SD 30, will be an Orange tetrahedron.

8. PENALTY TURNS

8.1 The two turns penalty is modified by replacing it with one turn to include one tack and one gybe. This modifies RRS 44.2.

9. TIME LIMIT

9.1 The time limit for the first boat to finish will be 1630.

9.2 Boats failing to finish within 60 minutes of the first-to-finish boat in any class will be scored **DNF**.