



SOUTHWESTERN YACHT CLUB PRESENTS

The Cabrillo Series

San Diego, CA

CABRILLO II

Sugarloaf Rock

Saturday, January 24, 2026



SAILING INSTRUCTIONS

1 RULES

- 1.1 The event is governed by the rules as defined in [The Racing Rules of Sailing](#).
- 1.2 Local Advisory: All competitors are asked to observe [USCG Navigational Rule 9](#), which in part reads "A vessel shall not cross a narrow channel or fairway if such crossing impedes the passage of a vessel which can safely navigate only within such channel or fairway." The Race Committee (RC) may protest a boat infringing this instruction. A penalty for a breach of this rule shall be DNE.
- 1.3 [DP] NAVAL and CRUISE SHIP PROTECTION ZONE: A naval protection zone exists in a radius of 500 yards ([CFR 165.2015](#)) around U.S. naval vessels greater than 100 feet in length, except when the large naval vessel is moored or anchored within a restricted area. All vessels within a naval vessel protection zone shall operate at the minimum speed necessary to maintain a safe course and shall proceed as directed by an official patrol, and when within such zone, no vessel is allowed within 100 yards of a large U.S. naval vessel ([CFR 165.2030](#)). No vessel is allowed within 100 yards of a cruise ship ([CFR 165.1108](#)).
- 1.4 Entry into the NAS North Island Security Zones 100 yards around Pier Bravo and vessels moored to it ([CFR 165.1105](#)) is prohibited.
- 1.5 Per RRS 42.3(i), competitors may use an engine or other propulsion method to avoid situations in SI 1.2, 1.3 or 1.4, or to get clear after grounding or colliding with a vessel or object, provided they gain no significant advantage in the race.
- 1.6 Add new rule 41(e): (e) help to recover from the water and return on board a crew member, provided the return on board is at the approximate location of the recovery.
- 1.7 If the Race Committee boat is damaged because of a boat breaking a rule, that boat shall be responsible for the repairs.

2 CHANGES TO SAILING INSTRUCTIONS

- 2.1 Any change to the sailing instructions will be posted before **0900** on the day it will take effect.
- 2.2 In accordance with RRS 90.2 (c), oral changes to the Sailing Instructions may be made on the water, communicated to each boat before her warning signal. A change is in effect when the Race Committee (RC) signal boat displays Flag L over A with one sound signal. Please come within hail of the RC boat to receive the oral changes to the Sailing Instructions.

3 COMMUNICATIONS WITH COMPETITORS

- 3.1 Official notices and amendments will be available online through the [EVENT NOTICE BOARD](#) on this event's page on the [SWYC](#) website.
- 3.2 On the water, the RC will monitor and communicate with competitors on VHF radio channel 68.
- 3.3 **In the event of an on-the-water emergency, contact the US Coast Guard on VHF Channel 16 directly and immediately.**

4 CODE OF CONDUCT

- 4.1 [DP] Competitors and support persons shall comply with reasonable requests from race officials.

5 SCHEDULE OF RACES

5.1 Cabrillo II:

Short Course: One race around Sugarloaf Rock on Saturday, January 24, 2026.

Long Course: One race around all the Coronado Islands and Sugarloaf Rock on Sat., January 24, 2026.

5.2 The scheduled time of the warning signal for the first class is **1055**.

6 CLASS STARTING ORDER

6.1 Classes will start in reverse order, with slower classes starting first and the faster boats starting last.

6.2 The RC may cancel or combine starts. It is the responsibility of a boat to start at her signaled start time. You may expect a gap of at least one minute between starting sequences.

6.3 Starting order and assignments are posted as SI Amendment #1 on the [Event Website](#).

7 ENTRIES & CHECK-IN:

7.1 [DP] Boats complete their entry by checking in with the RC boat prior to the first warning signal. Boats checking in shall pass the RC boat to starboard and hail with sail number, class, and the *number of souls on board*. Check-in will be complete when the RC boat responds with that information. There will be no radio check-in.

7.2 Check-In will commence when the "L" flag is hoisted.

7.3 Check-in may continue after the first warning at the sole discretion of the R/C (but not within one minute of any start).

7.4 [DP] All boats shall have clearly visible sail numbers of a contrasting color to the body of the sail. Missing, improper, inconsistent, unclear, illegible, or numbers other than those used for check-in, are not permitted, and may result in being scored DNF. RRS 60.2, 63.1, and A5 are modified to add that the RC may disqualify a boat infringing this instruction without a hearing.

8 RACING AREA

8.1 The starting area will be in San Diego Bay in the vicinity of SD Channel Buoy 17.

8.2 The racing area covers the ocean between San Diego Bay and the Coronado Islands, and the ocean between San Diego Bay and El Descanso Bay in Mexico. For navigation, refer to NGA Chart 18766: *San Diego to Islas De Todos Santos* and [NOAA Chart #18765, Approaches to San Diego Bay](#).

8.3 The finish area will be in the vicinity of the entrance to San Diego Bay at SD Channel Buoy 5.

9 COURSE

9.1 *Cabrillo II*: There are two different courses. See your class's designated course below.

Short Course: *ORC 2, ORC 3, PHRF Cruising, and PHRF Multihulls*

Start near SD Channel Buoy 17. (See SI 10 The Start)

Leave Sugarloaf Rock to port.

Finish near SD Channel Buoy 5. (See SI 13 The Finish)

Approximately 60nm.

Long Course: *ORR Big Boats and ORC 1*

Start near SD Channel Buoy 17. (See SI 10 The Start)

Leave all three Coronado Islands (North, Middle and South) to port.

Leave Sugarloaf Rock to port.

Finish near SD Channel Buoy 5. (See SI 13 The Finish)

Approximately 65nm.

9.2 Sugarloaf Rock:

Location: El Descanso Bay, Rosarito Beach, Baja California, Mexico.

Latitude: 32° 13' 21.3" (32.2226°) North

Longitude: 116° 57' 48" (116.9633°) West

9.3 The illustration attached to these SIs is not a rule of the SIs and is offered only as supplementary material.

10 THE START

- 10.1 The starting line is between a staff with an orange flag on the RC vessel at one end and the course side of SD Channel Buoy 17 at the other end.
- 10.2 [DP] Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other classes. Otherwise, this may be seen as a breach of RRS 23.1.
- 10.3 It is the intention of the RC that classes start **6 to 10 minutes apart**, or more, dependent upon the prevailing conditions.

11 RECALLS

- 11.1 If any part of a boat's hull is on the course side of the starting line at her starting signal and she is identified, the RC will hail her sail number as soon as possible over a loud hailer and/or on VHF 68. It is the responsibility of each boat to start properly.
- 11.2 Failure to hail her number, failure of her to hear such a hail, or the order in which boats are hailed will not be grounds for a request for redress. This changes RRS 61.4(b)(1).
- 11.3 A RC assist vessel may be stationed near the Pin Buoy end of the starting line and is also authorized to identify and hail premature starters.
- 11.4 Your attention is directed to NoR 1.3 regarding the use of a World Sailing Test Rule and its effect on OCS boats.

12 WITHDRAWAL

- 12.1 [DP] A boat that retires from a race shall email the Scorer, Shelly Raming, at shelly.raming@gmail.com, as soon as reasonably possible. Failure to do this may result in entry rejection for other SWYC races. This is a safety requirement, so we do not want to wake up your emergency contacts or send the US Coast Guard out to look for you!

13 THE FINISH

- 13.1 The finish line will be between SD Channel Buoys #5 & #6.
- 13.2 [DP] There will be no RC Boat on station at the finish. The skipper shall take the time when the boat crosses the above-described finish line (GPS Time) and send an e-mail report to Shelly.Raming@gmail.com. Skippers will keep photographic evidence or screen shots of position and time at finish and provide to the race committee if requested.
- 13.3 Report in your email: *Please ensure your boat name is in the subject line of the email!*
Sail #: _____, **Boat Name:** _____, **Class:** _____,
Finish Time (GPS): hr: _____ min: _____ sec: _____,
Your name and telephone number _____,
The sail number and the time ahead of and behind the nearest finishing boat(s) _____.
- 13.4 Finishing information must be reported within 90 minutes of a boat's finish. Failure to comply with this SI may result in a score of DNF. This modifies Appendix A5.

14 PENALTY SYSTEM

- 14.1 The penalty for OCS is described in NoR 1.3.
- 14.2 For all other penalties, RRS 44.1 will apply without modification.

15 TIME LIMIT

- 15.1 There is no time limit for Cabrillo II.

16 HEARING REQUESTS

- 16.1 Protesting boats shall file their written protest by emailing the Protest Chair, Colleen Cooke, at sailorcookie2@gmail.com no later than 1100 hours on Sunday, January 25.
- 16.4 Notice of protests and boats involved and the schedule of hearings, will be posted on the [Event Website](#) by 1700 hours the Monday following the race. The protest committee will attempt to notify competitors by text

message and/or email. Failure to post the notices on the regatta website or send the text message or email notification shall not be grounds for redress or reopening. This changes rule 61.4(b)(1).

16.5 Protests will be heard as soon as practicable, which will be at a later date and possibly involve Zoom.

17 SCORING

17.1 This race will be scored as provided in the Notice of Race.

18 SAFETY REGULATIONS

18.1 Notwithstanding any safety requirements, the ultimate safety of a boat and her crew is the sole and inescapable responsibility of the owner or charterer. He/she must do his/her best to ensure that the boat is fully sound, thoroughly seaworthy and manned by an experienced crew who are physically fit to face bad weather. He/she must be satisfied as to the soundness of hull, spars, rigging, sails, and all gear. He/she must ensure that all safety equipment is properly maintained and stowed, and that crewmembers know where it is stowed and how it is used.

19 RESULTS AND PRIZES

19.1 Race results will be published on the [Event Website](#).

19.2 Trophies for each class will be awarded at [SWYC](#) after Cabrillo IV on March 21, 2026.

19.3 The SWYC membership invites all racers to enjoy the hospitality of the SWYC clubhouse.

20 DISCLAIMER OF LIABILITY

20.1 Sailing is an activity that has an inherent risk of damage and injury. Competitors in this event participate entirely at their own risk. See RRS 3, Decision to Race. The race organizers (SWYC, race committee, protest committee, host club, sponsors, or any other organization or official) will not be responsible for damage to any boat or other property or the injury to any competitor, including death, sustained as a result of participation in this event. As a condition of their participation in this regatta, competitors release all claims they may have against SWYC and its officers, directors, members, committees, and employees for damage to property, personal injury or death sustained in conjunction with or prior to, during or after the regatta. Competitors shall be responsible for damage or injury caused by their breach of The Racing Rules of Sailing or applicable governmental rules for the avoidance of collision.

21 FURTHER INFORMATION

21.1 SWYC RC Chair: Ian Trotter ian@chulavistaphoto.com

Coronado Islands and Sugarloaf Rock

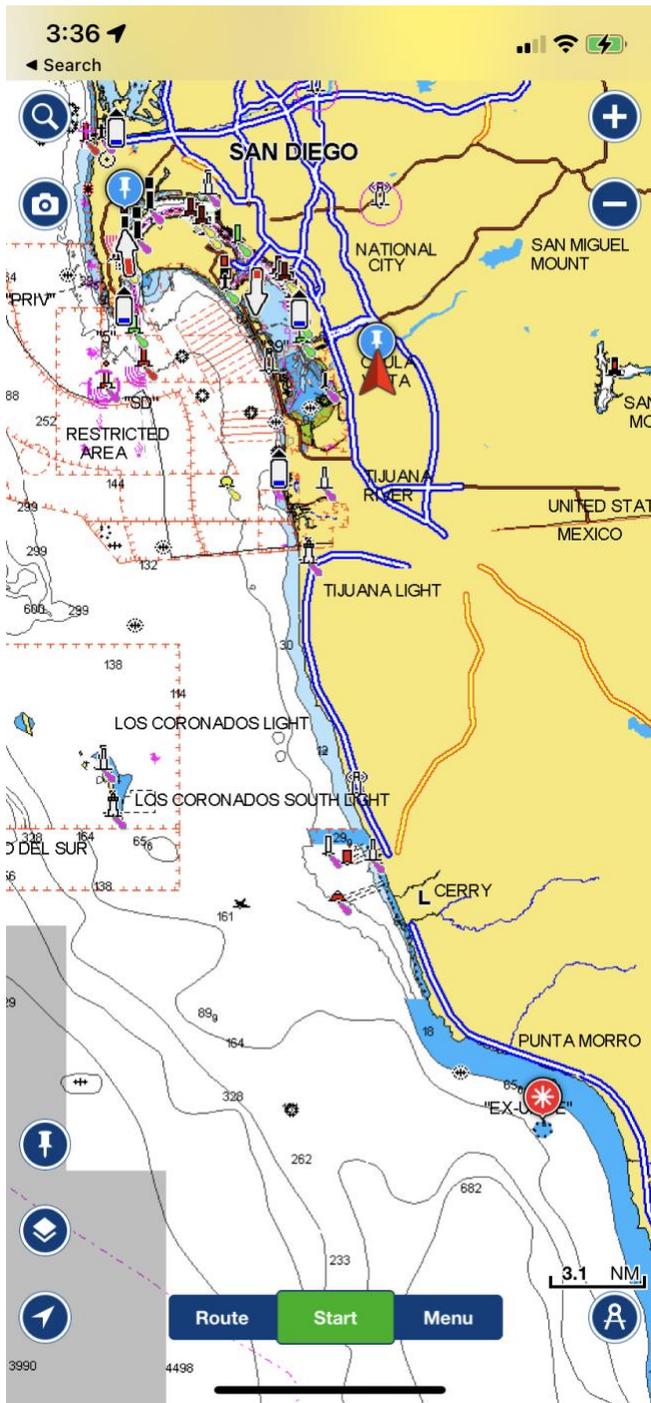


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