



# 2026 Sunfish Gulf Coast Regional Championship

April 11&12, 2026

**Organizing Authority: Grand Lagoon YC**

10653 Gulf Beach Hwy  
Pensacola, Florida 32507

## SAILING INSTRUCTIONS

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The notation [NP] in a rule of the sailing instructions (SIs) means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1(a).

### 1. RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 The first sentence of RRS 40.1 is deleted and replaced by: "Each competitor shall wear a USCG approved personal floatation device (PFD), or a personal floatation device that conforms to regulations of their own country, properly secured at all times while on the water except when temporarily adding or removing clothing." This changes RRS 40.1

### 2. CHANGES TO SAILING INSTRUCTIONS

- 2.1 Any changes to the Sailing Instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.
- 2.2 Sailing Instructions may be changed verbally on the water using loud hailer and will be preceded by Lima flag.

### 3. COMMUNICATIONS WITH COMPETITORS

- 3.1 Notices to competitors will be posted on the official notice board located below the GLYC clubhouse and on Regatta Network message board.
- 3.2 The race office is located below the GLYC Clubhouse.
- 3.3 Signals made ashore will be displayed on the club's flagpole on the Southeast corner of the deck of the Clubhouse.
- 3.4 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in race signal AP.
- 3.5 On the water, the RC intends to communicate with competitors via message board



located on the stern of the Committee Boat.

**3.6** On the water, the RC intends to communicate with mark set and safety boats on Channel 71, VHF-FM.

#### **4.CODE OF CONDUCT**

**4.1** [DP] Competitors and support persons shall comply with reasonable requests from race officials.

#### **5.SCHEDULE OF RACES**

**5.1** Continental Breakfast (Coffee/Fruit/Donuts) will be included w/Registration Saturday and Sunday mornings at GLYC Clubhouse from 8 Am to 9:30 AM.

<b>Date</b>	<b>Start</b>
4/11 - Saturday	Competitors Meeting 9:30AM
4/11 - Saturday	First warning 11:00AM
4/12 - Sunday	Competitors Meeting 9:00 AM
4/12 – Sunday	First Warning 10:30 AM

**5.2** A total of nine races are scheduled for the regatta.

**5.3** No warning signal will be made after 1500 either day unless as a result of a General Recall. Only a recalled race may be sailed after 1500.

#### **6. CLASS**

**6.1** Recognized class will be **Sunfish only**. Class Flag for starting will be the Sunfish flag.

#### **7. RACING AREA**

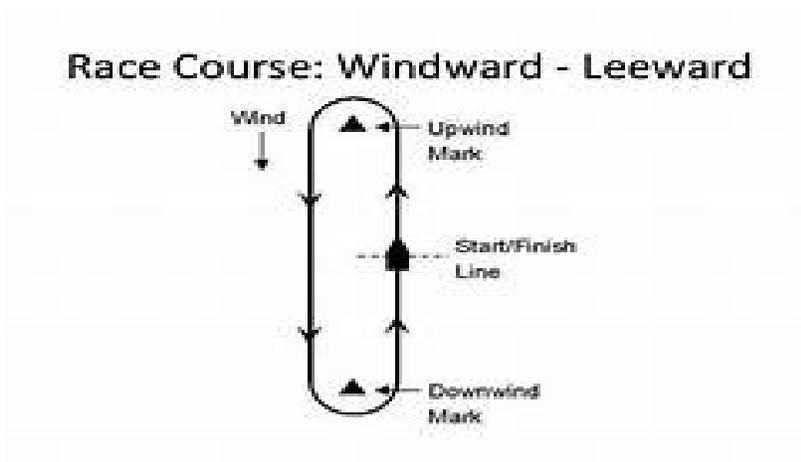
**7.1** The racing area will be in Grand Lagoon to the south of the clubhouse.

**7.2** GLYC racing area enjoys very flat water and a sea breeze (S-SW) from the Gulf on most days. The RC will ensure the course is well clear of the Intercoastal Waterway.



## 8. THE COURSES

8.1 Courses will be portable marks, windward-leeward, with an offset mark, with or without a leeward gate. The courses will be clearly displayed on a message board on the committee boat, and/or by verbally hailing to each competitor. All Race Committee Communication will be on VHF Channel 71.



8.2 Onboard message board will show type (W=windward-leeward), number of legs (1,2, 3, etc). All marks are to be rounded to port.



## **9. MARKS**

**9.1** Portable marks will be tetrahedrons.

**9.2** The starting will be an orange flag on the committee boat and a green inflatable. The finishing mark will be a blue flag and a green inflatable.

## **10. THE START**

**10.1** Races will be started by using RRS 26.

**10.2** The starting line will be between a staff displaying an orange flag on the committee boat at the starboard end and the green inflatable starting mark.

**10.3** If any part of a boat's hull is on the course side of the starting line at her starting signal and she is identified, the race committee will attempt to hail her sail number. Failure to hail her number, failure of her to hear such a hail, or the order in which boats are hailed will not be grounds for a request for a redress. This changes RRS 62.1(a).

**10.4** A boat starting later than five (5) minutes after her starting signal will be scored DNS. This changes RRS A5.1 and A5.2.

## **11. THE FINISH**

**11.1** The finish line will be between a staff displaying a blue flag on the committee boat and the green inflatable finishing mark.

## **12. TIME LIMITS**

**12.1** Time limits are as follows: Race Target Time limit (60) minutes; First mark time limit (30) minutes. If no boat has passed the first mark within the first mark time limit the race will be abandoned.

**12.2** The finishing window is the time for boats to finish after the first boat sails the course and finishes. Boats failing to finish within ten (10) minutes after the first boat sails the course and finishes, and not subsequently retiring, penalized or given redress, will be scored Time Limit Expired (TLE) without a hearing. A boat scored TLE shall be scored one (1) point more than the points scored by the last boat finished within the Finishing Window. This changes RRS 35 and A5.1, A5.2, and A10.

**12.3** Failure to meet the Target Time will not be grounds for redress. This changes RRS 62.1(a).

## **12. PROTESTS AND REQUESTS FOR REDRESS**

**12.1** Protest hearings will be held at GLYC's clubhouse at the convenience of the protest committee and regatta Judges with a one hour time limit after the last boat in the race finishes.

## **13. SCORING**

**13.1** The Low Point scoring system of RRS Appendix A will apply as changed in the NOR.

**13.2** Three (3) races are required to constitute a series. A maximum of 9 races will be sailed for the regatta.

**13.3** When fewer than 6 races have been completed, a boat's series score will be the total of her



race scores. When 6 to 9 races have been completed, a boat's series score will be the total of her race scores excluding her worst race.

13.4 No race shall be declared official unless three or more entrants come to the starting line.

#### **14. SAFETY REGULATIONS**

**14.1 Competitors are required to wear a suitable personal floatation device (PFD), properly secured at all times while on the water except when temporarily adding or removing clothing.**

**14.2** A boat that retires from a race shall notify the Race Committee or a safety vessel at the first reasonable opportunity.

#### **15. TRASH DISPOSAL**

**15.1** Trash may be placed aboard the Race Committee or any safety vessel.

#### **16. RISK STATEMENT**

**16.1 RRS 3 States: "The responsibility for a boat's decision to participate in a race or to continue to race is hers alone". By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.**