

St John Yacht Club
Old Trophies Sailing Instructions
January 11. 2026

Rules:

This regatta shall be run under the jurisdiction of the Race Committee of the St John Yacht Club and shall be conducted as follows:

The ISAF 2025 Racing Rules of Sailing shall apply Except as modified by these sailing instructions.

Spinnaker and non spinnaker classes will be scored using PHRF time on

time Multi hull class will be scored using Portsmouth rating

Entry Fees:

There shall be an entry fee of \$50 payable on line only, prior to the race.

Classes:

Classes will be divided and placed in the following divisions:

Non Spinnaker Racing

Spinnaker Racing

Multi hull

Boats in Non Spinnaker may set more than one sail forward of the mast. Light racing sails and spinnakers are NOT allowed. All sails must be usable when sailing to windward.

Leeward mark will be an inflatable mark set to windward of the starting area.

Course 1:

Start off Two Brothers Rocks between committee boat and inflatable mark set to port. Round Henley Cay to port. Round leeward mark to port. Round Rata Rocks to port. Finish between committee boat and inflatable mark set to starboard.

Course 2:

Start off Two Brothers Rocks between committee boat and inflatable mark set to port. Round Rata Rocks to port. Round leeward mark to port. Round Rata Rocks to port. Finish between committee boat and inflatable mark set to starboard.

Course 3:

Start off Two Brothers Rocks between committee boat and inflatable mark set to port. Round Rata Rocks to port. Finish between committee boat and inflatable mark set to starboard.

The race committee may choose to shorten the course at any mark by displaying code flag "F" at the chosen mark from an official boat. Instructions will be given verbally from the official boat and on VHF channel

06. The race committee may also choose to shorten the course using rule 32.2

First race start times are as posted below. Subsequent races will be announced on VHF 06 and posted on the committee boat. Starts are governed by the class and signal for each class.

Approximate start times are:

Non Spinnaker (white flag)	10:00AM
Spinnaker (green flag)	10:05AM
Multi hull (pink flag)	10:10AM

Starting procedures (rule 26):

Minutes before starting signal	Visual signal	Sound signal	Means
5	Class flag	One	Warning signal
4	P flag	One	Preparatory signal
1	P flag removed	One long	One minute signal
0	Class flag removed	One	Starting signal

The warning signal for each succeeding class shall be made with or after the starting signal of the preceding class.

Round the end rule (30.1) is in effect for all starts even in the absence of the "I flag"

Recalls:

Individual recall will be in accordance with rule 29.1 with one signal and display of code flag "X". It shall be the responsibility of each entrant to start correctly.

General recall will be in accordance with rule 29.2 with two signals and display of code flag "first substitute". The warning signal for the recalled class shall be made one minute after the first substitute is removed (one sound). The starts for any succeeding classes shall follow the new start.

Alternative penalties:

Prior to the start one turn penalty shall apply

After the start rule 44.1 and 44.2 shall apply (two turn penalty)

Competitors attention is directed to rule 31 "touching a mark"

Protests:

Protests shall be in writing in accordance with rule 60 and 61 and must be handed to the race committee no later than 1 hour after the protesting yacht has finished. A boat intending to protest shall inform the other boat at the first reasonable opportunity (rule 61)

Radio contact with the race committee should be made on VHF channel 06