

LMYRA Spring Series

Lake Murray Yacht Racing Association
February 21 – May 23, 2026

Sailing Instructions – V1.1

1 Rules

- 1.1. The series is governed by the rules as defined in the Racing Rules of Sailing 2025-2028 (RRS), the Notice of Race (NOR), the LMYRA PHRF Handbook, and these Sailing Instructions (SIs).

2 Changes to Sailing Instructions

- 2.1. Any change in the SIs will be posted online on the Official Notice Board <https://www.regattanetwork.com/event/30687> not less than 48 hours before it takes effect. A courtesy email will be sent to all registered competitors to notify them that a change has been made.
- 2.2. In accordance with RRS 90.2(c), Race Committee may make oral changes on the water by displaying Race Signal L and verbally notifying the change to each boat that comes within hail. Failure of a competitor to receive or understand the change will not be grounds for redress.

3 Communications with Competitors

- 3.1. On the water, the RC intends to monitor and communicate with competitors on VHF radio channel 66. Courtesy communications that may supplement official signals include course designations, order of starts, starting time notifications or countdowns, postponements, abandonments, Individual Recalls, General Recalls, course changes, or changes to the SIs. Failure of a competitor to receive a courtesy communication will not be grounds for redress.
- 3.2. If code flag "L" has been hoisted with one sound, Race Committee intends to communicate audibly with competitors.

4 Schedule of Races

- 4.1. The Warning Signal for the first race each day is 11:00. Race dates are:

21 Feb	Race #1, Island
07 Mar	Race #2, #3, Buoy
21 Mar	Race #4, Island
11 Apr	Race #5, Island
25 Apr	Race #6, #7 Buoy
09 May	Race #8, Island
23 May	Race #9, Island

- 4.2. No Warning Signal will be made after 14:00.

5 Check In

5.1. Before the first race each day, each boat shall pass the stern of the Signal Vessel on starboard tack and check in by hailing their sail number, until acknowledged.

6 Class Flags

Class	Flag	Image
Non-spinnaker A	numeral pennant "1"	
Non-spinnaker B	numeral pennant "2"	
Non-spinnaker C	numeral pennant "3"	
Spinnaker	numeral pennant "4"	

7 Racing area

7.1. Island Races will start approximately 0.6 miles west of Goat Island.
7.2. Buoy Races will start approximately 0.5 miles south of Pine Island.

8 Courses and Marks

Courses will be marked by islands or buoys according to the following definitions and as illustrated in the map of Addendum A. Prior to the Warning Signal for each class, the course to be sailed by that class will be displayed on the stern of the Signal Vessel by a string of symbols that represent the order in which marks shall be rounded. The course may be different for each class. All marks shall be rounded to port unless otherwise indicated.

A = Orange tetrahedron buoy southwest of the large tower near the dam
B = Orange tetrahedron buoy approximately midway between Lands End and the dam
C = Counts Island (aka Wessinger Island) including all shoal markers
D = Doolittle Island (aka Lunch, Bomb, Bird) including all shoal markers
E = Orange tetrahedron buoy south of Ebert Island (no racing around the island)
F = The finishing line (orange flag on RC vessel & a yellow buoy), crossing in the direction from the last mark
G = Gate: Sail through the start/finish line on the way to the next mark of the course
J = Jim Spence Islands, including all three islands and all shoal markers
K = Orange tetrahedron buoy west of Rocky Key
L = Orange tetrahedron buoy leeward of finishing line or leeward of the previous mark

M = Midway Islands, including both islands and all shoal markers

R = Orange tetrahedron buoy used as a reaching mark

S = Orange tetrahedron buoy north of Spence Key

W = Orange tetrahedron buoy directly upwind from the starting line

- 8.1. On Island Race days, Race Committee will target a sailing time of 2 to 2.5 hours and a course that includes at least one island as a rounding mark.
- 8.2. On Buoy Race days, Race Committee will target a sailing time of 50-60 minutes for each race, on a course configured as either windward/leeward or modified Olympic, with 1 or 2 laps.

9 Course Restrictions

- 9.1. Boats shall not pass through the start/finish line except when starting or finishing, unless mark "G" has been designated as a mark of the course.
- 9.2. The line connecting Goat Island with the mainland, as shown on the course map, is an obstruction that shall not be crossed.

10 The Start

- 10.1. The RC may issue a gathering signal (multiple sounds) approximately one minute before the Warning Signal.
- 10.2. The order of starts will be determined for each race by the RC.
- 10.3. Races will be started in accordance with RRS 26.
- 10.4. The starting line is between the staff of an orange flag on the Signal Vessel at the starboard end, and the peak of a yellow tetrahedron at the port end.
- 10.5. Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other classes.
- 10.6. If any part of a boat's hull is on the course side of the starting line at her starting signal and she is identified, the RC will make the appropriate signals and may hail her sail number. Failure of RC to hail her number, failure of her to hear such a hail, or the order in which boats are hailed will not be grounds for granting redress. This changes RRS 61.4(b)(1).
- 10.7. A boat that checked in but does not start within ten minutes (10 min) after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.

11 Changing the next leg of the course

- 11.1. To change the next leg of a course when the leg is defined by a movable mark, the race committee will set a new mark (or move the finishing line) and remove the original mark as soon as practical, and signal the change at the prior rounding mark in accordance with RRS 33.
- 11.2. To change the next leg of a course when the leg is defined by an island, the race committee will signal the change at the prior rounding mark by displaying the symbol of the replacement mark and all subsequent marks. If the replacement

mark is a buoy, the distance and direction to the buoy will also be signaled in accordance with RRS 33.

- 11.3. A course may be shortened to a rounding mark (an island or buoy) or to any point on the rhumb line to the next mark.
- 11.4. If the race is shortened to a point on the rhumb line, the course change will be signaled at the prior rounding mark by signal flag C and a “-“ to indicate a shortened leg, and/or by voice communication over VHF channel 66.

12 The Finish

- 12.1. The finish line is between the staff of an orange flag on the race committee vessel and the peak of the nearby yellow tetrahedron buoy.
- 12.2. If the course has been shortened, the finish marks will be the staff of signal flag S on an RC vessel, and either a nearby mark of the course or a yellow tetrahedron.
- 12.3. If a course is shortened to a rounding mark that is an island, the finish line will be between signal flag S on the RC vessel and either a nearby inflatable tetrahedron buoy (yellow or orange) or a sighting mark at the closest point on the island.

13 Penalty Systems - The One Turn and Two Turns penalty system of RRS 44 applies.

14 Time Limits

14.1.

Race Type	Race Time Limit	Finishing Window
Buoy	90 minutes	30 minutes
Island	210 minutes	60 minutes

- 14.2. If the first boat of a class has not sailed the course and finished by the Race Time Limit, the race for that class shall be abandoned.
- 14.3. The Finishing Window is the time for boats of a class to finish after the first boat of that class sails the course and finishes.
- 14.4. Boats failing to finish within the Finishing Window, and not subsequently retiring, penalized or given redress, will be scored Time Limit Expired (TLE) without a hearing. A boat scored TLE shall be scored points for the finishing place one more than the points scored by the last boat that finished within the Finishing Window. This changes RRS 35, A5.1, A5.2, and A10.

15 Protests and Hearing Requests

- 15.1. If possible, immediately after finishing, verbally report to the Race Committee your intent to file a protest, giving your sail number and the sail number(s) of boat(s) you are protesting. Failure to notify RC will not invalidate your protest.
- 15.2. The time limit to file a written protest by email to the Protest Committee Chair is 23:59 on the Monday following the race.
- 15.3. Hearing request forms are available on the Official Notice Board.

15.4. Following receipt of a Hearing Request, the protest committee will send notices by email no later than 23:59 on Wednesday to inform competitors of hearings in which they are parties.

16 Scoring

16.1. The number of worst scores that are excluded when computing the series total score is defined in the following table.

Races Sailed	Number of excluded worst scores	Races Counted
1	0	1
2	0	2
3	0	3
4	1	3
5	1	4
6	1	5
7	2	5
8	2	6
9	2	7

17 Sportsmanship

17.1. LMYRA competitors are expected to uphold the highest standards of the Corinthian spirit and fair play.

18 Equipment

18.1. No more than one headsail may be used at a time, except for boats rated as cutter rigs. Staysails in the foretriangle are considered headsails. Spinnakers are not headsails.

18.2. When in use, whisker poles shall be affixed to, or otherwise in contact with, the mast.

19 Safety

19.1. The safety of a boat is the sole and inescapable responsibility of the skipper who must decide whether to start or continue racing.

19.2. A boat that retires from a race shall notify the race committee at the first reasonable opportunity. If possible, immediately notify race committee using VHF Ch 66.

20 Revision Record

Ver 1.0	Feb 07, 2026	Original Issue
Ver 1.1	Feb 18, 2026	Changed 6 Class Flags to include new non-spin C

Addendum A: Chart of course marks

