



SAILFEST

Sarasota Youth Sailing
March 28-29, 2026



C420/ILCA 4 & 6 FLEET SAILING INSTRUCTIONS

VHF Ch 71

1 RULES

- 1.1 The regatta will be governed by the rules as defined in The Racing Rules of Sailing
- 1.2 SI breaches for which a discretionary penalty may be applied by the protest committee are designated by “[DP]” Discretionary Penalty.

2 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board located at the Squadron Pavilion.

3 CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 1800 on the day before it will take effect.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed ashore from the Squadron flagpole.
- 4.2 When flag AP is displayed ashore, ‘1 minute’ is replaced with ‘not less than 60 minutes’ in the race signal AP.

5 SCHEDULE OF RACES

- 5.1 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least 1 minute before a warning signal is made.
- 5.2 As many races as possible are scheduled. One race will constitute a regatta.
- 5.3 Flag A displayed with no sound while boats are finishing means no more racing today.
- 5.4 Races are scheduled as follows: No warning will be made after 1400 on the last day.

Friday March 27th	1600 – 1800	Registration
Saturday March 28th	0800-0900	Registration
	930	Skippers Meeting
	1030	First Warning
Sunday March 29th	0930	First Warning

6 CLASS FLAG

Class flag is as follows:
Class ILCA 6- Class Flag

Class ILCA 4- Class flag
Class C420- Class Flag Blue Logo on White Background

7 THE COURSES

- 7.1 The course diagrams are on the pages following SI 16. They show the courses, the order in which marks are to be passed, and the side on which each mark is to be left.
- 7.2 No later than the warning signal, the race committee signal vessel will display the course designation.
- 7.3 In the event one of the gate marks is missing, boats must round the remaining gate mark to port.

8 MARKS

- 8.1 Original rounding marks will be orange inflatable tetrahedrons. New marks as provided in SI 10 will be green inflatable tetrahedrons.
- 8.2 Offset and Finish Marks will be a small ball type mark.

9 THE START

- 9.1 Races will be started by using RRS 26 with the warning signal made 5 minutes before the starting signal.
- 9.2 The starting line will be between a staff displaying an orange flag on the race committee vessel on one end of the starting line and the staff displaying an orange flag on an anchored race committee vessel on the opposite end of the starting line.
- 9.3 Race Committee will not hail the sail numbers of the boats OCS or subject to starting penalties.
- 9.4 A boat that does not start within 4 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1

10 CHANGE OF THE NEXT LEG OF THE COURSE

To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark. A 10-degree allowable mark adjustment may be made during a race without any change signal or mark change. There may be no offset mark set when there is a change mark set.

11 THE FINISH

The finishing line will be between a staff displaying a blue flag on the race committee vessel and the course side of the finishing mark.

12 TIME LIMITS

- 12.1 The following time limits will apply:
- 12.2 Time limits apply to all boats as a single fleet.

Race Time Limit Is 60 minutes	Time limit for the first boat to sail the course and finish.
Finishing Window is 20 minutes	Time limit for boats to finish after the first boat sails the course and finishes.

- 12.3 Any boat that starts and does not finish within the Finish Window from when the first boat "in her fleet" will be scored TLE and given points equal to two more than the last boat to finish within the Finish Window. This changes RRS 35,63.1 and A5.

13 PROTESTS AND REQUESTS FOR REDRESS

- 13.1 Protest forms are available at the race office. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 13.2 The protest time limit is 30 minutes after the Committee boat has hit the dock, The time of docking will be posted on the notice board.
- 13.3 Notices will be posted no later than 10 minutes after the protest time limit to inform

competitors of hearings in which they are parties or named as witnesses and where the hearings will be held. Hearings may be a mix of in-person and videoconference.

- 13.4 Notices of protests by the race committee, technical committee or protest committee will be posted to inform boats under RRS 61.1(b).
- 13.5 On the last scheduled day of racing a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 62.2.

14 SAFETY REGULATIONS

- 14.1 Check-In with the Signal Boat before the initial warning signal of the first race of each day no later than 10 minutes before the first warning of the day. Failure to check in may result in a penalty. [DP]
- 14.2 A boat retiring from the race shall notify a Race Committee vessel before leaving the course, or, when that is not possible, notify the Race Office immediately upon arriving ashore. [DP]
- 14.3 [DP] All competitors shall always wear personal floatation devices while afloat, except briefly while changing or adjusting clothing and personal equipment. Flag Y will not be displayed.

15 SUPPORT BOATS

- 15.1 Support vessels shall monitor VHF Channel # 71
- 15.2 All support boats Shall be equipped with an emergency cutoff switch, the operator MUST always wear the associated lanyard when in the vicinity of competitors, the sailing area, and the Squadron. [DP].
- 15.3 Team leaders, coaches, and other support persons shall stay outside areas where boats are racing from the time of the preparatory signal for the first class to start until all boats have finished or retired or the race committee signals postponement or abandonment. [DP]
- 15.4 All coach boats and other support boats shall come to the aid of any competitor in distress or requesting assistance. [DP]
- 15.5 All support boats shall comply with US Coast Guard regulations. [DP]

16 PRIZES

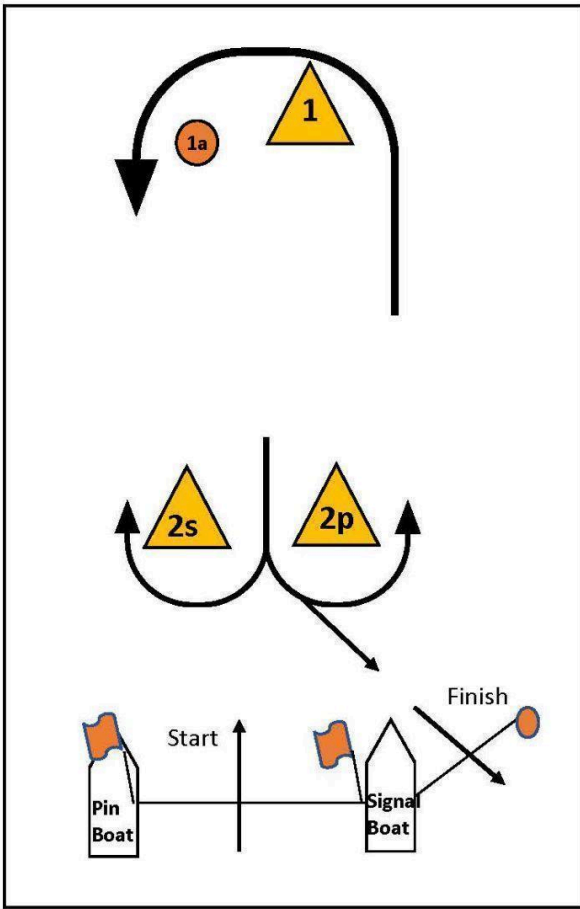
Prizes will be given as stated in the NOR.

RACING AREA



COURSE DIAGRAM

Windward-Leeward, Reaching Finish



Course W – Windward/Leeward with Offset Mark, Reach Finish	
Signal	Mark Rounding Order
W1	Start – 1- 1a – 2P - Finish
W2	Start – 1- 1a – 2S/2P – 1 – 1a – 2P - Finish