

2026 MIAMI SAILING WEEK - YOUTH**March 21-22, 2026****SAILING INSTRUCTIONS (SI) (excluding windsurfers)****Posted March 16, 2026, Amended March 18, March 20 2026****1. RULES**

- 1.1** The event will be governed by the rules as defined in The Racing Rules of Sailing (RRS).
- 1.2** US Sailing Prescriptions will apply except the prescription to the preamble to Part 5, Section B and the prescription to Rule 63.1(b).
- 1.3** RRS Appendix V, Alternative Penalties, shall apply.
- 1.4** The notation [NP] in a rule means that a boat may not protest another boat for breaking that rule. The notation [SP] in a rule means that the penalty for breach of the rule shall be a penalty published by the organizing authority or race committee and may be applied by the race committee without a hearing.

2. NOTICES TO COMPETITORS and COMMUNICATION

- 2.1** The Official Notice Board is electronic, and can be accessed directly at https://www.regattanetwork.com/event/30713#_newsroom
- 2.2** No competitors shall carry electronic communications devices, including VHF radio or cell phones while on the water.
- 2.3** Coaches and Support vessels shall carry VHF radios and shall monitor the channels assigned to their fleet at all times while on the water.
- 2.4** Communication to coaches and support persons will be made via these VHF Channels:
 - 2.4.1** Optimist RWB : 69
 - 2.4.2** **Optimist Green fleet: 68**
 - 2.4.3** ILCA 4 and ILCA 6 and C420 fleets: 73

3. FORMAT

- 3.1** Optimist RWB Fleet will sail a qualifying series on Saturday and be assigned to either a Championship or Consolation series on Sunday. See NOR Addendum **B**.
- 3.2** **The Optimist Green Fleet will be divided in half for starting purposes. See NOR Addendum C.** A maximum of ten (10) races for the fleet are scheduled.
- 3.3** A maximum of five (5) races per day will be run for every other fleet. This changes NOR 6.2 and 6.4.
- 3.4** The ILCA 4 and ILCA 6 and C420 Fleets will sail with separate starts.

4. CHANGES TO THE SAILING INSTRUCTIONS (SI)

- 4.1 Any change to the SI will be posted on the official notice board by 0800 on the day that it will take effect, except that any change to the schedule of races will be posted by 1900 on the day before it will take effect.

5. SIGNALS MADE ASHORE AND LAUNCHING

- 5.1 Signals made ashore will be displayed from the flagpole located on the lawn of the Coconut Grove Sailing Club, and posted to the Official Notice Board.
- 5.2 When flag “AP” is displayed ashore, “1 minute” is replaced with “not less than 45 minutes” in Race Signal “AP”. This changes Race Signal “AP.”
- 5.3 **[NP]**. All boats shall be kept at Regatta Park or CGSC in the assigned area until the harbor launch times (see NOR 6.7 Full Schedule).

6. RACING AREA:

- 6.1 **Optimist RWB Fleet:** East and South of the Brennan Channel, SE of “Middle Ground”.
- 6.2 **Green Fleet:** Due south of Dinner Key Islands in the vicinity of Ransom Everglades.
- 6.3 **ILCA and C420 Fleets:** NE of the Optimist RWB course, east of the Brennan Channel.

7. THE COURSE AND CHANGES TO COURSE LEG(S)

- 7.1. SI Addenda 1, 2 and 3 illustrate the courses for each fleet, including the general configuration of the marks, the order in which marks are to be passed, and the side on which each mark is to be left.
- 7.2. If one of the gate marks, 3P ~~or 4P~~ for Optimist RWB or mark 2P for ILCA 4 or ILCA 6 or C420 is missing, boats shall round the remaining gate mark to port.
- 7.3. For a change of the next leg of the course, the race committee will lay a new mark of the same color (or move the finishing line) and remove the original mark as soon as practicable.
- 7.4. The race committee may make minor changes to the course without signaling a change of course per RRS 33. This modifies RRS 33.
- 7.5. For the Optimist RWB course, the angle from Mark 2 to Mark 3P/3S may be changed up to 15 degrees in either direction to compensate for wind / current differences on that side of the course, without signals or change marks, provided the change is made before any boats begin that leg. This is added to RRS 33.

8. MARKS

- 8.1. **Rounding marks:** Optimist RWB Fleet: Orange inflatable tetrahedrons.
- 8.2. **Rounding marks:** Optimist Green Fleet: **Orange inflatable tetrahedrons.**
- 8.3. **Rounding marks:** ILCA /C420 Fleets: Yellow inflatable tetrahedrons.
- 8.4. **Finish marks:** **Orange inflatable tetrahedron for Optimist Green Fleet.**
Green inflatable tetrahedrons for other fleets.

9. RESTRICTED AREAS

- 9.1** The **racing area** is the space encompassing the course, the starting area, and the finishing area. It extends 100 yards beyond any racing boat and all marks. Except as permitted by SI 19, only competing boats and official vessels (designated as such by the race committee) may enter the racing area while boats are racing.
- 9.2** The **waiting area** is the area to leeward of the racing area below the starting line, marked by a series of small balls or marks. Support Vessels are to anchor with their anchors at or behind the line formed by the row of small balls or marks, or, in the absence of small buoys, at a distance specified by the Principal Race Officer.
- 9.3** The **corridor** is the lane to starboard of the race committee finish vessel between the finish line and the waiting area, inside the race course. Boats are reminded when returning to the waiting area to not sail upwind of the starting line or across the starting line. Except as permitted by SI 23, only competing boats and official vessels (designated as such by the race committee) may enter the corridor while boats are racing.

10. THE START

10.1 Class Flags

- | | | |
|---------------|------------------------------|--|
| 10.1.1 | Optimist RWB fleet: | White flag with an Optimist class emblem |
| 10.1.2 | Optimist Green fleet: | Green flag with an Optimist class emblem |
| 10.1.3 | ILCA Fleets: | Class Flags for ILCA 4 and ILCA 6 fleets |
| 10.1.4 | C420 Fleet: | White flag with C420 class emblem |

10.2 Starting Line

10.2.1 Optimist Green starting line will be between a staff displaying an orange flag on a race committee signal vessel at the starboard end and a staff displaying an orange flag on a race committee vessel at the port end. **A midline buoy may be used as a reference mark only. The midline buoy, if used, shall not be considered a mark of the course and Rules 18 and 31 shall not apply to it. Competitors are warned that the midline buoy may be on the course side of the starting line and is not a grounds for redress.**

10.2.2 Optimist RWB starting line will be between a staff displaying an orange flag on a race committee signal vessel at the starboard end and a staff displaying an orange flag on a race committee vessel at the port end. A midline buoy may be used as a reference mark only. The midline buoy, if used, shall not be considered a mark of the course and Rules 18 and 31 shall not apply to it. Competitors are warned that the midline buoy may be on the course side of the starting line and is not a grounds for redress.

10.2.3 ILCA and C420 starting line will be between a staff displaying an orange flag on a race committee vessel on the starboard end and the course side of an orange inflatable tetrahedron on the port end or a race committee vessel displaying an orange flag on the port end.

- 10.3 The Orange line flag** will be raised with a sound no more than **5 minutes** prior to the warning of a race. For the RWB only, the Orange signal is made **5 minutes** prior to the warning for the first race of a set (see NOR A4). Multiple sounds may be made to call attention to an imminent warning signal.

- 10.4 [NP] A boat starting later than four (4) minutes after her starting signal will be scored Did Not Start (DNS), without a hearing. This change is added to RRS A5.
- 10.5 The race committee will not hail the sail numbers of boats that are OCS or subject to starting penalties under RRS 30. Unofficial 'race committee actions' may be broadcasted on the fleets' respective VHF channel as a courtesy to coaches and spectators after all boats have started and/or may be displayed on a notice board on the signal boat. The official list of race committee actions will be posted on the official notice board.
- 10.6 Prior to the warning for a subsequent race (except for the last race of the day), the sail numbers of boats subject to scoring penalties may be posted on a board near the stern of the RC Signal Boat. The Race Committee may make courtesy announcements with this information via VHF radio.

11. THE FINISH AND RETURN TO THE STARTING AREA

- 11.1 The **finish line** will be between a staff displaying a blue flag on a race committee finish vessel at the port end and the course side of a mark on the starboard end.
- 11.2 [NP] **Immediately after finishing**, all boats shall sail clear of the finishing area and promptly return to the waiting area as shown in SI Addendum 1.
- 11.3 **Flag "A" displayed** (with no sound) while boats are finishing means "no more racing today." **Flag "H" displayed** while boats are finishing means "await further instructions ashore".

12. TIME LIMITS

- 12.1 **Mark One Time Limit:** The time limit for the first boat to round Mark 1 is thirty (30) Minutes. If no boat has passed Mark 1 within the Mark 1 Time Limit, the race shall be abandoned.
- 12.2 **Race Time Limit:** The time limit for the first boat in a race to sail the course and finish is sixty (60) minutes.
- 12.3 **Finishing Window:** Boats failing to finish within fifteen (15) minutes after the first boat in a race sails the course and finishes will be scored TLE (Time Limit Expired) without a hearing with a score of the number of finishers in that race plus the half the number of boats that are subject to TLE plus 0.5. This changes A5.2 and adds TLE as a scoring abbreviation to A10.

13. ALTERNATIVE PENALTIES

Appendix V shall apply. A boat takes an alternative scoring penalty by completing the online Penalty Acknowledgement form [at the link Alternate Penalty Acknowledgement](https://forms.gle/kNqrqj6qpU2VTJvi6)
<https://forms.gle/kNqrqj6qpU2VTJvi6>

14. PROTESTS

- 14.1 A boat intending to protest another boat concerning an incident in the racing area that she is involved in or sees shall, at the first reasonable opportunity after she finishes and before contacting any support persons, inform the race committee at the finishing line of her intent to protest and, when applicable, the identity of the protestee.

- 14.2 Protest Time Limit** -- The protest time limit is 60 minutes after the race committee finishing vessel docks. The protest time limit (filing deadline) will be posted on the official notice board as soon as practical.
- 14.3** The protest notices required by RRS 63.1, and the notification of protests by the race committee or protest committee required by RRS 60.2(d), will be posted on the official notice board as soon as possible after a protest has been delivered, but not later than 15 minutes after the protest time limit. It is a boat's sole responsibility to check the Hearing Schedule at Regatta Network (https://www.regattanetwork.com/event/30713#_newsroom) or its email promptly after the end of the protest filing time to see if she is cited in a protest.

15. REDRESS REQUESTS AND SCORING INQUIRIES

- 15.1 Scoring Inquiries**, including potential redress requests relating to a scoring penalty, are considered Requests for Redress per RRS 61.4(b). They should be initiated by filling out the online forms at <https://docs.google.com/forms/d/e/1FAIpQLSc56x9WKwLpLRIQE5NOPGtKmntIVJQTe6-IWpISqVouz5qIQ/viewform>. Alternatively, a completed Scoring Inquiry form may be photographed and emailed to ScoringInquiry@cgsc.org. Questions about the status of scoring inquiries can be emailed to ScoringInquiry@cgsc.org. The RC will investigate, get back to you, and attempt to resolve the issue. If the scoring inquiry turns into a redress request, then the redress time limit will have been satisfied if the Scoring Inquiry form was submitted before the redress time limit expired.
- 15.2 Protests and Requests for Redress unrelated to a starting penalty should be initiated** by filling out the online Protest/Redress form at https://docs.google.com/forms/d/e/1FAIpQLSdzOkZE7vvK_ixfJzTr2txULYBp3CoQjtoEphz2aVXlvU5IQ/viewform. If a diagram is required, it should be photographed and emailed to Protest@cgsc.org. Alternatively, a completed Protest form may be photographed and emailed to Protest@cgsc.org. Questions about the status of protests and redress requests can be emailed to Protest@cgsc.org.
- 15.3** If the race committee posts a list of boats scored OCS, UFD or BFD on the official notice board before the time limit cited in SI 14.2, a request for redress based on such a posted score shall be made no later than 30 minutes after the posting or the protest time limit, whichever is later. This change is added to RRS 61.2a.
- 15.4 Requests for redress relating to an OCS or starting penalty** shall state the procedural error the competitor believes the race committee may have made. Further, the competitor will be expected to establish that he or she started properly. This change is added to RRS 61.2a. See World Sailing Case 136 for guidance.
- 15.5 On the last scheduled day of racing** a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This change is added as the last sentence to RRS 61.2a.

16. SCORING

- 16.1** One (1) completed race shall constitute the event.
- 16.2** Scoring based on number of races completed: This changes RRS A2.1.
 - 16.2.1** When fewer than six (6) races have been completed, a boat's series score will be the total of all of her race scores.
 - 16.2.2** When six (6) or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

17. SAFETY AND CHECK-OUT/CHECK-IN PROCEDURES [SP][NP]

- 17.1 Race-Course Check-in** - All boats must check in with the Race Committee prior to the Warning Signal of the first race each day by sailing past the stern of the Signal Boat on starboard tack and hailing her sail number until acknowledged by the Race Committee. Failure to comply with SI 17.1 will result in a three-place penalty in the first race that day without a hearing. This changes RRS 60.5(b).
- 17.2** A boat that retires from a race or does not intend to start a scheduled race shall promptly report this to the Race Committee via hailing and receive acknowledgement. If this is not possible, once back to shore, the skipper shall email sherman@dlawton.com and howler@cgsc.org.
- 17.3** Competitors shall wear their PFD at all times on the water, except for brief periods while adding or removing clothing. Competitors shall have a whistle attached to their PFD at all times while on the water. Rule 40 shall apply.
- 17.4** Each boat shall have a secure loop in the end of its painter.

18. SUPPORT PERSON REGULATIONS [NP]

- 18.1** Coaches are expected to be good role models for young sailors and conduct themselves accordingly ashore and on the water.
- 18.2** Parents (spectators) who are on the water either in support or coach vessels are considered coaches for the purpose of SI 18.
- 18.3** Those parents who serve on race committee vessels (including patrol and safety vessels) may not communicate in any way with their sailors or their coaches from the time the orange starting line flags are displayed until all sailors have finished that race (the "No Communication Period"). The only exception to this rule is when directed by the Principal Race Officer or they are involved with safety and rescue. During periods of time when communication with coaches and/or sailors is permissible, these parents shall not transfer any strategic or tactical information (including audio or video recordings) gained due to their advantageous location on the race course or their access to race committee communications, unless such information is made available to all sailors, coaches and other parents/supporters. Communications of a personal nature (e.g., 'great race', 'get something to drink', 'go see your coach', etc.) are always permissible outside the "No Communication Period".

18.3 General support (coach and spectator) vessel requirements:

18.3.1 Support vessels shall display a numbered flag provided by the organizing authority at all times while on the water. No 'team' flags, private signal flags, or any object that might be construed as a signal shall be flown from coach or support vessels while racing is underway.

18.3.2 Support vessels shall follow the instructions of the race committee, patrol, safety, protest committee, and other race management vessels at all times.

18.3.3 No support vessels shall tie up to or congregate around any aid to navigation, such as buoys or channel markers, or tie up to any fixed fishing gear or fishing floats.

18.4 Restrictions - support boats:

18.4.1 All support vessels shall stay out at least 100 yards outside the racing area while boats are racing, and move slowly with minimal wake, except where permitted in this instruction. Certain support vessels may be designated as rescue craft by the Principal Race Officer or Safety Officer and given permission to enter the racing area for the purposes of rescue operations only.

18.4.2 When the race committee hoists (or is displaying) its orange starting line flags, all support vessels in the starting area shall proceed immediately to the waiting area and shall remain there until the race committee lowers the orange starting line flags, except that, after first and subsequent start(s) of a race, coach and support vessels may exit the waiting area and proceed slowly with minimal wake to the weather mark, only on the starboard side of the course. The race committee may close the starboard side of the course to support vessels. RRS 41 and the Preamble to Part 4 is modified as stated above.

18.4.3 There shall be no anchoring inside the course or in the vicinity of the finish line.

18.4.4 There shall be no unapproved unmanned aerial vehicle (UAV) drone flight permitted above the racing area, waiting area, coach/spectator boat zones, start line or finish line.

18.5 Competitors affiliated with any coach, parent, or spectator vessel that breaks SI 18 may be protested and penalized under RRS 41, Outside Help, in which case the Preamble to Part 4 will not apply. This change is added to RRS 41.

18.6 Coaches, parents, or spectators that repeatedly and/or intentionally break SI 18 may be subject to disciplinary actions up to and including exclusion from the venue.

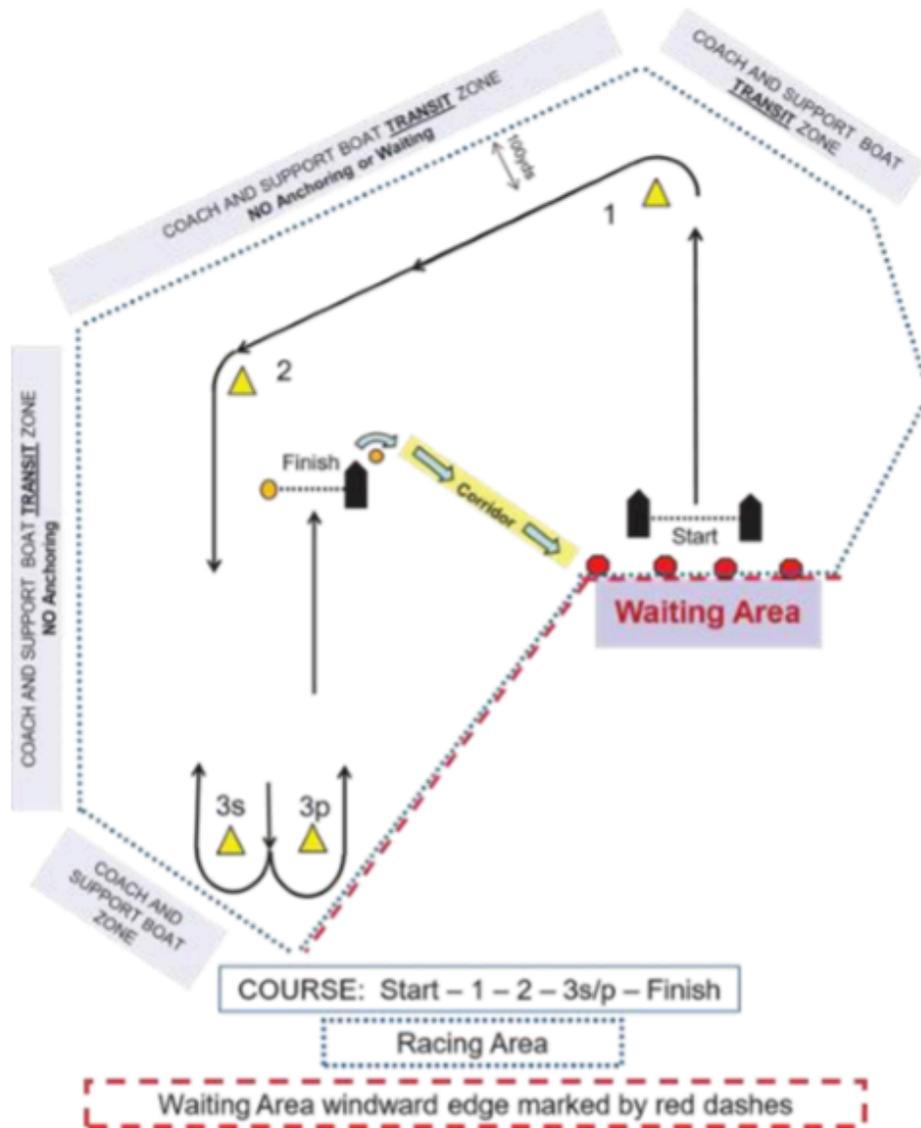
19 ENVIRONMENT [NP]

Competitors are expected to respect Basic Principle: Environmental Responsibility. Trash may be placed aboard race committee and support vessels. See rule 47

Event Chair	Rosa Lamela
PRO and CRO - Opti RWB	Russ Sobotta
CRO - Opti Green Fleet	Stacy Morris
CRO - ILCAs/C420	Rick Klein
Chief Judge	Richard Etkin
CGSC Regatta Chair	Steve Herman

SI ADDENDUM 1 - RACE COURSE & RESTRICTIONS

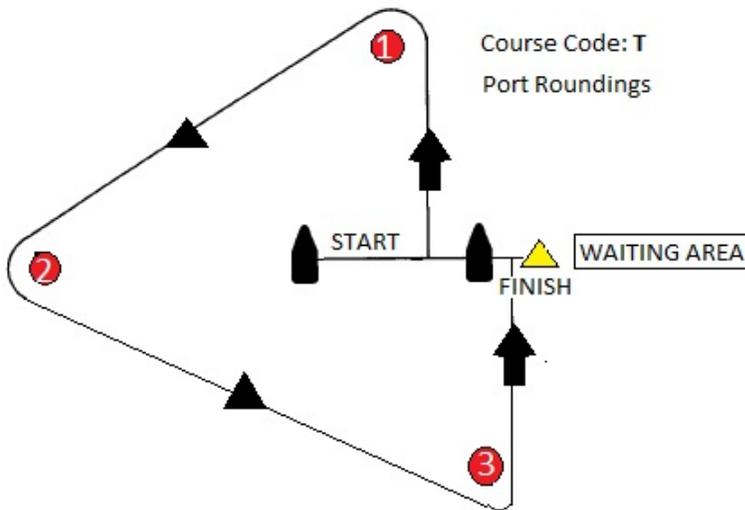
Optimist Championship (RWB) Trapezoid – Course 1



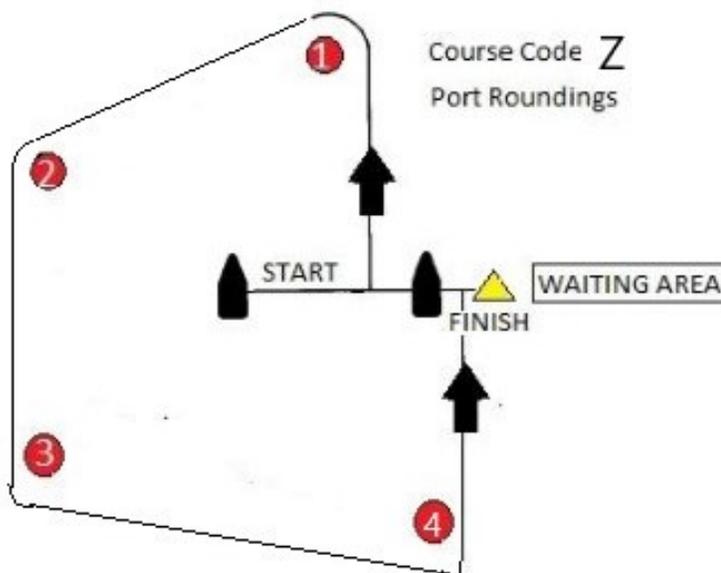
Note: Diagram not to scale. Mark colors and shapes are illustrative only.

SI ADDENDUM 2 - RACE COURSE AND RESTRICTIONS

Optimist Green Fleet Modified Triangle Course

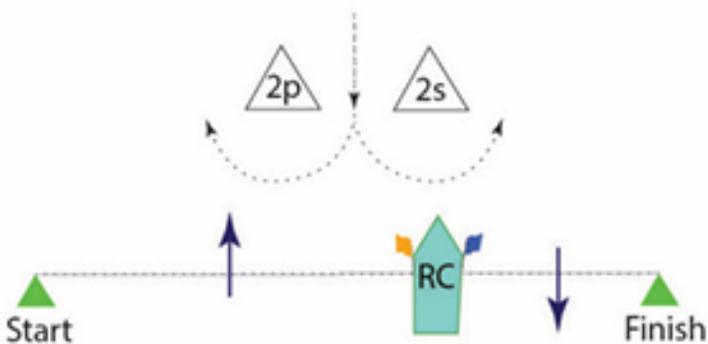


Optimist Green Fleet Modified Trapezoid Course



SI ADDENDUM 3 - RACE COURSE AND RESTRICTIONS

ILCA Fleets and C420 LA Course



Course LA – Windward/Leeward with Offset Mark, Leeward Finish	
Signal	Mark Rounding Order
LA2	Start – 1 – 1a – 2s/2p – 1 – 1a – Finish
LA3	Start – 1 – 1a – 2s/2p – 1 – 1a – 2s/2p – 1 – 1a – Finish
LA4	Start – 1 – 1a – 2s/2p – 1 – 1a – 2s/2p – 1 – 1a – 2s/2p – 1 – 1a – Finish