

2026 MIAMI SAILING WEEK - YOUTH**March 21-22, 2026****WINDSURFER SUPPLEMENTARY SAILING INSTRUCTIONS (SSI)****Posted March 26, 2026****1. RULES**

- 1.1** The event will be governed by the rules as defined in The Racing Rules of Sailing (RRS). RRS Appendix B (Windsurfer Fleet Racing Rules) will apply.
- 1.2** The Sailing Instructions will consist of the instructions in RRS Appendix S (Standard Sailing Instructions) as amended by these supplementary sailing instructions.
- 1.3** US Sailing Prescriptions will apply except the prescription to the preamble to Part 5, Section B and the prescription to Rule 63.1(b).
- 1.4** Personal Flotation Devices: RRS 40.1 applies and is modified hereafter. International competitors only may wear an appropriately sized PFD as approved for use in the competitor's country of origin. The preamble to Part 4 will not apply.
- 1.5** The notation [NP] in a rule means that a boat may not protest another boat for breaking that rule. The notation [SP] in a rule means that the penalty for breach of the rule shall be a penalty published by the organizing authority or race committee and may be applied by the race committee without a hearing.

2. NOTICES TO COMPETITORS and COMMUNICATION

- 2.1** The Official Notice Board is electronic, and can be accessed directly at https://www.regattanetwork.com/event/30713#_newsroom
- 2.2** No competitors shall carry electronic communications devices, including VHF radio or cell phones while on the water.
- 2.3** Coaches and Support vessels shall carry VHF radios and shall monitor the channels assigned to their fleet at all times while on the water.
- 2.4** Communication to coaches and support persons will be made via VHF Channels 74
- 2.5** The Regatta Race Office will be in Regatta Park, Zone 2.

3. FORMAT

- 3.1** First Warning will be at 11:30 am each day. No warning will be made after 2:30 pm
- 3.2** Windsurfers will sail as many races as practicable. 5 to 7 per day are anticipated.

4. SIGNALS MADE ASHORE AND LAUNCHING

- 4.1** Signals made ashore will be displayed from the flagpole located on the lawn of the Coconut Grove Sailing Club, and posted to the Official Notice Board.
- 4.2** When flag "AP" is displayed, "1 minute" is replaced with "not less than 45 minutes" in Race Signal "AP". This changes Race Signal "AP."

- 4.3 [NP]. All boards shall be kept at Regatta Park in the assigned area until the harbor launch times (see NOR 6.7 Full Schedule).

5. RACING AREA:

- 5.1 South of Clarington Island (Coconut Grove Island E, which is directly across from CGSC)

6. THE START

- 6.1. Races will be started using the following audible 3 minute sequence

TIME TO START	SOUND SIGNAL
3 minute	3 long
2 minute	2 long
1 minute	1 long
1 minute 30 seconds	1 long 3 short
30 seconds	3 short
20 seconds	2 short
10 seconds	1 short
Last 5 seconds	5 short (1 per second)
START	1 long

- 6.2 A series of short attention signals will be made before the beginning of each starting sequence

7. THE COURSE AND CHANGES TO COURSE LEG(S)

- 7.1. SI Addendum 1 illustrates the courses which the race committee may use.
7.2. The race committee may make minor changes to the course without signaling a change of course per RRS 33. This modifies RRS 33.

8. MARKS

- 8.1. **Rounding marks:** red/orange buoys
8.2. **Start/Finish marks:** red/orange buoys

9. SCORING

- 9.1 One (1) completed race shall constitute the event.
9.2 Scoring based on number of races completed: This changes RRS A2.1.
9.2.1 When fewer than six (6) races have been completed, a board's series score will be the total of all of her race scores.
9.2.2 When six (6) or more races have been completed, a board's series score will be the total of her race scores excluding her worst score.

10. SAFETY AND CHECK-OUT/CHECK-IN PROCEDURES [SP][NP]

- 10.1 **Race-Course Check-in** - All boards must check in with the Race Committee prior to the Warning Signal of the first race each day by sailing past the stern of the Signal Boat on starboard tack and hailing her sail number until acknowledged by the Race Committee.

Failure to comply with SI 17.1 will result in a three-place penalty in the first race that day without a hearing. This changes RRS 60.5(b).

- 10.2** A board that retires from a race or does not intend to start a scheduled race shall promptly report this to the Race Committee via hailing and receive acknowledgement.
- 10.3** Competitors shall wear their PFD at all times on the water, except for brief periods while adding or removing clothing. Competitors shall have a whistle attached to their PFD at all times while on the water. Rule 40 shall apply.

11. SUPPORT PERSON REGULATIONS [NP]

- 11.1** Coaches are expected to be good role models for young sailors and conduct themselves accordingly ashore and on the water.
- 11.2** Parents (spectators) who are on the water either in support or coach vessels are considered coaches for the purpose of SI 18.
- 11.3** Those parents who serve on race committee vessels (including patrol and safety vessels) may not communicate in any way with their sailors or their coaches from the time the orange starting line flags are displayed until all sailors have finished that race (the “No Communication Period”). The only exception to this rule is when directed by the Principal Race Officer or they are involved with safety and rescue. During periods of time when communication with coaches and/or sailors is permissible, these parents shall not transfer any strategic or tactical information (including audio or video recordings) gained due to their advantageous location on the race course or their access to race committee communications, unless such information is made available to all sailors, coaches and other parents/supporters. Communications of a personal nature (e.g., ‘great race’, ‘get something to drink’, ‘go see your coach’, etc.) are always permissible outside the “No Communication Period”.
- 11.4 General support (coach and spectator) vessel requirements:**
 - 11.4.1** Support vessels shall display a numbered flag provided by the organizing authority at all times while on the water. No ‘team’ flags, private signal flags, or any object that might be construed as a signal shall be flown from coach or support vessels while racing is underway.
 - 11.4.2** Support vessels shall follow the instructions of race committee, patrol, safety, protest committee, and other race management vessels at all times.
 - 11.4.3** No support vessels shall tie up to or congregate around any aid to navigation, such as buoys or channel markers, or tie up to any fixed fishing gear or fishing floats.
- 12.4 Restrictions - support boats:**
 - 12.4.1** All support vessels shall stay out at least 100 yards outside the racing area while boards are racing, and move slowly with minimal wake, except where permitted in this instruction. Certain support vessels may be designated as rescue craft by the Principal Race Officer or Safety Officer and given permission to enter the racing area for the purposes of rescue operations only.
 - 12.4.2** There shall be no anchoring inside the course or in the vicinity of the finish line.

12.4.3 There shall be no unapproved unmanned aerial vehicle (UAV) drone flight permitted above the racing area, waiting area, coach/spectator boat zones, start line or finish line.

12.5 Competitors affiliated with any coach, parent, or spectator vessel that breaks SI 18 may be protested and penalized under RRS 41, Outside Help, in which case the Preamble to Part 4 will not apply. This change is added to RRS 41.

12.6 Coaches, parents, or spectators that repeatedly and/or intentionally break SI 18 may be subject to disciplinary actions up to and including exclusion from the venue.

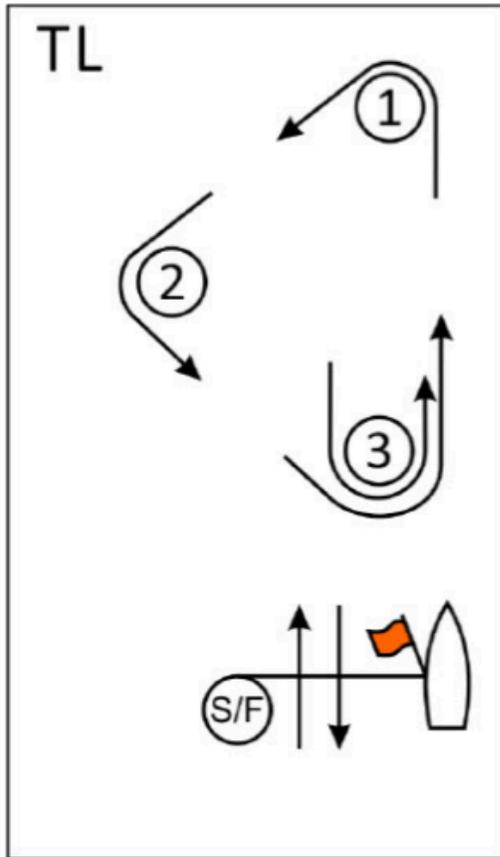
13 ENVIRONMENT [NP]

Competitors are expected to respect Basic Principle: Environmental Responsibility. Trash may be placed aboard race committee and support vessels. See rule 47

Event Chair	Rosa Lamela
PRO	Russ Sobotta
CRO - Windsurfers	Norlem Garcia
Chief Judge	Richard Etkin
CGSC Regatta Chair	Steve Herman

Addendum A
Courses

**TL: TRIANGLE-WINDWARD Course with
LEEWARD Finish – Formerly Olympic**



Course TL – Triangle, Leeward Finish	
Signal	Mark Rounding Order
TL2	Start – 1 – 2 – 3 – 1 – Finish
TL3	Start – 1 – 2 – 3 – 1 – 3 – 1 – Finish
TL4	Start – 1 – 2 – 3 – 1 – 3 – 1 – 3 – 1 – Finish

S	COURSE: SLALOM
Signal	Mark Rounding Order
S3	Start - 1 - 2 - 3 - Finish 3
S5	Start - 1 - 2 - 3 - 4 - 5 - Finish 5

