



## MIAMI YACHT CLUB ON-THE-WATER SAFETY & EMERGENCY ACTION PLAN

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1001 MacArthur Causeway, Miami, FL 33132 +1 (305) 377-9877 | VHF Channel 72 (YSF) | VHF Channel 69 (MYC)

### MONITORING

- Monitor the racecourse and | VHF Channel 72| VHF Channel 69
- Watch for capsized boats and people separated from their boats.

### EMERGENCY OR LIFE-THREATENING INJURY – STEPS

#### AFLOAT

1. Render assistance, if safe to do so.
2. Do NOT move a victim with head, back or neck injuries.
3. Notify Race Officer or Sailing Director when time permits.
4. Call for Help & Emergency Medical Attention:
  - a. US Coast Guard: VHF 16 (offshore)
  - b. City of Miami Fire/Rescue: 911
5. Be prepared to provide the following information:
  - a. Level of emergency: MAYDAY = Life-Threatening
  - b. Current location of injured person (Lat/Long).
  - c. Description of vessels (sail number, boat name).
  - d. Age/gender/number of injured people.
  - e. Type of injury/situation.
  - f. Your name and mobile phone number.

#### ASHORE

1. Render assistance, if safe to do so.
2. Move or stabilize the victim if necessary. Do NOT attempt to move a victim with head, back or neck injuries.
3. Call for Help & Emergency Medical Attention: 9-1-1
4. Provide the following information:
  - a. Level of emergency: Life-Threatening
  - b. Location of injured people: Miami Yacht Club, 1001 MacArthur Causeway, Miami, FL 33132
  - c. Age/gender/number of injured people.
  - d. Type of injury/situation.
  - e. Your name and mobile phone number.
5. Open gate for emergency access. Clear the area.
6. Inform others of exact location of the injured person.

## NON-LIFE-THREATENING INJURY – STEPS

### AFLOAT

1. If non-life threatening, contact the race committee via VHF 72.
2. Be prepared to provide the following information:
  - a. Current location of injured person (Lat/Long).
  - b. Description of vessels (sail number, boat name).
  - c. Age/gender/number of injured people.
  - d. Type of injury/situation.
  - e. Your name and mobile phone number.

### ASHORE

1. Take person to nearest first-aid kit.
2. Administer first-aid as needed.

### AFTER THE INCIDENT

1. Debrief and inform key people: Commodore, General Manager, Sailing Director, Dock Master, Club Office, family of injured.
2. Complete an incident report.

### EMERGENCY CONTACTS

Emergency Contact	Phone Number	VHF Channel
MYC Front Desk	+1 (305) 377-9877	69
GM – Brandi Hyder	Club Landline	69
SD – Florencia Barletta	786-413-2180	72
DM – David Marrero	Club Landline	69
PRO Carrol Ewing	305- 785-4777	72
Steve Keen	609- 312-6224	72
City of Miami Fire Department	911	-
City of Miami Police Department	911	-
US Coast Guard – Miami	+1 (305) 535-4472	16



## Local Hospitals & 24-Hour Emergency Facilities

Hospital / Facility	Address	Phone	Notes / Approximate Drive Time*
<b>Mount Sinai Medical Center</b>	4300 Alton Road, Miami Beach, FL 33140	(305) 674-2121 <a href="#">Mount Sinai Medical Center</a>	Major hospital with 24/7 ER. About ~10-15 min, depending on traffic.
<b>Jackson Memorial Hospital</b>	1611 NW 12th Avenue, Miami, FL 33136	(305) 585-1111 <a href="#">Jackson Health System</a>	Large tertiary hospital with full trauma services. Roughly ~15-20 min.
<b>UHealth Tower (University of Miami)</b>	1400 NW 12th Avenue, Miami, FL 33136	(305) 325-5511 <a href="#">umiamihealth.org</a>	Academic hospital, 24-hours, broad specialties.
<b>Doctors Hospital (Baptist Health)</b>	Coral Gables, Miami, FL	— (see Hospitals listing) <a href="#">miamidade.gov+1</a>	Serves the southern/mid area of Miami-Dade.
<b>Larkin Community Hospital</b>	7031 Southwest 62nd Avenue, South Miami, FL	— <a href="#">Wikipedia</a>	More distant (~20-30 min) but useful as alternate.

## Local Clinics & Urgent Care Centers

Name	Address	Phone	Notes / Hours*
<b>CVS MinuteClinic</b> (Flagler & area)	10101 W Flagler St, Miami, FL 33174	(305) 894-2939 <a href="#">cvs.com+2cvs.com+2</a>	Walk-in inside CVS; good for general care. <a href="#">cvs.com</a>
<b>CVS MinuteClinic</b> (Bird Road area)	8740 Bird Road, Miami, FL 33165	— <a href="#">cvs.com+1</a>	Walk-in, operates within CVS hours. <a href="#">cvs.com</a>
<b>Jackson Urgent Care — Coral Gables</b>	3737 S.W. 8th Street & Galiano Street, Coral Gables, FL	305-575-1600 <a href="#">UHealth Jackson Urgent Care</a>	Open daily; treats minor injuries and illnesses. <a href="#">UHealth Jackson Urgent Care</a>
<b>MD Now Urgent Care — Brickell</b>	1250 South Miami Ave, Miami, FL 33130	305-571-6250 <a href="#">MD Now Urgent Care</a>	Walk-in; good location for people traveling from downtown or waterfront. <a href="#">MD Now Urgent Care</a>
<b>MD Now Urgent Care — North Miami</b>	12555 Biscayne Blvd C, North Miami, FL 33181	305-379-4442 <a href="#">MD Now Urgent Care</a>	Serves walk-ins, lab tests, minor injury/illness care. <a href="#">MD Now Urgent Care</a>
<b>FastCare (Aventura / Miami Beach branch)</b>	Locations in Aventura & Miami Beach, FL	(786)-923-4000 <a href="#">myfastcare.com</a>	Open many hours; good backup options for times when others are closed.

