



MIAMI YACHT CLUB

ON-THE-WATER SAFETY & EMERGENCY ACTION PLAN

1001 MacArthur Causeway, Miami, FL 33132 +1 (305) 377-9877 | VHF Channel 72 (YSF) | VHF Channel 69 (MYC)

MONITORING

- Monitor the racecourse and | VHF Channel 72 | VHF Channel 69
- Watch for capsized boats and people separated from their boats.

EMERGENCY OR LIFE-THREATENING INJURY – STEPS

AFLOAT

1. Render assistance, if safe to do so.
2. Do NOT move a victim with head, back or neck injuries.
3. Notify Race Officer or Sailing Director when time permits.
4. Call for Help & Emergency Medical Attention:
 - a. US Coast Guard: VHF 16 (offshore)
 - b. City of Miami Fire/Rescue: 911
5. Be prepared to provide the following information:
 - a. Level of emergency: MAYDAY = Life-Threatening
 - b. Current location of injured person (Lat/Long).
 - c. Description of vessels (sail number, boat name).
 - d. Age/gender/number of injured people.
 - e. Type of injury/situation.
 - f. Your name and mobile phone number.

ASHORE

1. Render assistance, if safe to do so.
2. Move or stabilize the victim if necessary. Do NOT attempt to move a victim with head, back or neck injuries.
3. Call for Help & Emergency Medical Attention: 9-1-1
4. Provide the following information:
 - a. Level of emergency: Life-Threatening
 - b. Location of injured people: Miami Yacht Club, 1001 MacArthur Causeway, Miami, FL 33132
 - c. Age/gender/number of injured people.
 - d. Type of injury/situation.
 - e. Your name and mobile phone number.
5. Open gate for emergency access. Clear the area.
6. Inform others of exact location of the injured person.

NON-LIFE-THREATENING INJURY – STEPS

AFLOAT

1. If non-life threatening, contact the race committee via VHF 72.
2. Be prepared to provide the following information:
 - a. Current location of injured person (Lat/Long).
 - b. Description of vessels (sail number, boat name).
 - c. Age/gender/number of injured people.
 - d. Type of injury/situation.
 - e. Your name and mobile phone number.

ASHORE

1. Take person to nearest first-aid kit.
2. Administer first-aid as needed.

AFTER THE INCIDENT

1. Debrief and inform key people: Commodore, General Manager, Sailing Director, Dock Master, Club Office, family of injured.
2. Complete an incident report.

EMERGENCY CONTACTS

Emergency Contact	Phone Number	VHF Channel
MYC Front Desk	+1 (305) 377-9877	69
GM – Brandi Hyder	Club Landline	69
SD – Florencia Barletta	786-413-2180	72
DM – David Marrero	Club Landline	69
PRO Carrol Ewing	305- 785-4777	72
Steve Keen	609- 312-6224	72
City of Miami Fire	911	-
Department		
City of Miami Police	911	-
Department		
US Coast Guard – Miami	+1 (305) 535-4472	16



Local Hospitals & 24-Hour Emergency Facilities

Hospital / Facility	Address	Phone	Notes / Approximate Drive Time*
Mount Sinai Medical Center	4300 Alton Road, Miami Beach, FL 33140	(305) 674-2121 Mount Sinai Medical Center	Major hospital with 24/7 ER. About ~10-15 min, depending on traffic.
Jackson Memorial Hospital	1611 NW 12th Avenue, Miami, FL 33136	(305) 585-1111 Jackson Health System	Large tertiary hospital with full trauma services. Roughly ~15-20 min.
UHealth Tower (University of Miami)	1400 NW 12th Avenue, Miami, FL 33136	(305) 325-5511 umiamihealth.org	Academic hospital, 24-hours, broad specialties.
Doctors Hospital (Baptist Health)	Coral Gables, Miami, FL	— (see Hospitals listing) miamidade.gov+1	Serves the southern/mid area of Miami-Dade.
Larkin Community Hospital	7031 Southwest 62nd Avenue, South Miami, FL	— Wikipedia	More distant (~20-30 min) but useful as alternate.

Local Clinics & Urgent Care Centers

Name	Address	Phone	Notes / Hours*
CVS MinuteClinic (Flagler & area)	10101 W Flagler St, Miami, FL 33174	(305) 894-2939 cvs.com+2cvs.com+2	Walk-in inside CVS; good for general care. cvs.com
CVS MinuteClinic (Bird Road area)	8740 Bird Road, Miami, FL 33165	— cvs.com+1	Walk-in, operates within CVS hours. cvs.com
Jackson Urgent Care — Coral Gables	3737 S.W. 8th Street & Galiano Street, Coral Gables, FL	305-575-1600 UHealth Jackson Urgent Care	Open daily; treats minor injuries and illnesses. UHealth Jackson Urgent Care
MD Now Urgent Care — Brickell	1250 South Miami Ave, Miami, FL 33130	305-571-6250 MD Now Urgent Care	Walk-in; good location for people traveling from downtown or waterfront. MD Now Urgent Care
MD Now Urgent Care — North Miami	12555 Biscayne Blvd C, North Miami, FL 33181	305-379-4442 MD Now Urgent Care	Serves walk-ins, lab tests, minor injury/illness care. MD Now Urgent Care
FastCare (Aventura / Miami Beach branch)	Locations in Aventura & Miami Beach, FL	(786)-923-4000 myfastcare.com	Open many hours; good backup options for times when others are closed.

