

**Lauderdale Yacht Club  
Boomerang Regatta  
February 27-March 1, 2026  
Ocean Course Opti RWB  
SAILING INSTRUCTIONS**

**1.0 RULES**

- 1.1 This regatta is organized under the authority of the Lauderdale Yacht Club and will be sailed under the management of the Lauderdale Yacht Club Race Committee. The regatta will be governed by the current Racing Rules of Sailing (RRS), the prescriptions of US Sailing except those of rule 63.2, the rules of the classes competing as they apply to that class, except as any of these are changed by the Notice of Race or the Sailing Instructions, and properly posted amendments thereto. The US Sailing Prescriptions are available at [www.ussailing.org](http://www.ussailing.org)
- 1.2 If there is a conflict between the Notice of Race and these Sailing Instructions, the Sailing Instructions will take precedence.
- 1.3 Each owner/charterer is solely responsible for the safety of his/her boat and the decision whether or not to launch, proceed to the race course, start or continue to race is the owner's/charterer's responsibility and not that of the Lauderdale Yacht Club.
- 1.4 If the race committee determines ocean sailing conditions, or port transit conditions, are unsuitable for any class or any part of a class, designated competitors may be assigned an alternate location and courses in protected waters, or not permitted to sail. This changes RRS 4 (Decision to Race).

**2.0 ENTRIES**

- 2.1 Eligible boats may be entered by completing registration with the Lauderdale Yacht Club Race Committee in accordance with the Notice of Race. Each Class must have a minimum of five entries.

**3.0 EQUIPMENT AND INSPECTION**

- 3.1 Equipment must conform to the regulations of the class concerned. Tow lines shall be securely tied to the mast with a bowline at all times while afloat, including when racing.

3.2 Conformance to these equipment standards or inspection of a boat in no way limits or reduces the complete and unlimited responsibility of a boat's skipper for the safety of a boat. The Race Committee reserves the right to inspect entries for eligibility and equipment requirements at any time prior to the awards. Boats which fail to comply with these equipment standards are subject to protest by the Race Committee. If such a protest is sustained, the boat may be disqualified or assessed an appropriate penalty.

#### 4.0 NOTICE TO COMPETITORS

4.1 Notices to competitors will be posted on the event's Official Notice Board on Regatta Network

#### 5.0 CHANGES IN SAILING INSTRUCTIONS

5.1 Any change in the sailing instructions will be posted before 0900 on the day it will take effect. Any change to the schedule of races will be posted by 1900 on the day before it will take effect.

#### 6.0 SIGNALS MADE ASHORE

6.1 Signals made ashore will be displayed at the easternmost flagpole of the Lauderdale Yacht Club.

6.2 Code flag AP, Answering Pennant, displayed with two accompanying sound signals means the racing is postponed. When AP is lowered with one accompanying sound signal, the time of the warning signal for the next race is posted on the regatta notice board. This changes Race Signals.

6.3 Code Flag L displayed ashore indicates all competitors ashore should return to the Pavilion (skippers meeting area) for instructions.

#### 7.0 ORAL INSTRUCTIONS

7.1 Oral instructions may be given by the Race Committee with the following procedure: **DISPLAY OF CODE FLAG "L"**. The Race Committee boat will display code flag L and all competitors will pass astern of the Race Committee Signal Boat on starboard tack to receive the oral instructions.

#### 8.0 SCHEDULE

Event	Day	Time	Location
Skipper's Meeting	Saturday, February 28	0915	LYC Pavilion
Coaches Meeting	Saturday, February 28	0930	LYC Pavilion
<b>Harbor Start</b>	<b>Saturday, February 28</b>	<b>0940</b>	<b>LYC</b>
First Warning	Saturday, February 28	1100	Racing Area
Post-Race Cookout	Saturday, February 28	After Racing	LYC Pavilion
<b>Harbor Start</b>	<b>Sunday, March 1</b>	<b>0900</b>	<b>LYC</b>
First Warning	Sunday, March 1	1030	Racing Area
No Warning Signal After:	Sunday, March 1	1500	Racing Area
Awards	Sunday, March 1	TBD	LYC Pavilion

## **9.0 RACING AREA**

9.1 The Racing Area is the Atlantic Ocean, approximately 1 mile South of Port Everglades inlet and approximately 1/2 mile offshore.

## **10.0 COURSES**

10.1 Courses are shown on the attached course diagrams.

10.2 The course to be raced for each class will be displayed on a course board on the signal boat and announced on the designated VHF channel prior to the warning signal of each race. (VHF broadcasts are intended for support and coach boats).

10.4 All rounding marks (except a leeward gate) shall be rounded to port. If only one of the gate marks is present, then that mark shall be rounded to port.

## **11.0 MARKS**

11.1 Marks are designated on the course diagrams and are as follows: the windward mark for each class and leeward gates will be MarkSet Bots, replacement marks if used will be yellow tetrahedrons. Finishing marks shall be between a finish boat with line flag and an orange ball.

## **12.0 START**

12.1 Class flags for each class racing will be described at the Skipper's Meeting.

12.2 The Start will be in accordance with RRS 26.

12.3 The starting line will be as follows:

12.3.1. The starting line will be between a staff displaying an orange flag on the Race Committee Signal Boat at the starboard end and an anchored Race Committee Pin Boat **or** inflatable tetrahedron at the port end.

Boats whose preparatory signal has not been made, and support boats, shall remain 50 yards to leeward of the starting and finish line.

12.6 There may be multiple sounds before the warning signal.

### **13.0 SAFETY**

- 13.1 Competitors shall wear a U.S. Coast Guard approved personal flotation device of proper size at all times while afloat, except briefly while adding or removing clothing. This changes RRS 40.
- 13.2 Boats not leaving the harbor for the day's racing shall inform the Regatta Office prior to the harbor start.
- 13.3 A skipper requesting assistance should attempt to signal by waving one arm over the skipper's head.
- 13.4 A boat that decides not to compete in the race or retires after starting a race shall notify the Race Committee or report to a designated Safety Boat as soon as practical. **No boat shall leave the vicinity of the racing area without communicating with, and obtaining permission, from the Race Committee.**
- 13.5 A Safety Protocols Addendum contains additional safety-related requirements.

### **14.0 CHANGE OF COURSE**

- 14.1 A mark, including a gate or finish mark, may be moved up to 10 degrees or up to .10 nm in distance in response to a change in wind direction or strength without signal, provided no boat has begun the leg. This changes RRS 33.
- 14.2 A change of course greater than 10 degrees after the start will be signaled at the mark beginning the leg being changed by a Race Committee Signal Boat that will display code flag "C" with the appropriate Class Flag, the appropriate compass bearing to the new mark position and sound a signal periodically. If no Class Flag is displayed the course change applies to all classes. The change will be signaled before the leading boat has begun the leg, even though the mark may not yet be in position. Any mark to be rounded after rounding the new mark position may be relocated to maintain the original course configuration.

### **15.0 FINISH**

- 15.1 The finishing line will be between a staff displaying an orange flag on a Race Committee Boat and the appropriate Finish mark, in accordance with the course diagram.

### **16.0 TIME LIMIT**

- 16.1 Any race in which no boat rounds the first windward mark within 25 minutes, or finishes within 75 minutes of the start, will be abandoned. Boats failing to finish within 20 minutes after the first boat in her class finishes will be scored DNF. This modifies Rule 35.

## **17.0 PROTESTS AND REDRESS**

- 17.1 Competitors are strongly encouraged to monitor the Official Notice Board for protest and scoring penalty notices. Time limits will be strictly enforced for notices properly posted, and failure to check the board when notice has been properly posted will not be grounds for redress.
- 17.2 The protest time limit is 45 minutes after the docking of the Race Committee finish boat.
- 17.3 A request for redress for a scoring penalty (OCS, ZFP, BFD, UFP) shall be made no later than 30 minutes after the protest time limit when the scoring penalty was posted on the Official Notice Board prior to the protest deadline. This changes RRS 60.3.
- 17.4 Requests for redress relating to a starting penalty must state the procedural error the competitor believes the race committee may have made. Further, the competitor will be expected to establish that he or she started properly. This changes RRS 60.3.
- 17.6 Only the Race Committee or Protest Committee may protest a competitor for violation of SI's 3, 13, and 20, and the Protest Committee may assess a scoring penalty other than disqualification for their violation.

## **18.0 SCORING**

- 18.1 The Low Point scoring system, RRS Appendix A, will apply modified so that each boat's regatta score will be the total of her race scores, with her worst score discarded if six or more races have been completed. Six races are scheduled, of which one race shall be completed to constitute a regatta.

## **19.0 PRIZES**

- 19.1 Awards will include first through fifth place for classes with ten or more boats and first through third for classes with fewer than ten. The Race Committee may award additional awards, including the following:

Gar Wright Award – Opti Red Fleet Champion

Clyde W. Wright II Award – Top Junior sailor on the Ocean Course from either the Optimist or ILCA class.

Ron Payne Trophy – Top team in the Snipe Class

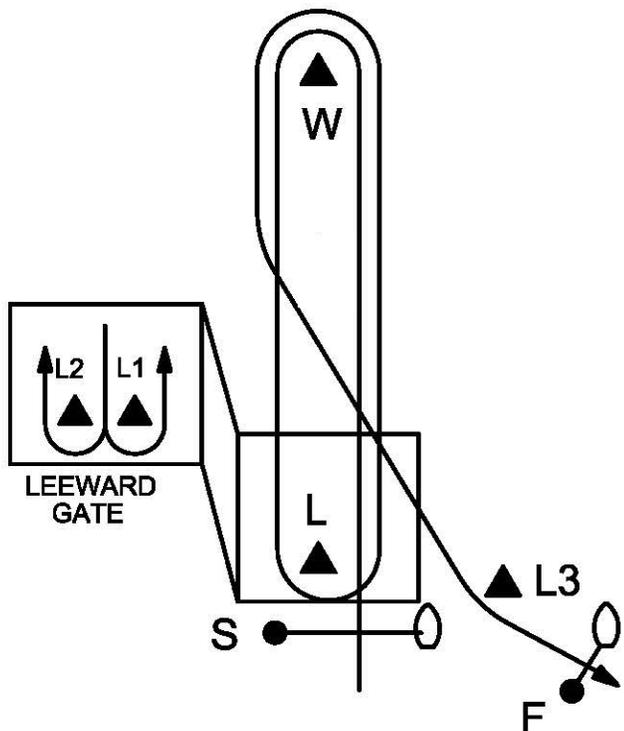
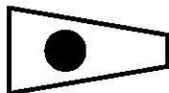
## **20.0 SUPPORT AND SPECTATOR BOATS**

- 20.1 Except when providing safety assistance to a competitor, support boats shall not be in the racing area from the time of the preparatory signal for the first class to start until all boats have finished or the race committee signals a postponement, general recall or abandonment. The racing area is defined as 75 yards away from the outside of the exterior lay lines of the race course, including the windward mark and finish lines.

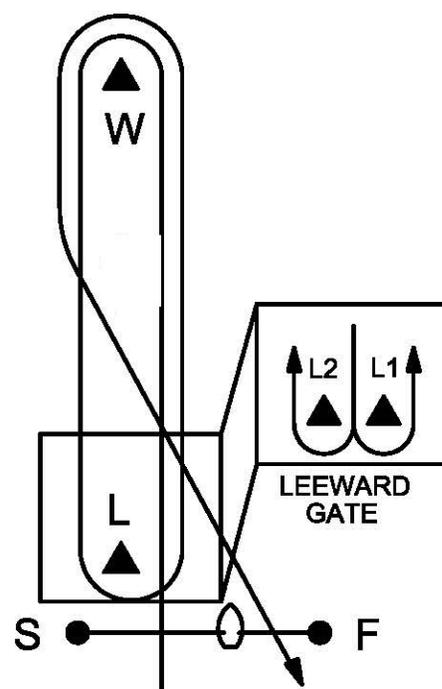
- 20.2 All coach boats must register with the Race Committee prior to the Skipper's Meeting and each will be issued a flag that must be displayed at all times while afloat. All support and spectator boats shall monitor the designated VHF channel for requests from the Race Committee to assist with fleet safety Support and spectator boats may enter the race area at the request of the Race Committee or when they deem it necessary to assist a boat in distress.
- 20.3 Anchoring on Coral Reefs, Hardbottom or Seagrass is prohibited under Florida law.
- 20.4 Special provisions are in effect for the protection of, including but not limited to Manatee, Sea Turtle & Sawfish, as well as critical habitat, including but not limited to Johnson Sea Grass, Staghorn and Elkhorn corals. See attached information for further reference.
- 20.5 Competitors may not drop off or retrieve gear from Race Committee boats. Competitors may drop off trash on Race Committee boats.
- 20.6 Support and coach boats are subject to additional rules in the Safety Protocols Addendum. Support and Coach boats' overnight dockage will be subject to an assignment from the Lauderdale Yacht Club Marina Director. Boats left in slips or areas without authorization from the Marina Director or Regatta Chair may be removed from the venue and stored offsite at the owner's expense.

**Ben Coulter**  
**Principal Race Officer**  
**Ocean Course**  
**Lauderdale Yacht Club**

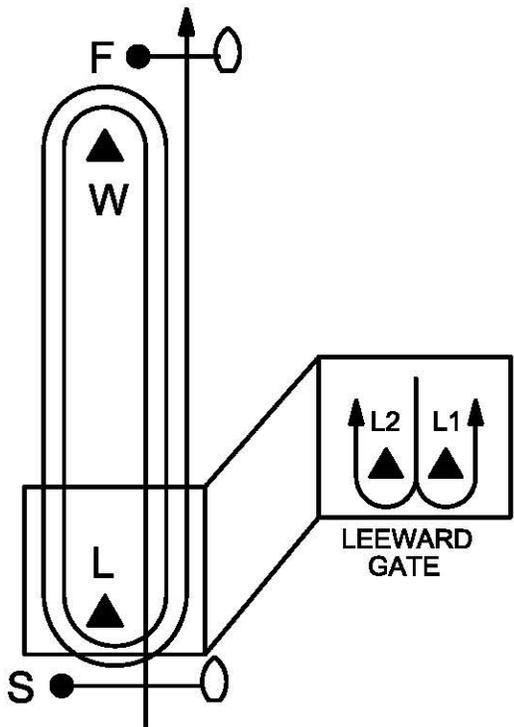
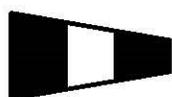
Course W1  
W-L-W-L3-Finish



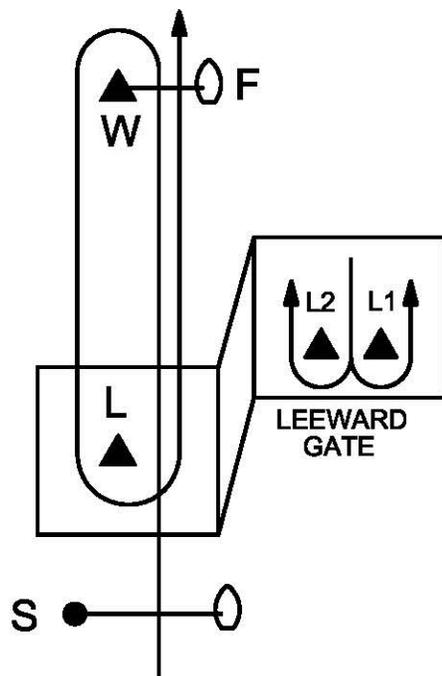
Course W2  
W-L-W-Finish



Course W3  
Start-W-L-W-L-  
Finish



Course W4  
W-L-Finish





# Lauderdale Yacht Club - 80th Annual Boomerang Regatta

## INSIDE COURSE SAILING INSTRUCTIONS

### 1. RULES

The regatta will be governed by The Racing Rules of Sailing (RRS), as modified by these instructions.

### 2. ENTRIES

Eligible boats may be entered by completing registration (including providing valid payment) with the Lauderdale Yacht Club Race Committee by 0845 on March 1, 2025.

### 3. EQUIPMENT

Each boat shall display the colored streamer provided by the Race Committee from the top end of the sprit.

### 4. NOTICE TO COMPETITORS

Notices to competitors will be posted at the official regatta notice board located at the Lauderdale Yacht Club Pavilion.

### 5. CHANGES IN SAILING INSTRUCTIONS

Unless made afloat in accordance with SI 7.2 below, any change in the sailing instructions will be posted by 0900 on the day it will take effect. Any change to the schedule of races will be posted by 2000 on the day before it will take effect.

### 6. SIGNALS MADE ASHORE

- 6.1. Signals made ashore will be displayed at the easternmost flagpole of the Lauderdale Yacht Club. Signals applying to the Optimist Course shall be accompanied by a flag with an Opti logo. Signals applying to the Ocean course shall be accompanied by a flag with a Laser logo.
- 6.2. When code flag AP, Answering Pennant, is displayed and subsequently lowered, the time of the warning signal for the next race is posted on the regatta notice board. This changes *Race Signals*.

### 7. ORAL INSTRUCTIONS

- 7.1. When Code Flag "L" is displayed ashore, all skippers are instructed to proceed to the "Official Regatta Notice Board."
- 7.2. When Code Flag "L" is displayed afloat oral instructions may be given by the Race Committee on the water. All competitors shall pass astern of the Race Committee Signal Boat on starboard tack. These Oral Instructions shall constitute a change in the Sailing Instructions.

## **8. SCHEDULE**

On Saturday and Sunday, there will be a Skippers Meeting at 0930 at the Lauderdale Yacht Club Pavilion, with racing to follow as soon as possible, and after all ILCA's and Ocean Fleet classes have launched and cleared the racing area.

**No green fleet sailor should launch prior to the Ocean Fleet sailors on each race day.**

## **9. RACING AREA**

**9.1** The racing area is the area west of the Intracoastal Waterway, east of the mouth of the various canals near the Lauderdale Yacht Club, but does not include any area near the finish line where sailors are directed to wait at the Skipper Meeting or by the Race Committee (the "waiting area"). All boats are required to stay clear of the racing area when not racing or preparing to race. Green Fleet competitors who are not racing are requested to wait in the canal immediately to the North of Lauderdale Yacht Club.

**9.2** No competitor may sail in the Intracoastal Waterway, at any time.

**9.3** Boats failing to comply with this section are subject to protest by the Race Committee only.

## **10. COURSES**

See Appendix "A", attached to these sailing instructions. Note that Course "B" contains a restricted Start / Finish line.

## **11. MARKS**

**11.1.** Marks will be described in detail at the skipper's meeting.

**11.2.** The starting line will be between a staff displaying an orange flag on Race Committee Signal boat and a Pin Boat, also displaying an orange flag, as described at the skipper's meeting.

## **12. THE START**

**12.1.** Races will be started in accordance with Appendix U – Sound Signal Starting System.

**12.2.** The order of the start and the class flags for each will be announced at the Skippers Meeting. Classes may be combined.

**12.3.** Rule 30.3 ("U-Flag Rule") will be in effect at the race committee's discretion, following one general recall (non-U-Flag start) each day. A U flag may be displayed. The Race Committee will verbally inform the competitors of the U-Flag prior to their starting signal, and prior to the 1 minute mark before the start.

**12.4.** Boats whose warning signal has not been made shall keep clear of the starting area.

**12.5.** A boat shall not start later than four minutes after her starting signal.

**12.6.** In the event of a general recall, the same class shall restart and the starts for any succeeding classes shall follow the new start.

## **13. NOT COMPETING OR RETIRING**

A boat that decides not to compete in a race or retires after starting a race shall notify the Race Committee or report to a designated Safety Boat as soon as practical.

**15. FINISH**

- 15.1. The finish line will be between the signal boat displaying an orange flag and the finish buoy (as described at skippers meeting) located on the port side of the signal boat.
- 15.2. After finishing, all boats shall keep clear of the racing area and remain clear until the last boat has finished unless otherwise directed by the Race Committee.

**16. TIME LIMIT**

- 16.1 The time limit for the first boat to finish the race will be 45 minutes. Boats failing to finish within 20 minutes after the first boat in her class finished will be scored DNF. This modifies Rule 35.

**17. PROTESTS AND REDRESS**

- 17.1. Appendix T will apply for this event but T1(b) is changed to a 20% penalty.

**18. SCORING**

- 18.1. The Low Point scoring system, Rule A2, will apply, modified so that each boat's regatta score will be the total of her race scores, with her worst score discarded if six races have been completed.
- 18.2. Six races are scheduled for each day, of which one race shall be completed to constitute a regatta.
- 18.3. Green Fleet Sailors will be randomly assigned into either the Green-Green or Green-Yellow fleets for Saturday's preliminary series. On Saturday, each sailor must display, at the top of their sprit pole, either a Green ribbon (signifying Green-Green fleet) or a Yellow ribbon (signifying Green-Yellow fleet). The competitor ribbon displayed Saturday must correspond correctly to the fleet split posted on the official notice board.  
  
On Sunday, regardless of the number of races completed, the competitors will be required to adjust their displayed ribbon to correspond to their new fleet assignment following Saturday's preliminary series described below.
- 18.4. Green-Green and Green-Yellow will have separate starts on Saturday. On Sunday, the Yellow Fleet *i.e.* the "Gold Fleet" (utilizing yellow ribbons), and the Green Fleet, *i.e.*, the "Silver Fleet" (utilizing green ribbons) will have separate starts.
- 18.5. Following Saturday's preliminary series, if at least one race has been completed in both the Green-Green and Green-Yellow fleets, the top 50% of sailors in the Green-Yellow and Green-Green fleets will be placed into the Yellow Fleet (*i.e.* the "Gold Fleet") for Sunday's races. The remaining sailors will be placed into Green Fleet (*i.e.* the "Silver Fleet") for Sunday's races.
- 18.6. A competitor's final score total shall reflect their total score, less their worst score if six or more races are completed, and less their second-worst score if 12 or more races are completed. If six races are completed Saturday, each boat's worst score will be discarded prior to the fleet split calculation.

**19. SUPPORT AND SPECTATOR BOATS**

- 19.1. Team leaders, spectators, coaches and other support personnel shall not be in the

Racing Area from the time of the warning signal for the first class to start until all boats have finished, or the Race Committee signals a postponement, general recall or abandonment.

- 19.2. All support and spectator boats are requested to monitor channel 70 for requests from the Race Committee to assist with fleet safety.
- 19.3. Support and spectator boats may only enter the race area at the request of the Race Committee or when they deem it necessary to assist a boat in distress.

## 20. ENFORCEMENT OF RULES 42 (PROPULSION)

- 20.1 Appendix P of the RRS will be in effect; however, competitors who observe a violation of Rule 42 are expected to protest. Judges may or may not be present enforcing Appendix P. RRS P2.3 will not apply, and RRS P2.2 is changed so that it will apply to any penalty after the first one.
- 20.2 The Principal Race Officer on the signal boat is a designated observer in accordance with RRS P1.

## 21. ADVERTISING.

- 21.1 Competitors may have any advertising on their boat and sails.
- 21.2 Anyone still reading this deserves free ice cream. If you are one of the first five (5) competitors to approach the scoring inquiry desk and say “Boomerang is Awesome!” you will receive free ice cream.

## 22. COACHING IN GREEN FLEET.

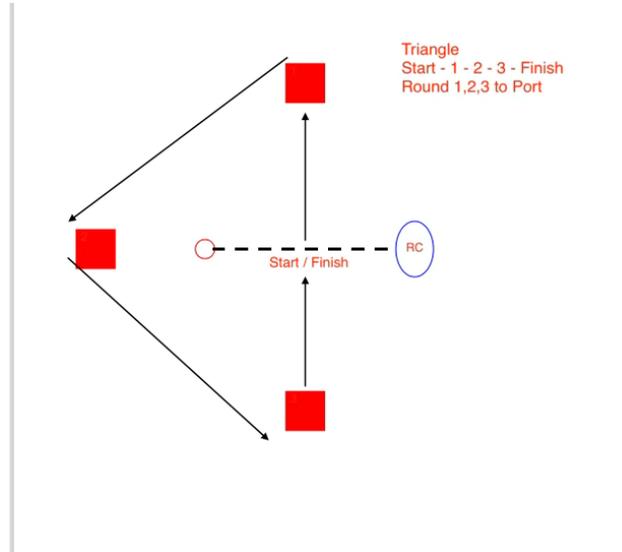
After the start, coaches appointed by the Race Committee will be permitted to provide basic boat handling assistance and encouragement for the **bottom half** of the Green Fleets. Tactical or other assistance provided to any sailor, as well as any interaction with the sailor in the top half of the fleet, may result in one (1) warning to a coach or parent, and then may result in disqualification from that race.

Let’s give the competitors space to learn and focus our coaching efforts on the back half of the fleet.

Good Luck!

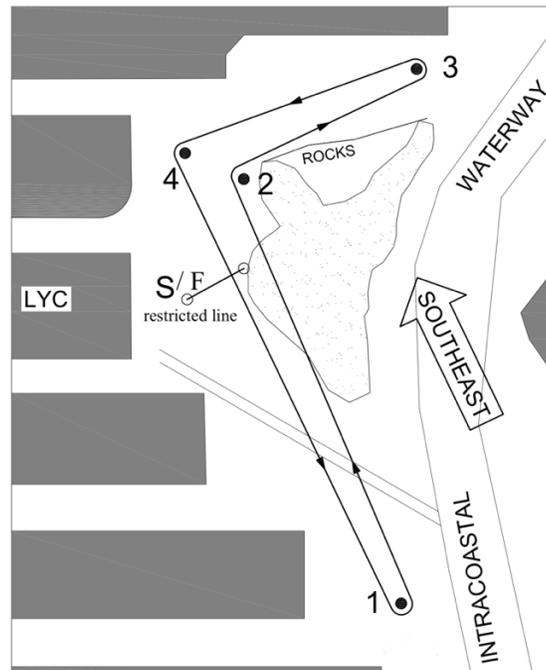
## APPENDIX A – INSIDE RACE COURSES

### COURSE A (TRIANGLE)



### COURSE B (BOOMERANG)\*

Start 1 – 2 – 3 – 4 - Finish. Round 1, 3, and 4 to Port. Round 2 to Starboard.  
Restricted Start / Finish line.



\*Note: Course B may be utilized **even if the actual wind direction does not match the “SOUTHEAST” direction at the angle depicted.**