



Sailing Instructions

Force Five Regatta

March 14, 2026

Hamilton Creek Marina, Percy Priest Lake, Hermitage, TN
The organizing authority for this event is Percy Priest Yacht Club

1. RULES

- 1.1. The regatta will be governed by the rules as defined in The Racing Rules of Sailing (RRS).
- 1.2 The first two sentences of rule 44.1 are changed to: "A boat may take a One-Turn Penalty when she may have broken one or more rules of Part 2 or rule 31 in an incident while racing. However, when she may have broken one or more rules of Part 2 while in the zone around a mark other than a starting mark, her penalty shall be a Two-Turns Penalty"
- 1.3 When code flag "AP" is displayed ashore, RRS Race Signals is changed to read "The warning signal will be made not less than 30 minutes after removal unless the race is postponed again or abandoned."
- 1.4 For distance courses only-RRS 32.2 is changed to "If the race committee signals a shortened course (displays flag S with two sounds), the finishing line shall be between a staff displaying flag "S" (shortened course signal flag) on a race committee boat end and the new finishing mark at the other end." This new finish line will be within a leg of the existing course.
- 1.5 The notation '[NP]' in a rule means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1(a).

2. NOTICE TO COMPETITORS

- 2.1 Notices to competitors will be posted on the official notice board.
- 2.2 Supplementary sailing instructions (addendum A, B, C, etc will be posted on the official notice board and the PPYC website (<https://ppyc.clubexpress.com>))

3. CHANGES TO SAILING INSTRUCTIONS

- 3.1 Any change to the sailing instructions will be posted before 0900 on the day it will take effect.
- 3.2 Changes to a sailing instruction may be made on the water by the PRO hailing competitors on VHF channel 68 .

4. SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be flown from the RC Signal boat located on the dock nearest the club house.

5. CODE OF CONDUCT

5.1 [DP] Competitors and support persons shall comply with reasonable requests from race officials.

6. SCHEDULE OF RACES

6.1 Schedule of race will be as described in the Notice of Race.

6.2 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made (RC boat on station).

6.3 The order of class starts for the first race will be posted on the official notice board before 0900 on the day racing begins. Subsequent class starting order will be at the discretion of the PRO. Class starts may be combined for a single race or all races at the discretion of the race committee.

7. CLASS FLAGS

7.1 Class flag descriptions will be posted on the notice board no later than 0900 on the day racing begins.

8. COURSES

8.1. No later than the warning signal, the race committee will designate the course, and it may also display the approximate compass bearing of the first leg

8.2. Races will start within two miles of the entrance to the Hamilton Creek Sailboat Marina cove.

8.3. Course descriptions and diagrams will be posted on the official notice board and/or attached to the Sailing Instructions as Addendum A.

8.4. Actual courses and course length will be determined by the Race Committee based on the sailing conditions.

9. MARKS

9.1 A list of the marks that will be used, including a description of each one, will be included in the Addendum A.

10. THE START

9.1 Races will be started by using RRS 26 but the starting signal (class flag down) will be the zero time for pursuit starts using times posted as in Addendum B.

9.2 The starting line will be between a staff displaying an orange flag on the port side of the race committee vessel and a mark described in the addendum/supplement

11. CHANGE OF THE NEXT LEG OF THE COURSE

11.1 To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.

12. THE FINISH

12.1 The finishing line is described in Addendum A.

13. TIME LIMITS

13.1 **Mark 1 Time Limit** Time limit for the first boat to pass the inflatable mark of Course L or Course X. **This is not the optional windward mark of Addendum A 1.2.**

13.2 **Race Time Limit** Time limit for the first boat to, sail the course.

13.3 **Finishing Window** Time limit for boats to finish after the first boat, sails the course.

13.4 If no boat has passed Mark 1 within the Mark 1 Time Limit, the race shall be abandoned.

13.5 Boats failing to finish within the Finishing Window shall be scored TLE (time limit expired) without a hearing. This changes RRS 35, A5.1 and A5.213.

13.6 Boats failing to finish by 15:00 hours and not thereafter retiring, being penalized, or given redress, will be scored TLE (Time Limit Expired).

Course	Mark 1 Time Limit	Race Time Limit	Finishing Window
X	1 hour	2 hr	30 minutes
Low Water Dam	1 hour	2 hr	30 minutes
Island	none	3 hr	1 hour

14. HEARING REQUESTS

14.1 The protest time limit is 30 minutes after the Race Committee signal vessel docks and will be posted on the Official Notice Board.

14.2 Hearing Request forms are available on request from the PRO or race chairperson.

- 14.3 Hearing Request forms will be delivered to the PRO or race chairperson.
- 14.3 Notices will be posted on the Official Notice Board no later than 15 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses.
- 14.4 Protests will be heard in the approximate order of receipt at a location posted on the official notice board.

15. SCORING .

- 15.1 RRS Appendix A will apply but no scores will be excluded as allowed in A2.1.
- 15.2 One race is required to be completed to constitute a series.
- 15.3 Boats failing to finish by 15:00 hours and not thereafter retiring, being penalized, or given redress, will be scored TLE (Time Limit Expired). Boats scored TLE will be scored points equal to the number of boats finishing within the time limit plus two points. No score shall be greater than DSQ. (This changes RRS 35, A5.1, A5.2 and A10)

16. SAFETY REGULATIONS

- 16.1 [DP,NP] Prior to the warning signal for the first race of each day, each boat shall check in by sailing by the race committee signal vessel and hailing its sail number until acknowledged by the race committee.
- 16.2 [DP,NP] A boat that retires from or stops racing during a race shall notify the race committee at the first reasonable opportunity.

17. OFFICIAL VESSELS

- 17.1 The Race Committee Signal Vessel will display a blue RC flag. Mark Vessels will display a blue RC flag.

- 18. RISK STATEMENT** RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.

26. INSURANCE

- 26.1 Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of \$300,000 per incident or the equivalent.