



2026 Galen Freeman One Design Regatta May 16-17 2026

Hamilton Creek Marina, Percy Priest Yacht Club
Hermitage, TN

The organizing authority for this event is Percy Priest Yacht Club,

1. RULES--

- 1.1 The regatta will be governed by the rules as defined in The Racing Rules of Sailing (RRS).
- 1.2 Class One Design rules will apply except:
 - 1.2a For J22 boats, the combined crew weight restriction of class rule C.2.1.(a) will not apply.
- 1.3 The prescriptions of RRS 63.2 will not apply.
- 1.4 The first two sentences of rule 44.1 are changed to: "A boat may take a One-Turn Penalty when she may have broken one or more rules of Part 2 or rule 31 in an incident while racing. However, when she may have broken one or more rules of Part 2 while in the zone around a mark other than a starting mark, her penalty shall be a Two-Turns Penalty".
- 1.5 When code flag "AP" is displayed ashore, RRS Race Signals is changed to read "The warning signal will be made not less than 30 minutes after removal unless the race is postponed again or abandoned." ."
- 1.6 The notation '[NP]' in a rule means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1(a).
- 1.7 Rule 60.4(a)(2) is changed as follows: (2) if it alleges a breach of a rule of Part 2 or rule 31 and is from a boat that was not involved in, and did not see, the incident, or
- 1.8 Further rule changes pertaining to the management of the individual races will be described in the final Sailing Instructions. In the event of a disagreement between this Notice of Race and the final Sailing Instructions, the final Sailing Instructions will be considered the controlling document.

2. SAILING INSTRUCTIONS

- 2.1 Sailing Instructions (SI) and any changes or amendments will be dated and posted online no later than May 2, 2026, at <https://ppyc.clubexpress.com>. Click on the Galen Freeman Regatta in the Upcoming Events list. Copies of this NoR and the SI (including any final changes) for this regatta will be posted on the official notice board no later than 0900, May 16, 2026.

2.2 Changes to a sailing instruction may be made on the water by the PRO. For an oral on the water change to the sailing instructions: "L" flag shall be displayed. The change will be announced on VHF channel 68. Changes can only be made to a SI before the class warning signal.

3 COMMUNICATIONS

- 3.1 The official notice board is located on the club house windows overlooking the docks at Hamilton Creek Marina (North side of building).
- 3.2 [NP] All boats shall carry a VHF radio.
- 3.3 On the water, the race committee will make courtesy broadcasts to competitors on VHF radio channel 68. Failure to hear or understand a broadcast will not be grounds for redress.
- 3.4 [NP] [While racing][From the first warning signal until the end of the last race of the day], except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats. This does not preclude communications on Channel 68 as all boats are assumed to be monitoring.

4. ELIGIBILITY AND ENTRY

- 4.1 The regatta will be open to International J/22 Class Yachts registered with PPYC for this Regatta.
- 4.2 All registrations must be done online from WWW.PPYC.ORG including payment of regatta fees. There will be no registration nor payment methods at the regatta site.
- 4.3 A Waiver and Release of Liability and Emergency Contact form signed by the owner/skipper and each crew member must be placed in the container labeled "PPYC WAIVERS" or given to the person at the sign in desk in the club house. No boat will be fully registered nor scored without submitting this completed form. In the event of a crew member substitution during the regatta, the new crew member must submit a signed waiver of liability to the Regatta Committee prior to racing for that boat's entry to remain valid. Waiver forms can be printed from the Race Documents found on www.PPYC.org.

4.4 CLASSES/FLEETS

- 4.4a One Design Classes anticipated:
J22 boats constitute a single class.

4.5 FEES-- The regatta entry fees are as follows:

Registration Fee:	\$75.00
Early Registration Discount: Register by midnight, Tuesday, May 12,2026	-\$10.00
A \$5.00 discount is available for US Sailing members. Proof of membership is required for discount.	-\$5.00
Special note: This is a Red Cup Event	

5. SCHEDULE

Friday May 17, 2026 Launch and Practice	
0900	All registrations are now required online via the PPLYC web site, by 0900.
1200	PPYC Club Members available to greet and help rig and launch boats
1500-1800	Possible practice starts and/or short windward leeward races
Saturday, May 16, 2026	
0800-1000	Light Breakfast available inside the Clubhouse.
0930	Place Waiver and Release & Emergency Contact Information form into the designated box at the sign in desk in the club house Waivers are required by 0930. If incomplete, the boat will not be scored.
1000	Competitors Meeting will be conducted on club house deck
1100	Warning Signal for first race. Subsequent races to follow.
Approx 1530 Immediately after racing is completed	No Host Dinner and Drinks at La Hacienda Restaurant 3670 Bell Road, Nashville 37214 (4 miles / 8 Minutes from Hamilton Creek Marina)
Sunday, May 17, 2026	
0800-0900	
1000	Warning Signal first race. Subsequent races may follow.
1300	No race will be started after this time.
Awards	Awards presentation will be as soon as possible after last race on the building deck.

6. COURSES

- 6.1 The regatta will consist of as many as 7 windward/leeward buoy course races as described in Attachment A of the SIs.
- 6.2 Races will start within three miles of the entrance to the Hamilton Creek Sailboat Marina cove.
- 6.3 Course descriptions and diagrams will be posted on the official notice board and attached to the Sailing Instructions as an addendum.
- 6.4 Actual courses and course length will be determined by the Race Committee based on the sailing conditions.

7 LAUNCHING, DOCKING AND HAULING--Launching, docking and hauling may be done at Hamilton Creek Sailboat Marina free of charge. A ramp is available for trailer launching. No boat hoist is available.

8. Scoring

- 8.1 RRS Appendix A will apply except Rule A2.1 is changed to: "Each boats series score shall, subject to rule 90.3(b), be the total of her race scores excluding her worst score when 6 or more races have been completed".
- 8.2 One race is required to be completed to constitute a series.

9. Awards will be given to 1st, 2nd, 3rd, in J22 Fleet. The One and Only Galen Freeman will oversee the Awards Ceremony!

10. Risk Statement

10.1. Competitors participate in this regatta entirely at their own risk. See RRS 3, Decision to Race. Competitors acknowledge that sailing involves potential risks. As a condition of their participation in this regatta, competitors release all claims they may have against Percy Priest Yacht Club and its officers, directors, members, committees, volunteers, and employees for damage to property, personal injury or death sustained in conjunction with or prior to, during or after the regatta.

10.2.

The skipper/owner of each boat participating in the regatta shall be responsible for the behavior of each member of the crew of his/her boat both on the water and while ashore. The destruction of property, the breach of reasonable standards of good sportsmanship by any crew member, or any other person associated with the boat, or the failure of any of those persons to comply with any reasonable request of any Race Officer, Regatta Committee member, or their representatives, may result in the disqualification of the boat.

11. Insurance

11.1 Each participating boat shall be insured with valid third party liability - insurance with a minimum coverage of \$300,000 per incident or the equivalent.

12. Further Information

Contact Regatta Chairperson George Heintz (ghheintz@aol.com / (615) 788-7020 or PPYC Race Director : Sam Beckman, (sambeckman@netscape.net / (615)473-5708