

**Rochester Frostbite Association**  
**2026 Interclub Dinghy National Championship**  
**Friday, April 17 to Sunday, April 19, 2026**

**NOTICE OF RACE**

1 RULES

1.1 The event will be governed by the *rules* as defined in *The Racing Rules of Sailing* and *The Technical Regulations of the Interclub Dinghy* as revised on January 1, 2026.

1.4 Technical Regulation 2.3.1 Hull Weight, is revised as adopted in April 2018 to - Boats fully equipped for racing (i.e. with centerboard, rudder, boom, mast, lines, and all fixed fittings) shall weigh at least 240 lb. This weight excludes sail, paddle, anchor, tools, and any other personal effects. Boat weights may be spot checked for compliance by OA.

1.5 Appendix V1, Penalty at the Time of an Incident, will apply on windward-leeward courses.

1.6 Electronic compasses and video cameras are permitted. Use of all other electronic equipment, including GPS enabled electronic devices, VHF radios, and cell phones is prohibited while racing. Photographic evidence is not permitted for protest hearings.

1.7 Bow and sail numbers are required. The bow number must match the sail number. Each bow and sail number must be unique, i.e. no other registered Interclub may display the same number on either the bow or sail. This rule shall be modified in that bow numbers shall take precedence over sail numbers. If two yachts have the same number on either the bow or sail, the yacht whose actual hull number matches that number shall have priority for that number. The bow number shall be placed within 1 foot of the bow stem, be at least 10 inches in height, and be of contrasting color to the hull. Each boat shall have a 20' painter of floating line suitably secured for recovery and towing.

1.8 Boats shall be sailed with 2 people whose minimum combined crew weight shall be 315 pounds. (i) Should live crew weight fail to make this minimum, non-movable ballast may be carried to make up the difference. A maximum of 15 lb. of negative buoyancy ballast may be carried. Any additional weight must be neutral or positive buoyancy. Crews shall be weighed as dressed for racing, which includes wearing life jackets. Weight jackets are not permitted.

(ii) If a boat is overweight, the excess weight of the boat (over 240 pounds), up to a maximum of 15 pounds, may be deducted from the minimum crew weight.

1.9 Rule 40 PERSONAL FLOTATION DEVICES will apply at all times while afloat. PFD's shall be non-inflatable, USCG- or CE-approved.

## **2 SAILING INSTRUCTIONS**

Sailing instructions will be posted on regatta website.

## **3 COMMUNICATIONS**

3.1 Notices to competitors will be posted on the official Notice Board at Rochester Canoe Club or online at regatta website.

3.2 On the water, the race committee will make courtesy broadcasts to competitors via *loudhailer*

3.3 [DP] While racing, from the first warning signal until the end of the last race of the day, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

## **4 ELIGIBILITY ENTRY**

4.1 The event is open to boats of the Interclub Class.

4.2 Eligible boats may enter by completing the online entry form.

4.3 Inquiries for housing may be submitted via email to: [jbarn.1le@gmail.com](mailto:jbarn.1le@gmail.com)

5.1. The entry fee is \$150.00 due by 1000 Friday, March 27, 2026. Entry fee increases to \$175.00 after 1000 Friday, March 27, 2026.

5.2 To be considered an entry in the event, a boat shall complete all registration requirements and pay all fees by 1015 Saturday, April 18, 2026

## **6 SCHEDULE OF EVENTS**

### Friday, April 17

1600 - 2000 Check-in - Boat weigh-in and sail measurement/skipper& crew weigh-in

– Rochester Canoe Club

### Saturday, April 18

0800 - 1000 Check-in - Boat weigh-in and sail measurement/skipper & crew weigh-in

– Rochester Canoe Club

1030 Competitors' meeting

1100 Harbor Start

Prior to racing each day, boats are required to check in with the RC on the water.

1130 First Warning

1630 Après Pizza, beverages, and debrief at Rochester Canoe Club

Sunday, April 19

1000 Harbor Start

Prior to racing each day, boats are required to check in with the RC on the water.

1030 First Warning

1500 No warning signal after this time

Award ceremony after the completion of racing with refreshments.

## **7 VENUES**

The racing area will be in Irondequoit Bay via Rochester Canoe Club.

## **8 COURSES**

The courses will be Windward-Leeward as described in the sailing instructions.

## **9 CAPSIZING**

9.1 It is mandatory that boats in the vicinity of any overturned boat go to the rescue of her crew. Failure to comply may lead to disqualification from that race.

9.2 Boats going to the rescue of a capsized boat shall report their action to the race committee and will be given redress for that race for finishing in the position at the time of rescue or, if that cannot be determined, by taking their average for the day or other suitable redress as determined by the protest committee. This changes rule A5.

## **10 SCORING**

10.1 One completed race will constitute a series.

10.2 The Low Point Scoring System of RRS Appendix A will apply, except that no score shall be excluded (no throw out). This changes A2.

## **11 PROTESTS**

11.1 A protesting boat shall comply with rule 61.1 and shall also report her intention to protest to the race committee at the conclusion of the race.

11.2 A written protest needs to be completed and filed with the protest committee.

11.3 Protest hearings will be held within 60 minutes after the race committee arrives at the dock.

## 12 PRIZES

12.1 Prizes will be awarded to the top three finishers.

12.2 Other prizes may be awarded.

## 13 RISK STATEMENT

By registering for this event, the person in charge of each boat agrees with the following: 1) My crew and I recognize that sailing is an activity that has an inherent risk of damage and injury, sickness, and disease (including communicable diseases such as Covid-19) associated with it. We have read RRS 3, Decision to Race, and hereby acknowledge and agree that we are participating in this event entirely at our own risk.

2) I acknowledge and agree that neither the organizing authority, host club nor the race committee, nor their members will be responsible for a) any damage to the entered boat or my other property, or b) any injury, sickness, or disease (including communicable diseases such as Covid-19) to my crew or me, including death, sustained as a result of our participation in this event.

3) I hereby waive any rights I may have to sue the race organizers (organizing authority, host club, race committee, protest committee, sponsors, or any other organization or official) with respect to personal injury, sickness, or disease (including communicable diseases such as Covid-19) or property damage suffered by my crew or me as a result of our participation in this event, whether on the water or on-shore and hereby release the race organizers from any liability for such injury, sickness or disease (including communicable diseases such as Covid-19) or damage to the fullest extent permitted by law. 4) I have taken all necessary steps to ensure that my crew and I and my entered boat are adequately prepared for all possible contingencies, including carrying and using appropriate safety equipment as may be required by law, and racing rules and that a prudent seaman would consider advisable. **I agree to be bound by all rules that govern this event. I will inform all crew members of the conditions stated herein for their participation in such racing.**

## 14 FURTHER INFORMATION

For further information please contact the Rochester Canoe Club, 2050 Bayshore Blvd., Irondequoit, NY 14622 Telephone: 585-288-2380 or Jim Barnash [jbarn.lle@gmail.com](mailto:jbarn.lle@gmail.com)