



Navy Yacht Club San Diego

Wednesday Night Races

2026 Spring, Summer & Fall Series

SAILING INSTRUCTIONS



Organizing Authority:
Navy Yacht Club San Diego

Principal Race Officer:
Jeff McNicholl or assigned
fstatck@yahoo.com
(619) 405-1463

1. **RULES**

- 1.1 The regatta will be governed by the Racing Rules of Sailing (RRS), the rules of PHRF SoCal Rules and By-Laws, the rules of the competing classes (except as any of these are altered by these sailing instructions), and by the USCG Navigation Rules Inland.
- 1.2 No vessel has the right of way over a large ship in the channel.
- 1.3 **NAVAL PROTECTION ZONE:** The Naval Protection Zone is a 500-yard regulated area of water surrounding all US Naval Vessels. All vessels within 500 yards of a US Naval vessel shall operate at the minimum speed necessary to maintain safe course and speed, and shall proceed as directed by any official patrol. **NO VESSEL IS ALLOWED WITHIN 100 YARDS OF A US NAVAL VESSEL.** These zones are permanently in effect.
- 1.4 RRS 60.2, 63.1, and A5 are modified to add that the Race Committee (RC) may disqualify without a hearing a yacht infringing SI 1.2, 1.3, and 1.5.
- 1.5 In accordance with an agreement with the MWR Marina in order to keep NYCSD Beer Cans Series (Spring, Summer and Fall) on track, the following needs to be adhered to: Any boat racing with NYCSD and originating/berthed at Fiddler's Cove Marina **MUST** provide the 'number' of guests transiting the Marina, to the Commodore by email to commodore@nycsd.club by noon on the date of the race. Guests are defined as any person not renting a slip at the Marina. The Commodore will provide a consolidated report to the Marina Manager.

2. **NOTICE TO COMPETITORS**

- 2.1 Notices to competitors will be posted on the [NYCSD Regatta Network](#) event page. They will also be posted on the front window of the NYCSD clubhouse.

3. **CHANGES TO SAILING INSTRUCTIONS**

- 3.1 Changes to sailing instructions made ashore will be posted no later than 1800 on the day prior to the event on the [NYCSD Regatta Network](#) event page.

4. **SIGNALS MADE AFLOAT**

- 4.1 Changes to Sailing Instructions made afloat will be communicated by the RC boat displaying code flag L over code flag A with one sound signal. Come within hail of the RC boat to receive the change.
- 4.2 The RC will monitor VHF Channel 68. All yachts should monitor Channel 68 from the time the boat checks in with the RC until she finishes.

5. **CHECK-IN**

- 5.1 Boats shall check-in with the RC by sailing past the stern of the RC boat on starboard tack after the hoist of the L code flag and before the first warning signal. Boats shall report their sail numbers and class. Capri 16.5 shall report their bow number. **No radio check-ins will be acknowledged.**

6. **SCHEDULE OF RACES**

- 6.1 Dates of races are listed in the NOR.

- 6.2 One race per day will be sailed for all classes.
- 6.3 The scheduled time of the warning signal for the first class will be 1754.

7. **CLASSES, CLASS FLAGS, AND STARTING ORDER**

- 7.1 The class starting order will be as follows: 1, 2 and 3.
- 7.2 The RC may combine classes by displaying several Class flags at the warning. A class may be skipped if there are no entries. **If fleets are combined or skipped, subsequent fleets will move up in the starting order.**

8. **RACING AREA**

- 8.1 Racing shall take place in South San Diego Bay in the area between Fiddler's Cove Marina to the South, Navy Base Coronado to the North, and 32nd St. Naval Station to the East.
- 8.2 The start area will be in the vicinity of San Diego channel buoy 32A.

9. **THE COURSE**

- 9.1 Courses will be selected from the attached course chart on page 4.
- 9.2 The course number and approximate magnetic heading to the windward mark shall be displayed by the RC boat by code flags or display board.

10. **MARKS**

- 10.1 Marks A, C, and R (if used) shall be orange tetrahedrons.
- 10.2 A buoy or dinghy may stream from the RC boat and shall be considered part of the RC boat.
- 10.3 Generally, the RC will not move a mark in the middle of a race except in extraordinary situations. The RC may, without signal, move a mark to change the direction up to 10 degrees or the length up to 10% of the previous length, provided that no boat is sailing to the mark.

11. **STARTS**

- 11.1 The start line shall be between a staff displaying an orange flag on the RC boat and a floating pin with an orange flag.
- 11.2 The start of one class will be the warning for the subsequent class.
- 11.3 Yachts whose warning signal has not been made shall avoid interfering with those boats within 5 minutes of start.
- 11.4 Boats not starting within 10 minutes of their class start signal will be scored DNS. This changes RRS 63.1, A4, and A5.

12. **RECALLS**

- 12.1 Individual Recalls will be signaled in accordance with RRS 29.1. As a courtesy, the RC will attempt to hail boats "On Course Side" (OCS) as soon as possible over a loud hailer and/or on VHF 68, but it is the responsibility of each boat to start properly.
- 12.2 Failure of electronic equipment, failure to hear a hail, order of hail, or delay in hailing will not be grounds for redress. This modifies RRS 62.1(a).
- 12.3 In the case of a General Recall, the recalled class shall start after the last scheduled class starts. Their warning shall be the start of the last class. If the recalled class is the last scheduled class, their warning signal shall be one minute after their First Substitute code flag is removed with a sound. This changes RRS 29.2.

13. **FINISH**

- 13.1 The finish line shall be between a staff displaying a blue flag on the RC boat and the course side of a floating pin with a blue flag.

14. **TIME LIMIT**

14.1 The time limit for the first boat in a class to finish a race shall be one hour and 15 minutes. Boats failing to finish within 30 minutes after the first boat in their class sails the course and finishes will be scored DNF without a hearing. This changes RRS 35, A4, and A5.

15. **PENALTIES**

15.1 Appendix V1 – A ONE TURN PENALTY AT THE TIME OF AN INCIDENT will apply. This changes RRS 44.1 two turn penalty.

15.2 Scoring Penalty 44.3 shall apply.

16. **PROTESTS**

16.1 A boat intending to protest shall report her intentions and the boat(s) being protested to the RC boat on station upon finishing or retiring and obtain RC acknowledgment. This modifies RRS 61.

16.2 Protests shall be filed electronically to the Principal Race Officer, Jeff McNicholl, (fstatck@yahoo.com or 619-405-1463) within 1 hour of the last boat finishing.

16.3 The parties involved will be listed, in the order of filing, on the [NYCSD Regatta Network event "Notice Board"](#) for the Race and protests will be heard as soon as practicable, which will be at a later date and likely via an online video meeting. This posting constitutes the notice required by RRS 63.2, Time and Place of the Hearing.

16.4 Arbitration, in accordance with RRS Appendix T, will be available after racing at the NYCSD Clubhouse or via an online video meeting, for breaches of the rules of Part 2 where there is no damage or injury. Protests and Requests for Redress not resolved through arbitration or scoring inquiries will be referred to the protest committee for a hearing.

16.5 Generally, protests are HIGHLY discouraged. Beer cans are intended to be a fun, spirited and a safe learning environment with "Corinthian Sportsmanship" a priority.

18. **SCORING**

18.1. Scoring will occur as stated in the NOR

18.2. Non-Spinnaker offsets will **NOT** be used.



Navy Yacht Club San Diego Wednesday Night Races 2026 Spring, Summer & Fall Series Course Chart



<p>1A 1.6 NM A to Port C to Port Finish</p> <p>1B Turns to Stbd</p> <p>1C 1.8 NM A to Port R to Port C to Port Finish</p> <p>1D 1.6 NM A to Port (.75 NM) Finish</p> <p>2A 2.6 NM A to Port C to Port A to Port C to Port Finish</p> <p>2B Turns to Stbd</p> <p>2C 2.8 NM A to Port R to Port C to Port A to Port C to Port Finish</p> <p>2D 2.3 NM (.75 NM) A to Port C to Port A to Port Finish</p> <p>3A 3.6 NM A to Port C to Port A to Port C to Port A to Port C to Port Finish</p> <p>3B Turns to Stbd</p>	<p>4A 3.8 NM A to Port C to Port A to Port R to Port C to Port A to Port C to Port Finish</p> <p>4B Turns to Stbd</p> <p>5 2.6 NM SD 34 to Port Finish</p> <p>6 2.7 NM A to Port SD 32 to Port Finish</p> <p>7 2.2 NM SD 30 to Port Finish</p> <p>8 3.4 NM A to Port SD 34 to Port SD 32 to Port Finish</p> <p>9 3.5 NM A to Port SD 32 to Port SD 30 to Port Finish</p> <p>10 3.3 NM A to Port SD 38 to Port SD 36 to Port Finish</p> <p>11 3.8 NM A to Port SD 40 to Port SD 38 to Port Finish</p> <p>12 2.4 NM SD 28 to Port Finish</p>	<p>13 4.0 NM A to Port SD 30 to Port SD 28 to Port Finish</p> <p>14 3.0 NM SD 28 to Stbd SD 32 to Stbd Finish</p> <p>15 3.7 NM SD26A to Stbd SD30 to Stbd Finish</p> <p>16 3.4 NM SD32 to Port SD28 to Port SD30 to Stbd Finish</p> <p>17 4.6 NM A to Port SD 32 to Port A to Port SD 32 to Port Finish</p> <p>18 4.3 NM A to Port SD26A to Stbd SD30 to Stbd Finish</p> <p>19 4.5 NM SD 26A to Stbd SD 34 to Stbd Finish</p> <p>20 2.6 NM A to Port (.75NM) SD34 to Port Finish</p> <p>21 2.9 NM A to Port (.75NM) SD36 to Port Finish</p>	<p>22 3.2 NM A to Port (.75NM) SD 38 to Port Finish</p> <p>23 3.4 NM A to Port (.75NM) SD 40 to Port Finish</p> <p>24 4.3 NM A to Port (.75NM) SD 34 to Port A to Port SD34 to Port Finish</p> <p>25 5.0 NM A to Port (.75NM) SD 36 to Port A to Port SD36 to Port Finish</p> <p>26 5.5 NM A to Port (.75NM) SD 38 to Port A to Port SD 38 to Port Finish</p> <p>27 6.0 NM A to Port (.75NM) SD 40 to Port A to Port SD 40 to Port Finish</p> <p>Notes: 1. Mark 'C' (leeward mark) will be set by R/C. 2. Mark 'R' (reach mark) will be set by R/C. 3. All distances are approximate. Actual distances will be calculated at time of race scoring.</p>
---	--	--	--