



**2010 – 2011 ISLAND FEVER REGATTA  
SOUTH BEACH YACHT CLUB – SAN FRANCISCO  
SAILING INSTRUCTIONS**

**1. RULES**

- 1.1. The Regatta will be governed by the rules as defined by the Racing Rules of Sailing.
- 1.2. Racing rules are changed as follows:
  - RRS 40:** All competitors shall wear life jackets or other personal buoyancy while racing. The “Y” flag will not be displayed.
  - RRS 41:** race committee’s communications with competitors shall not be considered outside help.
  - RRS 35, A4 & A5:** Time Limit changes are described in paragraphs 12.1, 12.2, and 12.3.
- 1.3. Each boat shall have a 2010 Northern California PHRF or BAM handicap certificate or be a class-legal, one design whose class is a member of SF Bay ODCA, WBRA, or US Sailing.
- 1.4. Each boat without a 2010 Northern California PHRF certificate will be assigned a PHRF rating by the Race Committee; that rating may not be appealed.

**2. NOTICES TO COMPETITORS**

- 2.1. Notices to Competitors will be posted on the south windows of South Beach Yacht Club.
- 2.2. Competitors should monitor VHF channel 78 for on-the-water communication with the Race Committee.

**3. SIGNALS MADE FROM SOUTH BEACH YACHT CLUB HOUSE**

- 3.1. Signals made from South Beach Yacht Club house will be displayed from the mast.
- 3.2. When the Answering Pennant (AP) flag is displayed from the mast, “1” MINUTE is replaced by “not less than 30 minutes.”

**4. CHANGES TO THE SAILING INSTRUCTIONS**

- 4.1. Changes to the Sailing Instructions will be posted on the south windows of South Beach Yacht Club no later than 1130 hours on the day they are to take effect.

## 5. SCHEDULE OF RACES

5.1. Race dates are:

Race 1	November 20
Race 2	December 18
Race 3	January 15
Race 4	February 19
Race 5	March 19

5.2. The schedule for the first warning signal is 1230 hours.

## 6. DIVISION FLAGS AND STARTING ORDER

6.1. The Division flags and scheduled starting order are:

<b>Spinnaker 126 &amp; below</b>	<b>Delta</b>
<b>Spinnaker 127 &amp; above</b>	<b>Echo</b>
<b>Spinnaker Catalina 30</b>	<b>Foxtrot</b>
<b>Non-Spinnaker</b>	<b>Golf</b>

## 7. RACING AREA

7.1. The racing area will be the Central and South waters of South San Francisco Bay.

## 8. COURSES AND MARKS

8.1. "Courses and Descriptions of Marks" are found on Attachment A.

8.2. Marks that are designated as "islands" may be rounded in either direction.

8.3. Except when designated with an (S) for starboard, all other marks are to be left to port.

## 9. OBSTRUCTIONS AND RESTRICTED AREAS

9.1. The area inside South Beach Harbor is restricted.

9.2. The seawall of South Beach harbor is an obstruction.

## 10. THE START

10.1. The starting line will be the entrance of McCovey Cove between the breakwater mark, FL G 2 5S "1" pa and the east end of Pier 48.

10.2. A boat whose Warning Signal has not been made, shall remain outside of McCovey Cove and clear of the start line until invited into the Cove by the Race Committee.

10.3. For safety, boats may keep their motors running until the One Minute Signal.

10.4. The Race Committee may announce which Division is starting, course selection, the count down to starting sequence signals, a Division's position relative to the starting line and sail numbers of boats that are On Course Side or have violated RRS 30. The failure of the Race Committee to hail a boat, the order of the hails, or the boat's inability to hear the hail shall not be grounds for redress.

## **11. THE FINISH**

- 11.1. The finish line will be the same as the Starting Line.

## **12. TIME LIMITS**

- 12.1. A boat start later than 10 minutes after her starting signal will be scored Did Not Start without a hearing.
- 12.2. A boat failing to finish within 45 minutes after the first boat in her division will be scored Did Not Finish.
- 12.3. A boat finishing after 1700 hours will be scored Did Not Finish.
- 12.4. A boat retiring before finishing shall notify the Race Committee as soon as practical either on VHF channel 78 or by calling 415-420-6706.

## **13. SCORING**

- 13.1. PHRF handicapping system, Time on Distance, calculated to the nearest second will be used.
- 13.2. Two races are required to be completed to constitute a series.
- 13.3. When four or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

## **14. PROTESTS**

- 14.1. Protest forms are available from the Race Committee
- 14.2. Protests shall be filed no later than 60 minutes after the last boat of the day finished and delivered to a representative of the Race Committee.
- 14.3. A protest committee will hear the protest on the next race date at 1000 hours SBYC's library. This shall serve as proper notification per RRS 63.2.

## **15. PRIZES**

- 15.1. Prizes will be given after each race for the first place winner in each division.
- 15.2. In the event a race is abandoned, the first person for each division to return to the clubhouse may claim the prize for that race.
- 15.3. Trophies for first, second, and third places for each division will be awarded at the end of the season.

16. **HOSPITALITY:** Skippers, their crew and guests are invited to SBYC after each race.

## ATTACHMENT A

### Island Fever 2010-2011 Courses

Round all Marks to Port unless noted by (S) then Round to Starboard  
Islands may be rounded from either direction

Course #		Start				Distance(nm)	
1	S	SC1	F			1.9	
2	S	34	F			2.8	
3	S	34	SC1	F		3.3	
4	S	SC1(S)	34	SC1	F	3.9	
5	S	2NAS	F			4.2	
6	S	SC1	AS1	34	SC1	F	4.8
7	S	37	F			5.2	
8	S	18	F			5.4	
9	S	2NAS	AS1	SC1	F	5.9	
10	S	2NAS	SC1	2NAS	F	6.7	
11	S	SC1(S)	32	F		7	
12	S	TI/YB Islands	F			7.7	
13	S	Alcatraz Island	F			7.9	
14	S	Alcatraz & YB/TI Islands	F			10.6	

Mark	Description
NAS2	NAS Alameda Channel Mark "R2" Fl R 4s
S	Between Mark Fl G2.5s "1" PA and the East end of Pier 48
SC1	Red & Green "SC" Fl G(2+1), approx 1.0 nm ENE of Mission Rock Terminal
18	RG "BR" Fl(2+1) G6s Bell, Blossom Rock
34	Fl R 2s Red "2" 2.0s, approx 0.5 nm east of Potrero Point
37	G "5" Fl G4s approx 1 nm SSE of Army St Terminal
TI/YB	Treasure and Yerba Buena Island
F	Between Mark Fl G2.5s "1" PA and the East end of Pier 48
32	Fl Y 4s "A" approx 2.5 nm east of Army St Terminal
Alcatraz	Alcatraz Island