



ASMBYC

Invites you to enter the
2012 WOMEN ON WATER/ WOMAN AT HELM REGATTA
August 25th an 26th, 2012
MARINA DEL REY, CALIFORNIA

SAILING INSTRUCTIONS

1. RULES

- 1.1. This regatta will be governed by the "rules" as defined in *The Racing Rules of Sailing (RRS) 2009-2012*.
- 1.2. One-design boats that meet all the requirements of their class will race in the PHRF fleet without requirement for PHRF membership.

2. NOTICES TO COMPETITORS

- 2.1. Any notice will be posted on the official SBYRC notice board, located to the left of California Sailing Academy (CSA) main entrance (2nd floor, east end), by 0900 each race day. Notices available before race day will also be available on www.sbyrc.org.

3. CHANGES TO THE SAILING INSTRUCTIONS

- 3.1. Any change will be posted on the official SBYRC notice board by 0900 on the day it will take effect.

4. SCHEDULE OF RACES

- 4.1. The R/C will attempt to run 5 races (3 for the Cruising Division).
- 4.2. The scheduled time of the warning signal for the first race each day is 1155 hours.

5. CLASS FLAGS

- 5.1. Class splits and flags will be posted on the official notice board by 0900 hours race day.

6. COURSES

- 6.1. Windward/Leeward courses will be selected from the attached Course chart. Random Leg courses for the Cruising Division will be selected from the attached Cruising Division course chart.
- 6.2. No later than the preparatory signal, the Race Committee will display the course number and direction to the first mark. This changes **RRS 27.1**.

7. MARKS

- 7.1. Any mark missing or out of place, will be replaced by an inflatable tetrahedron in the approximate location of that mark. This changes **RRS 34**.

8. CHECK-IN

8.1. All boats shall sail by the stern of the R/C boat while on starboard and be recognized by the Race Committee prior to the warning signal for the first race each day. Do not approach the race committee boat until she is securely anchored, and flying an L flag.

9. THE START

9.1. The starting line will be between an orange flag on or near the Race Committee boat at the starboard end and an inflatable tetrahedron at the port end. The race committee boat will be anchored in the vicinity of S mark.

9.2. The warning signal will be given 5 minutes before the starting signal.

9.3. For the first race of each day, a rolling 5 minute sequence will be used. The starting signal for each class will be the warning signal for the next class.

9.4. For races after the first race of each day, the RC will try to start boats as soon as practicable. To indicate a warning signal is imminent, the RC will sound multiple sound signals approximately one minute before the warning signal.

9.5. A boat starting later than 4 minutes after her starting signal will be scored **DNS**.

9.6. Boats whose warning signal has not been made shall avoid the starting area.

9.7. The Race Committee will attempt to notify recalled boats by hailing their sail number on the designated VHF channel. No part of this hail shall be considered grounds for redress.

10. CHANGE OF COURSE

10.1. Any change without a class flag shall apply to all classes.

11. THE FINISH

11.1. The finishing line will be between a green and white checker flag on the Race Committee boat at one end and a spar buoy with a green and white checker flag at the other.

11.2. Boats that have finished shall immediately clear the finish area.

12. PENALTIES

12.1. **RRS44.1** is changed so that if an incident occurs outside the "zone" for a rounding or finishing mark, the applicable penalty shall be a One-Turn Penalty instead of a Two-Turn Penalty..

13. NOTICE OF RETIREMENT

13.1. Any boat retiring shall notify the Race Committee as soon as possible.

14. TIME LIMIT

14.1. Boats failing to finish within 30 minutes of the first boat in their class that sails the course and finishes within that limit will be scored **DNF**. This changes **RRS 35**.

15. PROTESTS

15.1. Any boat intending to file a protest shall notify the Race Committee after finishing that race.

15.2. Forms will be available at the host yacht club. Forms shall be delivered to an SBYRC officer at the host yacht club within the protest time limit of one hour after the RC boat docks.

15.3. Protests will be heard as soon as possible. All parties shall be present with witnesses after filing.

16. SCORING

16.1. No race score will be excluded. This changes **RRS A2**.

16.2. One-design boats that meet all the requirements of their class will be assigned the Area B1 PHRF rating for a boat of that type.

16.3. Two races must be completed to constitute a series (one for the Cruising Division).

17. PRIZES

17.1. The Robert S. Wilson Perpetual Trophy will be awarded to the overall winner of the WOW division.

17.2. The WSA Perpetual Trophy for Woman at the Helm will be awarded to the winner of the largest WAH class (Performance or Cruising), provided that they have not won this award previously.

17.3. The Cheryl Rembert Perpetual Trophy will be awarded to the Martin 242 with the best performance in the WOW division.

17.4. Individual take home trophies will be awarded in each division according to the number of entrants per division, as follows:

17.4.1. Up to 4 entries – 1 trophy

- 17.4.2. Up to 6 entries – 2 trophies
- 17.4.3. Up to 10 entries – 3 trophies
- 17.4.4. 11 + entries – 4 trophies
- 17.4.5. WOW WAH-T A Team Trophy – to be awarded to the WOW/WAH team that exhibits the best overall team spirit, sportsmanship and sense of humor in the naming of their team and team motto! One Trophy only

18. COMMUNICATION

- 18.1. The RC will use channel 68 for communications.
- 18.2. The RC may use the radio to make competitors aware of its intentions, the course to be sailed, starting times, course changes, OCS (on the course side), postponements, and other information regarding the racing.

19. HOSPITALITY

- 19.1. Saturday, post race hospitality will be held at Marina Venice Yacht Club, 4333 Admiralty Way.
- 19.2. Sunday, hospitality and awards ceremony will be held at Pacific Mariners Yacht Club, 13916 Panay Way.

20. Disclaimer of Liability

- 20.1. Competitors participate in the Regatta entirely at their own risk. See **RRS 4**. The organizing authority, host yacht clubs, and ASMBYC will not accept any liability for material damage, personal injury or death sustained in conjunction with, prior to, during or after the regatta.

Principal Race Officer:

Andrew Cleveland commodore@SBYRC.Org Phone: 818-970-7957

Raffle Prizes generously donated by:

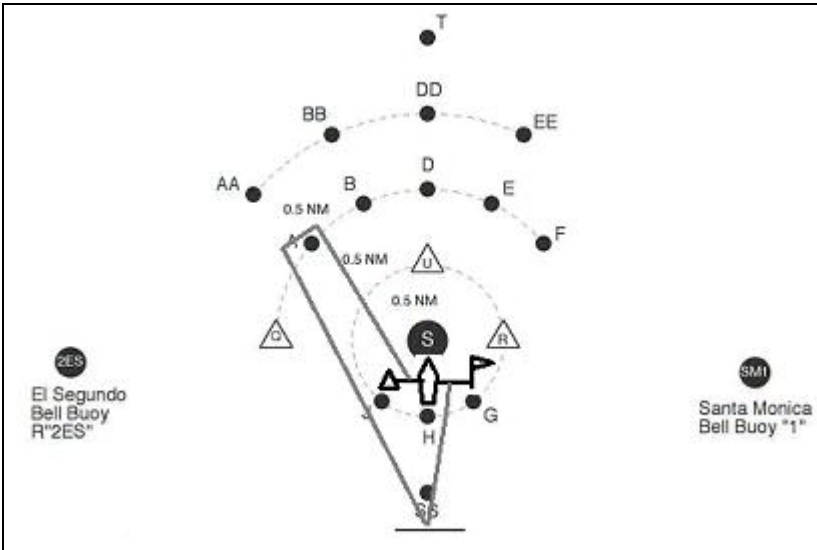
Charlotte Tarantola apparel -Cafe del Rey -Killer Shrimp -C&O
Trattoria - Overland Café - Restaurant at CYC - UCLA Marina
Aquatic Center - Ship's Store- West Marine - North Sails -
David Girard Hairstyles - Get Pilates Fit

For More Information:

<http://facebook.com/womenonthewater>

<http://www.sbyrc.org>

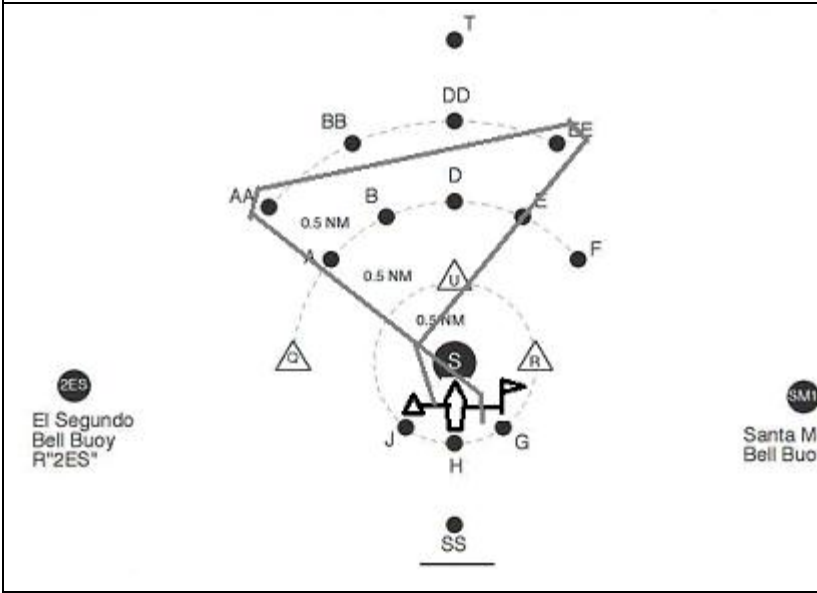
<http://www.wsasmb.org/wow-wah.html>



Course 41 – Handicap Distance 3.8nm

START – A – SS -- Finish

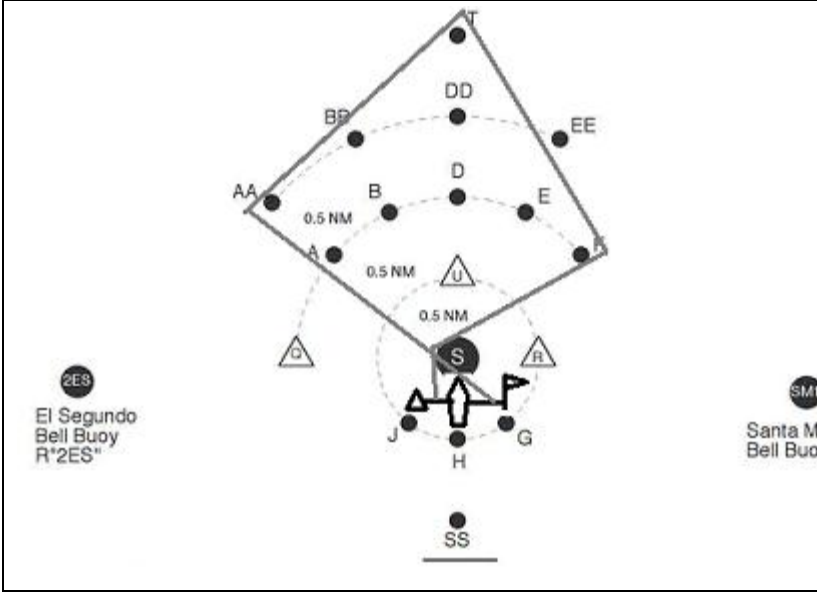
- Start at starting line in vicinity of S mark
- Leave A mark to port
- Leave SS to port
- Finish at finish line in vicinity of S mark



Course 42 – Handicap Distance 4.8nm

START – EE – AA -- Finish

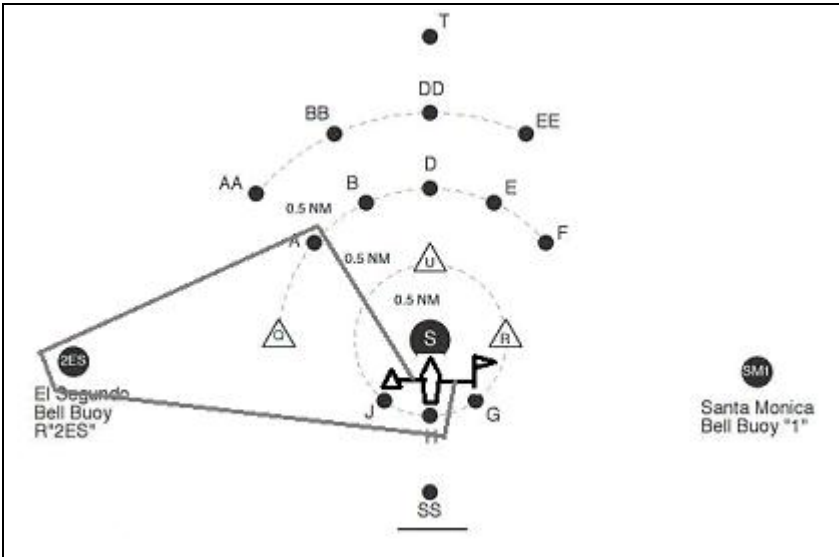
- Start at starting line in vicinity of S mark
- Leave EE mark to port
- Leave AA to port
- Finish at finish line in vicinity of S mark



Course 43 – Handicap Distance 5.6nm

START – F – T – AA -- Finish

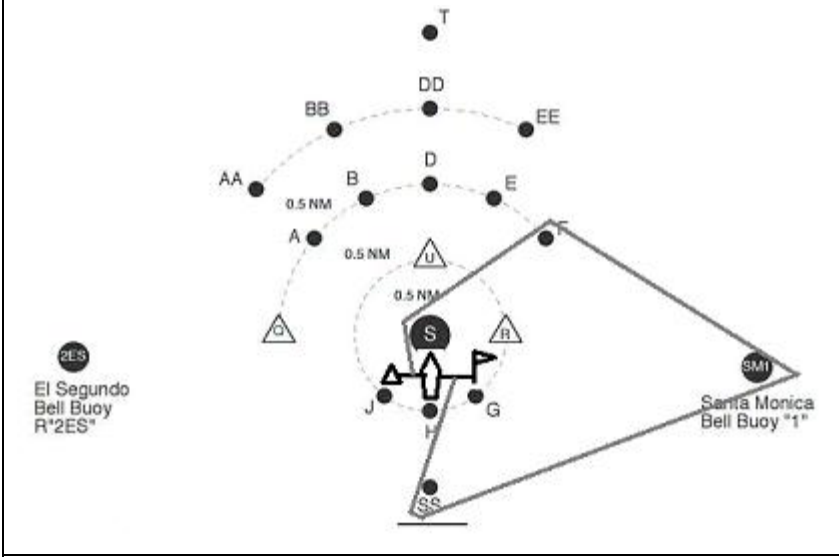
- Start at starting line in vicinity of S mark
- Leave F mark to port
- Leave T to port
- Leave AA to port
- Finish at finish line in vicinity of S mark



Course 44 – Handicap Distance 6.6nm

START – A – 2ES – H -- Finish

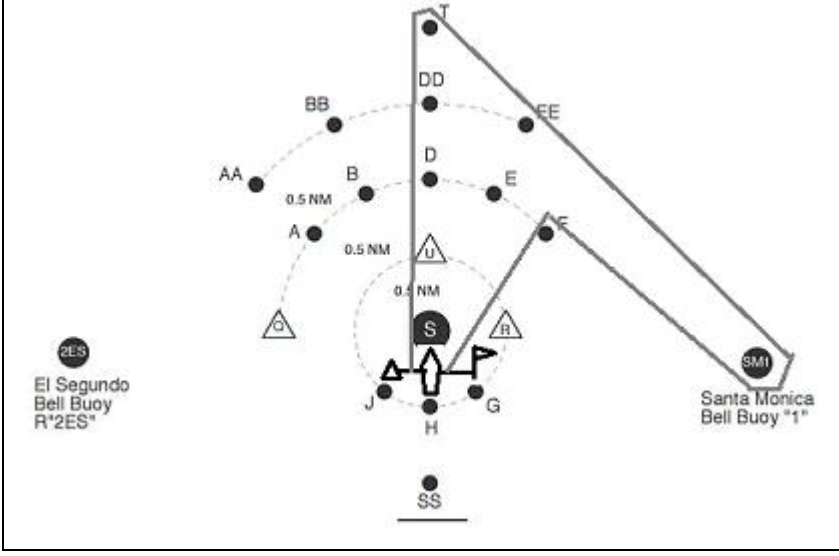
- Start at starting line in vicinity of S mark
- Leave A mark to port
- Leave 2ES to port
- Leave H to port
- Finish at finish line in vicinity of S mark



Course 45 – Handicap Distance 7.7nm

START – Fs – SM1s -- SSs -- Finish

- Start at starting line in vicinity of S mark
- Leave F mark to Starboard
- Leave SM1 mark to Starboard
- Leave SS to Starboard
- Finish at finish line in vicinity of S mark

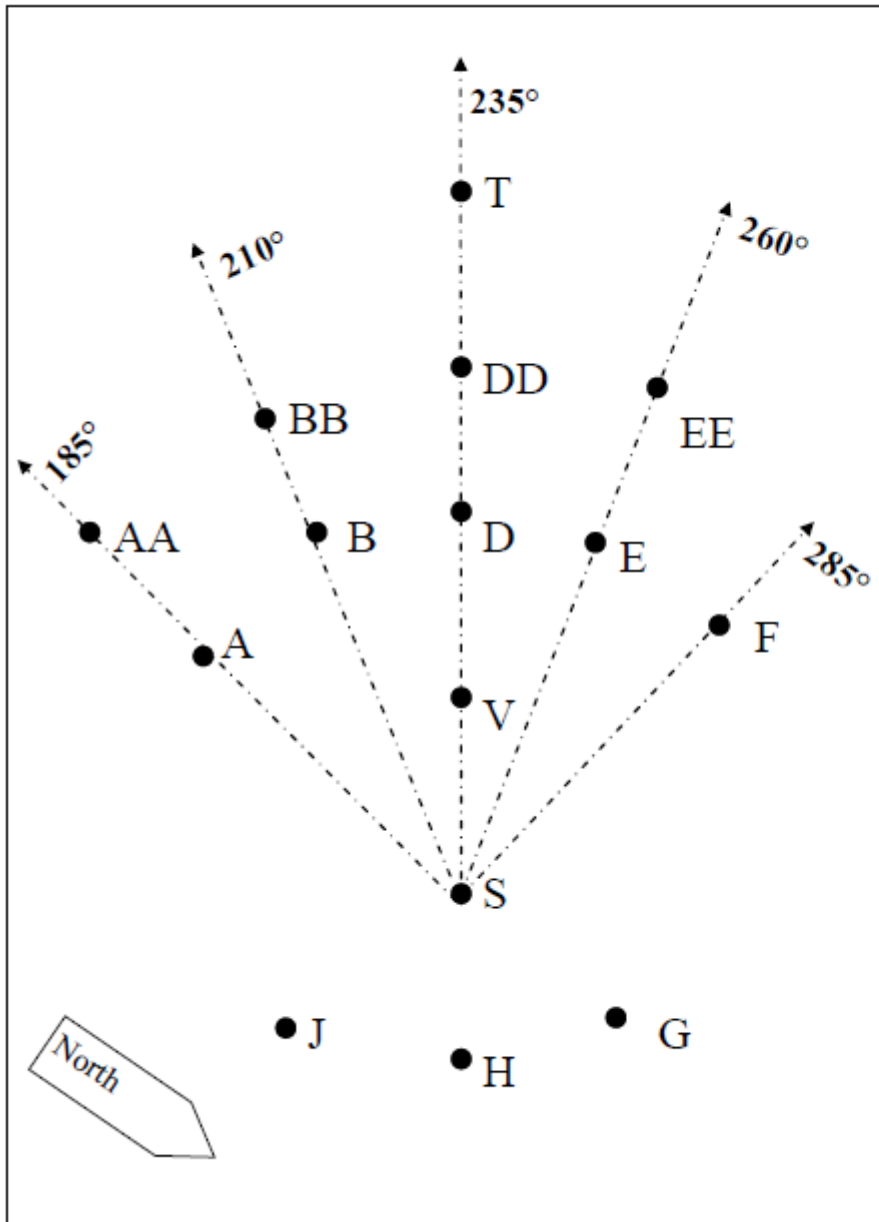


Course 46 – Handicap Distance 9.4nm

START – Ts – SM1s – F – Finish

- Start at starting line in vicinity of S mark
- Leave T mark to Starboard
- Leave SM1 to Starboard
- Leave F to port
- Finish at finish line in vicinity of S mark

Windward / Leeward Course Chart



Course #	Description
1	W- Finish
2	W-S-W-Finish
3	W-L-W-Finish
4	W-L-W-S-W-Finish
5	W-L-Finish
6	W-S-W-L-Finish
7	W-L-W-L-Finish
8	W-S-W-L-W-L-Finish

Signals

Courses will be signaled by course # and weather mark.

Courses

All courses start and finish near S.

L (leeward) mark is determined based on the given W (weather) mark.

For W mark: **A, AA, B, BB** use **G** as L mark.

For W mark: **E, EE, F** use **J** as L mark.

For W mark: **V, D, DD, T** use **H** as L mark.

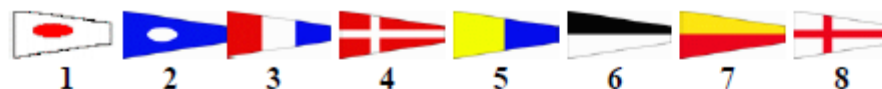
Mark Descriptions

All marks are yellow spars, marks B, BB, E and EE have black bands.

Distances

Course #	Weather Mark			
	V	A,B,D,E,F	AA, BB, DD, EE	T
1.0	1.0	2.0	3.0	4.0
2.0	2.0	4.0	6.0	8.0
3.0	3.0	5.0	7.0	9.0
4.0	4.0	7.0	10.0	13.0
5.0	2.0	3.0	4.0	5.0
6.0	3.0	5.0	7.0	9.0
7.0	4.0	6.0	8.0	10.0
8.0	5.0	8.0	11.0	14.0
	Distance to Weather Mark			
	0.5	1.0	1.5	2.0

Course Number Flags



W (Weather Mark) Flags



Magnetic Bearings

Mark	Latitude	Longitude
A	33° 56.243' N	118° 29.606' W
AA	33° 55.770' N	118° 29.779' W
B	33° 56.467' N	118° 30.050' W
BB	33° 56.107' N	118° 30.466' W
D	33° 56.827' N	118° 30.337' W
DD	33° 56.647' N	118° 30.899' W
E	33° 56.254' N	118° 30.417' W
EE	33° 57.288' N	118° 31.017' W
F	33° 57.669' N	118° 30.270' W
G	33° 57.611' N	118° 28.898' W
H	33° 57.367' N	118° 28.655' W
J	33° 57.051' N	118° 28.637' W
S	33° 57.187' N	118° 29.216' W
T	33° 56.464' N	118° 31.459' W
V	33° 57.007' N	118° 29.777' W
SS	33° 57.547' N	118° 28.093' W
2ES	33° 54.698' N	118° 27.563' W
SM1	34° 00.176' N	118° 30.226' W

		TO →														
		A	AA	B	BB	D	DD	E	EE	F	G	H	J	S	T	V
FROM ↓	S	185	185	210	210	235	235	260	260	285	18	55	92	-	235	235
	A	-	185	288	245	300	277	313	298	325	9	21	31	5	264	33
	AA	5	-	330	288	323	300	327	313	335	8	17	23	5	283	28
	B	108	150	-	210	312	270	325	302	337	26	38	50	30	256	44
	BB	65	108	30	-	355	312	348	325	352	27	26	44	30	280	18
	D	120	143	132	175	-	235	338	295	350	43	55	67	55	235	55
	DD	97	120	90	132	55	-	20	338	13	46	55	64	55	235	55
	E	133	147	145	168	158	200	-	260	2	60	72	84	80	214	65
	EE	118	133	122	145	115	158	80	-	45	66	74	83	80	190	68
	F	145	155	157	172	170	193	182	225	-	79	89	101	105	206	75
	G	189	188	206	207	223	226	240	246	259	-	127	145	198	228	216
	H	201	197	218	216	235	235	252	254	269	307	-	163	235	235	235
	J	211	203	230	224	247	244	264	263	281	325	343	-	272	242	253
	T	84	103	76	100	55	55	34	10	26	48	55	62	55	-	55
	V	156	167	189	198	235	235	281	272	255	37	55	74	55	235	-