



April 16, 2012

Dear 2012 U.S. Junior Women's Competitor and Parents,

On behalf of the USSJWDC Committee, Lake Minnetonka Sailing School (LMSS) and the Minnetonka Yacht Club, we are thrilled to welcome you to Minneapolis, Minnesota! The sailing school and the yacht club share facilities on Lighthouse Island on beautiful Lake Minnetonka. We have been planning for this event for some time and know you will have a memorable sailing experience during your stay. Below is important information regarding the event.

**WEBSITE INFORMATION:**

Information about Lake Minnetonka Sailing School, Minnetonka Yacht Club and the area is available at:

<http://lms.us/wp/>

<http://minnetonkayachtclub.org>

<http://www.lakeminnetonka.com/>

Daily results and photos will be posted during the event at:

<http://championships.ussailing.org/Youth/USJrWomensDoubledhanded.htm>

**AIR ARRIVAL AND DEPARTURE:**

The arrival window for all competitors traveling by air will be Sunday, June 24<sup>th</sup> between **11:00 AM and 3:00 PM**. Departure for all competitors will be on Saturday, June 30<sup>th</sup>. Departing flights should not be scheduled before **11:00 AM or after 3:00 PM on Saturday**. Competitors may leave after the Awards Dinner with a parent or guardian; however, if they plan on doing so, we must be notified in advance. All boats and trailers must be gone by Saturday, June 30<sup>th</sup> at 12 noon.

You will receive an email from the championship via Regatta Network with a link to add your travel plans. It is imperative that you enter your arrival and departure details no later than June 1, 2012. You can use this link to update/change your plans at any time prior to this deadline. **After June 1, 2012**, you must email any changes to the registrar (see Contact List). Any travel arrangements that deviate from the above guidelines must be requested and approved in advance by the National Chair, Danielle Richards, at [Danielle.Richards@ussailing.net](mailto:Danielle.Richards@ussailing.net) by June 1st. No exceptions!

**UNACCOMPANIED MINORS:**

If you are considered an "unaccompanied minor" by your airline, you must enter this in your travel details on Regatta Network. Appropriate arrangements must be made in advance with the airline, specifically contact/pick up information. The Transportation Chair will be in contact with you regarding these details once you have entered this status into Regatta Network.



There may be an additional charge for the return flight as an unaccompanied minor. You must have enough cash to pay this fee at check-in for your return flight. Please be prepared.

#### **AIRPORT INFORMATION:**

Ground transportation for arriving competitors will be coordinated only between Minneapolis/St. Paul International Airport and Minnetonka Yacht Club. You will need to make your way to the baggage claim area without an escort. All major airlines service Minneapolis/St. Paul International Airport. Don't forget to include Minnetonka Yacht Club's name and address on your luggage tag in the event your bags are delayed. See Contact List on the last page. Regatta volunteers will meet you in the baggage claim area of the applicable terminal with a "Jr. Women's Championship" sign and will provide transportation to Minnetonka Yacht Club.

Passenger shuttles will be hired for transportation and you will need \$55 cash to cover the round trip charge. **FOR YOUR OWN SAFETY, DO NOT ACCEPT RIDES OR TRANSPORTATION to or from Minneapolis/St. Paul International Airport that have not been arranged through the regatta.**

#### **TRAVEL QUESTIONS:**

We will be tracking the arrival of each person carefully. If there is a flight delay or problems with your itinerary on arrival day, please call the Transportation Hotline at **612-360-6915** immediately. **Program this number into your cell phone.**

#### **DRIVING DIRECTIONS:**

You can obtain directions to the Minnetonka Yacht Club on the internet using the address in the Contact List.

#### **REGISTRATION:**

Registration will be at Minnetonka Yacht Club on June 24<sup>th</sup> from 12:00 noon – 5:00p. **No early arrivals.** The Shuttle from the airport will drop you off at the Minnetonka Yacht Club's Carson's Bay parking lot. As the Yacht Club is located on an Island, a pontoon shuttle will be running continuously from Carson's Bay during this time. Once you arrive on Light House Island, the registration team will review that all forms have been correctly submitted. Life jackets will be inspected at registration. You will not be allowed to sail unless you have an approved USCG personal flotation device as outlined in the Notice of Race. Refer to the NOR for the requirements. Your sails and boat may be measured at any point. All equipment and sails must be class legal.

There will be a meal served at the Yacht Club starting a 5:00 PM. Host parents will be meeting sailors at the Carson's Bay Parking Lot Yacht Club at 6:30 PM.



### **WAIVERS:**

Each competitor must send all of the required waivers (5) to the Registration Chair, Lucy Voltz (see Contact List) by May 15th. The waivers are attached to the end of this letter. If any medical issues change after that date, it is the responsibility of the parent/competitor to notify Lucy Voltz. It is suggested that the competitor bring a copy of her medical insurance card and a list of medications, if any.

### **HOUSING:**

All competitors will be assigned to a host family for the duration of the event. It is a nice gesture to bring a small item to thank your housing hosts. You are guests at their house so please no special meal requests, wet towels, clothes all over the floor, or the like. The final night of housing will be Friday, June 29<sup>th</sup>.

**Competitors will not be informed of the name of the host family until registration.** No alternative housing will be permitted and no competitor may stay in her own home, regardless of the proximity of her home to the host club unless the competitor is a local girl, who receives specific permission from the National Chair. See Conditions #5.1 for specific rules.

When you arrive at your host family, phone your parents with the host family's phone number. Please exchange cell phone numbers with your host family as well to facilitate pick-up times. Transportation to and from the Yacht Club will be either by walking or by the host family.

**Competitors are NOT permitted to drive at any time during the event.** This is for the safety of all. Competitors are required to attend all events.

### **MEALS:**

Meals for competitors will be provided throughout the regatta. A hot breakfast will be served at the club, Monday through Friday. Lunches will be buffet style and available during breakfast so the sailors make lunches themselves, Monday through Friday. Dinners will be at Minnetonka Yacht Club on Sunday, Tuesday, Thursday and Friday. Monday's dinner will be with the host family. Wednesday's dinner will be at the Cottagewood Store. The Awards Dinner will be at Minnetonka Yacht Club on Friday night. Dinner on arrival day will be provided. While the dress code is casual at the Minnetonka Yacht Club, girls are encouraged to dress in a manner in line with the significance of the event for dinner each night. Dress code for the Awards Dinner is slacks or a skirt or dress. Also, please remember that the weather in Minnesota in June is unpredictable—it can be very hot or very cold and change quickly. Please pack accordingly. In an effort to reduce the amount of plastic water bottle recycling, we will use refillable water bottles. Please plan to bring your own water bottle to use during the event.

### **PARENTS AND GUESTS**

Parents and guests are responsible for their own housing and meals. The following local website can be consulted: <http://www.lakeminnetonka.com/> Guest tickets for the Awards Dinner may be purchased at Minnetonka Yacht Club during registration on Sunday, July 24<sup>th</sup>



only. Parents who wish to attend the Awards Dinner may purchase tickets online for reservations in advance until May 15th. Use the link you received from Regatta Network upon your successful registration. Tickets will be \$30 per guest.

Please refer to section 15 of the Notice of Race entitled "Coaching" for information about contact with competitors.

**AWARDS DINNER:**

The Awards Dinner on Friday, June 29th will be a well-attended event. Attendance by the competitors is mandatory and is included in their entry fee. The girls typically dress up for this. Competitors will not be allowed to leave before the Awards Dinner without prior approval of the National Chair and permission will only be granted for extenuating circumstances. The Awards Dinner usually concludes at 9 - 9:30 PM.

**CHARTER BOAT ASSIGNMENT:**

Charters will be available. If you are interested, please e-mail [Lizwalker@ussailing.org](mailto:Lizwalker@ussailing.org).

**CHARTER BOATS-CANCELLATIONS:**

If at any time the competitor's plans change and she will not be able to attend the Championship, or she no longer needs the charter boat that we have assigned, the competitor must notify [LizWalker@ussailing.org](mailto:LizWalker@ussailing.org). Charter fees will only be refunded if the boat can be chartered by another competitor; otherwise you will be responsible for the charter fee.

Charter boats do not include sails, bridles or trapeze harnesses. You will need to bring your own or make arrangements to have them shipped. Sails should be shipped with return shipping labels. Arrangements are the responsibility of the sailor and not the host nor US Sailing.

**COMPETITORS' OWN SAILBOATS:**

Competitors who are bringing their own sailboats should arrive at the Minnetonka Yacht Club's Carson's Bay parking lot after noon and before 5:00PM on Sunday, June 24th. Trailers will be stowed for the week at an off-site location. Directions to the trailer storage will be available at registration. Competitors will be expected to attach the provided hull and sail numbers following registration.

**Launching:** A ramp and crane are available at the Carson's Bay for launching sailboats. Each yacht should have a lifting bridle for crane use. All boats must be power washed prior to launching to diminish the spread of invasive species. You will be instructed at registration how to launch your boat.

**CREW CHANGES:**

Occasionally unanticipated situations may make it necessary for teams to change crew. There may not be any substitution for members of the team except as provided below.



- i. Substitution of a team member after the semi-final or acceptance in a championship can be requested for medical reasons or death in the family. Exceptions may be made for unexpected work/ school conflicts. Supporting documentation may be requested.
- ii. All substitutions must be adequately explained by the qualified helmsman and accepted by the Organizing Authority.
- iii. In the event that the substitution is not approved, the next team in line will be accepted.

Competitors that wish to change sailing partners must submit a request in writing stating the reason to Danielle Richards, National Chair at [Danielle.Richards@ussailing.net](mailto:Danielle.Richards@ussailing.net). No changes may be made after June 15<sup>th</sup>. We encourage you to plan well in advance in an effort to retain your original team.

**RACING CLINIC:**

There will be a mandatory, two-day clinic that will be held on Monday and Tuesday, June 25<sup>th</sup> and 26<sup>th</sup>. The clinic is funded by a generous donation from the Clagett Trust. You are required to attend with your boat rigged and ready to sail, with a notebook, pen, and current rule book.

**PRIVATE COACHES:**

Private coaches are not allowed. This is a Grade 2 coaching event. Please read: [http://championships.ussailing.org/Youth/USJrWomensDoublehanded/Support\\_Vessels.htm](http://championships.ussailing.org/Youth/USJrWomensDoublehanded/Support_Vessels.htm).

**SPECTATOR BOATS:**

It is our intent to provide spectator boats for those wishing to go on the water on race days. There will be no spectator boats on clinic days. Pre-registration is appreciated. Spectators will be required to sign up for a spot at registration. Spectators are encouraged to bring their own lunch and drinks. No alcohol will be allowed on the spectator boats. Please bring your own personal flotation device.

Again, please refer to section 15 of the Notice of Race entitled “Coaching” for the rules regarding contact with competitors. **NO PRIVATE SPECTATOR BOATS WILL BE PERMITTED IN THE RACING AREA.**

**SAILING VENUE:**

The racing area will be in Lake Minnetonka, likely right in front of the Yacht Club. In late June, the normal average air temperature is in the low 80s, with lows in the high 50s and the water temperature is in the 70s. The winds can be light and variable to blowing briskly. Bring sailing gear appropriate for the weather in Minnesota that can be very unpredictable at this time of year—it’s always better to over pack than to be under prepared.

**SAILING INSTRUCTIONS:**

The final form of the Sailing Instructions will be distributed at registration. The Sailing



Instructions may be available in preliminary form on the championship's website prior to the event.

**WEATHER/APPROPRIATE GEAR:**

The Excelsior zip code is 55331 for accessing weather information. A detailed weather and local conditions seminar will be given to the competitors during the clinic, and daily weather briefings will be presented and posted on each of the racing days. The air and water temperatures are expected to be warm, but again realize they can fluctuate to extremes from the average. Bring sailing gear appropriate for the weather in Minnesota that can be very unpredictable at this time of year—it's always better to over pack than to be under prepared.

**ALCOHOL AND DRUGS:**

Per US Sailing Regulation 10.10.01: The use of alcohol or any illegal drug by a competitor will not be allowed or tolerated during the event. Offenders will be dealt with strictly as stated in the Notice of Race.

**CURFEW:**

There will be a 10:00 PM curfew during the event; meaning that ALL competitors must be "home" where they are being housed by 10:00 PM each night. These regulations are in effect from Sunday, June 24<sup>th</sup> through Friday, June 29<sup>th</sup>. There will be no exceptions. We are not trying to make the event less fun; we are very concerned for the competitors' safety.

**TREATING THE HOST CLUB PROPERLY:**

Lake Minnetonka Sailing School and Minnetonka Yacht Clubs have been planning and working on this event for over a year. You can be assured that we have planned the best possible event for you, from the racing, to the meals, the social events and the housing. We take our regatta hosting very seriously, and as our guests please show us that you appreciate the hard work of all of our volunteers. Please be as self-sufficient as possible and help others as needed. We expect that you'll jump in and help without being asked!

**LOST ITEMS:**

Mark your belongings in advance! We continually find clothes and equipment that competitors leave around throughout the event. All items with a name clearly on them usually get returned. Take a few minutes with an indelible marker and put your name on everything you will be bringing. Also, clearly paint or otherwise mark your own spars and other personal boat equipment.

**PACKING LIST:**

1. Personal Flotation Device-Type III or V USCG approved only, no exceptions!
2. Sunscreen, sunglasses, hat, towel
3. Tools and parts for personally owned boats



4. A 26 foot, 3/8 inch diameter, floating towline with a loop in the end of the line that is not to be secured to the boat (required)
5. Notebook, pen, current Rule Book
6. Personal entertainment (e.g. books, Frisbee, iPod)
7. One small burgee from your yacht club or sailing association to trade
8. Appropriate attire for ALL dinners – MYC is casual but dress appropriately; the Awards Dinner is a dress up affair
9. Appropriate sailing gear and clothing
10. Trapeze harness
11. Re-usable water bottle
12. A small thank you gift for your host family
13. Sneakers for the daily workout
14. \$55 cash for airport shuttle fees

Sincerely,

*Beth Bitney, Kelly Brackin, Laura Ekholm, Jodi Loosbrock and Sam Rogers*

**Regatta Committee**

**Waivers attached. Mail to:**

U.S. Junior Women's Doublehanded Championship

Attn.: Lucy Voltz

4628 Upton Ave S, Minneapolis, MN 55410

[lvoltz@comcast.net](mailto:lvoltz@comcast.net)

**DO NOT SEND ANY PAPERWORK TO US Sailing  
Deadline is May 15, 2011**



**2012 U.S. JUNIOR WOMEN'S DOUBLEHANDED CHAMPIONSHIP**  
**CONTACT LIST**



**Regatta Committee:**

Beth Bitney, Kelly Brackin  
Laura Ekholm, Jodi Loosbrock  
Sam Rogers

Regatta E-mail: LMSS.regatta@gmail.com  
Regatta Phone: 612-360-6925

**Registration Chair: Lucy Voltz**

Email: lvoltz@comcast.net  
Cell phone: 612-998-0578

Transportation Hotline **for day of travel ONLY. 612-360-6915**  
*Changes in travel plans should be entered through your online registration or via e-mail to the Registration chair above.*

**Lake Minnetonka Sailing School**

PO Box 339  
Excelsior, MN  
Website: <http://www.lmss.us>  
Office phone: 952-404-1645

**Minnetonka Yacht Club**

19800 Minnetonka Blvd.  
Deephaven, MN 55331  
Website: <http://minnetonkayachtclub.org>  
Office phone: 952-474-4457

**National Chair, Danielle Richards**

Danielle.Richards@ussailing.net  
Cell phone: 619-322-7512

**US Sailing, Liz Walker**

[lizwalker@ussailing.org](mailto:lizwalker@ussailing.org)  
401-682-2951

<http://championships.ussailing.org/Youth/USJrWomensDoublehanded.htm>



**MEDICAL CONSENT FORM**

Each participant must complete and sign a copy of this form. Please fill it out completely. Incomplete forms will not be accepted.

NAME OF PARTICIPANT: \_\_\_\_\_

NAME OF PARENT OR GUARDIAN (if under 18) \_\_\_\_\_

In the event of accident or injury to myself, my spouse or any child of mine (specifically including my child if named above as the "Participant") or in the event of illness of myself, my spouse or any child of mine while in, on or about the premises of the Lake Minnetonka Sailing School or Minnetonka Yacht Club or while participating in any activity sponsored by or under the auspices of the Lake Minnetonka Sailing School or Minnetonka Yacht Club under circumstances where I am physically unable to consent or am not present:

1. I hereby voluntarily consent to the furnishing to myself, my spouse or any of my said children of such medical care, attention and treatment by any hospital, physician or physicians as such hospital, physician or physicians may deem necessary or advisable.
2. I authorize the **Manager, Director of Operations, Head Coach or any officer or member** of the Lake Minnetonka Sailing School or the Minnetonka Yacht Club to consent to such medical care, attention or treatment.
3. I agree to pay all costs of such medical care, attention or treatment and to hold free and harmless of and from any and all liability for such cost the Lake Minnetonka Sailing School, the Minnetonka Yacht Club, the United States Sailing Association and the officers and members of each.

I, the undersigned, do hereby authorize and consent to any x-ray examination, anesthetic, medical or surgical diagnosis or procedure rendered under the general or specific supervision of any member of the medical staff or of a dentist licensed by the State of Minnesota or of any hospital holding a current operating certificate issued by the State Department of Health. It is understood that this authorization is given in advance of any specific diagnosis, treatment or hospital care being required but is given to provide authority and power to render care which the aforementioned physician in the exercise of his best judgment may deem advisable. It is understood that effort shall be made to contact the undersigned prior to rendering treatment to the patient, but that any of the above treatment will not be withheld if the undersigned cannot be reached.

Signature: \_\_\_\_\_

Parent/Guardian Signature (if under 18): \_\_\_\_\_ Date: \_\_\_\_\_

**IN CASE OF EMERGENCY CALL:**

NAME	RELATIONSHIP	PHONE NUMBER

**PHYSICIAN WHO CONDUCTED YOUR MOST RECENT PHYSICAL EXAMINATION:**

NAME	PHONE NUMBER	DATE OF LAST EXAM

HEALTH INSURANCE CARRIER	INSURANCE ID NUMBER



**U.S. JUNIOR WOMEN'S  
DOUBLEHANDED  
CHAMPIONSHIP**

**MEDICAL AND EMERGENCY INFORMATION**

Competitor's name: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Telephone \_\_\_\_\_ (home) \_\_\_\_\_ (Emergency cell) Date of Birth: \_\_\_\_\_

**THE PARTICIPANT AND/OR THEIR PARENT(S) MUST RESPOND TO THE FOLLOWING QUESTIONS AS ACCURATELY AND COMPLETELY AS POSSIBLE:**

Please check those that apply: (Provide necessary details below)

<b>CHRONIC AILMENTS:</b>		<b>ALLERGIES:</b>	
ASTHMA, OR OTHER RESPIRATORY PROBLEMS		MEDICATION (please list below)	
DIABETES OR HYPOGLYCEMIA		LATEX	
HEMOPHILIA, OR OTHER BLEEDING PROBLEMS		BEE STINGS/INSECT BITES	
CIRCULATORY OR HEART PROBLEMS		IF YES, DO YOU CARRY AN EPIPEN?	
EPILEPSY/ SEIZURE		FOODS	
OTHER		OTHER	

DATE OF LAST TETANUS/ DIPHTHERIA/ TOXOID / T/d or Tdap SHOT: \_\_\_\_\_

CURRENT MEDICATIONS AND DOSAGE IF ANY: \_\_\_\_\_

DETAILS: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**PLEASE MAKE SURE YOU HAVE FILLED IN ALL THE NECESSARY INFORMATION  
If any of the above mentioned information changes before or during the event,  
please submit in writing all pertinent information to the regatta chairperson.**

**PLEASE BRING A COPY OF YOUR MEDICAL INSURANCE CARD**

**Mail by May 15 to:** U.S. Junior Women's Doublehanded Championship Attn: Lucy Voltz, 4628 Upton Ave S, Minneapolis, MN 55410



## DEPICTION RELEASE

***The signed consent form MUST be on file in order to complete registration. One must be on file for each sailor.***

In consideration for my participation in the U.S. Junior Women's Doublehanded Championship ("the "Regatta"), sponsored by US Sailing, Maclaren, Gill NA, Switlik Survival Products and local sponsors, and supported by the Clagett Trust (collectively the "Sponsors") and hosted by the Lake Minnetonka Sailing School and the Minnetonka Yacht Club (the "Host") on June 24<sup>th</sup> – 30<sup>th</sup>, 2012, the undersigned participant ("Participant") and if such Participant is a minor, the Participant's parent or legal guardian by countersigning below ("Parent/ Guardian"), hereby grant to the Sponsors and the Host, perpetually and irrevocably, the unconditional and exclusive right, title and interest throughout the world to use, simulate and portray Participant's name, likeness, voice, personality, personal identification, and personal experiences, incidents, situations and events, whether visual and/or audio, including without limitation photographs, videotape, film and other recordings, electronic or optical-based media, or any other form or medium whatsoever, whether now or hereafter existing, and of every kind and character (collectively "The Images"), which may be taken or taken of Participant while participating in any aspect of the Regatta. Participant and Parent/Guardian understand and agree that one or more of the Sponsors and/or Host will be the owner(s) of any and all right, title and interest in and to the Images, in any derivative works, and in any merchandising, advertising, promotional and publicity rights and materials related thereto in all media of every nature whatsoever, whether now known or hereafter devised. Participant reserves no rights with respect to such uses. Participant and Parent/Guardian acknowledge the Sponsors' and the Host's right, title and interest in and advertisement, promotion, distribution and sale of products or events directly or indirectly related to the Regatta and/or yacht racing. Participant and Parent/Guardian agree that the Sponsors and the Host shall have unlimited right to vary, change, alter, modify, add to, and delete from any depictions of Participant in the Images and to rearrange and/or transpose such depictions as each may determine. Participant and Parent/ Guardian hereby waive any right to inspect, review or approve the Images and their use by the Sponsors and the Host and acknowledge that they are to receive no payment with respect to any matter referred to herein and that any and all of the rights granted herein are freely assignable by Sponsors and/or Host.

**PARTICIPANT AND PARENT/GUARDIAN, ON BEHALF OF THEMSELVES AND THEIR RESPECTIVE HEIRS, EXECUTORS, ADMINISTRATORS, PERSONAL REPRESENTATIVES AND NEXT OF KIN (COLLECTIVELY, "RELEASERS"), HEREBY FOREVER WAIVE, RELEASE AND DISCHARGE EACH OF THE SPONSORS, THE HOST AND THEIR RESPECTIVE PARENTS, SUBSIDIARIES, AFFILIATES, OWNERS, MEMBERS, MANAGERS, EMPLOYEES, OFFICERS, DIRECTORS, AGENTS, SUCCESSORS, ASSIGNS AND REPRESENTATIVES (EACH A "RELEASED PARTY") FROM ANY AND ALL CLAIMS, DEMANDS, OR CAUSES OF ACTION THAT RELEASERS MIGHT NOW OR HEREAFTER HAVE FOR LIBEL, DEFAMATION, INVASION OF PRIVACY, RIGHT OF PUBLICITY, INFRINGEMENT OF COPYRIGHT OR TRADEMARK, OR VIOLATION OF ANY OTHER RIGHT ARISING OUT OF OR RELATING TO ANY UTILIZATION OF THE RIGHTS GRANTED UNDER THIS DEPICTION RELEASE.**

**PARTICIPANT (Signature):** \_\_\_\_\_ **DATE** \_\_\_\_\_

**NAME (Print)** \_\_\_\_\_

### **PARENT OR GUARDIANS FOR MINORS (UNDER 18 YEARS OF AGE)**

The undersigned parent and/or natural or legal guardian does hereby represent that he/she is, in fact, acting in such capacity and agrees to waive and hold harmless and indemnify each and all of the Released Parties referred to above from all liability, loss, cost, claim or damage whatsoever which may be imposed upon said Party(ies) because of any defect in or lack of such capacity to so act and release said Party(ies) on behalf of all Releasers as specified herein.

**PARENT OR GUARDIAN (Signature):** \_\_\_\_\_ **DATE** \_\_\_\_\_

**PARENT/GUARDIAN NAME (Print):** \_\_\_\_\_

**Mail by May 15 to:** U.S. Junior Women's Doublehanded Championship Attn: Lucy Voltz, 4628 Upton Ave S, Minneapolis, MN 55410



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**HOUSING FORM**

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**Each sailor** must complete and sign separate copies of this form. Please fill it out completely - incomplete forms will not be accepted.

Competitor's name (*please print*) \_\_\_\_\_

Home Address \_\_\_\_\_ Age \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Email: \_\_\_\_\_

Parent's Email: \_\_\_\_\_ Parent's Daytime Phone ( \_\_\_\_ ) \_\_\_\_\_

Parent's Home Phone ( \_\_\_\_ ) \_\_\_\_\_ Parent's Emergency Number ( \_\_\_\_ ) \_\_\_\_\_

ROOMMATE: Is there any competitor with whom you would like to share a room? **No guarantees!**

Name(s): \_\_\_\_\_

Pet allergies: Cat \_\_\_\_\_ Dog \_\_\_\_\_ None \_\_\_\_\_

Do you have asthma?: \_\_\_\_\_

**Competitor's Agreement:** I accept US Sailing's invitation to sail in the U.S. Junior Women's Doublehanded Championship. By accepting this invitation, I agree to comply with the restriction on drinking and the use of illegal drugs, and with the 10:00 PM curfew for the entire event. I also agree to share in the responsibility for making the event run smoothly both on and off the water. In particular, I will respect that others are also taking this championship seriously, I will respect property that is not mine, I will respect the efforts of the event hosts, and I will respect and show appreciation for the generosity of my housing hosts.

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
*Print competitor's name clearly*                      *Competitor's Signature*                      *Date*

**Competitor's Parent(s) Agreement:** I/We have read the competitor's agreement above and the restriction on the use of alcohol and illegal drugs during the U.S. Junior Women's Doublehanded Championship. I/We fully understand that offenders of the restriction will immediately be removed from the racing and if practical sent home. I/We understand that I/we are responsible for the behavior of myself/our child and liable for any damage to property, including chartered boats, caused by her, and damage to Lake Minnetonka Sailing School and the Minnetonka Yacht Club property.

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
*Print parent's name*                      *Parent's Signature*                      *Date*



**RELEASE OF LIABILITY**

In consideration of the undersigned's participation in the U.S. Junior Women's Doublehanded Championship ("the Regatta") sponsored by US Sailing, Maclaren, Gill NA, Switlik Survival Products and local sponsors and supported by the Clagett Trust (collectively, the "Sponsors") and hosted by the Lake Minnetonka Sailing School and the Minnetonka Yacht Club (the "Hosts") on June 24<sup>th</sup> – 30<sup>th</sup>, 2012, the undersigned participant ("Participant"), and if such Participant is a minor, the Participant's parent or legal guardian by countersigning below, on behalf of themselves and their respective heirs, executors, administrators, personal representatives and next of kin (collectively with Participant, "Releasers"), hereby forever waive, release and discharge each of the Sponsors, the Host and their respective parents, subsidiaries, affiliates, owners, members, managers, employees, officers, directors, agents, representatives, successors and assigns (each a "Released Party") from any and all claims, demands, damages, judgments, executions, rights of action or causes of action, present or future, whether the same be known, anticipated or unanticipated, which a Releaser may have, or claim to have, against any Released Party resulting from death, personal injury, property damage or other loss Releaser may sustain as a result of participating in the Regatta or other activities related thereto.

**THIS RELEASE IS INTENDED TO DISCHARGE EACH RELEASED PARTY FROM ANY AND ALL LIABILITY ARISING OUT OF OR CONNECTED IN ANY WAY WITH RELEASER'S PARTICIPATION IN THE REGATTA EVEN IF THAT LIABILITY ARISES OUT OF NEGLIGENCE OR CARELESSNESS ON THE PART OF ANY RELEASED PARTY.**

Releasers hereby acknowledge that serious accidents occasionally occur during sailing activities and those mortal or serious personal injuries and/or property damage or other loss may result from participation in the Regatta. Releasers knowingly assume all risks of participation in the Regatta, including all risk of personal injury and loss of or damage to the Releasers or their property, including further injury sustained as the result of the efforts of third parties who come to the aid of Releaser(s) if injured as a result of participation in the Regatta, and release all other persons and entities mentioned above who might otherwise be liable to Releasers. Releasers agree to abide by all rules of the Sponsors and the Host in connection with participation in the Regatta and understand that the failure to observe and obey such rules may result in instant revocation of Releaser's(s') right to participate in the Regatta.

Signature of Regatta Participant: \_\_\_\_\_

Print Name: \_\_\_\_\_

**PARENT OR GUARDIANS FOR MINORS (UNDER 18 YEARS OF AGE)**

The undersigned parent and/or natural or legal guardian does hereby represent that he/she is, in fact, acting in such capacity and agrees to release each and all of the Released Parties referred to above from all liability, loss, cost, claim or damage whatsoever which may be imposed upon said Party(ies) because of any defect in or lack of such capacity to so act and release said Party(ies) on behalf of all Releasers as specified herein.

Signature of Parent/Legal Guardian: \_\_\_\_\_

Print Name: \_\_\_\_\_ Date: \_\_\_\_\_